

Mike Henderson JH Girls State Track Meet - 5/6/2017

Ankeny Stadium

Results - Mike Henderson JH Girls State Track Meet

Girls 100 Meter Dash 7th Small

Name	Team	Finals
Finals		
1 Porter, Grace	Earlham	13.64
2 Vercande, Rylee	Mid-Prairie	13.83
3 Wheatley, Jenna	Acgc	13.95
4 Kolthoff, Raelynn	East Buchana	14.29
5 Aulwes, Ella	Ed-Co MS	14.32
6 Houge, Alexis	Cmb	14.41
7 Harber, Whitley	Clayton Ridg	14.55
8 Meader, Lauren	Hampton-Dumo	14.63
9 Abrahamson, Maia	Van Meter Bl	14.66
10 Pieper, Ali	Des Moines C	14.67
11 Moore, Jaylyn	Clayton Ridg	14.69
12 Beatty, Allison	Earlham	14.79
13 Greever, Jersey	Davis County	14.81
14 Gordon, Aaliyah	West Central	14.84
15 Chown, Kasey	Lone Tree Gi	14.89
16 Frahm, Jocelyn	Van Meter Bl	14.92
17 Keppler, Alivia	Central elka	15.00
18 Baird, Lainey	Prairie City	15.14
19 Sabcezek, Anna	Holy Trinity	15.17
20 Phend, Eiyanna	Nfv 7th	15.19
21 Schult, Taylor	Wilton Girls	15.38
22 Hovenga, Lily	AplingtonPar	15.44
23 Knutson, Morgan	Wayne JH	15.49
24 Michels, Emma	West Central	15.69
25 Lisle, Macy	Woodward Gra	15.86
26 Vodraska, Sienna	I-35 MS Girl	16.20
27 Baldwin, Carrie	collins-maxw	16.32
28 Soukup, Shalaki	Emmetsburg	16.55
29 Vaske, Lydia	Gehlen Catho	16.58
30 McClellan, Kate	Prairie City	16.98
31 Matson, Olivia	Tri-Center	17.05
32 Beuter, Jillian	DNH7	17.22
33 Fox, Olivia	Des Moines C	17.62
34 Bennett, Lily	DNH7	17.87
35 Jamison, Rian	Woodward Gra	18.10
36 Rife, Paige	LM 7 small	18.25
37 Frieden, Kyella	Nfv 7th	20.20
38 Madoch, Candilynn	Davis County	21.00
39 Foreman, Raine	Gehlen Catho	21.09

Girls 200 Meter Dash 7th Small

Name	Team	Finals
Finals		
1 Porter, Grace	Earlham	28.09
2 Street, Meredith	Osage Middle	28.26
3 Vercande, Rylee	Mid-Prairie	29.34
4 Wheatley, Jenna	Acgc	29.57
5 Aulwes, Ella	Ed-Co MS	29.58
6 Houge, Alexis	Cmb	30.10
7 Gordon, Aaliyah	West Central	30.16
8 Greever, Jersey	Davis County	30.27
9 Chown, Kasey	Lone Tree Gi	30.55

10 Anderson, Emma	Woodward Gra	30.63
11 Moore, Jaylyn	Clayton Ridg	30.83
12 Berndt, Sterling	Wayne JH	31.19
13 Schneider, Raquel	Holy Trinity	31.23
14 Baird, Lainey	Prairie City	31.38
15 Jaeger, Madelyn	West Central	31.67
16 Koehn, Rose	Central elka	31.88
17 Hill, Izzy	collins-maxw	31.98
18 Wingert, Mylee	Central elka	32.06
19 Callan, Zoie	DNH7	32.07
20 Sabcezek, Anna	Holy Trinity	32.14
21 Heckman, Lexa	Van Meter Bl	32.47
22 Lisle, Macy	Woodward Gra	32.76
23 Foxhoven, Emma	Emmetsburg	32.80
24 Steenhoek, Taryn	Prairie City	33.29
25 Michels, Emma	West Central	33.58
26 Bohr, Alyssa	Nfv 7th	33.71
27 Fager, Lexie	DNH7	33.89
28 Wade, Madelyn	Wilton Girls	34.10
29 Ingram, Blayne	Des Moines C	34.12
30 Fox, Olivia	Des Moines C	34.30
31 Kulper, Emma	Clayton Ridg	34.41
32 Goebel, Trinity	Gehlen Catho	34.48
33 Schneider, Katelyn	Mid-Prairie	36.07
34 Matson, Olivia	Tri-Center	36.10
35 Vaske, Lydia	Gehlen Catho	39.17
36 Rife, Paige	LM 7 small	39.23
37 Rowray, Riley	Nfv 7th	43.64
38 Madoch, Candilynn	Davis County	48.87

Girls 400 Meter Dash 7th Small

Name	Team	Finals
Finals		
1 Street, Meredith	Osage Middle	1:02.46
2 Evans, Mitzi	Mid-Prairie	1:05.25
3 Schneider, Raquel	Holy Trinity	1:05.51
4 Houge, Alexis	Cmb	1:05.94
5 Meader, Lauren	Hampton-Dumo	1:06.20
6 Schilling, Addison	North Mahask	1:07.17
7 Lough, Briley	Davis County	1:07.28
8 Phend, Eiyanna	Nfv 7th	1:07.72
9 Carolan, Hailey	Alburnett 7	1:08.50
10 Brown, Colby	Mid-Prairie	1:09.03
11 Webner, Grace	Pan7S	1:10.37
12 Sabcezek, Anna	Holy Trinity	1:12.23
13 Freeman, Chloe	Clayton Ridg	1:12.40
14 Callan, Zoie	DNH7	1:12.77
15 Anderson, Jayden	Wilton Girls	1:13.70
16 Hanson, Avery	Hampton-Dumo	1:13.71
17 Van Otterloo, Aubrey	Nodaway Vall	1:13.75
18 Fager, Lexie	DNH7	1:17.40
19 Theis, Sydnee	Des Moines C	1:18.17
20 Schumann, Becky	Clayton Ridg	1:18.19
21 Kloppe, Regan	Des Moines C	1:18.22
22 Peterson, Tori	Prairie City	1:20.58
23 Bunkers, Olivia	Gehlen Catho	1:23.16

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Finals ... (Girls 400 Meter Dash 7th Small)

Name	Team	Finals
24 Larson, McKenzie	Gehlen Catho	1:30.97
25 Goodemote, Bethany	Stanton	1:33.22
26 Bantz, Alyssa	West Central	1:37.05

Girls 800 Meter Run 7th Small

Name	Team	Finals
Finals		
1 Evans, Mitzi	Mid-Prairie	2:36.14
2 Sporrer, Courtney	LM 7 small	2:37.43
3 Street, Meredith	Osage Middle	2:38.51
4 Schneider, Raquel	Holy Trinity	2:40.20
5 Hovenga, Lily	AplingtonPar	2:41.06
6 Johnson, Reece	Roland-Story	2:44.17
7 Holtz, Maddie	Cam	2:46.74
8 Lundberg, Allie	Des Moines C	2:48.77
9 Schilling, Addison	North Mahask	2:48.91
10 Brown, Colby	Mid-Prairie	2:50.42
11 Heying, Lauren	Gehlen Catho	2:53.72
12 Corrin, Karis	Tri-Center	2:54.20
13 Neeley, Faith	Van Buren Gi	2:54.61
14 Zubrod, Hannah	Gehlen Catho	2:55.85
15 Tibbs, Haley	Earlham	2:56.22
16 Breitbach, Isabel	Clayton Ridg	3:03.33
17 Johnson, Shye	Meskwaki War	3:03.78
18 Goering, Abbi	I-35 MS Girl	3:04.42
19 Van Otterloo, Aubrey	Nodaway Vall	3:06.15
20 Grell, Sydney	Woodward Gra	3:06.56
21 Schumann, Becky	Clayton Ridg	3:09.01
22 Grell, Katie	Woodward Gra	3:09.19
23 Montag, Laney	Emmetsburg	3:21.58
24 Moore, Zaida	Nfv 7th	3:24.36
25 Johnson, Ella	Des Moines C	3:31.98
26 Lindberg, Drennan	Davis County	3:33.64
27 Goodemote, Bethany	Stanton	3:51.96

Girls 1500 Meter Run 7th Small

Name	Team	Finals
Finals		
1 Sporrer, Courtney	LM 7 small	5:24.48
2 Johnson, Reece	Roland-Story	5:31.20
3 Evans, Mitzi	Mid-Prairie	5:40.33
4 Goering, Abbi	I-35 MS Girl	5:40.69
5 Hovenga, Lily	AplingtonPar	5:50.45
6 Corrin, Karis	Tri-Center	5:52.41
7 Tibbs, Haley	Earlham	5:53.53
8 Sitzmann, Kaylee	Gehlen Catho	5:53.66
9 Mousel, Madi	Gehlen Catho	5:56.66
10 Hanna, Makayla	Woodward Gra	5:56.94
11 Jorgensen, Becca	DNH7	6:02.32
12 Johnson, Shye	Meskwaki War	6:03.63
13 Matveyuk, Sulamita	Mid-Prairie	6:21.21
14 Dresback, Mackenzie	Woodward Gra	6:29.76
15 McCullough, Maddie	Lone Tree Gi	6:29.82
16 Moore, Zaida	Nfv 7th	6:45.52

Girls 100 Meter Hurdles 7th Small

Name	Team	Finals
Finals		
1 Kasap, Clare	Earlham	17.74
2 Bird, Chelsea	Prairie City	18.32
3 Donlea, Lauren	East Buchana	18.36
4 Bishop, Courtney	Wilton Girls	18.98
5 Vaught, Zoie	Van Meter Bl	19.46
6 Mineart, Morgan	Earlham	19.47
7 Kime, Mikaela	West Central	19.48
8 Knutson, Morgan	Wayne JH	20.21
9 Rochford, Kailee	West Central	20.23
10 Wiley, Kaitlyn	Central elka	20.31
11 Robinson, Brooklyn	LM 7 small	20.95
12 Kann, Molly	Clayton Ridg	21.07
13 Cook, Abby	East Buchana	21.15
14 Miller, Hannah	Woodward Gra	21.45
15 Ashman, Brayton	Woodward Gra	21.52
16 Herr, Melanie	Davis County	21.53
17 Krambeer, Keely	Nfv 7th	21.98
18 Onken, Kayanne	DNH7	22.87
19 Hunter, Addie	Davis County	22.99
20 Cross, Haven	DNH7	23.29

Girls 200 Meter Hurdles 7th Small

Name	Team	Finals
Finals		
1 Wheatley, Jenna	Acgc	31.57
2 Hoehns, Taylor	DNH7	31.98
3 Bird, Chelsea	Prairie City	33.06
4 Carolan, Hailey	Alburnett 7	33.85
5 Donlea, Lauren	East Buchana	34.37
6 Kann, Molly	Clayton Ridg	36.61
7 Montag, Laney	Emmetsburg	36.65
8 Kinsinger, Brittany	Mid-Prairie	36.88
9 Mineart, Morgan	Earlham	37.29
10 Cook, Abby	East Buchana	37.49
11 Ashman, Brayton	Woodward Gra	37.51
12 Arndt, Payton	West Central	37.55
13 Miller, Hannah	Woodward Gra	38.00
14 Bantz, Alyssa	West Central	39.97
15 Zapf, Kailee	Clayton Ridg	40.10
16 O'Hare, Olivia	Nfv 7th	40.73

Girls 4x100 Meter Relay 7th Small

Team	Relay	Finals
Finals		
1 Mid-Prairie	A	55.61
2 Earlham	A	56.39
3 Van Meter Blue	A	59.24
4 Davis County 7S	A	59.47
5 Emmetsburg	A	59.66
6 Central elkader	A	59.89
7 Lone Tree Girls	A	1:00.33
8 Clayton Ridge	A	1:00.84

Mike Henderson JH Girls State Track Meet - 5/6/2017

Ankeny Stadium

Results - Mike Henderson JH Girls State Track Meet

Finals ... (Girls 4x100 Meter Relay 7th Small)

Team	Relay	Finals
9 West Central Maynard	A	1:00.93
10 Wilton Girls 7 small	A	1:02.28
11 Gehlen Catholic	A	1:05.82
12 Nfv 7th	A	1:06.90
13 Dnh7	A	1:07.41
14 Clayton Ridge	B	x1:07.64
15 Gehlen Catholic	B	x1:15.02

Girls 4x200 Meter Relay 7th Small

Team	Relay	Finals
Finals		
1 Earlham	A	2:03.05
2 Van Meter Blue	A	2:04.69
3 Central elkader	A	2:07.48
4 Clayton Ridge	A	2:08.97
5 Nfv 7th	A	2:10.85
6 Hampton-Dumont 7S	A	2:11.17
7 Gehlen Catholic	A	2:13.36
8 Mid-Prairie	A	2:14.34
9 West Central Maynard	A	2:25.49

Girls 4x400 Meter Relay 7th Small

Team	Relay	Finals
Finals		
1 Dnh7	A	4:45.08
2 Hampton-Dumont 7S	A	4:46.15
3 Gehlen Catholic	A	4:55.51
4 Central elkader	A	4:59.43
5 Nfv 7th	A	5:07.55
6 Clayton Ridge	A	5:10.21
7 Mid-Prairie	A	5:22.33

Girls 4x800 Meter Relay 7th Small

Team	Relay	Finals
Finals		
1 Hampton-Dumont 7S	A	11:47.00
2 Woodward Granger	A	12:02.72
3 Mid-Prairie	A	12:10.10
4 Lone Tree Girls	A	13:18.30
5 Nfv 7th	A	13:25.88
6 Des Moines Christian	A	13:42.97

Girls 800 Sprint Medley 7th Small

Team	Relay	Finals
Finals		
1 Emmetsburg	A	2:10.13
2 Davis County 7S	A	2:11.45
3 Earlham	A	2:13.88
4 Central elkader	A	2:13.91
5 Mid-Prairie	A	2:18.49
6 Wilton Girls 7 small	A	2:20.68
7 Dnh7	A	2:28.36
8 Nfv 7th	A	2:30.91
9 Gehlen Catholic	A	2:38.85

Girls Distance Medley 7th Small

Team	Relay	Finals
Finals		
1 Emmetsburg	A	5:03.41
2 Tri-Center	A	5:04.57
3 Des Moines Christian	A	5:16.47
4 Woodward Granger	A	5:20.30
5 Gehlen Catholic	A	5:20.69
6 Clayton Ridge	A	5:31.79
7 Nfv 7th	A	5:58.06
8 Davis County 7S	A	6:04.89

Girls 4x100 Meter Shuttle Hurdle 7th Small

Team	Relay	Finals
Finals		
1 West Central Maynard	A	1:25.69
2 Dnh7	A	1:26.80
3 Woodward Granger	A	1:28.04
4 Nfv 7th	A	1:37.23

Girls High Jump 7th Small

Name	Team	Finals
Finals		
1 Schilling, Addison	North Mahask	4-08.00
2 Kinsinger, Brittany	Mid-Prairie	4-06.00
3 Wheatley, Jenna	Acgc	J4-06.00
4 Chown, Kasey	Lone Tree Gi	J4-06.00
5 Poldberg, Angel	Pan7S	4-04.00
5 Hoehns, Taylor	DNH7	4-04.00
5 Ringsby, Ally	Roland-Story	4-04.00
8 Meader, Lauren	Hampton-Dumo	4-02.00
8 Bontrager, Leah	Mid-Prairie	4-02.00
8 Lough, Briley	Davis County	4-02.00
8 Bohr, Alyssa	Nfv 7th	4-02.00
8 Ingram, Blayne	Des Moines C	4-02.00
8 Moore, Jaylyn	Clayton Ridg	4-02.00
14 Sandin, Allie	Stanton	4-00.00
14 Ring, Miranda	Tri-Center	4-00.00
14 Kasap, Clare	Earlham	4-00.00
--- Carlson, Tatum	Tri-Center	NH
--- Wurtz, Asiah	Nfv 7th	NH
--- Webner, Grace	Pan7S	NH

Girls Long Jump 7th Small

Name	Team	Finals
Finals		
1 Porter, Grace	Earlham	15-06.75
2 Street, Meredith	Osage Middle	15-06.00
3 Vercande, Rylee	Mid-Prairie	15-02.50
4 Brown, Colby	Mid-Prairie	14-11.00
5 Hopp, Meghan	Central Lee	14-07.75
6 Gordon, Aaliyah	West Central	14-01.75
7 Carolan, Hailey	Alburnett 7	14-00.75
8 Beckman, Payton	Pan7S	13-11.00
9 Anderson, Emma	Woodward Gra	13-10.50

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Ankeny Stadium

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Finals ... (Girls Long Jump 7th Small)

Name	Team	Finals
10 DeVault, Maddax	Nodaway Vall	13-09.75
11 Houge, Alexis	Cmb	13-08.25
12 Beatty, Brandy	Central elka	13-07.25
13 Michels, Emma	West Central	13-05.75
14 Mineart, Morgan	Earlham	13-01.50
15 Biliram, Nicque	Emmetsburg	13-01.25
16 Carlson, Tatum	Tri-Center	13-01.00
17 Pierce, Mara	Clayton Ridg	13-00.50
18 Bishop, Courtney	Wilton Girls	12-11.25
19 Phend, Eiyanna	Nfv 7th	12-11.00
20 Hunter, Addie	Davis County	12-10.75
21 Hovenga, Lily	AplingtonPar	12-08.50
22 Soukup, Shalaki	Emmetsburg	12-06.00
23 Jorgensen, Becca	DNH7	12-04.00
24 Hermen, Cameron	Nfv 7th	12-03.50
24 Callan, Zoie	DNH7	12-03.50
26 Olson, Rayne	Davis County	10-04.00
27 Lisle, Macy	Woodward Gra	9-07.00
--- Hill, Izzy	collins-maxw	ND
--- Deirsen, Fern	Central elka	ND

Girls Shot Put 7th Small

Name	Team	Finals
1 Hanson, Avery	Hampton-Dumo	29-11.75
2 Bennett, Kaydee	Woodward Gra	27-05.25
3 Hertzog, Carolina	Martensdale	27-04.00
4 Lamb, Whitney	Nodaway Vall	26-04.50
5 Hoffman, Annie	Ed-Co MS	25-06.25
5 Jones, Emily	Wayne JH	25-06.25
7 Chism, Olivia	Emmetsburg	25-05.00
8 Schneider, Katelyn	Mid-Prairie	24-04.00
9 Jamison, Rian	Woodward Gra	23-11.75
10 Patterson, Kylie	Lone Tree Gi	22-11.00
11 Hepperle, Elizabeth	West Central	22-08.00
12 Pals, Kyara	East Buchana	22-05.00
13 Huckins, Chloe	West Central	22-02.50
14 Schumann, Becky	Clayton Ridg	21-11.75
15 McDowell, Erica	Mid-Prairie	21-07.75
16 Newman, Morgan	East Buchana	21-02.00
17 Halverson, Tessa	Nfv 7th	21-01.00
18 Fettkether, Alexis	Central elka	20-05.50
19 Humpal, Vi	Prairie City	20-04.50
20 Theesfeld, Baleigh	Emmetsburg	20-03.50
21 Rowray, Riley	Nfv 7th	18-03.50

Girls Discus Throw 7th Small

Name	Team	Finals
1 Jones, Emily	Wayne JH	82-08
2 Chism, Olivia	Emmetsburg	79-09
3 Geise, Madison	Roland-Story	77-10
4 Nonnenmann, Maddie	Mid-Prairie	68-06
5 Hoffman, Annie	Ed-Co MS	67-06

6 Vallejo, Hallie	Des Moines C	67-03
7 Hertzog, Carolina	Martensdale	66-08
8 McDowell, Erica	Mid-Prairie	63-02
9 Swanson, Raegen	Emmetsburg	62-07
10 Jamison, Rian	Woodward Gra	61-05
11 Pals, Kyara	East Buchana	61-03
12 Fettkether, Alexis	Central elka	60-11.50
13 Yauslin, Chloe	Nfv 7th	59-08.50
14 Lamb, Whitney	Nodaway Vall	58-10
15 Wessley, Tayler	DNH7	58-08
16 Humpal, Vi	Prairie City	58-06
17 Newman, Morgan	East Buchana	56-07.50
18 Huckins, Chloe	West Central	54-01
18 Puga, Rita	Lone Tree Gi	54-01
20 Bennett, Lily	DNH7	53-07
21 Rowray, Riley	Nfv 7th	52-10.50
22 Steinbronn, Eliza	West Central	49-02
23 Bennett, Kaydee	Woodward Gra	40-01

Women - 7th Large - Team Rankings - 18 Events Scored

1) I.C. Northwest 7L	90
2) Pleasant Valley 7G	82
3) DC-G 7	52
4) Indianola GOLD 7	42
5) WBND Girls	40
6) Solon 7th	35
7) I.C. North Central	34
8) Ames	23
9) Newton 7 Large	21
10) Carlisle	20
10) Washington Iowa	20
10) Gilbert	20
13) Ankeny 7 Lg	18
14) Charles City large 7	16
15) Merrill	14
16) South Tama 7th	6
17) Ankeny Centennial	5
17) Grinnell 7th	5
19) ADM 7 large	4
19) Mount Vernon	4
19) Mt Pleasant Gold	4
22) Fairfield	2
23) Saydel	1

Women - 7th Small - Team Rankings - 18 Events Scored

1) Mid-Prairie	78
2) Earlham	65
3) Osage Middle School	32
4) Hampton-Dumont 7S	31
5) Emmetsburg	30
6) DNH7	27
7) ACGC	26
7) Woodward Granger	26
9) LM 7 small	18
10) Van Meter Blue	16
10) Roland-Story Small7	16
12) Central elkader	15
13) Prairie City-Monroe	14
14) Davis County 7S	12

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14) East Buchanan	12	22) Gehlen Catholic	8
16) Wayne JH	11.5	22) Des Moines Christian	8
17) North Mahaska	11	25) Ed-Co MS	7.5
17) West Central Maynard	11	26) Clayton Ridge	7
19) NFV 7th	10	27) Martensdale St.Marys	6
19) Holy Trinity	10	27) CMB	6
21) Tri-Center	9	29) Wilton Girls 7 small	5
22) Lone Tree Girls	8	30) Alburnett 7 Small	4
		30) AplingtonParkersburg	4
		30) Nodaway Valley	4
		30) I-35 MS Girls	4
		34) Central Lee	2
		35) Pan7S	1

Women - 8th Large - Team Rankings - 18 Events Scored

1) Waukee Prairieview	87
2) Centennial	50
3) Southeast Polk	48
3) Ankeny Southview 8L	48
5) Waukee Timberline	43
6) WBND Girls	36
7) Indian Hills 8L	29
7) Northwest Jr. High	29
9) Keokuk	22
9) Decorah 8 Large	22
11) Indianola GOLD 8	20
11) Pleasant Valley 8G	20
13) Saint Theresa	18
13) Charles City 8 large	18
15) Nevada	12
16) Fairfield	11
17) Stilwell, West DSM	10
18) Harlan Community MS	9
19) Newton 8 Large	8
20) Mount Vernon	7
21) Gilbert 8th Girls	6.5
22) North Middle 8	2
23) ADM 8 large	1
23) Saydel	1
25) Ballard	0.5

Women - 8th Small - Team Rankings - 18 Events Scored

1) Emmetsburg	56
2) Pan8S	39
3) Nodaway Valley	38
4) Central Lee	32
5) Prairie City-Monroe	30
6) Van Meter Blue	28
7) Tri-Center	27
8) Roland-Story Small8	26
9) Alburnett 8 Small	24
10) Earlham	21
11) Camanche	20
12) Wilton Girls 8 small	18
12) NFV 8th small	18
14) I-35 MS Girls	16
14) Clayton Ridge	16
14) Winfield Mt. Union	16

Mike Henderson JH Girls State Track Meet - 5/6/2017**Ankeny Stadium****Results - Mike Henderson JH Girls State Track Meet**

17) Anamosa	14
17) Stanton	14
19) Mid-Prairie	13
19) Gehlen Catholic	13
21) Dike New Hartford	12
22) Van Buren Girls	10
23) KP 8 Small	9
24) Hampton-Dumont 8S	8
24) Pella Christian	8
26) West Central Maynard	7
27) ACGC	6
27) CAM	6
29) Cardinal	4
29) West Central Valley	4
31) East Buchanan	3
32) collins-maxwell-baxter	2