



Urbandale Invitational XC Girls 5 km

Urbandale Middle School, Urbandale, IA

Sep. 6, 2025

Results by Michael Franke

Use the Find option of your Web Browser to find the performance of a specific individual or team.

Last updated Sep. 6, 2025 9:39 AM											
PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPRE
1	Des Moines Christian	21	1	2	3	7	8	15	18	20:04.4	1:07
2	Indianola	44	4	5	6	10	19	20	21	20:33.6	1:11
3	Dowling Catholic	59	9	11	12	13	14	16	17	20:45.6	0:26
4	Urbandale	120	22	23	24	25	26	27	28	22:30.8	0:53

Individuals

PLACE	FINISHER	TIME
1. Des Moines Christian		
1	Elyse Erzen, 10	19:23.6
2	Hallie Roberts, 9	19:56.3
3	Annie Bruxvoort, 11	20:04.2
7	Sienna Stec, 11	20:27.0
8	Evie Van Wyk, 9	20:30.9
15	Stella Pothoven, 11	20:55.9
18	Meryl Casady, 12	21:03.6
Total Time = 1:40:22.0		Total Places = 21
2. Indianola		
4	Ady Mason, 12	20:07.6
5	Leah Hartford, 12	20:18.5
6	Cali Laxton, 9	20:25.4
10	Paige Hoger, 11	20:36.8
19	Michaela Appel, 12	21:19.5
20	Avery Manny, 9	21:54.4
21	Keira Labertew, 11	22:01.7
Total Time = 1:42:47.8		Total Places = 44
3. Dowling Catholic		
9	Sadie Reinhardt, 12	20:33.2
11	Elizabeth Tiffany, 11	20:44.5
12	Lily Decker, 12	20:44.6
13	Elise Huegerich, 12	20:52.5
14	Payton Wolfe, 10	20:53.1

16 Avery Prichard, 11 20:57.8
 17 Frankie Darnell, 11 20:57.9
 Total Time = 1:43:47.9 Total Places = 59

4. Urbandale

22 Lilian Gyure, 11 22:08.7
 23 Nora Lewis, 9 22:25.7
 24 Maci Moore, 9 22:28.3
 25 Lily Thompson, 9 22:29.6
 26 Natalie Heggen, 9 23:01.7
 27 Ella Schaller, 9 23:22.7
 28 Matilda McGee, 10 23:36.1
 Total Time = 1:52:34.0 Total Places = 120

PLACE	SCORE	FINISHER	TIME	TEAM
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Top

1	1	Elyse Erzen, 10	19:23.6	Des Moines Christian
2	2	Hallie Roberts, 9	19:56.3	Des Moines Christian
3	3	Annie Bruxvoort, 11	20:04.2	Des Moines Christian
4	4	Ady Mason, 12	20:07.6	Indianola
5	5	Leah Hartford, 12	20:18.5	Indianola
6	6	Cali Laxton, 9	20:25.4	Indianola
7	7	Sienna Stec, 11	20:27.0	Des Moines Christian
8	8	Evie Van Wyk, 9	20:30.9	Des Moines Christian
9	9	Sadie Reinhardt, 12	20:33.2	Dowling Catholic
10	10	Paige Hoger, 11	20:36.8	Indianola
11	11	Elizabeth Tiffany, 11	20:44.5	Dowling Catholic
12	12	Lily Decker, 12	20:44.6	Dowling Catholic
13	13	Elise Huegerich, 12	20:52.5	Dowling Catholic
14	14	Payton Wolfe, 10	20:53.1	Dowling Catholic
15	15	Stella Pothoven, 11	20:55.9	Des Moines Christian
16	16	Avery Prichard, 11	20:57.8	Dowling Catholic
17	17	Frankie Darnell, 11	20:57.9	Dowling Catholic
18		Caroline Tice, 9	21:00.5	Dowling Catholic
19	18	Meryl Casady, 12	21:03.6	Des Moines Christian
20		Elena Vaske, 9	21:03.8	Dowling Catholic
21		Cora Volp, 11	21:16.4	Dowling Catholic
22	19	Michaela Appel, 12	21:19.5	Indianola
23		Samantha Gibbons, 10	21:25.8	Dowling Catholic
24		Anna Town, 9	21:29.6	Des Moines Christian
25	20	Avery Manny, 9	21:54.4	Indianola
26		Amelia Howard, 11	21:59.7	Dowling Catholic
27	21	Keira Labertew, 11	22:01.7	Indianola
28	22	Lilian Gyure, 11	22:08.7	Urbandale
29		Olivia Pierron, 10	22:20.0	Dowling Catholic
30	23	Nora Lewis, 9	22:25.7	Urbandale
31	24	Maci Moore, 9	22:28.3	Urbandale
32		Samantha Zenti, 11	22:28.4	Dowling Catholic
33	25	Lily Thompson, 9	22:29.6	Urbandale
34		Veronica Melo, 12	22:40.3	Dowling Catholic
35		Mia Larson, 10	22:40.3	Dowling Catholic
36		Rylee Tenges, 11	22:46.5	Indianola
37	26	Natalie Heggen, 9	23:01.7	Urbandale
38		Samantha Rauhen, 10	23:01.8	Dowling Catholic
39		Aleah Tully, 10	23:11.2	Indianola
40	27	Ella Schaller, 9	23:22.7	Urbandale
41		Charlotte Erzen, 12	23:26.1	Des Moines Christian
42		Mabel Hartman, 10	23:26.3	Indianola
43	28	Matilda McGee, 10	23:36.1	Urbandale

44	Anna Toang, 11	23:36.4	Dowling Catholic
45	Averi Gehringer, 11	23:44.3	Indianola
46	Ruth George, 10	23:50.9	Dowling Catholic
47	Hallie Schoessler, 11	23:53.2	Dowling Catholic
48	Veronica Eure, 11	24:01.7	Dowling Catholic
49	Sammie Miesen, 10	24:05.8	Des Moines Christian
50	Finley Rippey, 10	24:10.4	Des Moines Christian
51	Kaelee Holter, 10	24:19.6	Indianola
52	Kayla Etnyre, 12	24:25.0	Indianola
53	Avery Jay, 10	24:36.5	Urbandale
54	Jessica Schoening, 12	24:47.7	Dowling Catholic
55	Ellie Andrew, 11	24:47.8	Indianola
56	Kjerstin Lichter, 9	24:50.7	Indianola
57	Megan Jensen, 12	24:51.7	Indianola
58	Ava Nailor, 9	25:04.2	Urbandale
59	Gwen Backus, 11	25:09.3	Dowling Catholic
60	Indiana Bracken, 9	25:24.8	Urbandale
61	Clare Hoffman, 9	25:31.0	Dowling Catholic
62	Ammy Vega, 9	25:31.1	Dowling Catholic
63	Alexis Theis, 11	25:33.9	Dowling Catholic
64	Ashley Gonyo, 11	25:40.3	Dowling Catholic
65	Nora Weinman, 10	25:54.0	Indianola
66	Hailey Van Mersbergen, 11	26:10.7	Des Moines Christian
67	Alex Mather, 9	26:20.5	Urbandale
68	Mia Mergen, 9	26:26.5	Dowling Catholic
69	Cassia Worthington, 12	26:28.0	Des Moines Christian
70	Melina Kingkade, 12	26:34.7	Indianola
71	Nora Ohnemus, 10	28:11.1	Indianola
72	Meara Wood, 10	28:21.9	Indianola
73	Cara Baker, 10	28:49.2	Indianola
74	Georgia Selgrade, 10	28:57.4	Indianola
75	Emma Hackett, 9	28:59.9	Indianola
76	Claire Fopma, 11	29:33.5	Des Moines Christian
77	Kendall Slorah, 11	29:46.2	Indianola

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Urbandale Invitational XC Boys 5 km

Urbandale Middle School, Urbandale, IA

Sep. 6, 2025

Results by Michael Franke

Use the Find option of your Web Browser to find the performance of a specific individual or team.

Last updated Sep. 6, 2025 9:01 AM											
PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPRE
1	Indianola	24	1	2	4	6	11	13	21	16:11.1	0:58
2	Dowling Catholic	42	3	5	7	12	15	17	18	16:33.2	1:14
3	Urbandale	80	9	10	19	20	22	23	25	17:10.4	1:18
4	Des Moines Christian	88	8	14	16	24	26	27	28	17:33.6	2:22

Individuals

PLACE	FINISHER	TIME
1. Indianola		
1	Reed Robbins, 12	15:47.7
2	Kiefer Barnes, 12	15:52.9
4	Paxton Bloom, 12	16:01.6
6	Jake Robidoux, 10	16:26.5
11	Isaiah Thomsen, 11	16:46.4
13	Sam Appel, 11	16:58.1
21	Owen Welling, 11	17:29.8
Total Time = 1:20:55.1		Total Places = 24
2. Dowling Catholic		
3	Charlie Deick, 11	15:54.7
5	Nicholas Paulsen, 12	16:22.0
7	William Tice, 11	16:29.3
12	Nate Timboe, 10	16:50.5
15	Rob Beecher, 11	17:09.4
17	Warner Leman, 10	17:14.8
18	Emmett Mathiasen, 12	17:15.5
Total Time = 1:22:45.9		Total Places = 42
3. Urbandale		
9	Jack Tryon, 10	16:31.8
10	Ashton Hensley, 12	16:38.8
19	Cayden Miller, 11	17:21.4
20	Evan Twombly, 12	17:29.5
22	Sawyer Marrs, 11	17:50.4

23 Emmett Lewis, 11 18:09.7
 25 Porter Kimble, 12 18:41.8
 Total Time = 1:25:51.9 Total Places = 80

4. Des Moines Christian

8 Josiah Sisler, 11 16:31.2
 14 Luke McCormick, 9 16:58.2
 16 Dillon Dorenkamp, 11 17:13.8
 24 Parker Van Steenis, 9 18:10.5
 26 Ben Owen, 9 18:54.1
 27 Jack Devine, 9 19:37.9
 28 Ryan Iwig, 9 20:13.5
 Total Time = 1:27:47.8 Total Places = 88

TEAM	PLACE	SCORE	FINISHER	TIME	TEAM
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Top

1	1	Reed Robbins, 12	15:47.7	Indianola
2	2	Kiefer Barnes, 12	15:52.9	Indianola
3	3	Charlie Deick, 11	15:54.7	Dowling Catholic
4	4	Paxton Bloom, 12	16:01.6	Indianola
5	5	Nicholas Paulsen, 12	16:22.0	Dowling Catholic
6	6	Jake Robidoux, 10	16:26.5	Indianola
7	7	William Tice, 11	16:29.3	Dowling Catholic
8	8	Josiah Sisler, 11	16:31.2	Des Moines Christian
9	9	Jack Tryon, 10	16:31.8	Urbandale
10	10	Ashton Hensley, 12	16:38.8	Urbandale
11	11	Isaiah Thomsen, 11	16:46.4	Indianola
12	12	Nate Timboe, 10	16:50.5	Dowling Catholic
13	13	Sam Appel, 11	16:58.1	Indianola
14	14	Luke McCormick, 9	16:58.2	Des Moines Christian
15	15	Rob Beecher, 11	17:09.4	Dowling Catholic
16	16	Dillon Dorenkamp, 11	17:13.8	Des Moines Christian
17	17	Warner Leman, 10	17:14.8	Dowling Catholic
18	18	Emmett Mathiasen, 12	17:15.5	Dowling Catholic
19	19	Cayden Miller, 11	17:21.4	Urbandale
20		Grant Smith, 11	17:25.5	Dowling Catholic
21		Carter Haigh, 11	17:25.5	Dowling Catholic
22		Elias Stein, 11	17:27.0	Dowling Catholic
23	20	Evan Twombly, 12	17:29.5	Urbandale
24	21	Owen Welling, 11	17:29.8	Indianola
25		Kingston Bloom, 11	17:31.1	Indianola
26		Jack Carlson, 11	17:40.9	Dowling Catholic
27		Ty Borner, 9	17:41.7	Indianola
28		Chase Koenigsfeld, 9	17:48.3	Dowling Catholic
29		Brendan Quann, 9	17:48.9	Dowling Catholic
30	22	Sawyer Marrs, 11	17:50.4	Urbandale
31		Samuel Larson, 11	17:58.0	Indianola
32	23	Emmett Lewis, 11	18:09.7	Urbandale
33	24	Parker Van Steenis, 9	18:10.5	Des Moines Christian
34		Carpenter Popp, 10	18:30.0	Dowling Catholic
35		Graham DeJong, 9	18:33.8	Dowling Catholic
36		Benet Brown, 11	18:40.5	Dowling Catholic
37	25	Porter Kimble, 12	18:41.8	Urbandale
38		Preston Molis, 11	18:44.9	Urbandale
39		Eli Dunlap, 11	18:49.3	Dowling Catholic
40		Braydon Murphy, 10	18:53.4	Urbandale
41	26	Ben Owen, 9	18:54.1	Des Moines Christian
42		Brian Meier, 10	18:55.1	Urbandale
43		Jake Mathiasen, 11	19:00.7	Dowling Catholic

44	Isaac Johnson, 11	19:07.2	Indianola
45	Liam Sullivan, 11	19:11.8	Dowling Catholic
46	Alex Argotsinger, 12	19:13.5	Urbandale
47	Grayson Hoover, 11	19:23.8	Indianola
48	27 Jack Devine, 9	19:37.9	Des Moines Christian
49	Tanner Christensen, 11	19:38.1	Urbandale
50	Mason Gaul, 10	19:39.7	Dowling Catholic
51	Owen Hedding, 9	19:40.3	Dowling Catholic
52	Zeke Patterson, 11	19:53.8	Indianola
53	Drake May, 10	19:56.7	Dowling Catholic
54	Quintin Bradley, 10	20:03.7	Indianola
55	Noah Marchese, 9	20:04.8	Urbandale
56	Leo Lensing, 9	20:07.2	Dowling Catholic
57	Logan Gordon, 9	20:09.5	Urbandale
58	Elliot Campisano, 9	20:12.0	Urbandale
59	28 Ryan Iwig, 9	20:13.5	Des Moines Christian
60	Gabe Canine, 9	20:18.4	Urbandale
61	Brayton Ellison, 9	20:19.4	Des Moines Christian
62	Easton Hamilton, 11	20:26.6	Urbandale
63	Kaleb Gray, 10	20:38.6	Urbandale
64	Cody Gray, 10	20:39.0	Urbandale
65	Weston Stec, 9	20:40.5	Des Moines Christian
66	Liam McWilliams, 11	20:41.9	Indianola
67	Conor Murphy, 10	20:45.9	Dowling Catholic
68	Jonah Cawthorn, 10	20:49.9	Indianola
69	Anson Miller, 12	20:50.0	Indianola
70	Beau Beck, 11	20:50.7	Dowling Catholic
71	Alex Steenhoek, 12	20:51.9	Des Moines Christian
72	Hudson Leitheiser, 12	20:55.1	Des Moines Christian
73	Paul Bruggeman, 10	20:56.8	Des Moines Christian
74	Carson Denzin, 10	20:57.2	Des Moines Christian
75	Zoel Cardenas, 9	20:58.3	Des Moines Christian
76	Anthony Beneke, 12	20:60.0	Dowling Catholic
77	Andrew Royal, 10	21:03.2	Dowling Catholic
78	Cody Linthicum, 10	21:06.9	Urbandale
79	Kobe Yeager, 9	21:12.4	Dowling Catholic
80	Cael Kruthoff, 10	21:13.9	Indianola
81	Lucas Klocke, 10	21:17.4	Dowling Catholic
82	Jack Gilloley, 9	21:17.6	Dowling Catholic
83	Emerson Black, 9	21:22.6	Urbandale
84	Briggs Casady, 9	21:23.6	Des Moines Christian
85	Ethan Harden, 12	21:23.8	Des Moines Christian
86	Asher McAnally, 10	21:30.7	Des Moines Christian
87	Aiden Johnson, 11	21:34.3	Des Moines Christian
88	Gavin Lienau, 10	21:34.6	Dowling Catholic
89	Gabriel Niedergeses, 10	21:57.0	Dowling Catholic
90	Caleb Van Arkle, 9	22:21.1	Des Moines Christian
91	Dexter Van Auken, 9	22:24.2	Urbandale
92	Caleb Arroyo, 11	22:24.3	Urbandale
93	Quinn Coonan, 11	22:25.1	Dowling Catholic
94	Matthias Campbell, 11	22:25.4	Des Moines Christian
95	Bryson Rehmeier, 12	22:28.4	Indianola
96	Noah Novotny, 10	22:32.1	Dowling Catholic
97	Teo Crull, 10	22:34.1	Des Moines Christian
98	Mitchell Shoup, 9	22:34.4	Des Moines Christian
99	Rylan Bethards, 10	22:35.9	Urbandale
100	Mikey Halbach, 12	22:39.0	Dowling Catholic
101	Mikey Holcomb, 10	22:43.1	Urbandale
102	Hunter Grimes, 11	22:47.9	Des Moines Christian
103	Andrew Chilcote, 10	22:50.7	Des Moines Christian
104	Ben Halbach, 10	22:56.1	Dowling Catholic
105	Benjamin Van Ee, 10	23:19.5	Dowling Catholic

106	Levi Kinsey, 9	23:26.1	Urbandale
107	Kayne Boyle, 9	23:34.6	Indianola
108	Nate Wilson, 9	23:48.8	Indianola
109	Devin Carlson, 10	24:10.8	Urbandale
110	Henry Thompson, 9	25:14.1	Urbandale
111	Ethan Boobyer, 11	25:28.5	Urbandale
112	Joseph Thomas, 10	26:08.0	Dowling Catholic
113	Mason Royal, 12	26:21.9	Dowling Catholic
114	Aiden Barber, 11	26:24.8	Indianola
115	Kinnick Armstrong, 9	26:46.4	Indianola
116	Coltyn Howe, 12	27:18.9	Indianola
117	Elijah Young, 11	29:34.0	Urbandale

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