

BUD & BONNIE WILLIAMS INVITATIONALIowa City, IA
Kickers Park

Thursday, October 2, 2025

MEET OFFICIALSTiming:
Wayzata Results, LLC**OFFICIAL MEET REPORT**

printed: 10/2/2025 7:50 PM

Race #1
Girls Jr High 2 Mile**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Pleasant Valley MS	26	1-2-6-8-9(12)(13)	1:05:36	2:19.1
2 Linn-Mar(Excelsior-O	76	3-15-17-20-21(22)(23)	1:11:30	2:16.8
3 CR Prairie MS	77	4-5-19-24-25(26)(27)	1:11:30	2:22.1
4 Regina MS	96	7-14-18-28-29(30)(31)	1:13:57	2:03.4
5 Harding MS	120	10-11-32-33-34(36)(38)	1:19:56	3:24.8
6 Evans MS	167	16-35-37-39-40	1:32:59	8:22.5

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
39 Jersey Teagle	8	6659	Regina MS	29	15:38.5	3:55.6
40 Olivia Mahler	7	6563	Pleasant Valley	-	15:39.7	3:56.8
41 Caroline McMahon	7	6565	Pleasant Valley	-	15:40.0	3:56.1
42 Harper Litton	7	6653	Regina MS	(30)	15:49.6	4:06.7
43 Sienna Hegland	8	6380	Linn-Mar(Excel	-	16:03.0	4:19.1
44 Zoey Shank	8	6393	Linn-Mar(Excel	-	16:03.7	4:20.8
45 Kaya Selim	8	6392	Linn-Mar(Excel	-	16:06.9	4:24.0

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Gianna McCombs	8	6564	Pleasant Valley	1	11:42.9	---
2 Abigail Miller	7	6043	Durant	-	11:45.5	2.6
3 Keira Kane	8	6559	Pleasant Valley	2	12:35.2	52.3
4 Gianna Soppe	8	6396	Linn-Mar(Excel	3	12:39.5	56.6
5 Eloise Boyer	8	5880	CR Prairie MS	4	12:58.4	1:15.5
6 Ayla Boyer	7	5879	CR Prairie MS	5	13:06.3	1:23.4
7 Evie Swanson	7	6566	Pleasant Valley	6	13:17.5	1:34.6
8 Tess Kaeding	7	6648	Regina MS	7	13:35.1	1:52.2
9 Ruby Larsen	7	6561	Pleasant Valley	8	13:57.9	2:15.0
10 Kennedy Burke	7	6551	Pleasant Valley	9	14:02.0	2:18.1
11 Charlie Wagner	7	6098	Harding MS	10	14:02.4	2:19.5
12 Brielle Veach	7	6097	Harding MS	11	14:03.3	2:20.4
13 Reagan Valleire	8	6567	Pleasant Valley	(12)	14:13.4	2:30.5
14 Lily Elledge	7	6554	Pleasant Valley	(13)	14:19.6	2:36.7
15 Kamryn Fager	7	6555	Pleasant Valley	-	14:19.8	2:36.9
16 Julia Foley	8	6644	Regina MS	14	14:26.2	2:43.3
17 Aubrey Weldon	8	6397	Linn-Mar(Excel	15	14:30.5	2:47.6
18 Jayme Ferguson	7	6052	Evans MS	16	14:31.4	2:48.5
19 Leona Pettit	7	6389	Linn-Mar(Excel	17	14:33.3	2:50.4
20 Willow Fravel	8	6645	Regina MS	18	14:38.9	2:56.0
21 Amelia Nickel	7	5893	CR Prairie MS	19	14:46.7	3:03.8
22 Lohgan Forbes	8	6376	Linn-Mar(Excel	20	14:49.8	3:06.9
23 Katelyn Phillips	7	6390	Linn-Mar(Excel	21	14:56.3	3:13.4
24 Leah Meier	7	6386	Linn-Mar(Excel	(22)	15:04.1	3:21.2
25 Lucy Egbert	8	6372	Linn-Mar(Excel	(23)	15:08.1	3:25.2
26 Mya Hall	8	6379	Linn-Mar(Excel	-	15:09.1	3:26.2
27 Gabby Bries	8	6549	Pleasant Valley	-	15:09.8	3:26.9
28 Payton Winslow	8	6568	Pleasant Valley	-	15:11.3	3:28.4
29 Caroline Kresowik	7	6560	Pleasant Valley	-	15:15.3	3:32.4
30 Aubrianna Cook	8	5882	CR Prairie MS	24	15:18.2	3:35.3
31 Lauren Huerter	7	5887	CR Prairie MS	25	15:20.5	3:37.6
32 Madison Brinkmeyer	8	6550	Pleasant Valley	-	15:24.5	3:41.6
33 Hayden Heberling	8	6556	Pleasant Valley	-	15:25.1	3:42.2
34 Ily Chamberlin	8	5881	CR Prairie MS	(26)	15:26.4	3:43.5
35 Aspen Lehman	8	5890	CR Prairie MS	(27)	15:29.0	3:45.1
36 Allison Lauritsen	7	6562	Pleasant Valley	-	15:29.2	3:46.3
37 Hannah McGrane	8	6655	Regina MS	28	15:37.8	3:54.9
38 Hannah Hochgesang	8	6557	Pleasant Valley	-	15:38.3	3:55.4
46 Peyton Smith	7	5895	CR Prairie MS	-	16:08.0	4:24.1
47 Picabo LeLonde	7	5891	CR Prairie MS	-	16:08.9	4:26.0
48 Chandler Felton	8	5884	CR Prairie MS	-	16:10.8	4:27.9
49 Avery Kullbom	8	6650	Regina MS	(31)	16:17.4	4:34.5
50 Addison Epner	8	6374	Linn-Mar(Excel	-	16:35.0	4:51.1
51 Sofia Cunningham	7	6061	Franklin MS	-	16:35.9	4:53.0
52 Jane Pietras	7	6063	Franklin MS	-	16:47.2	5:04.3
53 Leah Hatfield	7	6647	Regina MS	-	16:47.9	5:05.0
54 Quinn Johnson	8	6558	Pleasant Valley	-	16:54.4	5:11.5
55 Harper DeBuhr	7	6552	Pleasant Valley	-	17:08.9	5:26.0
56 Cynthia Davis	7	6092	Harding MS	32	17:10.6	5:27.7
57 Fiona Wilkinson	8	6099	Harding MS	33	17:12.0	5:28.1
58 Harper Wildman	8	6399	Linn-Mar(Excel	-	17:13.2	5:30.3
59 Janset Celik	7	6091	Harding MS	34	17:27.2	5:44.3
60 Isabel Budzinski	8	6367	Linn-Mar(Excel	-	17:27.3	5:44.4
61 Josie Shultz	7	6056	Evans MS	35	17:29.0	5:45.1
62 Marina Dominguez	8	6553	Pleasant Valley	-	17:30.4	5:47.5
63 Eliza Durney	7	6643	Regina MS	-	17:31.2	5:48.3
64 Natalie Daering	8	6370	Linn-Mar(Excel	-	17:36.8	5:53.9
65 neema Baruani	7	6686	Taft MS	-	17:41.3	5:58.4
66 Ruby Ehm	8	6373	Linn-Mar(Excel	-	17:46.3	6:03.4
67 LaNya Rockwell	7	6095	Harding MS	(36)	17:46.4	6:03.5
68 Cora Cleveland	8	6368	Linn-Mar(Excel	-	17:48.5	6:05.6
69 Myles Dennis	7	6062	Franklin MS	-	18:00.5	6:17.6
70 Nora Laubscher	8	6652	Regina MS	-	18:11.2	6:28.3
71 Beth Neathery	8	6053	Evans MS	37	18:14.5	6:31.6
72 Lucy White	8	6660	Regina MS	-	18:15.3	6:32.4
73 Mbinyu Kanyiba	7	6382	Linn-Mar(Excel	-	18:19.2	6:36.3
74 Leiton Richman	7	6046	Durant	-	18:23.4	6:40.5
75 Annemarie Loening	8	6654	Regina MS	-	18:24.0	6:40.1
76 Anna Busard	8	6641	Regina MS	-	18:26.0	6:43.1
77 Kathryn Hughes	7	5888	CR Prairie MS	-	18:41.0	6:57.1
78 Lydia Legore	7	6384	Linn-Mar(Excel	-	18:49.4	7:06.5
79 Ellie Kinkead	7	6094	Harding MS	(38)	19:03.2	7:20.3
80 Kinnick Cox	8	6687	Taft MS	-	19:05.8	7:22.9
81 Chloe Darrow	8	6688	Taft MS	-	19:07.0	7:23.1
82 Piper Hermiston	7	6040	Durant	-	19:11.7	7:28.8
83 Sofia Fosnaugh	8	6377	Linn-Mar(Excel	-	19:28.7	7:45.8
84 Clara Meincke	7	5892	CR Prairie MS	-	19:31.9	7:49.0

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Race #1
Girls Jr High 2 Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
85 Salome Jara Lozada	8	6093	Harding MS	-	19:32.6	7:49.7
86 Ayana White	7	6398	Linn-Mar(Excel	-	19:37.5	7:54.6
87 Alexis Balongag	7	6365	Linn-Mar(Excel	-	19:47.2	8:04.3
88 Rebecca O'Dell	7	6054	Evans MS	39	19:49.3	8:06.4
89 Kayley Knebel	7	5889	CR Prairie MS	-	19:52.4	8:09.5
90 Sarah Gumper	8	6646	Regina MS	-	20:03.9	8:21.0
91 Harper Waters	8	6064	Franklin MS	-	20:18.4	8:35.5
92 Lilly Berns	7	6089	Harding MS	-	20:27.4	8:44.5
93 Lilly Herring	7	5886	CR Prairie MS	-	21:01.5	9:18.6
94 Avonlea Cronk	8	6642	Regina MS	-	21:36.7	9:53.8
95 Annie Hiscock	8	6381	Linn-Mar(Excel	-	22:13.6	10:30.
96 Raelynn Gronewold	7	5885	CR Prairie MS	-	22:42.9	11:00.
97 McKinley Reece	7	6055	Evans MS	40	22:53.9	11:11.
98 Leilani Lalaga	7	6651	Regina MS	-	23:04.2	11:21.
99 Cecilia Boyle	8	6090	Harding MS	-	23:45.0	12:01.
100 Elizabeth Grother	7	6667	Roosevelt MS	-	27:02.7	15:19.
101 Kjirsti Hagen	7	6378	Linn-Mar(Excel	-	27:04.3	15:21.
102 Milly Schadl	8	5894	CR Prairie MS	-	27:47.7	16:04.
103 Zoey McDonald	7	6385	Linn-Mar(Excel	-	28:08.3	16:25.

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**Race #2
Boys Jr High 2 Mile****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Pleasant Valley MS	29	1-2-7-8-11(12)(13)	57:24	0:55.7
2 CR Prairie MS	46	3-6-9-10-18(21)(24)	58:52	1:17.4
3 Linn-Mar(Excelsior-O	90	14-16-17-20-23(25)(27)	1:02:24	0:51.2
4 Harding MS	97	4-5-26-28-34(40)(41)	1:03:11	2:47.2
5 Taft MS	131	15-22-30-31-33(38)(39)	1:06:16	1:44.6
6 Regina MS	185	19-35-42-44-45(48)(49)	1:12:55	2:47.2
7 Hillcrest Academy M	187	29-32-37-43-46(47)	1:12:35	2:14.8
8 Evans MS	260	36-53-56-57-58	1:31:30	5:46.4
9 Roosevelt MS	262	50-51-52-54-55	1:25:03	1:55.4

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
36 Nathan Wood	7	6363	Linn-Mar(Excel	(25)	12:58.9	1:57.5
37 Weston Vlasek	8	5876	CR Prairie MS	-	13:00.8	1:59.4
38 Evander Turner	8	6084	Harding MS	26	13:01.1	1:59.7
39 Iyas Elshiekh	8	6312	Linn-Mar(Excel	(27)	13:01.5	2:00.1
40 Charles Hiscock	8	6318	Linn-Mar(Excel	-	13:07.0	2:04.6
41 Jayden Mejia	8	5865	CR Prairie MS	-	13:08.9	2:07.5
42 Gabe Buse	7	6303	Linn-Mar(Excel	-	13:09.5	2:08.1
43 Lucas Volz	7	6086	Harding MS	28	13:11.3	2:09.9
44 Braxton Ropp	8	6113	Hillcrest Acade	29	13:12.6	2:11.2
45 Evan Legore	7	6326	Linn-Mar(Excel	-	13:14.6	2:13.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Zeke Swanson	8	6545	Pleasant Valley	1	11:01.4	---
2 Yuvraj Singh	8	6544	Pleasant Valley	2	11:02.7	1.3
3 Tate Stolley	8	5874	CR Prairie MS	3	11:07.3	5.9
4 Cyrus Scheckel	8	6080	Harding MS	4	11:18.0	15.6
5 Jake Stineman	8	6081	Harding MS	5	11:34.8	33.4
6 Malik Ajram	8	5840	CR Prairie MS	6	11:37.9	36.5
7 Brycen Leifker	8	6537	Pleasant Valley	7	11:38.7	37.3
8 Alex Kresowik	8	6535	Pleasant Valley	8	11:43.7	42.3
9 Burkley Ogreen	8	5868	CR Prairie MS	9	11:48.3	46.9
10 James Miller	8	5866	CR Prairie MS	10	11:53.1	51.7
11 Gavin Hall	8	6534	Pleasant Valley	11	11:57.1	55.7
12 Siraj Singh	8	6543	Pleasant Valley	(12)	12:00.5	59.1
13 Ross Borth	7	6529	Pleasant Valley	(13)	12:01.1	59.7
14 Cole Gadberry	8	6532	Pleasant Valley	-	12:03.3	1:01.9
15 Elijah Taylor	8	6546	Pleasant Valley	-	12:04.0	1:01.6
16 Kaden Moylan	7	6538	Pleasant Valley	-	12:04.9	1:03.5
17 Carson Cheney	8	6308	Linn-Mar(Excel	14	12:06.8	1:05.4
18 Noah Randall	8	6031	Durant	-	12:09.2	1:07.8
19 Owen Campbell	8	6669	Taft MS	15	12:17.2	1:15.8
20 Maddux Roos	8	6344	Linn-Mar(Excel	16	12:17.2	1:15.8
21 Kohen Moylan	7	6539	Pleasant Valley	-	12:17.8	1:16.4
22 Cooper Schuett	7	6349	Linn-Mar(Excel	17	12:20.4	1:19.0
23 Thommy Beach	8	5844	CR Prairie MS	18	12:24.7	1:23.3
24 Alex Port	8	6540	Pleasant Valley	-	12:32.5	1:31.1
25 Balarama Kunte	7	6536	Pleasant Valley	-	12:32.7	1:31.3
26 Caleb Gilroy	8	6533	Pleasant Valley	-	12:37.2	1:35.8
27 Drew Clark	8	6628	Regina MS	19	12:39.5	1:38.1
28 Joaquin WolffJones	8	6547	Pleasant Valley	-	12:40.5	1:39.1
29 Joey Ryder	7	6542	Pleasant Valley	-	12:41.0	1:38.6
30 Silas Carver	7	6305	Linn-Mar(Excel	20	12:41.1	1:39.7
31 Corbin Switzer	8	5875	CR Prairie MS	(21)	12:50.9	1:49.5
32 Will Burman	7	6531	Pleasant Valley	-	12:51.0	1:48.6
33 Augustus Howard	8	6671	Taft MS	22	12:55.3	1:53.9
34 Andrew Bovinet	8	6301	Linn-Mar(Excel	23	12:57.9	1:56.5
35 Ryker Amunson	8	5841	CR Prairie MS	(24)	12:57.9	1:56.5
46 Warner Mitchell	7	6059	Franklin MS	-	13:15.1	2:13.7
47 Cohen Oltmans	7	6678	Taft MS	30	13:19.6	2:18.2
48 Hayes Ressler	8	5871	CR Prairie MS	-	13:19.7	2:18.3
49 Oliver Keuseman	7	6058	Franklin MS	-	13:22.6	2:21.2
50 Brayden Aab	7	6292	Linn-Mar(Excel	-	13:22.7	2:21.3
51 Easton Drewelow	7	5848	CR Prairie MS	-	13:24.6	2:23.2
52 Cael Heathman	8	5856	CR Prairie MS	-	13:28.1	2:26.7
53 Weston Kissel	7	5860	CR Prairie MS	-	13:32.9	2:31.5
54 Hamza Fayed	8	6313	Linn-Mar(Excel	-	13:35.1	2:33.7
55 Brody Maxedon	7	6330	Linn-Mar(Excel	-	13:35.6	2:34.2
56 Tyler Wolfe	7	5877	CR Prairie MS	-	13:36.9	2:35.5
57 Cole Schroeder	7	6348	Linn-Mar(Excel	-	13:37.4	2:36.0
58 Wade Brooks	7	6530	Pleasant Valley	-	13:37.5	2:36.1
59 Raghav Gayatri	7	6317	Linn-Mar(Excel	-	13:41.5	2:40.1
60 John Killeen	7	6673	Taft MS	31	13:42.4	2:41.0
61 Carson Becker	8	6298	Linn-Mar(Excel	-	13:49.0	2:46.6
62 Levi Haight	8	5855	CR Prairie MS	-	13:50.4	2:49.0
63 Graham Bartsh	7	6527	Pleasant Valley	-	13:59.4	2:58.0
64 Merle Cronquist	8	6110	Hillcrest Acade	32	14:01.5	3:00.1
65 Berkley Sherron	7	6682	Taft MS	33	14:01.7	3:00.3
66 Rafe Romans	7	6541	Pleasant Valley	-	14:04.6	3:03.2
67 Joey Domer	7	6309	Linn-Mar(Excel	-	14:04.9	3:03.5
68 Landon Banes	8	6065	Harding MS	34	14:05.2	3:03.8
69 Andrew Hinckley	8	6630	Regina MS	35	14:08.1	3:06.7
70 Andrew Dockter	7	6057	Franklin MS	-	14:09.9	3:08.5
71 Andrew Peterson	7	5870	CR Prairie MS	-	14:13.7	3:12.3
72 Declan Nederhoff	8	5867	CR Prairie MS	-	14:13.7	3:12.3
73 Benjamin Wilkerson	7	6362	Linn-Mar(Excel	-	14:19.7	3:18.3
74 Ethan Stillings	7	5873	CR Prairie MS	-	14:25.2	3:23.8
75 Nathan Walker	7	6358	Linn-Mar(Excel	-	14:28.5	3:27.1
76 Henry Sturm	8	6355	Linn-Mar(Excel	-	14:32.5	3:31.1
77 Declan Asher	8	6297	Linn-Mar(Excel	-	14:32.9	3:31.5
78 Charles Smith	7	6051	Evans MS	36	14:33.1	3:31.7
79 Kellen Miller	8	6112	Hillcrest Acade	37	14:33.3	3:31.9
80 Gunther McDowell	7	6331	Linn-Mar(Excel	-	14:45.3	3:43.9
81 David Muzaliwa	8	6676	Taft MS	(38)	14:45.9	3:44.5

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**Race #2
Boys Jr High 2 Mile****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Athlete	YR	#	Team	Score	Time	Gap
82 RJ Dutko	7	5850	CR Prairie MS	-	14:46.9	3:45.5	128 Hayden Arends	8	6296	Linn-Mar(Excel	-	15:52.7	4:51.3
83 Jonah Taylor	8	6683	Taft MS	(39)	14:47.6	3:46.2	129 James Kopsi	7	6075	Harding MS	-	15:53.5	4:52.1
84 Colton Hance	8	6072	Harding MS	(40)	14:48.4	3:47.0	130 Johan Jimenez	7	6073	Harding MS	-	15:54.1	4:52.7
85 Chase Scilley	7	6350	Linn-Mar(Excel	-	14:50.0	3:47.6	131 Auggie Bugenhagen	8	6302	Linn-Mar(Excel	-	15:56.1	4:54.7
86 Reuxnym Reichert	8	6079	Harding MS	(41)	14:50.8	3:49.4	132 Kellen Cavalier	8	6306	Linn-Mar(Excel	-	16:00.5	4:59.1
87 Landon Ehlinger	7	6311	Linn-Mar(Excel	-	14:50.9	3:49.5	133 Brayden Vega	8	6666	Roosevelt MS	50	16:06.7	5:05.3
88 Lennon Szyzska	8	6356	Linn-Mar(Excel	-	14:51.1	3:49.7	134 Noah Forbes	7	6315	Linn-Mar(Excel	-	16:06.9	5:05.5
89 Abel Morrison	7	6675	Taft MS	-	14:51.8	3:50.4	135 William Wells	8	6359	Linn-Mar(Excel	-	16:10.6	5:09.2
90 Liam Knopp	8	6325	Linn-Mar(Excel	-	14:52.3	3:50.9	136 Oliver Snyder	7	6354	Linn-Mar(Excel	-	16:12.9	5:11.5
91 Theo Bell	7	6528	Pleasant Valley	-	14:52.4	3:51.0	137 Thomas Clark	8	6662	Roosevelt MS	51	16:13.8	5:12.4
92 Henry Rieck	7	6341	Linn-Mar(Excel	-	14:52.6	3:51.2	138 Carter Cavanaugh	7	6670	Taft MS	-	16:21.9	5:20.5
93 Kellen Wesselink	7	6360	Linn-Mar(Excel	-	14:53.6	3:52.2	139 Liam Hixson	8	5857	CR Prairie MS	-	16:22.7	5:21.3
94 Mason Copeland	7	6068	Harding MS	-	14:55.1	3:53.7	140 Dacey Price	7	6060	Franklin MS	-	16:28.9	5:27.5
95 Lucas Carlson	8	6304	Linn-Mar(Excel	-	14:59.8	3:58.4	141 Leo Van Dorston	7	6085	Harding MS	-	16:38.0	5:35.6
96 Dace Thompson	8	6083	Harding MS	-	15:00.4	3:59.0	142 Sam White	7	6361	Linn-Mar(Excel	-	16:43.1	5:41.7
97 Beckett Augustine	7	5842	CR Prairie MS	-	15:09.0	4:06.6	143 Kyler Mathews	8	6329	Linn-Mar(Excel	-	16:45.4	5:44.0
98 Wyatt Ondler	8	5869	CR Prairie MS	-	15:12.0	4:09.6	144 Aidan Bedel	8	6066	Harding MS	-	16:45.8	5:44.4
99 Levi Tharp	8	6357	Linn-Mar(Excel	-	15:12.7	4:11.3	145 Emmett Timmins	8	6665	Roosevelt MS	52	16:46.1	5:44.7
100 Lincoln Wegener	7	6035	Durant	-	15:13.0	4:10.6	146 Zander Miller	8	6077	Harding MS	-	16:46.6	5:45.2
101 Will O' Hare	8	6677	Taft MS	-	15:14.6	4:13.2	147 Devin Alber	7	6294	Linn-Mar(Excel	-	16:48.9	5:47.5
102 Christopher Bellinghou	7	5845	CR Prairie MS	-	15:15.2	4:13.8	148 Jaime McCormick	7	5864	CR Prairie MS	-	16:55.3	5:53.9
103 Charlie Johnson	8	6633	Regina MS	42	15:17.1	4:15.7	149 Landon Lewis	7	5862	CR Prairie MS	-	16:57.6	5:56.2
104 Paxton Wilson	8	6115	Hillcrest Acade	43	15:20.2	4:18.8	150 Nathan Rivera	7	6342	Linn-Mar(Excel	-	16:59.4	5:58.0
105 Nicholas Diehl	8	6070	Harding MS	-	15:20.7	4:19.3	151 Paxton Leis	7	5861	CR Prairie MS	-	17:01.2	5:59.8
106 Donovan Bennion	8	6627	Regina MS	44	15:23.1	4:21.7	152 Jason Abongwa	8	6047	Evans MS	53	17:01.5	6:00.1
107 Aiden Zillman	7	5878	CR Prairie MS	-	15:23.3	4:21.9	153 Isaac Yert	7	6364	Linn-Mar(Excel	-	17:03.8	6:02.4
108 Isaak Hoffman	7	6631	Regina MS	45	15:26.6	4:25.2	154 Mac Ishmael	7	6320	Linn-Mar(Excel	-	17:07.1	6:05.7
109 Lincoln Schieffer	7	5872	CR Prairie MS	-	15:27.3	4:25.9	155 Boyd Mallicoat	7	5863	CR Prairie MS	-	17:17.2	6:15.8
110 Noah Coblenz	8	6109	Hillcrest Acade	46	15:27.4	4:26.0	156 Miles Newhall	7	6333	Linn-Mar(Excel	-	17:39.1	6:37.7
111 Jacob Janda	7	6672	Taft MS	-	15:29.4	4:28.0	157 Finn Leckband	8	6634	Regina MS	-	17:46.4	6:45.0
112 Everett Ward	7	6114	Hillcrest Acade	(47)	15:29.5	4:28.1	158 Lucas Furne	8	6663	Roosevelt MS	54	17:53.7	6:52.3
113 Paul Thomas	7	6639	Regina MS	(48)	15:31.9	4:30.5	159 Xander Burns	8	6661	Roosevelt MS	55	18:02.1	7:00.7
114 Saatvik Prathap	7	6339	Linn-Mar(Excel	-	15:32.2	4:30.8	160 Ray Ballard	7	5843	CR Prairie MS	-	18:03.6	7:02.2
115 Jackson Vranish	7	6685	Taft MS	-	15:33.2	4:31.8	161 Judson Drinkwater	7	6310	Linn-Mar(Excel	-	18:04.6	7:03.2
116 Liam Klosak	7	6674	Taft MS	-	15:34.4	4:33.0	162 Caleb Holst	7	5858	CR Prairie MS	-	18:07.6	7:06.2
117 Brandon Hunt	8	6319	Linn-Mar(Excel	-	15:36.4	4:35.0	163 Jackson Tennyson	7	6082	Harding MS	-	18:08.5	7:07.1
118 Alastair Nelson	8	6635	Regina MS	(49)	15:38.5	4:37.1	164 Raaghar Patel	8	6336	Linn-Mar(Excel	-	18:11.3	7:09.9
119 Griffin Owings	8	6334	Linn-Mar(Excel	-	15:39.1	4:37.7	165 Jaxon Baker	7	6668	Taft MS	-	18:28.5	7:27.1
120 Tucker Keith	8	6323	Linn-Mar(Excel	-	15:41.2	4:39.8	166 Charlie Hartzler	7	6629	Regina MS	-	18:43.4	7:42.0
121 Hayes Ford	8	6071	Harding MS	-	15:41.4	4:40.0	167 Damien Kelly	7	6324	Linn-Mar(Excel	-	18:53.9	7:52.5
122 Damon Benmore	7	6299	Linn-Mar(Excel	-	15:41.9	4:40.5	168 Parker Mundt	8	6332	Linn-Mar(Excel	-	19:08.9	8:07.5
123 Adhrit Kalaver	8	6321	Linn-Mar(Excel	-	15:44.5	4:43.1	169 Macoy McDowell	8	6076	Harding MS	-	19:11.0	8:08.6
124 Henry Wilhelm	8	6640	Regina MS	-	15:47.0	4:44.6	170 TU Phan	7	6680	Taft MS	-	19:17.5	8:16.1
125 Aaron Dyrland	7	5851	CR Prairie MS	-	15:48.9	4:47.5	171 Hunter Vagedes	7	6684	Taft MS	-	19:29.0	8:26.6
126 Kellan Jennings	7	6632	Regina MS	-	15:48.9	4:47.5	172 Bennett Eick	7	6049	Evans MS	56	19:47.7	8:46.3
127 Holden Schmidt	7	6347	Linn-Mar(Excel	-	15:52.2	4:50.8	173 Nason Chounlamany	7	6048	Evans MS	57	19:48.6	8:47.2

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Race #2
Boys Jr High 2 Mile

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
174 Parker Page	7	6335	Linn-Mar(Excel	-	20:01.1	8:59.7
175 Lynn Roller	7	6343	Linn-Mar(Excel	-	20:01.1	8:59.7
176 Owen Castelein	7	6067	Harding MS	-	20:08.6	9:07.2
177 Henry Heckart	8	6050	Evans MS	58	20:19.4	9:18.0
178 Brantley Willmack	8	6087	Harding MS	-	20:39.6	9:38.2
179 Jaxon Davin	7	6069	Harding MS	-	20:47.1	9:45.7
180 Joshua Goldsmith	7	5852	CR Prairie MS	-	21:13.2	10:11.1
181 Quinn Folkertsma	8	6314	Linn-Mar(Excel	-	21:33.8	10:32.1
182 Trae Perez	7	6078	Harding MS	-	22:09.8	11:08.1
183 Ethan Dejong	7	5847	CR Prairie MS	-	24:15.3	13:13.1

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Race #3
Girls Varsity 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Iowa City City High	35	3-4-7-10-11(14)(16)	1:37:40	1:36.2
2 Dubuque Senior	37	1-6-8-9-13(17)(21)	1:38:11	2:08.4
3 Prairie Cedar Rapids	74	5-12-18-19-20(25)(31)	1:43:00	1:29.1
4 Dubuque Hempstead	115	15-22-24-26-28(30)	1:50:17	2:11.4
5 Pekin	150	2-33-34-36-45(47)(48)	1:55:15	7:33.3
6 Ottumwa	154	23-27-32-35-37(38)(39)	1:56:06	1:56.3
7 Cedar Rapids Jeffers	195	29-40-41-42-43(44)(46)	2:04:00	2:46.1

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
38 Riley Buttz	SO	6408	Maquoketa	-	22:36.5	4:28.6
39 Mcelderry Kaelin	SR	6440	Ottumwa	27	22:36.7	4:28.8
40 Maria Hart	SR	5941	Dubuque Hemp	28	22:40.9	4:33.0
41 Emily Morris	SO	5833	Cedar Rapids J	29	22:51.0	4:42.1
42 Addyson Kelley	SO	6719	Wilton	-	22:56.0	4:47.1
43 Sophie Welter	SO	5959	Dubuque Hemp	(30)	23:02.5	4:54.6
44 Sarah Hughes	FR	6616	Prairie Cedar R	(31)	23:10.0	5:01.1
45 Maddie McIntyre	FR	6443	Ottumwa	32	23:12.6	5:04.7
46 Abby Guise	SR	6463	Pekin	33	23:17.9	5:10.0
47 Lucia Galluzzo	SO	6206	Iowa City City H	-	23:18.2	5:10.3
48 Harper Guise	SO	6464	Pekin	34	23:49.6	5:41.7
49 Erline Mahautiere	SR	6442	Ottumwa	35	23:54.1	5:46.2
50 Cambree Earnest	JR	6461	Pekin	36	23:59.2	5:51.3
51 Bailey Baxter	SR	6435	Ottumwa	37	24:09.5	6:01.6
52 Khloe Droz	FR	6437	Ottumwa	(38)	24:31.1	6:23.2
53 Hayden Keith	FR	6441	Ottumwa	(39)	24:44.7	6:36.8
54 Mia Janda	JR	5827	Cedar Rapids J	40	24:48.9	6:41.0
55 Elise Hein	JR	6039	Durant	-	24:53.4	6:45.5
56 Layla Coleman	SO	5817	Cedar Rapids J	41	25:11.2	7:03.3
57 Evie Creighton	SO	5819	Cedar Rapids J	42	25:31.6	7:23.7
58 Willa Coleman	SO	5818	Cedar Rapids J	43	25:37.0	7:28.1
59 Mackenzie Staub	SO	5838	Cedar Rapids J	(44)	25:48.5	7:40.6
60 Zoe Heisdorffer	FR	6465	Pekin	45	25:50.7	7:42.8
61 Madison Kelley	SO	6720	Wilton	-	26:49.1	8:41.2
62 Rashele Malko	SR	5830	Cedar Rapids J	(46)	27:20.1	9:12.2
63 Haven Hensley	FR	6466	Pekin	(47)	27:21.3	9:13.4
64 Jazmin Esqueda	FR	5822	Cedar Rapids J	-	27:47.7	9:39.8
65 Jocelynn Richardson	JR	6045	Durant	-	28:47.7	10:39.
66 Reagan Wise	FR	6470	Pekin	(48)	31:16.8	13:08.
67 Carla Raphael	FR	6106	Hillcrest Acade	-	34:50.0	16:41.
68 Delilah Lerma	FR	6041	Durant	-	34:54.9	16:47.

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Izzy Hardin	SR	6410	Maquoketa	-	18:07.9	---
2 Emma Chesterman	SR	6005	Dubuque Senio	1	18:13.2	5.3
3 Chloe Glosser	SR	6462	Pekin	2	18:17.4	9.5
4 Abigail Burns	SR	6193	Iowa City City H	3	18:35.8	27.9
5 Grace Hamann	JR	6209	Iowa City City H	4	19:05.8	57.9
6 Harper Groteluschen	SO	6615	Prairie Cedar R	5	19:37.0	1:28.1
7 Nevaeh Kessler	SR	6013	Dubuque Senio	6	19:40.5	1:32.6
8 Eliza Doster	SO	6198	Iowa City City H	7	19:43.6	1:35.7
9 Briel Bechen	SR	6002	Dubuque Senio	8	19:54.0	1:45.1
10 Lise Hoyer	JR	6011	Dubuque Senio	9	20:01.1	1:53.2
11 Naomi Downing-Sherer	JR	6199	Iowa City City H	10	20:02.6	1:54.7
12 Madeline Fischer	JR	6203	Iowa City City H	11	20:12.0	2:03.1
13 Lamise Ajram	JR	6609	Prairie Cedar R	12	20:21.3	2:13.4
14 Mallory Schaefer	SO	6020	Dubuque Senio	13	20:21.5	2:13.6
15 Josie Dykstra	SO	6709	WACO Waylan	-	20:27.2	2:19.3
16 Calissa Fruin	SO	6205	Iowa City City H	(14)	20:28.4	2:20.5
17 Chelsea Heiberger	SO	5942	Dubuque Hemp	15	20:29.5	2:21.6
18 Claire Locher	SR	6217	Iowa City City H	(16)	20:37.3	2:29.4
19 Lucy Sherburne	JR	6232	Iowa City City H	-	20:40.0	2:31.1
20 Braeley Wullweber	SR	6028	Dubuque Senio	(17)	20:50.9	2:43.0
21 Ella Faul	JR	6613	Prairie Cedar R	18	20:55.5	2:47.6
22 Nadia LeClair	SO	6215	Iowa City City H	-	20:58.8	2:50.9
23 Stella Rose	SR	6621	Prairie Cedar R	19	20:59.6	2:51.7
24 Macie Carter	FR	6708	WACO Waylan	-	20:59.8	2:51.9
25 Anika Roe	JR	6620	Prairie Cedar R	20	21:06.1	2:58.2
26 Marie Yoder	JR	6108	Hillcrest Acade	-	21:16.0	3:07.1
27 Audrey Cummings	SR	6718	Wilton	-	21:31.4	3:23.5
28 Stella Weber	SR	6026	Dubuque Senio	(21)	21:35.3	3:27.4
29 Katiya Ellermeier	SR	6200	Iowa City City H	-	21:40.2	3:32.3
30 Maeve Nordlund	FR	6224	Iowa City City H	-	21:43.6	3:35.7
31 Natalie Wagaman	FR	6722	Wilton	-	22:00.2	3:52.3
32 Martha Jane Willard	JR	6236	Iowa City City H	-	22:05.6	3:57.7
33 Natalie Leitzen	JR	5947	Dubuque Hemp	22	22:11.4	4:03.5
34 Josselyn Alonzo	SR	6434	Ottumwa	23	22:13.2	4:05.3
35 Zoey Pelegrin	FR	5950	Dubuque Hemp	24	22:21.2	4:13.3
36 Addison Kay	FR	6618	Prairie Cedar R	(25)	22:21.9	4:14.0
37 Willa Foust	FR	5938	Dubuque Hemp	26	22:34.0	4:25.1

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**Race #4
Boys Varsity 5000M****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Prairie Cedar Rapids	52	1-2-3-17-29(34)(41)	1:21:27	1:18.1
2 Dubuque Senior	59	7-9-13-14-16(23)(43)	1:22:00	0:12.0
3 Pleasant Valley	61	4-8-10-11-28(33)(35)	1:22:17	0:51.6
4 Iowa City City High	89	12-15-18-20-24(25)(32)	1:23:04	0:24.8
5 Dubuque Hempstead	107	6-19-21-22-39(40)(44)	1:23:53	1:17.4
6 Valley West Des Moines	129	5-27-30-31-36(37)(42)	1:24:39	1:09.4
7 Pekin	253	26-45-48-65-69(80)(82)	1:35:32	4:06.4
8 WACO Wayland	260	38-50-55-57-60(83)	1:35:55	2:52.7
9 Cedar Rapids Jeffers	265	47-49-51-56-62(63)(67)	1:35:46	2:05.3
10 Ottumwa	338	54-66-70-72-76(78)(81)	1:43:55	2:02.8
11 Durant	346	59-61-64-77-85(87)(91)	1:46:54	4:00.5
12 Maquoketa	353	53-68-71-75-86	1:47:58	5:59.1
13 Hillcrest Academy	362	52-58-74-88-90	1:54:15	9:02.6
14 Wilton	371	46-73-79-84-89	1:52:16	8:48.6

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
31 Johnny Reynolds	SR	6699	Valley West De	31	17:02.6	1:20.6
32 Zach Howard	SO	6148	Iowa City City H	(32)	17:03.2	1:21.2
33 Linus McRoberts	SR	6162	Iowa City City H	-	17:07.8	1:25.8
34 Robert Broughton	SO	6481	Pleasant Valley	(33)	17:19.0	1:36.0
35 Dillon Wiethorn	SR	6608	Prairie Cedar R	(34)	17:21.3	1:39.3
36 Carter Hatz	JR	6492	Pleasant Valley	(35)	17:21.7	1:39.7
37 Cameron Bauman	JR	6691	Valley West De	36	17:22.1	1:40.1
38 Tarunesh Gopinath	JR	6695	Valley West De	(37)	17:23.8	1:41.8
39 Garrett Landau	SR	6703	WACO Waylan	38	17:30.8	1:48.8
40 Talon Froistad	JR	5906	Dubuque Hemp	39	17:31.1	1:49.1
41 Charles Schultz	SR	5925	Dubuque Hemp	(40)	17:32.3	1:50.3
42 Mason Nove	JR	6596	Prairie Cedar R	(41)	17:34.7	1:52.7
43 Weston Bowser	JR	6693	Valley West De	(42)	17:35.1	1:53.1
44 Will Carey	JR	6124	Iowa City City H	-	17:41.3	1:59.3
45 Matthew Denham	JR	5970	Dubuque Senio	(43)	17:44.2	2:02.2
46 Charlie Spahn	SO	5927	Dubuque Hemp	(44)	17:44.7	2:02.7
47 Jacob O'Connor	JR	6502	Pleasant Valley	-	17:51.0	2:08.0
48 Elijah Neuhaus	JR	5983	Dubuque Senio	-	17:52.9	2:10.9
49 Grady Sauser	SO	6599	Prairie Cedar R	-	17:54.7	2:12.7
50 Andrew Welter	FR	6183	Iowa City City H	-	17:59.9	2:17.9
51 Cody Hesselman	JR	5974	Dubuque Senio	-	18:01.9	2:19.9
52 Lane Fariss	JR	6451	Pekin	45	18:11.1	2:29.1
53 Christopher Peterson	SO	5921	Dubuque Hemp	-	18:13.4	2:31.4
54 Liam Aldfinger	SR	6711	Wilton	46	18:13.7	2:31.7
55 Nelsen Perrigo	SO	6698	Valley West De	-	18:16.0	2:33.0
56 Peter Niyomutabazi	JR	5798	Cedar Rapids J	47	18:22.4	2:40.4
57 Andy Hohmann	SO	5975	Dubuque Senio	-	18:23.7	2:41.7
58 Levi Steele	SR	6520	Pleasant Valley	-	18:27.9	2:45.9
59 Silas Gollnick	SR	6143	Iowa City City H	-	18:29.6	2:47.6
60 Mason Dahlstrom	JR	6449	Pekin	48	18:33.4	2:51.4
61 Sam Goldsmith	JR	5908	Dubuque Hemp	-	18:33.5	2:51.5
62 Rexton Travagiakis	JR	5806	Cedar Rapids J	49	18:37.8	2:55.8
63 Gabriel Zingler	JR	6700	Valley West De	-	18:38.3	2:56.3
64 Gavin Slagel	SR	6705	WACO Waylan	50	18:42.0	2:59.0
65 Jonathan Mittelsteadt	SR	5797	Cedar Rapids J	51	18:43.0	3:00.0
66 Ian Sindt	JR	5993	Dubuque Senio	-	18:48.2	3:06.2
67 Zenner Ellerbeck	FR	5902	Dubuque Hemp	-	18:50.0	3:07.0
68 Elijah Roach	SR	5988	Dubuque Senio	-	18:52.0	3:09.0
69 Jonah Frost	FR	6580	Prairie Cedar R	-	18:54.0	3:11.0
70 Matthew Alberico	JR	6690	Valley West De	-	18:54.2	3:12.2
71 Nolan Risma	SO	5922	Dubuque Hemp	-	19:09.1	3:27.1
72 Calvin Meller	FR	6104	Hillcrest Acade	52	19:13.3	3:31.3
73 Zach Bauer	SR	6475	Pleasant Valley	-	19:13.7	3:31.7
74 Gavin Machael	SO	6404	Maquoketa	53	19:15.6	3:33.6
75 Andrew Kallback	FR	5915	Dubuque Hemp	-	19:16.2	3:34.2
76 Samoda Vittorio	SR	6431	Ottumwa	54	19:24.8	3:42.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Cole Carrizales	JR	6572	Prairie Cedar R	1	15:43.0	---
2 Kyle Johnson	SR	6584	Prairie Cedar R	2	16:05.8	23.8
3 Owen Miller	SR	6590	Prairie Cedar R	3	16:06.3	24.3
4 Jonah Whitson	JR	6524	Pleasant Valley	4	16:09.2	27.2
5 Thomas Limback	JR	6697	Valley West De	5	16:12.7	30.7
6 Colin Henn	SR	5911	Dubuque Hemp	6	16:13.7	31.7
7 Liam Kroger	SR	5980	Dubuque Senio	7	16:17.1	35.1
8 Joe Knepp	SR	6495	Pleasant Valley	8	16:18.4	36.4
9 Owen Anderson	JR	5960	Dubuque Senio	9	16:20.3	38.3
10 Landen Orris	JR	6503	Pleasant Valley	10	16:23.3	41.3
11 Kamran Foad	JR	6489	Pleasant Valley	11	16:25.5	43.5
12 David Randall	JR	6173	Iowa City City H	12	16:26.5	44.5
13 Jack Kirman	SR	5978	Dubuque Senio	13	16:26.6	44.6
14 Grady Kroger	SR	5979	Dubuque Senio	14	16:26.6	44.6
15 Emmett Palmberg	JR	6171	Iowa City City H	15	16:28.4	46.4
16 Ben Hohmann	SR	5976	Dubuque Senio	16	16:29.1	47.1
17 Sammy Lange	JR	6588	Prairie Cedar R	17	16:31.0	48.0
18 Leif Eastlund	SO	6134	Iowa City City H	18	16:35.5	53.5
19 Ben Ellerbach	JR	5901	Dubuque Hemp	19	16:39.2	57.2
20 Jasper McRoberts	SO	6161	Iowa City City H	20	16:42.4	1:00.4
21 Henry Maloney	JR	5918	Dubuque Hemp	21	16:44.4	1:02.4
22 Aidan Cooley	JR	5899	Dubuque Hemp	22	16:44.6	1:02.6
23 Matthew Haug	JR	5973	Dubuque Senio	(23)	16:50.3	1:08.3
24 Jarris Protsman	SR	6172	Iowa City City H	24	16:51.3	1:09.3
25 Jack Leman	SR	6155	Iowa City City H	(25)	16:53.7	1:11.7
26 Cole Millikin	SR	6457	Pekin	26	16:57.8	1:15.8
27 Angel Cruz Felipe	SR	6694	Valley West De	27	16:59.0	1:16.0
28 Matthew Sargent	SO	6515	Pleasant Valley	28	17:00.7	1:18.7
29 Eli Dahlem	SO	6574	Prairie Cedar R	29	17:01.1	1:19.1
30 Ronak Bhargava	SR	6692	Valley West De	30	17:02.1	1:20.1

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**Race #4
Boys Varsity 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
77 Locken Henderson	SR	6702	WACO Waylan	55	19:33.6	3:51.6
78 Mason Spriggs	JR	5928	Dubuque Hemp	-	19:34.3	3:52.3
79 Justin Mendoza	JR	5796	Cedar Rapids J	56	19:35.3	3:53.3
80 Noah Christensen	FR	5967	Dubuque Senio	-	19:43.5	4:01.5
81 Tristan Luitjens	SR	6704	WACO Waylan	57	19:45.0	4:02.0
82 Athon Wilcox	SR	6525	Pleasant Valley	-	19:46.7	4:04.7
83 Jack Edwards	SR	6135	Iowa City City H	-	19:57.1	4:15.1
84 Braden Hartsock	JR	6103	Hillcrest Acade	58	19:59.9	4:17.9
85 Royce Richman	SR	6032	Durant	59	20:09.8	4:27.8
86 Hunter Wilson	FR	6706	WACO Waylan	60	20:23.5	4:41.5
87 Nolan Williams	SR	6038	Durant	61	20:27.1	4:45.1
88 Dane Harvey	SO	5794	Cedar Rapids J	62	20:27.7	4:45.7
89 Harald Batige	SR	5786	Cedar Rapids J	(63)	20:29.2	4:47.2
90 Mason Schuett	JR	6033	Durant	64	20:38.2	4:56.2
91 Landon Fariss	FR	6450	Pekin	65	20:45.9	5:03.9
92 Alejandro Leyva	SR	6422	Ottumwa	66	20:51.1	5:09.1
93 Malachi Armon	SR	5785	Cedar Rapids J	(67)	20:57.3	5:15.3
94 Thomas Wiebenga	SO	6407	Maquoketa	68	20:58.3	5:16.3
95 Brody Sobaski	JR	6458	Pekin	69	21:04.1	5:22.1
96 Garek Lindberg	SR	6423	Ottumwa	70	21:05.0	5:22.0
97 Brenden Gerardy	FR	6403	Maquoketa	71	21:05.8	5:23.8
98 Robert Haw	SO	6420	Ottumwa	72	21:06.6	5:24.6
99 Dawson Kaska	JR	6713	Wilton	73	21:11.3	5:29.3
100 Jaxson Brokaw	FR	6102	Hillcrest Acade	74	21:15.7	5:33.7
101 Jasper Bonney	FR	6400	Maquoketa	75	21:23.4	5:41.4
102 Evan Efrem	SR	6419	Ottumwa	76	21:27.6	5:45.6
103 Hunter Buesing	FR	6029	Durant	77	21:28.3	5:46.3
104 Ty Wetrich	FR	6433	Ottumwa	(78)	21:46.7	6:04.7
105 James McKittrick	JR	6716	Wilton	79	21:49.4	6:07.4
106 Hayden Miller	JR	6456	Pekin	(80)	21:50.8	6:08.8
107 Cylus Brown	SO	6417	Ottumwa	(81)	22:00.6	6:18.6
108 Conor Cloyd	SR	6448	Pekin	(82)	22:45.5	7:03.5
109 Roman Wright	SR	5811	Cedar Rapids J	-	22:48.2	7:06.2
110 Clayton Harvey	JR	6453	Pekin	-	23:33.1	7:51.1
111 Wyatt Wilson	FR	6707	WACO Waylan	(83)	23:34.5	7:52.5
112 Dallas Legrand	FR	6714	Wilton	84	23:59.5	8:17.5
113 Cory Wethington	SO	6036	Durant	85	24:10.2	8:28.2
114 Colton Harvey	FR	6454	Pekin	-	24:16.6	8:34.6
115 Wyatt Brown	JR	6447	Pekin	-	24:58.1	9:16.1
116 Tucker Moore	SO	6405	Maquoketa	86	25:14.6	9:32.6
117 Wesley Shoemaker	JR	6034	Durant	(87)	25:28.1	9:46.1
118 Mateo Rodriguez-Yode	SO	6105	Hillcrest Acade	88	25:30.1	9:48.1
119 Liam Guise	SO	6452	Pekin	-	26:24.9	10:42.
120 Gage Legrand	FR	6715	Wilton	89	27:02.3	11:20.
121 Lucas Beachy	FR	6101	Hillcrest Acade	90	28:15.8	12:33.
122 Nevin Williams	FR	6037	Durant	(91)	30:00.2	14:18.

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Thursday, October 2, 2025

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**Race #5
Girls JV 5000M****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Dubuque Senior	24	1-2-3-7-11(19)(21)	1:50:38	1:32.3
2 Iowa City City High	39	4-6-8-9-12(15)(16)	1:53:20	0:51.3
3 Prairie Cedar Rapids	89	10-17-18-20-24(31)	1:59:40	1:35.7
4 Iowa City Liberty	96	5-14-22-27-28(33)(34)	2:00:19	2:39.7
5 Dubuque Hempstead	116	13-23-25-26-29(30)(32)	2:02:28	2:13.0
6 Cedar Rapids Jeffers	185	35-36-37-38-39(40)(41)	2:27:10	1:28.9

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
39 Paige Fethke	FR	6202	Iowa City City H	-	25:09.8	3:41.9
40 Amelie Bechtel	SO	6190	Iowa City City H	-	25:15.7	3:47.8
41 Eva Stevenson	SR	5956	Dubuque Hemp	29	25:17.3	3:49.4
42 Teresa Troftgrubin	SO	5957	Dubuque Hemp	(30)	25:17.8	3:49.9
43 Taylor Hill	FR	6009	Dubuque Senio	-	25:23.5	3:55.6
44 Brynn Thompson	FR	6623	Prairie Cedar R	(31)	25:25.2	3:57.3
45 Abigail Saul	FR	5954	Dubuque Hemp	(32)	25:25.7	3:57.8

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Millie Eikamp	JR	6007	Dubuque Senio	1	21:27.9	---
2 Sophie Tigges	SO	6024	Dubuque Senio	2	21:42.6	14.7
3 Skylar Carpenter	SO	6004	Dubuque Senio	3	21:56.7	28.8
4 Madelyn Fitzgerald	SO	6204	Iowa City City H	4	22:11.4	43.5
5 Nora Brown	SR	6273	Iowa City Libert	5	22:24.9	57.0
6 Willow Schultz	JR	6231	Iowa City City H	6	22:28.6	1:00.7
7 Chloe Sprague	JR	6022	Dubuque Senio	7	22:30.3	1:02.4
8 Addison Klein	JR	6214	Iowa City City H	8	22:47.1	1:19.2
9 Noelle Schnoebelen	SR	6229	Iowa City City H	9	22:50.3	1:22.4
10 Arden Voldase	FR	6625	Prairie Cedar R	10	22:56.7	1:28.8
11 Gabby Norman	SR	6017	Dubuque Senio	11	23:00.1	1:32.2
12 Amelia Terrill	SO	6234	Iowa City City H	12	23:02.7	1:34.8
13 Hazel Freund	FR	5939	Dubuque Hemp	13	23:04.4	1:36.5
14 Sophie Fletcher	SO	6277	Iowa City Libert	14	23:31.0	2:02.1
15 Camille Leman	SO	6216	Iowa City City H	(15)	23:48.0	2:19.1
16 Norah Reicks	FR	6227	Iowa City City H	(16)	23:56.8	2:28.9
17 Sienna Johnson	FR	6617	Prairie Cedar R	17	23:59.2	2:31.3
18 Arianna Cook-McCormi	SO	6610	Prairie Cedar R	18	24:04.3	2:36.4
19 Abby Sindt	FR	6021	Dubuque Senio	(19)	24:05.9	2:38.0
20 Isabelle Decker	SR	6611	Prairie Cedar R	20	24:07.6	2:39.7
21 Lucy Weber	FR	6025	Dubuque Senio	(21)	24:08.5	2:40.6
22 Alina Buchholtz	FR	6003	Dubuque Senio	-	24:08.8	2:40.9
23 Eleanor Johnson	FR	6280	Iowa City Libert	22	24:20.8	2:52.9
24 Cassandra (Cassie) S	JR	6233	Iowa City City H	-	24:21.3	2:53.4
25 Addison Mangan	FR	6218	Iowa City City H	-	24:26.2	2:58.3
26 Stella Houselog	SO	5944	Dubuque Hemp	23	24:26.6	2:58.7
27 Jaelyn Sickels	SO	6622	Prairie Cedar R	24	24:32.4	3:04.5
28 Grace Hesselman	SR	6008	Dubuque Senio	-	24:35.3	3:07.4
29 Sophia Morrison	SO	6016	Dubuque Senio	-	24:38.3	3:10.4
30 Bella Hruska	SR	5945	Dubuque Hemp	25	24:48.9	3:21.0
31 Addy Shedek	FR	5955	Dubuque Hemp	26	24:50.7	3:22.8
32 Lola Hakes	FR	6278	Iowa City Libert	27	24:57.5	3:29.6
33 Kate Rothert	FR	6019	Dubuque Senio	-	24:58.3	3:30.4
34 Alma Bhandary-Naraya	SR	6192	Iowa City City H	-	25:00.9	3:33.0
35 Amari Casto	JR	6194	Iowa City City H	-	25:00.9	3:33.0
36 Greta Daniels	SO	6275	Iowa City Libert	28	25:04.6	3:36.7
37 Madelyn (Maddie) Gun	SR	6208	Iowa City City H	-	25:07.7	3:39.8
38 Nora Wittenkeller	SO	6237	Iowa City City H	-	25:08.1	3:40.2
46 Piper Birkenholz	SR	5935	Dubuque Hemp	-	25:33.6	4:05.7
47 Elizabeth Asklof	SR	6186	Iowa City City H	-	25:36.4	4:08.5
48 Lauryn Ortiz	FR	6018	Dubuque Senio	-	25:36.7	4:08.8
49 Alaina Baxter	FR	6189	Iowa City City H	-	25:43.7	4:15.8
50 Sydney Nash	FR	6223	Iowa City City H	-	25:59.4	4:31.5
51 Maria Monfort Felip	SR	6221	Iowa City City H	-	26:04.0	4:35.1
52 Kailyn Peat	FR	5949	Dubuque Hemp	-	26:11.1	4:43.2
53 Clancy Trepanier	FR	6235	Iowa City City H	-	26:14.0	4:45.1
54 Anna Platte	SO	6226	Iowa City City H	-	26:15.3	4:47.4
55 Raegan McDermott	JR	6285	Iowa City Libert	(33)	26:16.4	4:48.5
56 Kelsey Herrig	SO	6213	Iowa City City H	-	26:17.3	4:49.4
57 Ashley Sabin	SR	6289	Iowa City Libert	(34)	26:23.7	4:55.8
58 Cooper Hamilton	SR	6210	Iowa City City H	-	26:26.2	4:58.3
59 Josie Kallback	JR	5946	Dubuque Hemp	-	26:42.4	5:14.5
60 Stella Duccini	FR	6006	Dubuque Senio	-	26:48.9	5:21.0
61 Elle Wernimont	FR	6027	Dubuque Senio	-	26:52.8	5:24.9
62 Carleigh Maher	SR	6282	Iowa City Libert	-	27:06.3	5:38.4
63 Ruby Miller	SO	6286	Iowa City Libert	-	27:14.7	5:46.8
64 Rebecca Bellman	SO	5934	Dubuque Hemp	-	27:27.0	5:58.1
65 Carsyn Roling	SO	5952	Dubuque Hemp	-	27:30.6	6:02.7
66 Caitlynn Mangers	FR	6015	Dubuque Senio	-	27:32.6	6:04.7
67 Lauren Reese	FR	6444	Ottumwa	-	27:59.9	6:32.0
68 Ashlyn Garcia	JR	5825	Cedar Rapids J	35	28:38.0	7:09.1
69 Caitlyn Harrison	SR	6212	Iowa City City H	-	28:39.0	7:10.1
70 Alayna Diggins	SO	5821	Cedar Rapids J	36	28:47.6	7:19.7
71 Emily Rothfuss	FR	6288	Iowa City Libert	-	28:59.3	7:31.4
72 Emilia Harel	FR	6211	Iowa City City H	-	29:05.6	7:37.7
73 Mady Morrison	SR	5948	Dubuque Hemp	-	29:26.7	7:58.8
74 Charlotte Dillon	JR	6276	Iowa City Libert	-	29:27.3	7:59.4
75 Curstin Sanders	JR	5837	Cedar Rapids J	37	29:38.5	8:10.6
76 Olivia Becker	SO	6191	Iowa City City H	-	29:43.2	8:15.3
77 Elise Good	JR	6207	Iowa City City H	-	29:45.6	8:17.7
78 Aliya Reinert	SO	5835	Cedar Rapids J	38	29:59.2	8:31.3
79 Aliana Bolinger	FR	5813	Cedar Rapids J	39	30:06.8	8:38.9
80 Josie Martinez-White	FR	5831	Cedar Rapids J	(40)	30:06.9	8:39.0
81 Makayla Geronzin	JR	5826	Cedar Rapids J	(41)	30:20.8	8:52.9
82 Laila Pho	JR	6225	Iowa City City H	-	30:21.0	8:52.1
83 Mari Berquam	FR	6272	Iowa City Libert	-	30:38.3	9:10.4
84 Irene Delgado	SO	5820	Cedar Rapids J	-	30:47.2	9:19.3

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Race #5
Girls JV 5000M

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
85 Chancelline Roussi	JR	5836	Cedar Rapids J	-	31:17.3	9:49.4
86 Ava Carpenter	JR	5816	Cedar Rapids J	-	31:25.1	9:57.2
87 Breanna Runde	SR	5953	Dubuque Hemp	-	31:29.6	10:01.
88 Harper Bailey	SR	6188	Iowa City City H	-	31:47.8	10:19.
89 Ella Nelson	JR	6413	Maquoketa	-	32:42.4	11:14.
90 Aubrey Davis	FR	5936	Dubuque Hemp	-	32:42.9	11:15.
91 Lily Wagener	JR	5958	Dubuque Hemp	-	33:12.1	11:44.
92 Avery Nace	JR	6222	Iowa City City H	-	33:20.1	11:52.
93 Adrianna Coiner	JR	6195	Iowa City City H	-	33:29.6	12:01.
94 Evelyn Casillas	FR	6436	Ottumwa	-	34:02.9	12:35.
95 Joice Tshibangu	FR	5839	Cedar Rapids J	-	34:17.2	12:49.
96 Victoria Formiconi	SO	5823	Cedar Rapids J	-	34:19.4	12:51.
97 Sofie Lund	FR	5828	Cedar Rapids J	-	36:38.1	15:10.
98 Clara Ihns	JR	6412	Maquoketa	-	38:21.5	16:53.
99 Josephine Budederi	SR	5814	Cedar Rapids J	-	39:46.2	18:18.

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**Race #6
Boys JV 5000M****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Spread
1 Iowa City City High	35	1-3-5-11-15(16)(22)	1:28:51	1:11.1
2 Prairie Cedar Rapids	36	2-4-6-10-14(19)(26)	1:29:03	0:56.4
3 Pleasant Valley	49	7-8-9-12-13(18)(23)	1:29:46	0:15.9
4 Dubuque Senior	124	20-24-25-27-28(30)(32)	1:34:36	0:23.3
5 Iowa City Liberty	150	17-21-34-38-40(41)(42)	1:36:17	1:17.4
6 Dubuque Hempstead	164	29-31-33-35-36(37)(39)	1:36:58	0:20.2
7 Cedar Rapids Jeffers	230	44-45-46-47-48(49)(50)	1:46:20	0:40.6
8 Ottumwa	253	43-51-52-53-54(55)(56)	1:50:26	3:24.5

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
37 Nathan Powers	JR	5985	Dubuque Senio	(30)	19:14.2	2:04.7
38 Henry Kopelman	SO	6152	Iowa City City H	-	19:15.0	2:04.5
39 Landon Mulford	JR	6591	Prairie Cedar R	-	19:16.3	2:06.8
40 Andrew Carleton	SO	6484	Pleasant Valley	-	19:17.2	2:07.7
41 Nishant Gudipati	FR	6491	Pleasant Valley	-	19:17.8	2:08.3
42 Joseph Peterson	FR	6506	Pleasant Valley	-	19:20.0	2:09.5
43 Parker Welbes	SR	5933	Dubuque Hemp	31	19:20.2	2:10.7
44 Syllas Duffy	SO	5971	Dubuque Senio	(32)	19:21.8	2:12.3
45 Grant Arling	JR	5961	Dubuque Senio	-	19:23.9	2:14.4
46 Cooper Bries	SR	6479	Pleasant Valley	-	19:24.0	2:13.5
47 Gage Long	SO	5917	Dubuque Hemp	33	19:25.3	2:15.8
48 Deegan Wood	SO	6270	Iowa City Libert	34	19:26.4	2:16.9
49 Sam Richman	JR	6174	Iowa City City H	-	19:27.2	2:17.7
50 Owen Wagner	SR	5932	Dubuque Hemp	35	19:28.1	2:18.6
51 Ben Schaefer	SR	5989	Dubuque Senio	-	19:28.2	2:18.7
52 Cooper Nove	FR	6595	Prairie Cedar R	-	19:28.3	2:18.8
53 Pierce MisiagBeckler	JR	5919	Dubuque Hemp	36	19:32.4	2:22.9
54 Hewitt Caspers	FR	6573	Prairie Cedar R	-	19:32.6	2:23.1
55 Ganesh Maridu	JR	6497	Pleasant Valley	-	19:34.9	2:25.4
56 Aaron Scheirer	JR	5990	Dubuque Senio	-	19:36.3	2:26.8
57 Mason Busch	FR	5897	Dubuque Hemp	(37)	19:37.9	2:28.4
58 Josh Schulte	JR	5991	Dubuque Senio	-	19:38.2	2:28.7
59 Harrison Stark	SR	6602	Prairie Cedar R	-	19:42.9	2:33.4
60 Truong Pham	SO	6266	Iowa City Libert	38	19:43.3	2:33.8
61 Colbie Shupe	JR	6518	Pleasant Valley	-	19:43.9	2:34.4
62 David Lucas	JR	6496	Pleasant Valley	-	19:46.5	2:37.0
63 Nolan Froistad	FR	5905	Dubuque Hemp	(39)	19:46.6	2:37.1
64 Ryan Osler	FR	6505	Pleasant Valley	-	19:50.0	2:39.5
65 Rylan Schultz	FR	5926	Dubuque Hemp	-	19:50.5	2:41.0
66 Cooper Newland	SO	6262	Iowa City Libert	40	19:50.7	2:41.2
67 Pranav Bhardwaj	FR	6478	Pleasant Valley	-	19:51.8	2:42.3
68 Colin Beerends	SO	6122	Iowa City City H	-	19:52.7	2:43.2
69 Charlie Chambers	FR	6126	Iowa City City H	-	19:53.3	2:43.8
70 Parker Block	JR	5963	Dubuque Senio	-	19:55.9	2:46.4
71 Bennett Jess	FR	6494	Pleasant Valley	-	19:57.8	2:48.3
72 Wyatt Howes	SO	6150	Iowa City City H	-	19:59.0	2:48.5
73 Ethan Freckleton	SR	6490	Pleasant Valley	-	20:00.5	2:51.0
74 Shea McDonald	SR	5981	Dubuque Senio	-	20:02.1	2:52.6
75 Ayden Stopak	FR	6269	Iowa City Libert	(41)	20:02.9	2:53.4
76 Noah Goldsmith	SO	6581	Prairie Cedar R	-	20:03.9	2:54.4
77 Colin Merrell	SR	6498	Pleasant Valley	-	20:08.9	2:59.4
78 Talan Barnard	FR	6571	Prairie Cedar R	-	20:09.0	2:58.5
79 Lucas Askelson	FR	6239	Iowa City Libert	(42)	20:10.5	3:01.0
80 Rocco Arnone	FR	6120	Iowa City City H	-	20:11.0	3:00.5
81 Garrett Schutte	JR	6516	Pleasant Valley	-	20:11.3	3:01.8
82 Gustavo Leyser	JR	6156	Iowa City City H	-	20:23.9	3:14.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Malcolm Arnold	JR	6119	Iowa City City H	1	17:09.5	---
2 Ethan McManus	SR	6589	Prairie Cedar R	2	17:20.1	10.6
3 Soren Miller	SO	6163	Iowa City City H	3	17:33.1	23.6
4 Matthew Formanek	SO	6579	Prairie Cedar R	4	17:35.4	25.9
5 Henry Vande Berg	JR	6182	Iowa City City H	5	17:42.9	33.4
6 Tristan Stolley	SO	6603	Prairie Cedar R	6	17:48.0	37.5
7 Lane Morgart	JR	6499	Pleasant Valley	7	17:50.1	40.6
8 Andrew Broughton	FR	6480	Pleasant Valley	8	17:51.7	42.2
9 Grant Clair	FR	6485	Pleasant Valley	9	17:52.1	42.6
10 Jacob Krambeer	SR	6586	Prairie Cedar R	10	18:02.2	52.7
11 Ben Sauder	SO	6175	Iowa City City H	11	18:04.8	55.3
12 Mason Stock	FR	6521	Pleasant Valley	12	18:05.5	56.0
13 Michael Asige	SO	6472	Pleasant Valley	13	18:06.0	55.5
14 Dade Davis	SR	6576	Prairie Cedar R	14	18:16.5	1:07.0
15 Silas Suchomel	JR	6179	Iowa City City H	15	18:20.6	1:11.1
16 Sam Elliott	FR	6136	Iowa City City H	(16)	18:21.0	1:10.5
17 Trevor Petersen	SR	6265	Iowa City Libert	17	18:33.3	1:23.8
18 Dexter Needham	SO	6501	Pleasant Valley	(18)	18:34.4	1:24.9
19 Eric Valde	SR	6605	Prairie Cedar R	(19)	18:39.7	1:30.2
20 Connell Brock	FR	5964	Dubuque Senio	20	18:42.1	1:32.6
21 Jameson Provorse	FR	6267	Iowa City Libert	21	18:43.2	1:33.7
22 Quinn Lalor	SO	6153	Iowa City City H	(22)	18:47.8	1:38.3
23 Vrayas Pila	SR	6509	Pleasant Valley	(23)	18:48.5	1:39.0
24 Evan Osler	JR	6504	Pleasant Valley	-	18:51.9	1:42.4
25 Lucas Smith	SO	5995	Dubuque Senio	24	18:53.3	1:43.8
26 Evan Farley	FR	6139	Iowa City City H	-	18:54.5	1:45.0
27 Aiden Wernimont	SO	5998	Dubuque Senio	25	18:55.0	1:44.5
28 Max Haight	SO	6582	Prairie Cedar R	(26)	18:55.3	1:45.8
29 Graham Cummer	SO	6131	Iowa City City H	-	18:58.3	1:48.8
30 Paul Gooden	FR	5972	Dubuque Senio	27	18:59.7	1:50.2
31 Kaden Weber	SO	6607	Prairie Cedar R	-	19:03.0	1:52.5
32 Brandon Thomas	SR	6523	Pleasant Valley	-	19:05.3	1:55.8
33 Traenor (Trae) Noel	SO	5984	Dubuque Senio	28	19:05.4	1:55.9
34 Levi Zimmerman	FR	6526	Pleasant Valley	-	19:06.3	1:56.8
35 Asher Ackermann	SO	6117	Iowa City City H	-	19:10.1	2:00.6
36 Austin Noel	FR	5920	Dubuque Hemp	29	19:12.3	2:02.8

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**Race #6
Boys JV 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Athlete	YR	#	Team	Score	Time	Gap
83 Emmett Fern	FR	5903	Dubuque Hemp	-	20:26.3	3:16.8	129 Dillon Hofstadter	FR	6493	Pleasant Valley	-	21:43.1	4:33.6
84 Briggs Canton	FR	6245	Iowa City Libert	-	20:27.5	3:18.0	130 Naher Abraham	JR	6414	Ottumwa	51	21:43.8	4:34.3
85 Briton Bailey	SO	6474	Pleasant Valley	-	20:28.0	3:17.5	131 Riehle Pavlovec	SO	6264	Iowa City Libert	-	21:47.5	4:38.0
86 Diego Lopez	SO	6424	Ottumwa	43	20:28.3	3:18.8	132 Arav Shrivastava	SO	6517	Pleasant Valley	-	21:47.6	4:38.1
87 Jack Belby	JR	6477	Pleasant Valley	-	20:33.8	3:24.3	133 Eli Corbett	SO	6248	Iowa City Libert	-	21:48.8	4:39.3
88 John Seamans	SO	6177	Iowa City City H	-	20:33.9	3:24.4	134 Zach Chesterman	SO	5966	Dubuque Senio	-	21:48.9	4:39.4
89 Calvin Noska	SO	6594	Prairie Cedar R	-	20:37.5	3:28.0	135 Elijah Wagner	SO	5931	Dubuque Hemp	-	21:54.7	4:45.2
90 Orion Handy	SR	5909	Dubuque Hemp	-	20:38.3	3:28.8	136 Carson Carrow	FR	6418	Ottumwa	52	21:57.5	4:48.0
91 Sorin Mutruc	JR	6500	Pleasant Valley	-	20:40.6	3:31.1	137 Daniel Schuett	FR	6600	Prairie Cedar R	-	21:58.3	4:48.8
92 Lynden MacGillivray	SR	6158	Iowa City City H	-	20:40.7	3:31.2	138 Jasper Morton	JR	6166	Iowa City City H	-	22:03.2	4:53.7
93 Soren Kenlin	JR	6151	Iowa City City H	-	20:42.8	3:33.3	139 Jackson Davis	SR	5968	Dubuque Senio	-	22:04.4	4:54.9
94 Carter Davis	FR	5900	Dubuque Hemp	-	20:43.2	3:33.7	140 George Hoover	SR	6253	Iowa City Libert	-	22:04.9	4:55.4
95 Asher Byler	SO	6123	Iowa City City H	-	20:48.3	3:38.8	141 Tyler Patten	JR	6598	Prairie Cedar R	-	22:06.2	4:56.7
96 Benjamin Hollinger	SR	6583	Prairie Cedar R	-	20:48.6	3:39.1	142 Vihaan Pila	FR	6508	Pleasant Valley	-	22:10.5	5:01.0
97 Cam'Ron Riggins	JR	5801	Cedar Rapids J	44	20:53.6	3:44.1	143 Logan Brunkhorst	SO	6242	Iowa City Libert	-	22:11.9	5:02.4
98 Alex Donovan	JR	6133	Iowa City City H	-	20:54.3	3:44.8	144 Jesse Bennett	JR	5896	Dubuque Hemp	-	22:13.1	5:03.6
99 Henry Ironside	SO	5914	Dubuque Hemp	-	20:56.8	3:47.3	145 Andy Segovia	JR	5804	Cedar Rapids J	-	22:13.2	5:03.7
100 Thomas Hand	SO	6146	Iowa City City H	-	21:00.1	3:50.6	146 Nikhil Saini	SR	6514	Pleasant Valley	-	22:19.1	5:09.6
101 Dominik Stutenberg	FR	6522	Pleasant Valley	-	21:01.5	3:52.0	147 Cedrick Vanenglenhov	SO	6430	Ottumwa	53	22:23.1	5:13.6
102 Brody Rosemeyer	JR	5923	Dubuque Hemp	-	21:08.0	3:57.5	148 Jose Lopez	FR	6257	Iowa City Libert	-	22:25.4	5:15.9
103 George Woodhouse	JR	6000	Dubuque Senio	-	21:08.7	3:59.2	149 Ammar Bazaraa	SR	6476	Pleasant Valley	-	22:25.6	5:16.1
104 Edison Sasa	FR	5802	Cedar Rapids J	45	21:09.9	4:00.4	150 Mason Owens	FR	6170	Iowa City City H	-	22:34.3	5:24.8
105 Royal Reisch	JR	5986	Dubuque Senio	-	21:10.3	4:00.8	151 Parker McGowen	FR	6260	Iowa City Libert	-	22:36.1	5:26.6
106 Jack Grimes	FR	6144	Iowa City City H	-	21:10.4	4:00.9	152 Abraham Viveros	SO	5808	Cedar Rapids J	-	22:41.0	5:30.5
107 Beckett Davis	JR	6575	Prairie Cedar R	-	21:12.1	4:02.6	153 Broden Kretz	SO	5916	Dubuque Hemp	-	22:41.9	5:32.4
108 Tanner Phillipe	SO	5800	Cedar Rapids J	46	21:13.1	4:03.6	154 Paul Giannakouros	JR	5907	Dubuque Hemp	-	22:48.5	5:39.0
109 Chase Thomas	FR	5929	Dubuque Hemp	-	21:14.5	4:05.0	155 Charlie Waechter	SR	5809	Cedar Rapids J	-	22:49.6	5:40.1
110 Spencer D'Antico	FR	6486	Pleasant Valley	-	21:14.9	4:05.4	156 Cashton Krumm	SO	6587	Prairie Cedar R	-	22:49.8	5:40.3
111 Silas Herber	FR	5913	Dubuque Hemp	-	21:15.7	4:06.2	157 Jett Cho	FR	6246	Iowa City Libert	-	23:05.2	5:55.7
112 Nicholas Bradley	FR	6241	Iowa City Libert	-	21:15.9	4:06.4	158 Julien Trepanier	FR	6181	Iowa City City H	-	23:06.8	5:57.3
113 Sam Moninger	FR	6165	Iowa City City H	-	21:20.8	4:11.3	159 Nolan Wilson	FR	5999	Dubuque Senio	-	23:11.0	6:00.5
114 Archie Fischer	JR	6140	Iowa City City H	-	21:24.4	4:14.9	160 Noah Tyler	FR	5930	Dubuque Hemp	-	23:15.2	6:05.7
115 Dustin Kramer	SO	6256	Iowa City Libert	-	21:28.1	4:18.6	161 Sushanth Burugu	FR	6483	Pleasant Valley	-	23:20.0	6:09.5
116 Joshua Emanis	JR	5792	Cedar Rapids J	47	21:29.1	4:19.6	162 Austin Adam	SO	6238	Iowa City Libert	-	23:20.1	6:10.6
117 Wesley Spears	SO	5996	Dubuque Senio	-	21:29.2	4:19.7	163 Elis Strickland	JR	6178	Iowa City City H	-	23:20.4	6:10.9
118 Evan Bultmann	JR	6482	Pleasant Valley	-	21:30.0	4:19.5	164 Wyatt Carlson	FR	6125	Iowa City City H	-	23:25.4	6:15.9
119 Liam Jablonsky	SO	5977	Dubuque Senio	-	21:31.7	4:22.2	165 Collin Finn	FR	6250	Iowa City Libert	-	23:27.9	6:18.4
120 Kaden Velho	JR	5807	Cedar Rapids J	48	21:34.2	4:24.7	166 Cole Connell	FR	6129	Iowa City City H	-	23:30.5	6:21.0
121 George Dixon	FR	6488	Pleasant Valley	-	21:34.2	4:24.7	167 Desmond Knock	SO	6255	Iowa City Libert	-	23:31.7	6:22.2
122 Mj Cook	FR	5898	Dubuque Hemp	-	21:37.2	4:27.7	168 Robert Riddell	FR	5987	Dubuque Senio	-	23:41.2	6:31.7
123 Asher Dvorsky	SR	5791	Cedar Rapids J	(49)	21:38.2	4:28.7	169 David Whittaker	JR	6184	Iowa City City H	-	23:42.3	6:32.8
124 Eric Smith	SR	5805	Cedar Rapids J	(50)	21:39.2	4:29.7	170 Randy Nuro Gyina	JR	6263	Iowa City Libert	-	23:47.8	6:38.3
125 Jack Schilling	SR	5803	Cedar Rapids J	-	21:39.4	4:29.9	171 JohnPaul Martinez	SR	6425	Ottumwa	54	23:52.8	6:43.3
126 Xander Sindt	FR	5994	Dubuque Senio	-	21:41.4	4:31.9	172 Vitali Beneke	SO	6240	Iowa City Libert	-	23:55.2	6:45.7
127 William Davis	FR	5969	Dubuque Senio	-	21:41.6	4:32.1	173 Aedric Nederhoff	JR	6593	Prairie Cedar R	-	24:10.6	7:01.1
128 Devin Runde	JR	5924	Dubuque Hemp	-	21:43.1	4:33.6	174 Kellan Deahl	SO	6577	Prairie Cedar R	-	24:27.3	7:17.8



Race #6
Boys JV 5000M

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
175 Jake Mabon	SO	6258	Iowa City Libert	-	24:35.0	7:24.5
176 Brayden Aeschliman	FR	6416	Ottumwa	(55)	24:37.1	7:27.6
177 Travis Wanner	SR	6432	Ottumwa	(56)	24:52.5	7:43.0
178 Ehyden Davis	FR	6487	Pleasant Valley	-	25:05.6	7:56.1
179 Aiden Scheffert	SO	6176	Iowa City City H	-	25:10.8	8:01.3
180 Marshall Milby	FR	5982	Dubuque Senio	-	25:11.7	8:02.2
181 Blaise Fleming	FR	6141	Iowa City City H	-	25:16.6	8:07.1
182 Dante Holm	JR	6421	Ottumwa	-	25:46.1	8:36.6
183 Elisha Emry	SO	6138	Iowa City City H	-	25:54.1	8:44.6
184 Jean Louis Coly	FR	5789	Cedar Rapids J	-	26:41.4	9:31.9
185 Chase Hensley	FR	5912	Dubuque Hemp	-	26:41.5	9:32.0
186 Cooper McGowen	FR	6259	Iowa City Libert	-	26:54.7	9:45.2
187 Miguel Weems-Ruiz	JR	5810	Cedar Rapids J	-	27:03.0	9:52.5
188 Evan Miller	JR	6261	Iowa City Libert	-	27:03.0	9:52.5
189 Emiliano Estrada	SO	6249	Iowa City Libert	-	27:26.4	10:16.
190 Patrick Matamura	JR	6159	Iowa City City H	-	27:35.3	10:25.
191 Wilmer Mendez	JR	6426	Ottumwa	-	27:36.9	10:27.
192 Harrison Ahern	FR	6118	Iowa City City H	-	29:44.0	12:33.
193 Renn Morton	FR	6167	Iowa City City H	-	29:44.5	12:35.
194 Dylan Howes	SO	6149	Iowa City City H	-	30:50.0	13:39.
195 Landon Ades	SR	6415	Ottumwa	-	31:04.0	13:53.