

Western Valley Conference XC Meet 2024 - 10/19/2024

Holstein, IA

Results

Event 1 Girls 5k Run CC High School

Name	Year	School	Finals	Points	Alternate
Results - Women					
1 Broer, Chloe	11	West Monona	19:52.04		
2 Putze, Rachel	11	Wc-Kp-Rv	20:09.07	1	
3 Tesch, Addy	11	Ridge View	20:56.05	2	
4 Lomholt, Addison	09	Oabcig	21:07.63		
5 Armstead, Hayden	09	Mvaocou	22:02.80	3	
6 Todd, Clara	10	Ridge View	22:08.00	4	
7 Mesz, Kaylee	10	Lawton Bronson	22:13.63	5	
8 Grell, Emily	11	Mvaocou	22:36.09	6	
9 Ruble, Regan	10	Ridge View	22:52.54	7	
10 Ameen, Cheyenne	12	Lawton Bronson	22:55.41	8	
11 Hannah, CJ	12	Wc-Kp-Rv	23:09.03	9	
12 Chavez, Destiny	09	Ridge View	23:17.56	10	
13 Vohs, Tiegan	10	Ridge View	23:25.14	11	
14 Smith, Addison	12	Lawton Bronson	23:35.87	12	
15 McKenna, Natalie	10	Lawton Bronson	23:39.88	13	
16 Tesch, Cora	09	Ridge View	23:55.75	14	
17 O'Brien, Aubree	09	Lawton Bronson	23:56.92	15	
18 Biede, Alyssa	11	Ridge View	24:13.67	16	
19 Cameron, Addisyn	10	Wc-Kp-Rv	24:24.14	17	
20 Haveman, Lela	12	Lawton Bronson	24:38.76	18	
21 McFarland, Josie	10	Westwood Sloan	24:50.99	19	
22 Eisenga, Taya	11	Siouxland Christian	25:40.92		
23 Marnell, Alexandria	12	Westwood Sloan	25:49.52	20	
24 Cooke, Lily	09	Wc-Kp-Rv	26:16.65	21	
25 Krajicek, Autumn	09	Wc-Kp-Rv	26:27.41	22	
26 Christoffersen, Keely	11	Westwood Sloan	26:32.91	23	
27 Anderson, Alyssa	09	Westwood Sloan	26:34.39	24	
28 Schnabel, Olivia	11	Oabcig	26:37.85		
29 Ryan, Jaide	10	Wc-Kp-Rv	26:41.72	25	
30 Rojas, Xaria	12	Ridge View	26:42.84		
31 McDonald, Kora	09	Westwood Sloan	27:09.66	26	
32 Brown, Hannah	09	Ridge View	27:22.74		
33 Wanberg, Chloe	10	Mvaocou	27:23.19	27	
34 Brown, Ella	09	Mvaocou	28:23.44	28	
35 Jorgensen, Lauryn	11	Westwood Sloan	28:38.39	29	
36 Miller, Shelby	11	West Monona	28:47.05		
37 Talbert, Haylie	10	Siouxland Christian	29:39.96		
38 Gemberling, Khloe	10	Westwood Sloan	29:55.36	30	
39 Smith, Keegan	09	Lawton Bronson	31:00.76	31	
40 Reynolds, Esther	10	Siouxland Christian	32:03.05		
41 Russell, Sadie	12	Westwood Sloan	32:19.69		
42 McMillen, Nina	09	Mvaocou	32:40.74	32	
43 Koerner, Rebekah	09	Lawton Bronson	32:54.44		
44 Crew, Olivia	10	Lawton Bronson	34:20.35		
45 Lux, Brianna	12	Wc-Kp-Rv	35:42.83	33	

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Results

Event 2 Boys 5k Run CC High School

Name	Year	School	Finals	Points	Alternate
Results - Men					
1 Forbes, Charlie	12	Mvaocou	17:28.29	1	
2 Bergman, Gabriel	09	Oabcig	17:40.02	2	
3 Maier, Hunter	11	Oabcig	17:44.89	3	
4 Hamann, Kael	12	Mvaocou	17:54.83	4	
5 Carlson, Brighton	10	Lawton Bronson	18:07.15	5	
6 Hanson, Odin	11	Ridge View	18:14.86	6	
7 Witzke, Talan	09	Ridge View	18:40.93	7	
8 Peterson, Landyn	10	Ridge View	18:45.00	8	
9 Bieler, Lane	12	Lawton Bronson	18:47.01	9	
10 Buono, Hunter	10	Lawton Bronson	18:54.50	10	
11 Laurich, Ethan	09	Siouxland Christian	19:04.34		
12 Metcalf, Devin	11	Wc-Kp-Rv	19:10.87	11	
13 Buffington, Ethan	10	Lawton Bronson	19:28.44	12	
14 Koehler, Erik	10	Siouxland Christian	19:36.74		
15 Samway, Quintin	12	Oabcig	19:37.45	13	
16 Adams, Zach	10	Lawton Bronson	19:38.50	14	
17 Dutler, Tyler	09	Ridge View	19:44.80	15	
18 Bisenius, Brody	12	Ridge View	19:45.25	16	
19 Vanhouten, Collin	11	Wc-Kp-Rv	19:45.87	17	
20 Clayton, Jacob	10	Westwood Sloan	19:59.08	18	
21 Babl, Max	11	Mvaocou	19:59.14	19	
22 Patelski, Lucas	10	Lawton Bronson	20:10.06	20	
23 Koch, Brayden	09	Mvaocou	20:12.41	21	
24 Baker, Boston	11	Wc-Kp-Rv	20:18.87	22	
25 Zamyatin, Simon	10	Lawton Bronson	20:19.84	23	
26 Koithan, Joey	11	Mvaocou	20:23.71	24	
27 Susie, Drake	10	Wc-Kp-Rv	20:35.35	25	
28 Friedrichs, Zander	09	Mvaocou	20:52.74	26	
29 Hove, Bertram	11	Ridge View	21:05.15	27	
30 Doenhoefler, Robby	12	Lawton Bronson	21:14.25		
31 Werner, Tristan	11	Ridge View	21:14.69	28	
32 Strehlow, Bodie	9	Lawton Bronson	21:24.17		
33 Forristal, Robert	11	Ridge View	21:29.76		
34 Cowgill, Evan	11	Mvaocou	21:32.04	29	
35 Porter, Will	10	Oabcig	21:35.50	30	
36 Johnson, Zachariah	09	Oabcig	22:00.35	31	
37 Pittet, Jaxon	11	West Monona	22:01.78		
38 Harvey, Michael	10	Lawton Bronson	22:06.73		
39 Eggleston, Luther	9	Lawton Bronson	22:18.17		
40 Willis, Kaedyn	11	Wc-Kp-Rv	22:21.53	32	
41 Najera-Torres, Daniel	12	Ridge View	22:56.29		
42 Edwards, Colton	11	Wc-Kp-Rv	23:00.18	33	
43 Ryan, Andrew	10	Wc-Kp-Rv	23:01.64	34	
44 White, Oliver	09	Lawton Bronson	23:16.62		
45 Heitman, Ayden	09	Ridge View	23:28.42		
46 Friedrichs, Micah	10	Mvaocou	23:28.45		
47 Franks, Tristen	9	Lawton Bronson	23:39.83		
48 Neville, Jaxin	09	Oabcig	23:49.20	35	
49 Crow, Aleks	11	Wc-Kp-Rv	23:58.33		
50 Christoffersen, Korben	11	Westwood Sloan	24:00.98	36	
51 Wesselmann, Tim	12	Mvaocou	24:27.22		
52 Masters, Rick	09	Mvaocou	24:28.16		

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Results

....Event 2 Boys 5k Run CC High School

53	Heitmann, Carter	09	Ridge View	25:00.94	
54	Seggerman, Noah	12	Westwood Sloan	25:17.48	37
55	Palsma, Arick	9	Lawton Bronson	25:29.88	
56	DeVries, Parker	9	Mvaocou	29:05.35	
57	Matthias, Cael	12	Westwood Sloan	30:20.70	38
58	Elgers, Gus	09	Oabcig	31:04.86	39
59	Kepner, Easton	11	Westwood Sloan	31:15.69	40
60	Stevenson, Aiden		Ridge View	35:02.17	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men

1	Lawton Bronson	50	5	9	10	12	14	20	23
	Total Time: 1:34:55.60								
	Average: 18:59.12								
2	Ridge View	52	6	7	8	15	16	27	28
	Total Time: 1:35:10.84								
	Average: 19:02.17								
3	Mvaocou	69	1	4	19	21	24	26	29
	Total Time: 1:35:58.38								
	Average: 19:11.68								
4	Oabcig	79	2	3	13	30	31	35	39
	Total Time: 1:38:38.21								
	Average: 19:43.65								
5	Wc-Kp-Rv	107	11	17	22	25	32	33	34
	Total Time: 1:42:12.49								
	Average: 20:26.50								
6	Westwood Sloan	169	18	36	37	38	40		
	Total Time: 2:10:53.93								
	Average: 26:10.79								

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Rankings

Event 3 Mixed 3200 Meter Run CC Middle School

Name	Year School	Finals	Points
Results - Women 3200 Run			
1 Forbes, Sylvia	W08 Mvaocou	12:01.23	
2 Lundt, Avery	W07 Ridge View	12:46.53	1
3 Irvin, Hope	W8 Siouxland Christian	13:00.28	2
4 Dose, Avery	W07 Mvaocou	13:31.15	
5 Tesch, Ivy	W07 Ridge View	14:05.24	3
6 Jepsen, Embrosia	W07 Oabcig	14:12.65	4
7 Martin, Liz	W08 Ridge View	14:37.88	5
8 Ludwig, Camryn	W08 Oabcig	14:42.92	6
9 Buono, Hannah	W8 Lawton Bronson	14:46.58	7
10 Morgan, Melanie	W07 Oabcig	14:48.21	8
11 Reynolds, Anna	W8 Siouxland Christian	14:52.18	9
12 Broekemeier, Ava	W8 Siouxland Christian	14:55.96	10
13 Chesney, Stella	W07 Oabcig	14:57.52	11
14 Keegan, Kinley	W08 Siouxland Christian	15:01.14	12
15 Lux, Elizabeth	W07 Wc-Kp-Rv	15:12.89	13
16 Fleck, Brindle	W07 Wc-Kp-Rv	15:16.51	14
17 Spahn, Katelyn	W07 Wc-Kp-Rv	15:17.28	15
18 Castle, Aaliyah	W07 Lawton Bronson	15:35.18	16
19 Lomholt, Mckenzie	W07 Oabcig	16:26.67	17
20 Reggenitter, Madisyn	W08 Wc-Kp-Rv	16:57.23	18
21 Miller, Emma	W07 Lawton Bronson	17:16.51	19
22 Peterson, Ellie	W07 Lawton Bronson	17:20.18	20
23 Barbeau, Lexi	W07 Oabcig	17:49.54	21
24 Peterson, Layla	W07 Ridge View	18:05.61	22
25 Baldwin, Bristol	W08 Wc-Kp-Rv	18:28.52	23
26 Munkvold, Mila	W08 Westwood Sloan	18:53.99	
27 Walters, Alanna	W07 Siouxland Christian	19:26.87	24
28 DeMarest, Ava	W8 Lawton Bronson	19:53.33	25
29 Ritchie, Jaylie	W08 Westwood Sloan	20:12.17	
30 Krajicek, Kendra	W07 Wc-Kp-Rv	20:23.93	26
Results - Men 3200 Run			
1 Kenney, Mack	M08 Westwood Sloan	11:10.15	1
2 Brown, Jace	M8 Siouxland Christian	11:35.58	
3 Seaton, Braxton	M07 Westwood Sloan	11:58.15	2
4 Brockhaus, Craig	M8 Lawton Bronson	12:05.34	3
5 Weber, Bradyn	M07 Mvaocou	12:05.80	4
6 Benson, Wesley	M07 Lawton Bronson	12:07.43	5
7 Aschinger, Pryce	M07 Ridge View	12:13.17	6
8 Paris, Aydan	M08 Wc-Kp-Rv	12:30.79	7
9 Nedved, Leo	M08 Ridge View	12:47.84	8
10 McChesney, Michael	M07 Lawton Bronson	12:50.23	9
11 Olesen, Lennox	M8 Lawton Bronson	12:56.79	10
12 Goodman, Jordan	M07 Siouxland Christian	13:05.18	
13 Oberg, Kayge	M07 Lawton Bronson	13:09.99	11
14 Meseck, Ryder	M08 Mvaocou	13:11.21	12
15 Schweitzberger, Gus	M07 Ridge View	13:19.04	13
16 Blackmore, Colt	M07 Oabcig	13:22.33	
17 Ruble, Finley	M07 Ridge View	13:27.28	14
18 Willis, Luke	M08 Westwood Sloan	13:31.94	15
19 Hefner, Isaiah	M08 Wc-Kp-Rv	13:37.35	16
20 Gill, Han	M07 Siouxland Christian	13:41.45	
21 Jensen, Karver	M07 Ridge View	13:46.96	17

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Rankings

....Event 3 Mixed 3200 Meter Run CC Middle School

3	Siouxland Christian	33	2	9	10	12	24	
	Total Time:	57:49.56						
	Average:	14:27.39						
4	Wc-Kp-Rv	60	13	14	15	18	23	26
	Total Time:	1:02:43.91						
	Average:	15:40.98						
5	Lawton Bronson	62	7	16	19	20	25	
	Total Time:	1:04:58.45						
	Average:	16:14.62						