

2025 Iowa Great Lakes XC Invitational - 9/4/2025  
 Brooks Golf Course (Spirit Lake, Iowa)  
 Spirit Lake/Okoboji Co-Hosts

## Event 1 Girls 5k Run CC Varsity

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Anderson, Natalie	11 Moc-Floyd Valley	18:55.69	1
2 Jones, Audrina	11 Sioux Center	19:22.43	2
3 Isakson, Molly	11 Sioux Center	20:08.55	3
4 VanAartsen, Macyn	10 Sioux Center	20:42.42	4
5 Lassen, Kienna	12 Moc-Floyd Valley	20:44.07	5
6 Wielenga, Kylee	11 Sioux Center	20:50.73	6
7 Oldenkamp, Kolby	12 Sioux Center	21:04.45	7
8 Kampbell, Silvia	12 Storm Lake	21:08.78	8
9 Lomholt, Addison	10 Oa-Bcig	21:14.29	
10 Woodall, Grace	12 Cherokee	21:33.92	9
11 Bajema, Adriel	11 Sioux Center	21:36.03	10
12 Weaver, Claire	11 Forest City	21:43.04	11
13 Palmer, Alexandria	12 Spencer	21:47.91	12
14 Weston, Kaela	10 Okoboji	21:54.11	13
15 Sharp, Muren	10 Forest City	21:56.31	14
16 Mouw, Taylin	10 Moc-Floyd Valley	21:56.51	15
17 Trautman, Kaitlyn	09 Spirit Lake	22:04.19	16
18 Tracy, Teagan	12 Moc-Floyd Valley	22:09.58	17
19 Hulst, Kenzie	10 Moc-Floyd Valley	22:22.16	18
20 Matthiesen, Minnie	09 Spencer	22:25.97	19
21 Beck, Ella	11 Spirit Lake	22:28.28	20
22 Aukes, Ashlee	11 Forest City	22:29.05	21
23 Clouse, Samantha	10 Forest City	22:33.63	22
24 Armstead, Hayden	10 Estherville-LC	22:45.62	23
25 Haverdink, Rachel	12 Moc-Floyd Valley	22:47.79	24
26 Reese, Sophia	11 Forest City	22:55.95	25
27 Wilkie, Addyson	11 Cherokee	23:02.74	26
28 Keller, Eliza	10 Moc-Floyd Valley	23:03.16	27
29 Dahlhauser, Maggie	12 Storm Lake	23:07.00	28
30 Morey, Ava	11 Spencer	23:08.57	29
31 Kurrle, Elsa	11 George-LR-CL	23:11.16	30
32 Danbom, Norah	12 Okoboji	23:16.75	31
33 VandeHoef, Cadence	10 Spirit Lake	23:22.39	32
34 Konechne, Molly	12 George-LR-CL	23:22.54	33
35 Wasson, Ava	09 Okoboji	23:23.43	34
36 Eilts, Katie	11 Spencer	23:39.77	35
37 Klaassen, Kate	12 Forest City	24:02.13	36
38 Backman, Lily	10 Storm Lake	24:04.02	37
39 Reinert, Payton	11 Cherokee	24:19.59	38
40 Robinson, Kylie	10 Sheldon	24:19.75	
41 Schoonover, Grace	09 Kuemper Catholic	24:23.16	39
42 Johnson, Evonna	09 Forest City	24:24.96	40
43 Vande Weerd, Jessa	10 George-LR-CL	24:26.85	41
44 Gravenish, Alexa	11 Cherokee	24:29.89	42
45 Fowler, Sariah	09 Cherokee	24:36.46	43
46 Rentschler, Emersyn	12 West Lyon	24:37.19	
47 Schmidt, Emily	11 Spencer	24:38.77	44
48 Lee, Logan	11 Kuemper Catholic	24:46.96	45
49 Monier, Ava	09 Sheldon	24:50.35	
50 Krieg, Merceades	11 Spencer	24:51.08	46
51 Pritchard, Anna	10 Spirit Lake	24:57.41	47
52 Schwager, Halli	12 Sheldon	24:59.23	
53 Greving, Shelby	11 Kuemper Catholic	25:02.17	48
54 Rodriguez, Jade	09 Storm Lake	25:03.57	49
55 Langholdt, Amber	11 George-LR-CL	25:04.62	50

56 Clausen, Hazel	10 Kuemper Catholic	25:13.14	51
57 Olson, Kylie	12 Estherville-LC	25:23.10	52
58 Davis, Lexi	11 George-LR-CL	25:32.18	53
59 Schnabel, Olivia	12 Oa-Bcig	25:45.83	
60 Busse, Lana	12 Cherokee	25:52.00	54
61 Segabart, Madeline	12 Kuemper Catholic	25:55.35	55
62 Clabaugh, Morgan	12 Estherville-LC	26:01.59	56
63 Van Der Weerd, Maddie	12 George-LR-CL	26:12.47	57
64 Ludwig, Camryn	Oa-Bcig	26:14.78	
65 Cunningham, Emilia	11 Okoboji	26:19.14	58
66 Mattox, Sophya	10 Estherville-LC	26:20.95	59
67 Seidl, Anna	10 Kuemper Catholic	26:27.57	60
68 Stevenson, Hallie	09 Spencer	26:29.07	61
69 David, Chloe	11 West Lyon	26:43.26	
70 Schreurs, Aspyn	09 West Lyon	26:45.34	
71 Rentschler, Audrey	09 West Lyon	26:53.62	
72 Gravert, Hailey	12 Okoboji	26:55.33	62
73 Sandbulte, Bella	11 Okoboji	27:18.15	63
74 Siegner, Lauren	11 Oa-Bcig	27:29.38	
75 Downing, Ella	11 Okoboji	27:36.52	64
76 Harris, Cecelia	11 Spirit Lake	28:10.11	65
77 Linares, Priscila	11 Kuemper Catholic	28:11.94	66
78 Martinez, Anaiz	10 Storm Lake	28:12.45	67
79 Snyder, Eva	12 Storm Lake	28:33.77	68
80 Schneider, Kyleigh	10 Estherville-LC	28:43.99	69
81 Jacuinde-Mellado, Isari	09 Storm Lake	28:57.55	70
82 McAlpine, Hayden	12 George-LR-CL	29:09.28	71
83 Lavender, Helen	11 Estherville-LC	29:09.67	72
84 Leupold, Addilin	11 Spirit Lake	31:45.26	73
Class B Results 5000 Run			
1 Schupbach, Tyra	12 West Bend-Mallard	19:54.76	
2 Madsen, Marley	12 Sioux Central	20:49.20	1
3 Christian, Nora	12 Sioux Central	22:15.24	2
4 Cummins, Alexis	11 North Union	22:26.09	
5 Renneker, Kara	11 Lake Mills	22:30.34	3
6 Marco, Aleah	10 Sibley-Ocheyedan	22:32.17	4
7 Childs, Riley	10 Sibley-Ocheyedan	23:07.60	5
8 Morey, Lilly	12 West Bend-Mallard	23:09.24	
9 Odens, Gracie	09 Sibley-Ocheyedan	23:11.26	6
10 Spenner, Faith	09 Mmc-Ru HS	23:45.28	7
11 Sylvara, Kaylie	11 Lake Mills	23:49.63	8
12 Mya, Pohlen	11 Sibley-Ocheyedan	23:56.93	9
13 Delacruz, Viviana	09 Hartley Hms	23:57.99	
14 Chambers, Allie	10 Sioux Central	23:59.12	10
15 Benitez, Amadelaid	10 Sibley-Ocheyedan	24:10.48	11
16 Elbert, Rory	11 Emmetsburg	24:11.98	12
17 Fehr, Maddie	12 West Bend-Mallard	24:18.68	
18 Juhl, Annika	11 Mmc-Ru HS	24:20.39	13
19 Sangwin, Violet	10 Sioux Central	25:01.95	14
20 Bloom, Karina	11 Sioux Central	25:10.74	15
21 Pajazetovic, Alisa	12 Mmc-Ru HS	25:24.31	16
22 Bloedel, Annie	11 Lake Mills	25:37.96	17
23 Holtan, Tori	09 Lake Mills	25:46.09	18
24 Young, Lily	11 Lake Mills	25:52.16	19
25 Burdick, Caroline	11 Emmetsburg	25:56.57	20
26 Morton, Mya	10 Emmetsburg	25:56.67	21
27 Waldstein, Peyton	10 Sioux Central	25:58.90	22
28 Biddle, Abby	09 Emmetsburg	26:14.21	23
29 Welbig, Alyssia	11 North Union	26:30.05	
30 Machin, Katie	09 Lake Mills	26:39.34	24
31 Phillips, Sarah	10 Sioux Central	26:58.42	25
32 Boynton, Delilah	09 Hartley Hms	27:14.45	
33 Erickson, Brooklyn	10 Hartley Hms	27:28.42	
34 Thoren, Lizzi	11 Emmetsburg	27:40.43	26
35 Santiago, Gaby	11 Lake Mills	28:17.45	27

36 Dooley, Emmy	11 Emmetsburg	28:28.26	28
37 Detlefson, Molly	09 Harris-Lake Park	28:41.68	
38 Etter, Sophia	12 Mmc-Ru HS	29:40.53	29
39 Johnson, Anessa	12 South Obrien	32:10.69	
40 Rouse, Lauren	10 Emmetsburg	32:23.52	30
41 Ellis, Victoria	10 Graettinger Gtra	33:13.12	
42 Ellis, Liberty	12 Graettinger Gtra	34:38.78	
43 Doellinger, Rachel	10 Mmc-Ru HS	35:46.49	31
44 Malm, Magnolia	10 Graettinger Gtra	36:55.24	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Class A Results 5000 Run

1	Sioux Center High School	22	2	3	4	6	7	10			
	Total Time: 1:42:08.58										
	Average: 20:25.72										
2	Moc-Floyd Valley	56	1	5	15	17	18	24	27		
	Total Time: 1:46:08.01										
	Average: 21:13.61										
3	Forest City	93	11	14	21	22	25	36	40		
	Total Time: 1:51:37.98										
	Average: 22:19.60										
4	Spencer	139	12	19	29	35	44	46	61		
	Total Time: 1:55:40.99										
	Average: 23:08.20										
5	Cherokee	158	9	26	38	42	43	54			
	Total Time: 1:58:02.60										
	Average: 23:36.52										
6	Spirit Lake	180	16	20	32	47	65	73			
	Total Time: 2:01:02.38										
	Average: 24:12.48										
7	Storm Lake	189	8	28	37	49	67	68	70		
	Total Time: 2:01:35.82										
	Average: 24:19.17										
8	Okoboji	198	13	31	34	58	62	63	64		
	Total Time: 2:01:48.76										
	Average: 24:21.76										
9	George-LR-CL	207	30	33	41	50	53	57	71		
	Total Time: 2:01:37.36										
	Average: 24:19.47										
10	Kuemper Catholic	238	39	45	48	51	55	60	66		
	Total Time: 2:05:20.78										
	Average: 25:04.16										
11	Estherville-LC	259	23	52	56	59	69	72			
	Total Time: 2:09:15.25										
	Average: 25:51.05										

Class B Results 5000 Run

1	Sibley-Ocheyedan	35	4	5	6	9	11				
	Total Time: 1:56:58.44										
	Average: 23:23.69										
2	Sioux Central	42	1	2	10	14	15	22	25		
	Total Time: 1:57:16.25										
	Average: 23:27.25										
3	Lake Mills	65	3	8	17	18	19	24	27		
	Total Time: 2:03:36.18										
	Average: 24:43.24										
4	Mmc-Ru HS	96	7	13	16	29	31				
	Total Time: 2:18:57.00										
	Average: 27:47.40										
5	Emmetsburg	102	12	20	21	23	26	28	30		
	Total Time: 2:09:59.86										
	Average: 25:59.98										

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## Event 3 Boys 5k Run CC Varsity

Name	Year School	Finals	Points
Class A Results 5000 Run			
1 Hummel, Isaac	11 Moc-Floyd Valley	16:43.13	1
2 Hungerford, Jace	11 Spirit Lake	16:44.71	2
3 Ramirez-Parra, Joel	12 Storm Lake	17:04.74	3
4 Cundy, Drew	9 Sioux Center	17:10.41	4
5 Vermeer, Malakai	11 Sheldon	17:15.94	5
6 Kooiker, Caden	11 Sioux Center	17:20.27	6
7 Gann, Silas	12 Forest City	17:21.72	7
8 Wiederien, Dayton	12 Kuemper Catholic	17:23.96	8
9 Dahm, Matthew	10 Sioux Center	17:24.44	9
10 Koppie, Rylei	12 Spencer	17:27.85	10
11 Doughan, Thatcher	12 Moc-Floyd Valley	17:29.77	11
12 Work, Karson	11 Sioux Center	17:32.19	12
13 Gayther, Grant	11 Forest City	17:35.23	13
14 Duitsman, Warren	12 Estherville-LC	17:36.14	14
15 Bergman, Gabriel	10 Oa-Bcig	17:36.35	15
16 Ortega, Alexander	12 Storm Lake	17:37.60	16
17 Mills, Jacob	11 Storm Lake	17:37.67	17
18 Trautman, Carter	12 Spirit Lake	17:41.62	18
19 Lehman, Brock	10 Sioux Center	17:45.01	19
20 Weissenfluh, Liam	09 Forest City	17:48.06	20
21 Maier, Hunter	12 Oa-Bcig	17:48.54	21
22 Badding, Fletch	12 Kuemper Catholic	17:48.63	22
23 Landegent, Raymond	10 Sioux Center	17:54.56	23
24 Hegenbarth, Jayden	11 Sheldon	17:54.76	24
25 Placencia, Alex	11 Storm Lake	17:57.36	25
26 Bertram, Ethan	12 Forest City	17:58.95	26
27 Fear, Tyson	10 Okoboji	17:59.19	27
28 Scheaffer, Lewis	11 Sheldon	18:05.57	28
29 Meinerts, Landon	10 George-LR-CL	18:07.63	29
30 Ballis, Ryker	12 Okoboji	18:09.28	30
31 Riphagen, Owen	11 Okoboji	18:09.29	31
32 Struve, Jackson	10 Estherville-LC	18:10.23	32
33 Masters, Beckett	11 Moc-Floyd Valley	18:13.00	33
34 Blaser, Cooper	11 Forest City	18:19.74	34
35 Thompson, Oliver	11 Spirit Lake	18:21.56	35
36 Kampbell, Heath	10 Storm Lake	18:22.31	36
37 Berg, Daunta	11 Forest City	18:26.27	37
38 Roetman, Ben	09 Moc-Floyd Valley	18:27.36	38
39 Pottebaum, Thomas	12 Kuemper Catholic	18:28.95	39
40 Sherbring, Clayton	10 Cherokee	18:30.22	40
41 Gravert, JD	10 Okoboji	18:31.28	41
42 Conway, Wylee	10 Spirit Lake	18:31.77	42
43 Coates, Titus	09 Spirit Lake	18:32.09	43
44 Dokter, Crystian	10 Moc-Floyd Valley	18:36.70	44
45 Profit, Carson	09 Spirit Lake	18:38.06	45
46 Rustad, Isaiah	10 Spencer	18:38.67	46
47 Leyva-Cedeno, Danny	09 Cherokee	18:41.32	47
48 Graves, Eli	12 Okoboji	18:43.01	48
49 Thomas, Ade	11 Spencer	18:43.79	49
50 Wunschel, Wyatt	11 Kuemper Catholic	18:45.21	50
51 Fullhart, Noah	12 Spencer	18:47.76	51
52 Schwint, John	10 Storm Lake	18:50.16	52
53 Reynolds, Holden	11 Forest City	19:00.95	53
54 McCusker, Nolan	12 Spencer	19:03.29	54
55 Hurst, Evan	12 Sioux Center	19:06.76	55

56 Mizner-Fundermann, Cully	12 Cherokee	19:08.79	56
57 Vonnahme, Oliver	10 Kuemper Catholic	19:11.14	57
58 Nebelsick, David	11 George-LR-CL	19:15.25	58
59 Baranovslva, Vlad	11 Moc-Floyd Valley	19:26.74	59
60 Vandehoef, Keegan	11 Spirit Lake	19:29.91	60
61 Sherrod, Colby	12 Spencer	19:30.12	61
62 Chitic-Aguilar, Gustavo	11 Estherville-LC	19:31.02	62
63 Kaiser, Ray	12 Okoboji	19:32.95	63
64 Reyes, Jaciel	12 Moc-Floyd Valley	19:47.99	64
65 Krieger, Hayden	09 Kuemper Catholic	20:01.83	65
66 Mizner-Fundermann, Grady	12 Cherokee	20:15.01	66
67 Johnson, Zachariah	10 Oa-Bcig	20:20.27	67
68 Greve, Carter	10 George-LR-CL	20:26.45	68
69 Daum, Mason	10 Cherokee	20:27.63	69
70 Benson, Karsen	09 Cherokee	20:28.31	70
71 Grandgenett, Lucah	09 Kuemper Catholic	20:33.52	71
72 Machado, Andre	12 Storm Lake	20:38.16	72
73 Miller, Oliver	12 Okoboji	20:39.15	73
74 Richardson, Tatem	11 Cherokee	20:46.73	74
75 Ponce-Santos, Ayson	09 Estherville-LC	20:49.31	75
76 Welch, Beckam	10 Estherville-LC	20:51.15	76
77 Porter, Will	11 Oa-Bcig	20:51.88	77
78 Clabaugh, Colin	09 Estherville-LC	20:55.32	78
79 Kock, Alec	12 West Lyon	21:01.28	
80 Thiner, Eli	12 Sheldon	21:16.69	79
81 Aguilar-Gonzalez, Jose	10 Estherville-LC	21:21.53	80
82 Huitink, Devon	09 Sheldon	21:22.10	81
83 Deleeuw, Kyle	11 George-LR-CL	21:51.45	82
84 Neville, Jaxin	10 Oa-Bcig	21:55.70	83
85 Ulrich, Aaron	09 Oa-Bcig	21:56.64	84
86 Anderson, Tristen	09 George-LR-CL	22:48.85	85
87 Martinez, Marlin	12 George-LR-CL	23:07.21	86
88 Henrichs, Blake	11 George-LR-CL	24:34.45	87
Class B Results 5000 Run			
1 Rogne, Knute	12 Lake Mills	16:36.37	1
2 Thompson, Hayden	12 Lake Mills	16:42.28	2
3 Wernimont, Lucos	11 Sioux Central	16:58.69	3
4 Brandenburg, Stephen	12 Lake Mills	17:30.13	4
5 Christian, Jack	12 Sioux Central	17:38.69	5
6 Cox, Ben	09 Emmetsburg	17:43.31	
7 Driver, Landon	11 Sioux Central	18:11.91	6
8 Peterson, Royce	12 Lake Mills	18:38.33	7
9 Davenport, Landen	10 South Obrien	18:42.20	8
10 Rygh, Lane	11 Lake Mills	18:47.64	9
11 Christians, Colin	11 Sioux Central	19:18.26	10
12 Skogen, Caleb	11 Lake Mills	19:20.44	11
13 Eden, Brayden	10 Lake Mills	19:28.23	12
14 Kleinwolterink, Eric	12 Sibley-Ocheyedan	19:46.11	
15 Teal, Easton	11 Hartley Hms	19:56.03	13
16 Smith, Weston	09 Sioux Central	20:01.15	14
17 Vos, Carter	12 Sibley-Ocheyedan	20:06.96	
18 Cox, Elijah	11 Emmetsburg	20:10.46	
19 Carlin, James	10 Hartley Hms	20:19.03	15
20 Nelson, Andrew	12 Sioux Central	20:26.21	16
21 Cobb, Trayton	11 South Obrien	20:43.87	17
22 Withers, Taylon	12 Sioux Central	21:03.65	18
23 Galles, Conner	11 Mmc-Ru HS	21:12.45	19
24 DeRoo, Elliot	09 Harris-Lake Park	21:23.21	20
25 Manwarren, Landon	12 North Union	21:42.68	
26 Rodger, Chase	09 South Obrien	21:44.11	21
27 Vos, Triston	12 Sibley-Ocheyedan	21:49.54	
28 Braun, Jeff	10 Mmc-Ru HS	21:52.77	22
29 Carver, Nolan	10 Mmc-Ru HS	22:03.80	23
30 Kiltz, Morgan	09 South Obrien	22:04.60	24
31 Boynton, Dylan	09 Hartley Hms	22:43.94	25

32 Renken, Cole	10 Harris-Lake Park	22:48.54	26
33 Zimmer, Karter	10 Hartley Hms	23:01.00	27
34 Galles, Karsen	11 Mmc-Ru HS	23:33.12	28
35 Starnes, Traecer	12 North Union	24:03.04	
36 Madden, Kade	12 North Union	24:03.56	
37 Jacobsma, Lucas	12 Harris-Lake Park	24:08.07	29
38 Wilson, Orren	09 South Obrien	24:28.20	30
39 Kampen, Bryson	10 West Bend-Mallard	24:55.10	
40 Dolphin, Carter	12 Hartley Hms	26:34.29	31
41 Flinders, Asa	12 South Obrien	26:55.15	32
42 Rusche, Roland	10 Sibley-Ocheyedan	27:46.70	
43 Reedy, Walter	09 Emmetsburg	28:03.41	
44 Abadie, Traven	11 Harris-Lake Park	29:45.31	33
45 Bailey, Logan	09 South Obrien	30:46.48	34
46 Skoglund, Jacob	10 Harris-Lake Park	30:48.56	35
47 Becker, Jagger	09 Mmc-Ru HS	30:49.94	36

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Class A Results 5000 Run

1	Sioux Center High School	50	4	6	9	12	19	23	55		
	Total Time:	1:27:12.32									
	Average:	17:26.47									
2	Storm Lake	97	3	16	17	25	36	52	72		
	Total Time:	1:28:39.68									
	Average:	17:43.94									
3	Forest City	100	7	13	20	26	34	37	53		
	Total Time:	1:29:03.70									
	Average:	17:48.74									
4	Moc-Floyd Valley	127	1	11	33	38	44	59	64		
	Total Time:	1:29:29.96									
	Average:	17:54.00									
5	Spirit Lake	140	2	18	35	42	43	45	60		
	Total Time:	1:29:51.75									
	Average:	17:58.35									
6	Kuemper Catholic	176	8	22	39	50	57	65	71		
	Total Time:	1:31:37.89									
	Average:	18:19.58									
7	Okoboji	177	27	30	31	41	48	63	73		
	Total Time:	1:31:32.05									
	Average:	18:18.41									
8	Spencer	210	10	46	49	51	54	61			
	Total Time:	1:32:41.36									
	Average:	18:32.28									
9	Sheldon	217	5	24	28	79	81				
	Total Time:	1:35:55.06									
	Average:	19:11.02									
10	Estherville-LC	259	14	32	62	75	76	78	80		
	Total Time:	1:36:57.85									
	Average:	19:23.57									
11	Oa-Bcig	263	15	21	67	77	83	84			
	Total Time:	1:38:32.74									
	Average:	19:42.55									
12	Cherokee	278	40	47	56	66	69	70	74		
	Total Time:	1:37:02.97									
	Average:	19:24.60									
13	George-LR-CL	322	29	58	68	82	85	86	87		
	Total Time:	1:42:29.63									
	Average:	20:29.93									

Class B Results 5000 Run

1	Lake Mills	23	1	2	4	7	9	11	12		
	Total Time:	1:28:14.75									
	Average:	17:38.95									

2 Sioux Central	38	3	5	6	10	14	16	18
Total Time: 1:32:08.70								
Average: 18:25.74								
3 South Obrien	100	8	17	21	24	30	32	34
Total Time: 1:47:42.98								
Average: 21:32.60								
4 Hartley-Melvin-Sandborn	111	13	15	25	27	31		
Total Time: 1:52:34.29								
Average: 22:30.86								
5 Mmc-Ru HS	128	19	22	23	28	36		
Total Time: 1:59:32.08								
Average: 23:54.42								
6 Harris-Lake Park	143	20	26	29	33	35		
Total Time: 2:08:53.69								
Average: 25:46.74								

2025 Iowa Great Lakes XC Invitational - 9/4/2025  
 Brooks Golf Course (Spirit Lake, Iowa)  
 Spirit Lake/Okoboji Co-Hosts

## Event 2 Girls 5k Run CC JV

Name	Year	School	Finals	Points
1 Dean, Charlotta	10	Sioux Center	21:56.17	1
2 Bloom, Maria	12	Sioux Center	23:05.90	2
3 Nessa, Collins	10	Moc-Floyd Valley	23:10.30	3
4 Simonsen, Ella	12	Cherokee	23:29.79	4
5 Cleveringa, Morgan	10	Moc-Floyd Valley	23:35.21	5
6 Vaas, Elizabeth	11	Moc-Floyd Valley	23:41.48	6
7 VandeVegte, Rylan	12	Sioux Center	23:41.59	7
8 Schut, Izzy	12	Sioux Center	23:43.50	8
9 Stratman, Gretchen	11	George-LR-CL	23:47.20	
10 Gutierrez, Adriana	11	Moc-Floyd Valley	24:00.43	9
11 Diekevers, Kayla	11	Moc-Floyd Valley	24:06.75	10
12 Van Der Zwaag, Brierra	12	Moc-Floyd Valley	24:09.05	11
13 Bruhn, Aslin	09	Sioux Center	24:09.77	12
14 Riggert, Miriam	10	Cherokee	24:20.17	13
15 Anderson, Eva	10	Cherokee	24:24.02	14
16 Altena, Rilyn	9	Sioux Center	24:44.11	15
17 Schuiteman, Emma	9	Sioux Center	24:49.82	16
18 Van Gorp, Sadie	9	Sioux Center	24:54.61	
19 Croatt, Shelby	09	Moc-Floyd Valley	24:58.40	17
20 Wrather, Isabella	10	Moc-Floyd Valley	25:03.20	
21 Oostenink, Anna	10	Sioux Center	25:10.02	
22 Kluver, Aubrey	10	Forest City	25:19.46	
23 VanHorssen, Carly	11	Sioux Center	25:34.08	
24 Roland, Delanie	12	Sioux Center	25:37.48	
25 Bathke, Lauren	10	Moc-Floyd Valley	25:39.97	
26 Tacke, Sophia	10	Sioux Center	25:44.85	
27 Beaver, Allison	09	Moc-Floyd Valley	25:46.56	
28 Kroese, Raelle	10	Sioux Center	25:53.14	
29 Vonk, Aubrey	12	Sioux Center	26:01.47	
30 Keough, Shelby	12	Forest City	26:09.17	
31 Garcia, Aury	10	Sioux Center	26:15.08	
32 Thorson, Sophie	12	Cherokee	26:17.74	18
33 Zheng, Jessica	11	Moc-Floyd Valley	26:30.09	
34 Weaver, Izzie	09	Forest City	26:32.31	
35 Lassen, Kyra	09	Moc-Floyd Valley	26:36.40	
36 Kramer, Jovi	10	Spencer	26:42.78	19
37 Badtram, Ella	11	Cherokee	26:49.39	20
38 Schubert, Addison	12	Cherokee	26:58.26	21
39 Heithoff, Ella	09	Kuemper Catholic	27:12.75	22
40 Schrick, Anna	11	George-LR-CL	27:20.78	
41 Pietig, Adalynn	10	Kuemper Catholic	27:27.07	23
42 Griffin, Khia	09	Spencer	27:27.69	24
43 Castalan, Mary	11	Sioux Center	27:27.97	
44 Schneider, Hailey	12	Okoboji	27:29.94	25
45 Trierweiler, Matilyn	12	Sioux Central	27:32.41	
46 Lee, Lainey	09	Cherokee	27:40.03	26
47 Islas, Jaselyn	09	Lake Mills	27:47.07	
48 Schulz, Kylie	09	Lake Mills	27:52.17	
49 Stickrod, Madison	10	Spencer	27:55.32	27
50 Fauth, Brilee	11	Okoboji	28:01.15	28
51 Johnson, Mikayla	10	Emmetsburg	28:01.67	
52 Owen, Hayley	9	Kuemper Catholic	28:05.25	29
53 Kiger, Bri	12	Kuemper Catholic	28:12.81	30
54 Thompson, Emie	11	Forest City	28:47.58	
55 Harman, Lisa	09	Spencer	29:11.56	31
56 Trinity, Tovar	10	Hartley Hms	29:11.79	32

57	Ver Steeg, Sosie	12	George-LR-CL	29:24.11	
58	Schuetzte, Cara	10	Kuemper Catholic	29:31.25	33
59	Thomsen, Maia	09	Sioux Central	29:55.11	
60	Jones, Lexius	09	Sioux Central	29:57.87	
61	Iedema, Anna	09	Spencer	30:07.44	34
62	Pieper, Carly	11	Sioux Center	30:09.55	
63	Gutierrez, Jaqueline	10	Storm Lake	30:13.81	35
64	Diaz, Mariana	10	Cherokee	30:21.64	
65	Wilkinson, Quinn	12	Sioux Central	30:25.77	
66	Mouw, Dulcie	10	Sheldon	30:32.24	
67	Sterler, Kendalyn	10	Sheldon	30:34.32	
68	Jozelyn, Romero	12	Hartley Hms	30:44.38	36
69	Villegas, Andrea	12	Storm Lake	30:48.87	37
70	Huizenga, Lucy	11	Moc-Floyd Valley	30:49.55	
71	Leiva, Jennifer	10	Storm Lake	31:15.33	38
72	Evelyn, Steffan	12	Hartley Hms	31:25.41	39
73	Azogu, Chioma	09	Kuemper Catholic	31:26.58	40
74	Ingledue, Laylah	11	Lake Mills	31:38.50	
75	Simone, Annamaria	11	Okoboji	31:44.20	41
76	Luetje, Joy	10	Kuemper Catholic	31:58.71	42
77	Nebelsick, Aria	11	George-LR-CL	32:00.45	
78	Platero, Dariana	0	Storm Lake	32:03.90	43
79	Potthoff, Lucy	9	Kuemper Catholic	32:38.43	
80	Matul, Nycole	10	Storm Lake	32:41.37	44
81	Jessica, Diaz	11	Hartley Hms	32:41.94	45
82	Sherbring, Sophie	12	Cherokee	32:55.86	
83	Gulbranson, Blair	09	Kuemper Catholic	33:53.71	
84	Segebart, Elizabeth	9	Kuemper Catholic	34:06.90	
85	Perez, Camila	10	Storm Lake	34:12.97	46
86	Gates, Jenessa	11	Okoboji	34:50.22	47
87	Hoggard, Eva	10	Okoboji	35:04.32	48
88	Ellie, Pals	10	Hartley Hms	35:31.18	49

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux Center High School Total Time: 1:56:36.93 Average: 23:19.39	30	1	2	7	8	12	15	16		
2	Moc-Floyd Valley Total Time: 1:58:34.17 Average: 23:42.84	33	3	5	6	9	10	11	17		
3	Cherokee Total Time: 2:05:21.11 Average: 25:04.23	69	4	13	14	18	20	21	26		
4	Spencer Total Time: 2:21:24.79 Average: 28:16.96	135	19	24	27	31	34				
5	Kuemper Catholic Total Time: 2:20:29.13 Average: 28:05.83	137	22	23	29	30	33	40	42		
6	Okoboji Total Time: 2:37:09.83 Average: 31:25.97	189	25	28	41	47	48				
7	Storm Lake Total Time: 2:37:03.28 Average: 31:24.66	197	35	37	38	43	44	46			
8	Hartley-Melvin-Sandborn Total Time: 2:39:34.70 Average: 31:54.94	201	32	36	39	45	49				

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 Spirit Lake/Okoboji Co-Hosts

## Event 4 Boys 5k Run CC JV

Name	Year School	Finals	Points
1 Beukelman, Kaiden	10 Sioux Center	18:50.43	1
2 Anderson, Reno	12 Spencer	18:59.52	2
3 Vermeer, Jacoby	11 Sioux Center	19:02.08	3
4 Clabaugh, Noah	10 Spirit Lake	19:04.50	4
5 Van De Griend, Levi	10 Moc-Floyd Valley	19:07.50	5
6 Nitchals, Cruz	09 Okoboji	19:13.83	6
7 Zeman, Dirk	11 Forest City	19:30.63	7
8 Dykstra, Ben	10 Moc-Floyd Valley	19:33.16	8
9 MoralesLopez, Marcos	11 Sioux Center	19:37.26	9
10 Rodriguez, Nathan	12 Spencer	19:43.01	10
11 Smit, Tegegn	12 Moc-Floyd Valley	19:51.72	11
12 Mosher, Camden	12 Spencer	19:56.09	12
13 Katt, Cooper	12 Moc-Floyd Valley	19:56.21	13
14 Weaver, Kai	09 Forest City	19:56.32	14
15 Thompson, Ezra	11 Forest City	19:57.78	15
16 Van Der Heide, Cameron	11 Spencer	20:00.40	16
17 Low, Sam	11 Okoboji	20:01.12	17
18 Irby, Mason	11 Spencer	20:02.14	18
19 Wassenaar, Greyson	9 Spirit Lake	20:06.26	19
20 McCord, Samuel	10 Sioux Center	20:08.72	20
21 Addink, Easton	12 Sioux Center	20:10.10	21
22 Clinkenbeard, Brock	12 Spirit Lake	20:10.56	22
23 De Koster, Carter	09 Moc-Floyd Valley	20:11.10	23
24 Moeller, Isaiah	10 Moc-Floyd Valley	20:16.17	24
25 Lee, Kaden	10 Lake Mills	20:18.40	
26 Hiserote, Tate	10 Sioux Center	20:20.16	25
27 Weston, Ethan	12 Okoboji	20:25.09	26
28 Bauer, Jackson	11 Storm Lake	20:26.36	27
29 Funston, Zeke	11 Estherville-LC	20:26.59	28
30 Brue, Hyatt	10 Moc-Floyd Valley	20:29.32	29
31 Donovan, Finn	09 Okoboji	20:29.34	30
32 Evenson, Wesley	09 Okoboji	20:30.75	31
33 McCord, Royce	10 Sioux Center	20:30.77	32
34 Van Zee, Alex	11 Moc-Floyd Valley	20:35.62	
35 Jiminez, Andrew	9 Storm Lake	20:36.72	33
36 Vermeer, Clayton	9 Sioux Center	20:38.30	
37 Anderson, Will	12 Okoboji	20:45.20	34
38 Laguna Zavala, Eden	10 Storm Lake	20:46.45	35
39 Harder, Ted	9 Storm Lake	20:52.58	36
40 Wirth, Creighton	11 Forest City	20:53.69	37
41 Simmelink, Griffin	09 Moc-Floyd Valley	20:56.10	
42 McCargar, Jacob	12 Kuemper Catholic	20:59.78	38
43 Knudtson, Asher	12 Okoboji	21:04.09	39
44 Huly, Sasha	12 Forest City	21:05.62	40
45 Downing, Trey	11 Okoboji	21:16.10	
46 Wahl, Sam	10 Spirit Lake	21:19.32	41
47 Kreykes, Karson	10 Spirit Lake	21:20.61	42
48 Hibbs, Jayden	12 Spencer	21:23.09	43
49 Rosentrater, Emmett	11 Cherokee	21:26.72	44
50 Martin, Wyatt	11 Estherville-LC	21:28.47	45
51 Balder, Michael	09 Sioux Central	21:30.06	46
52 Skogen, Micah	09 Lake Mills	21:30.13	
53 Forsberg, Grant	09 Forest City	21:32.25	47
54 Krosschell, Liam	10 Moc-Floyd Valley	21:33.23	
55 Hernandez, Brandon	09 Sioux Center	21:34.17	
56 Kirby, Evan	11 Sheldon	21:36.49	

57 Doughan, Orin	11 Moc-Floyd Valley	21:37.37	
58 Reese, Aiden	09 Lake Mills	21:38.35	
59 Kruse, Max	9 Spirit Lake	21:39.52	48
60 Dewhurst, Maximus	12 Forest City	21:45.94	49
61 Schmidt, Brantley	09 Forest City	21:48.79	
62 Brown-Martinez, Emilio	10 Hartley Hms	21:49.50	
63 Truesdell, Joshua	10 Sioux Center	21:49.95	
64 Harris, Oliver	9 Spirit Lake	21:51.08	50
65 Boone, Cooper	10 Okoboji	21:54.15	
66 Odendahl, Zach	9 Spirit Lake	21:55.94	
67 Menchaca, Naruto	11 Sioux Central	21:56.44	51
68 Jacuinde-Mellado, Raul	12 Storm Lake	21:57.00	52
69 Richter, Madden	10 Cherokee	21:57.32	53
70 Waker, Zach	10 Cherokee	22:02.99	54
71 Hogrefe, Keaton	09 Sioux Central	22:05.45	55
72 Ortner, Justin	10 Sioux Center	22:06.50	
73 Ramirez, Angel	09 Forest City	22:08.26	
74 Miller, Liam	09 Okoboji	22:15.39	
75 Overmohle, Dylan	12 Moc-Floyd Valley	22:17.95	
76 Foell, Paul	9 Storm Lake	22:19.32	56
77 Keith, Brigham	09 Spencer	22:19.87	57
78 Samuelson, Levi	9 Spirit Lake	22:20.99	
79 Schmeling, Caleb	9 Spirit Lake	22:22.17	
80 Rose, Carter	09 Sioux Central	22:22.67	58
81 Alphs, Isaac	10 Forest City	22:23.81	
82 Moss, Elijah	09 Moc-Floyd Valley	22:27.43	
83 Gomez-Erickson, Juan	09 Estherville-LC	22:30.89	59
84 Hawkinson, Jamie	10 Kuemper Catholic	22:31.89	60
85 Robles, Jason	12 Sioux Center	22:33.64	
86 Frerichs, Andrew	12 Okoboji	22:35.76	
87 Bertram, Wyatt	12 Forest City	22:36.57	
88 Mills, Jackson	9 Storm Lake	22:39.14	61
89 Donovan, Declan	11 Okoboji	22:41.18	
90 Langton, Ben	10 Moc-Floyd Valley	22:42.24	
91 Adkins, Keegan	10 Sheldon	22:43.36	
92 Stanislav, Drew	09 Moc-Floyd Valley	22:46.03	
93 Titterington, Max	10 Okoboji	22:49.06	
94 Knudtson, Blake	10 Okoboji	22:50.17	
95 Jackson, Hunter	12 Spirit Lake	22:56.86	
96 Mittrucker, Samson	10 Estherville-LC	22:57.29	62
97 Villa, AJ	09 Spirit Lake	22:58.68	
98 Landgraf, Will	9 Storm Lake	22:59.47	
99 Janssen, John	10 Kuemper Catholic	22:59.55	63
100 Bailey, Jackson	10 Spencer	23:01.39	
101 Sanchez, Nic	10 Storm Lake	23:05.86	
102 Raulie, Luke	12 Forest City	23:06.04	
103 Kruse, Titus	10 Sioux Central	23:06.23	64
104 Pietig, Simon	12 Kuemper Catholic	23:07.14	65
105 Patterson, Logan	11 Cherokee	23:09.71	66
106 Nelson, Isaac	09 Sioux Central	23:10.22	67
107 Schulze, Hayden	09 Forest City	23:17.07	
108 Rensink, Isaiah	12 Sioux Center	23:17.51	
109 Greteman, Cooper	10 Kuemper Catholic	23:20.72	68
110 Gephard, Josh	09 Moc-Floyd Valley	23:24.00	
111 Patterson, Garrett	10 Cherokee	23:28.66	69
112 Lupkes, Beau	09 George-LR-CL	23:29.99	70
113 Christensen, Emerson	09 Spencer	23:32.46	
114 Reyes, Anthony	09 Moc-Floyd Valley	23:34.10	
115 L'Helgoualch, Clement	11 Hartley Hms	23:36.41	
116 Maassen, Jacob	09 Moc-Floyd Valley	23:36.52	
117 Fegundes, Pedro	11 Okoboji	23:37.72	
118 Casperson, Case	11 Lake Mills	23:39.40	
119 Pohlen, Lucas	10 Moc-Floyd Valley	23:40.38	
120 Verschuure, Cole	09 Moc-Floyd Valley	23:40.45	
121 Smith, Gauge	12 Sioux Central	23:41.34	71

122 Clausen, Gabe	11 Kuemper Catholic	23:41.85	72
123 Davis, Tyson	09 Spencer	23:42.32	
124 Vonk, Peter	9 Sioux Center	23:43.92	
125 Prickett, Nathan	09 Spencer	23:45.20	
126 GarciaVera, Daniel	12 Sioux Center	23:46.08	
127 Keith, Benson	11 Spencer	23:47.72	
128 Guse, Wyatt	10 George-LR-CL	23:52.64	73
129 Bush, Cooper	10 Moc-Floyd Valley	23:55.95	
130 Hutchinson, Keegan	10 Spencer	23:58.03	
131 Dornbierer, Jack	9 Sioux Center	23:59.95	
132 Freymann, Constantin	12 Forest City	24:02.13	
133 Snyder, Porter	12 Kuemper Catholic	24:16.40	74
134 Arends, Luke	09 Estherville-LC	24:19.72	75
135 Edwards, Azra	09 Spencer	24:21.09	
136 Titus, Zach	09 Spencer	24:34.40	
137 Samson, Dru	09 Sioux Central	24:37.22	
138 Jacobs, Cameron	11 Forest City	24:38.11	
139 Rasmussen, Angelo	10 Spencer	24:39.12	
140 Hall, Paxton	09 Forest City	24:43.52	
141 Filloon, Eli	10 Kuemper Catholic	24:43.76	
142 McAlpine, Braxton	09 Cherokee	24:51.20	76
143 Gustafason, Aden	11 Kuemper Catholic	25:01.45	
144 Kirkegaard, Samuel	10 North Union	25:05.38	
145 Mulder, Nikolas	11 George-LR-CL	25:12.95	77
146 Bell, Shotay	09 Moc-Floyd Valley	25:13.34	
147 Scheaffer, Gideon	09 Sheldon	25:13.57	
148 Downing, Hudson	09 Okoboji	25:24.02	
149 Hass, Oliver	10 Spencer	25:41.74	
150 Lutat, Dalton	11 Estherville-LC	25:43.38	78
151 DeWitt, Matthew	11 Estherville-LC	25:44.96	79
152 Rohlfesen, Tre	10 Hartley Hms	25:55.48	
153 Yiga, Johannes	10 Sheldon	26:03.07	
154 Hinrichs, Hudson	09 George-LR-CL	26:21.15	80
155 Schrick, Phillip	10 George-LR-CL	26:37.55	81
156 Schmitz, Leif	12 Moc-Floyd Valley	26:42.93	
157 Pollock, Jayden	12 Estherville-LC	26:42.96	
158 Mikes, Isaiah	12 Forest City	26:43.39	
159 Turner, Hayden	10 Cherokee	27:11.32	82
160 Rife, Tyler	10 Cherokee	27:21.88	
161 Haverhals, Ben	12 Sioux Center	27:34.73	
162 Clark, Wylie	12 Kuemper Catholic	28:01.97	
163 Streufert, Evan	12 Kuemper Catholic	28:10.48	
164 Nebelsick, Levi	11 George-LR-CL	28:14.44	83
165 Collins, Landon	09 South Obrien	29:41.47	
166 Champney, Edward	9 North Union	29:55.58	
167 Flug, Kavim	12 Kuemper Catholic	30:20.55	
168 Dolphin, Hayden	10 Hartley Hms	30:41.68	
169 Eglan, Ethan	09 Spencer	31:08.42	
170 Koenecke, Jack	10 Spencer	32:32.14	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux Center High School	54	1	3	9	20	21	25	32		
	Total Time:	1:37:48.59									
	Average:	19:33.72									
2	Spencer	58	2	10	12	16	18	43	57		
	Total Time:	1:38:41.16									
	Average:	19:44.24									
3	Moc-Floyd Valley	60	5	8	11	13	23	24	29		
	Total Time:	1:38:39.69									
	Average:	19:43.94									
4	Okoboji	110	6	17	26	30	31	34	39		
	Total Time:	1:40:40.13									

	Average:	20:08.03								
5	Forest City		113	7	14	15	37	40	47	49
	Total Time:	1:41:24.04								
	Average:	20:16.81								
6	Spirit Lake		128	4	19	22	41	42	48	50
	Total Time:	1:42:01.25								
	Average:	20:24.25								
7	Storm Lake		183	27	33	35	36	52	56	61
	Total Time:	1:44:39.11								
	Average:	20:55.83								
8	Estherville-LC		269	28	45	59	62	75	78	79
	Total Time:	1:51:42.96								
	Average:	22:20.60								
9	Sioux Central		274	46	51	55	58	64	67	71
	Total Time:	1:51:00.85								
	Average:	22:12.17								
10	Cherokee		286	44	53	54	66	69	76	82
	Total Time:	1:52:05.40								
	Average:	22:25.08								
11	Kuemper Catholic		294	38	60	63	65	68	72	74
	Total Time:	1:52:59.08								
	Average:	22:35.82								
12	George-LR-CL		381	70	73	77	80	81	83	
	Total Time:	2:05:34.28								
	Average:	25:06.86								

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## Event 6 Girls 2 Mile Run CC JH

Name	Year School	Finals	Points
1 Heithoff, Taylor	08 Kuemper Catholic	13:49.76	1
2 Rozeboom, Hadley	07 Sioux Center	13:52.97	2
3 Ellis, Brynn	07 Sioux Center	13:56.91	3
4 Mohr, Alaina	8 Storm Lake	14:00.36	4
5 Reedy, Janey-Lynn	08 Emmetsburg	14:05.99	
6 Klaassen, Willa	08 George-LR-CL	14:13.05	5
7 Timmer, Ava	07 George-LR-CL	14:35.68	6
8 Henrichsen, Harper	08 Estherville-LC	14:36.69	7
9 VanOmmerman, Jocelyn	8 Sioux Center	14:39.38	8
10 Lowe, Maizy	07 West Bend-Mallard	14:55.27	
11 Zevaleta, Jordyn	8 Sioux Center	14:57.07	9
12 Wedge, Lexi	08 Spirit Lake	15:17.19	
13 Janssen, Sarah	07 Kuemper Catholic	15:20.83	10
14 Walker, Abby	07 Cherokee	15:31.11	11
15 Antoine, Amara	08 Okoboji MS	15:36.13	
16 Paulsen, Eliza	8 Sioux Center	15:45.22	12
17 Schneider, Parker	08 Estherville-LC	15:53.87	13
18 Fischer, Paisley	08 Sioux Center	16:01.72	14
19 DeWeerd, Braellee	07 Sioux Center	16:13.05	15
20 Shearer, Aubrie	8 Spirit Lake	16:18.64	
21 Leach, Kaycee	Cherokee	16:19.62	16
22 Mellmann, Joselyn	8 Storm Lake	16:22.02	17
23 Lehman, Lily	8 Sioux Center	16:25.25	
24 Beukelman, Jada	07 Sioux Center	16:30.31	
25 Kaiser, Julia	8 Okoboji MS	16:34.94	
26 Bahrke, Elysia	07 Sioux Center	16:36.23	
27 Ivarson, Mina	07 Cherokee	16:48.73	18
28 Hanlon, Kylie	08 Kuemper Catholic	17:02.35	19
29 Owen, Avery	08 Kuemper Catholic	17:03.49	20
30 Lown, Peyton	07 North Union	17:14.13	
31 Tacke, Scarlet	8 Sioux Center	17:21.46	
32 Ellis, Abilene	08 Graettinger Gtra	17:21.47	
33 Robards, Aryah	8 Okoboji MS	17:26.55	
34 Cortez-Lopez, Delmix	07 Cherokee	17:30.92	21
35 Dominguez, Evalynn	07 Sioux Center	17:33.39	
36 Carlin, Kate	07 Hartley Hms	17:34.77	
37 Ahrens, Hadley	8 Sioux Center	17:34.89	
38 Henkle, Raya	8 Sioux Center	17:36.39	
39 Frangione, Isabel	07 Mmc-Ru HS	17:39.45	
40 Iwen, Evelyn	07 Cherokee	17:40.40	22
41 Neis, Ella	8 Spirit Lake	17:41.93	
42 Backman, Brooke	8 Storm Lake	18:01.02	23
43 Griese, Addisyn	07 North Union	18:04.71	
44 Sobolik, Harper	07 North Union	18:19.33	
45 Christensen, Ruth	8 Kuemper Catholic	18:19.98	24
46 Swartz, Alena	Cherokee	18:25.93	25
47 Arellano, Natalia	07 Kuemper Catholic	18:29.90	26
48 Reincke, Alyson	8 Kuemper Catholic	18:38.17	27
49 Conway, Mady	07 Estherville-LC	18:44.54	28
50 Helkenn, Mia	08 George-LR-CL	18:47.10	29
51 Hanley, Lizzie	07 Sioux Center	18:51.66	
52 Luinstra, Kimberly	07 Harris-Lake Park	19:15.83	
53 Vande Hoef, Raelyne	07 Sioux Center	19:16.78	
54 DominguezHernandez, Dulc	08 Sioux Center	19:40.96	
55 Wolterman, Olivia	8 Kuemper Catholic	19:59.24	
56 Vela, Gloria	07 Kuemper Catholic	19:59.66	

57 Bindner, Kennedy	07 Mmc-Ru HS	20:01.58	
58 Fuhrman, Maggie	8 Spirit Lake	20:07.84	
59 Boehm, Mabel	07 Kuemper Catholic	20:14.43	
60 Meseck, Isabela	07 Storm Lake	20:18.54	30
61 Tomka, Ivonne	8 Kuemper Catholic	20:32.06	
62 Schnoes, Lynea	07 Estherville-LC	20:40.40	31
63 Lopez Ramirez, Yoselin	07 Sioux Center	21:38.10	
64 Bendt, Zoe	07 George-LR-CL	21:48.46	32
65 Schwab, Alice	07 George-LR-CL	21:58.43	33
66 Conway, Dezi	08 Estherville-LC	22:39.48	34
67 Navratil, Ella	07 Storm Lake	23:12.18	35
68 Venner, Aubrey	8 Kuemper Catholic	23:48.77	
69 Rohwer, Morgan	07 South Obrien	24:24.13	
70 Murillo, Eva	08 North Union	24:25.59	
71 Duncanson, Erin	07 George-LR-CL	24:30.65	36

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux Center	34	2	3	8	9	12	14	15		
	Total Time:	1:13:11.55									
	Average:	14:38.31									
2	Kuemper Catholic	74	1	10	19	20	24	26	27		
	Total Time:	1:21:36.41									
	Average:	16:19.29									
3	Cherokee	88	11	16	18	21	22	25			
	Total Time:	1:23:50.78									
	Average:	16:46.16									
4	George-LR-CL	105	5	6	29	32	33	36			
	Total Time:	1:31:22.72									
	Average:	18:16.55									
5	Storm Lake	109	4	17	23	30	35				
	Total Time:	1:31:54.12									
	Average:	18:22.83									
6	Estherville-LC	113	7	13	28	31	34				
	Total Time:	1:32:34.98									
	Average:	18:31.00									

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## Event 5 Boys 2 Mile Run CC JH

Name	Year School	Finals	Points
1 Zabel, Bodhi	8 Sioux Center	12:09.05	1
2 Nwala, Chidi	07 Spirit Lake	12:09.96	2
3 Gach, Jayden	8 Kuemper Catholic	12:30.27	3
4 North, Tanner	8 Kuemper Catholic	12:33.32	4
5 Haugstad, Lincoln	8 Sioux Center	12:42.89	5
6 Cundy, Grant	07 Sioux Center	12:48.01	6
7 Snyder, Owen	8 Spirit Lake	12:48.77	7
8 Lechtenberg, Owen	8 Kuemper Catholic	12:57.31	8
9 Hurst, Hunter	08 Estherville-LC	13:01.00	9
10 Cleveland, Carson	08 Kuemper Catholic	13:07.45	10
11 Rouse, Miles	07 Emmetsburg	13:09.89	
12 Schubert, Bennett	08 Cherokee	13:11.13	11
13 Wielenga, Reid	8 Sioux Center	13:13.93	12
14 Myers, Ayden	07 Harris-Lake Park	13:21.50	
15 Baker, William	07 Spirit Lake	13:25.35	13
16 Carver, Colten	07 Cherokee	13:27.23	14
17 Blankers, Beau	07 Cherokee	13:32.64	15
18 Anderson, Alex	8 Okoboji MS	13:32.75	16
19 Martinez, Oliver	07 Estherville-LC	13:49.38	17
20 Bloom, Titus	8 Sioux Center	13:53.12	18
21 Munneke, Carter	8 Sioux Center	13:56.15	19
22 VanOort, Dashel	08 Okoboji MS	13:59.76	20
23 Rust, Cael	08 George-LR-CL	14:06.70	21
24 Brouwer, Reece	8 Sioux Center	14:09.55	22
25 Crowley, Jacob	8 Spirit Lake	14:15.02	23
26 McMahan, Noah	08 George-LR-CL	14:15.14	24
27 Butler, Braxton	08 Spirit Lake	14:16.37	25
28 Edwards, Trice	07 Spirit Lake	14:19.86	26
29 Wipperfurth, Beckett	08 Spirit Lake	14:20.46	27
30 Duin, Levi	08 George-LR-CL	14:30.31	28
31 Ingvall, Caiden	08 Estherville-LC	14:38.56	29
32 Schaa, Jase	08 Harris-Lake Park	14:39.08	
33 Gutierrez, Gilbert	07 Storm Lake	14:47.73	
34 Carver, Greyson	07 Cherokee	14:49.78	30
35 Janssen, Ezekiel	8 Kuemper Catholic	14:56.01	31
36 Olson, Cooper	07 Estherville-LC	14:56.59	32
37 Dornbierer, Henry	07 Sioux Center	14:58.00	
38 Doellinger, Micah	07 Mmc-Ru HS	15:02.91	
39 Vedder, Corbin	08 Estherville-LC	15:03.84	33
40 Aden, Parker	07 Kuemper Catholic	15:05.26	34
41 Lloyd, Carson	08 Kuemper Catholic	15:05.54	35
42 Ponce, Ryan	07 Estherville-LC	15:07.61	36
43 Bruce, Pacey	07 Cherokee	15:07.83	37
44 Galles, Kenten	07 Mmc-Ru HS	15:09.03	
45 Walker, Sam	07 Cherokee	15:14.47	38
46 Vonk, Jude	8 Sioux Center	15:27.96	
47 Thonstad, Corbin	07 Sioux Center	15:29.61	
48 Fear, Baylon	8 Okoboji MS	15:32.87	39
49 Mendenhall-Borus, Elias	07 Okoboji MS	15:34.86	40
50 Kurtzleben, Taylor	8 Sioux Center	15:36.38	
51 Boender, Nathen	08 George-LR-CL	15:39.42	41
52 Taylor, Lincoln	8 Sioux Center	15:55.71	
53 Korte, Paxton	07 Harris-Lake Park	16:00.79	
54 Hecht, Noah	08 Estherville-LC	16:04.74	42
55 Hegwer, Jeremyah	08 Harris-Lake Park	16:07.66	
56 Martinez, Johrden	07 Hartley Hms	16:10.29	

57	Running, Bradyn	08 Kuemper Catholic	16:14.20	
58	Leise, Skyler	08 Kuemper Catholic	16:15.92	
59	Bennett, Gabe	8 Spirit Lake	16:25.31	
60	Giere, Boden	08 Spirit Lake	16:31.73	
61	Keizer, Brett	07 Sioux Center	16:34.83	
62	Wibben, Landree	07 George-LR-CL	16:35.31	43
63	Mayo, Wyatt	08 George-LR-CL	16:36.01	44
64	Sadler, Calvin	07 Hartley Hms	16:40.76	
65	Pietig, Logan	07 Kuemper Catholic	16:42.01	
66	Rockdaschel, Finnley	08 North Union	16:48.02	
67	Woodford, Asher	08 Emmetsburg	16:56.79	
68	Nykamp, Oliver	07 Sioux Center	16:57.34	
69	Creswell, Seth	07 Okoboji MS	16:59.58	45
70	Brown, Bentley	07 South Obrien	17:15.31	
71	Lucas, Donlan	07 Graettinger Gtra	17:32.98	
72	Struve, Wyatt	07 Estherville-LC	18:10.67	
73	Gisolf, Deedryk	07 George-LR-CL	18:19.07	46
74	Stansberry, Emmett	07 Storm Lake	18:34.39	
75	Hoyt, McDermott	8 Kuemper Catholic	18:41.17	
76	Ivarson, Kiefer	07 Mmc-Ru HS	18:42.67	
77	Nelson, Danny	08 Emmetsburg	18:48.95	
78	Bruhn, Akly	07 North Union	18:51.40	
79	Draayer, Evan	07 Sioux Center	19:13.75	
80	Radtke, Huxley	07 Estherville-LC	19:59.54	
81	Gravert, Matthew	08 Okoboji MS	20:42.27	47
82	Sewell, Elijah	07 Okoboji MS	21:17.98	48
83	Barban, Jose	07 Cherokee	21:31.06	49
84	Gonzalez, Gael	07 North Union	22:03.58	
85	Shilling, Luke	07 South Obrien	22:55.56	
86	Brown, Robert	07 North Union	23:45.13	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Sioux Center	42	1	5	6	12	18	19	22		
	Total Time:	1:04:47.00									
	Average:	12:57.40									
2	Kuemper Catholic	56	3	4	8	10	31	34	35		
	Total Time:	1:06:04.36									
	Average:	13:12.88									
3	Spirit Lake	70	2	7	13	23	25	26	27		
	Total Time:	1:06:55.47									
	Average:	13:23.10									
4	Cherokee	107	11	14	15	30	37	38	49		
	Total Time:	1:10:08.61									
	Average:	14:01.73									
5	Estherville-LC	120	9	17	29	32	33	36	42		
	Total Time:	1:11:29.37									
	Average:	14:17.88									
6	George-LR-CL	157	21	24	28	41	43	44	46		
	Total Time:	1:15:06.88									
	Average:	15:01.38									
7	Okoboji Middle School	160	16	20	39	40	45	47	48		
	Total Time:	1:15:39.82									
	Average:	15:07.97									