

5k Run - Female Varsity

FINAL

#	Name	
Final		
1	 <u>Lili Denton, SR</u> St. Albert	18:55.86
2	 <u>Madelyn Hoss, JR</u> Lewis Central	19:15.60
3	 <u>Grace Berglund, JR</u> Glenwood	19:26.11
4	 <u>Lily Miller, 09</u> Treynor	19:49.81
5	 <u>Delayna Reese, JR</u> Lewis Central	20:01.61
6	 <u>Madalyn Kerkmann, SO</u> Treynor	20:27.18
7	 <u>Anne Miller, JR</u> Treynor	20:27.38
8	 <u>Katrina Williams, SR</u> Atlantic	20:39.07
9	 <u>Riley King, SR</u> Clarinda	20:45.33
10	 <u>Caitlin Hebel, SR</u> Glenwood	21:03.13
11	 <u>Lilly Mather, SO</u> Shenandoah	21:08.59
12	 <u>Ava O'Rourke, 09</u> Shenandoah	21:12.54
13	 <u>Keira Diehm, JR</u> Heartland Christian	21:43.64
14	 <u>Lilly Yochum, SR</u> Treynor	21:49.92
15	 <u>Kaitlyn Hickman, 09</u> Atlantic	21:54.59

#	Name		
16	 <u>Megan Hughes, JR</u> Glenwood		22:02.48
17	 <u>Kate Strohmeier, JR</u> Lewis Central		22:08.94
18	 <u>Gabrielle Engler, SO</u> Atlantic		22:13.26
19	 <u>Sarai Schulenberg, 09</u> Council Bluffs Lincoln		22:29.29
20	 <u>Haylee Hughes, SR</u> Glenwood		22:40.85
21	 <u>Ava Steinmetz, SO</u> Heartland Christian		22:41.42
22	 <u>Katelyn Harms, JR</u> Glenwood		22:45.57
23	 <u>Addison Junker, 09</u> Lenox		22:53.96
24	 <u>Ally Adams, JR</u> Underwood		23:05.97
25	 <u>Kaylee Wilson, JR</u> Council Bluffs Lincoln		23:11.85
26	 <u>Madelynn Schaaf, 09</u> Fremont-Mills		23:12.36
27	 <u>Susie Babe, SO</u> Shenandoah		23:16.32
28	 <u>Ximena Mendez Cordero, 09</u> Atlantic		23:19.71
29	 <u>Eden Kathol, 09</u> Lewis Central		23:20.41
30	 <u>Maggie McChesney, JR</u> Glenwood		23:22.26
31	 <u>Ella Sandahl, JR</u> Essex		23:23.64
32	 <u>Kadence Kotrous, 09</u> Trey nor		23:25.67








#	Name		
33	 <u>Breelyn Houser, SO</u> Glenwood		23:28.39
34	 <u>Bella Brock, SR</u> Atlantic		23:38.97
35	 <u>Jenna King, 09</u> Clarinda		23:47.41
36	 <u>Audrina Johansen, SR</u> Glenwood		23:54.65
37	 <u>Kynzie Moyer, 09</u> Council Bluffs Lincoln		23:58.81
38	 <u>Hannah Hutchison, 09</u> Heartland Christian		23:59.11
39	 <u>Emma Kafka, 09</u> Lewis Central		24:01.00
40	 <u>Sophia Mescher, SO</u> Lewis Central		24:08.05
41	 <u>Kelsey Hughes, 09</u> Glenwood		24:18.89
42	 <u>Iviana Schechinger, SO</u> Riverside		24:23.13
43	 <u>Bailey Richardson, SR</u> Riverside		24:26.81
44	 <u>Kasey Hilsabeck, SO</u> Glenwood		24:28.29
45	 <u>Josie Kenkel, SO</u> Glenwood		24:31.93
46	 <u>Averi Newman, SR</u> Glenwood		24:35.96
47	 <u>Torunn Petersen, SO</u> Council Bluffs Lincoln		24:40.16
48	 <u>Reese Gradoville, 09</u> Lewis Central		24:50.98
49	 <u>Taylor Juarez, JR</u> Essex		24:51.66

#	Name		
50	 <u>Amaiya Less, SR</u> Riverside		24:53.63
51	AL <u>Malene Petersen, SR</u> Council Bluffs Lincoln		24:54.49
52	 <u>Mya Young, JR</u> Shenandoah		24:55.40
53	 <u>Lily Weinreich, SO</u> Clarinda		25:01.33
54	 <u>Sydney Skokan, SR</u> Lewis Central		25:05.75
55	EM <u>Sophia Housh, 09</u> East Mills		25:06.12
56	 <u>Cassandra Williams, SO</u> Lewis Central		25:08.99
57	 <u>Leighton Wailes, 09</u> Atlantic		25:09.37
58	AL <u>Addi Kohl, 09</u> Council Bluffs Lincoln		25:10.79
59	AL <u>Lillian Cain, 09</u> Council Bluffs Lincoln		25:16.46
60	 <u>Cate Horn, JR</u> Red Oak		25:24.59
61	 <u>Ellison Holste, 09</u> Shenandoah		25:35.86
62	G <u>Autumn Newman, JR</u> Glenwood		25:43.19
63	 <u>Emmagen Quick, 09</u> Treyner		25:47.80
64	FM <u>Brookelynn Billingsley, JR</u> Fremont-Mills		25:50.50
65	 <u>Richlyn Muff, SR</u> Clarinda		25:51.81
66	 <u>Nevaeh Cooper, SO</u> Shenandoah		25:52.78

#	Name	
67	 <u>Claire Comer, SR</u> Atlantic	25:53.31
68	 <u>Arlene Bywater, JR</u> East Atchinson	25:54.77
69	 <u>Mya Donscheski, SO</u> Glenwood	26:04.10
70	 <u>Casey Wray, SR</u> East Atchinson	26:06.69
71	 <u>Rhoni Caudill, SO</u> East Atchinson	26:09.52
72	 <u>Aubrey Renander, JR</u> Clarinda	26:14.18
73	 <u>Wrigley Pirie, 09</u> Council Bluffs Lincoln	26:14.58
74	 <u>Amira Wilke, JR</u> Riverside	26:17.20
75	 <u>Kambry Gordon, SR</u> Clarinda	26:27.81
76	 <u>Elynor Brummer, SR</u> Atlantic	26:33.42
77	 <u>Meredith Roberts, SR</u> Stanton	26:35.82
78	 <u>Danika Feigenbutz, SR</u> Riverside	26:42.22
79	 <u>Lauren Roberts, SO</u> Stanton	26:50.65
80	 <u>Gracie Walker, 09</u> East Atchinson	26:57.77
81	 <u>Han Ni, 09</u> Lewis Central	27:03.08
82	 <u>Henley Coffman, 09</u> Atlantic	27:05.80
83	 <u>Lucy Cohrs, SR</u> Atlantic	27:14.95

#	Name	
84	 <u>Addie Cohrs, SR</u> Council Bluffs Lincoln	27:15.65
85	 <u>Leya Walker, JR</u> Red Oak	27:19.01
86	 <u>Kayla Renander, 09</u> Clarinda	27:22.71
87	 <u>Olivia Weaver, JR</u> Council Bluffs Jefferson	27:37.14
88	 <u>Eliza Clements, 09</u> East Atchinson	27:44.93
89	 <u>Ali Pattee, JR</u> Underwood	27:55.14
90	 <u>Eltyn Shannon, 09</u> Lewis Central	27:58.38
91	 <u>Sloane McGinnis, SO</u> Shenandoah	27:59.28
92	 <u>Rylee Irvin, 09</u> Glenwood	28:00.39
93	 <u>Brecken Pierce, SR</u> Riverside	28:05.20
94	 <u>Jordyn Keuck, 09</u> Heartland Christian	28:06.26
95	 <u>Adaline Martens, SR</u> Riverside	28:08.98
96	 <u>Julia Thomas, SR</u> Underwood	28:16.43
97	 <u>Josie Millikan, SR</u> Griswold	28:25.63
98	 <u>Brilee Slemp, 09</u> East Atchinson	28:28.40
99	 <u>Adelynn Billingsley, 09</u> Fremont-Mills	28:37.63
100	 <u>Abigail Andersen, JR</u> Atlantic	28:43.67



#	Name		
101	 <u>Gillian Heim, JR</u> Red Oak		28:51.76
102	 <u>Brynn Nepple, 09</u> Lewis Central		29:01.73
103	 <u>Kyla Spurlock, 09</u> Sidney		29:14.99
104	 <u>Kianna Herron, SR</u> Glenwood		29:23.50
105	 <u>Cadence Kinzie, JR</u> Atlantic		29:51.32
106	 <u>Izzy Randall, JR</u> Clarinda		29:57.97
107	 <u>Zoey Phillips, 09</u> East Atchinson		30:26.45
108	 <u>Natalie Hernandez, 09</u> Lenox		30:59.02
109	 <u>Brooke Cabrera, 09</u> Council Bluffs Jefferson		31:06.25
110	 <u>Ciara Ward, SO</u> Riverside		32:13.80
111	 <u>Macy Stepp, SO</u> East Atchinson		32:14.53
112	 <u>Clara Martens, SO</u> Riverside		32:22.63
113	 <u>Mackenzie Stearns, SR</u> East Mills		32:47.85
114	 <u>Trynzlee Ebrecht, SO</u> East Atchinson		32:51.10
115	 <u>Alaina Miro, SO</u> East Atchinson		33:08.64
116	 <u>Lillian Williams, 09</u> Lewis Central		33:16.00
117	 <u>Makayla McColloch, 09</u> St. Albert		33:36.48

#	Name		
118	 <u>Piper Trescott, JR</u>	Lewis Central	33:47.31
119	 <u>Angelica Pracht, 09</u>	Glenwood	33:49.42
120	 <u>Mazie James, 09</u>	St. Albert	35:01.26
121	 <u>Jenny DeBoer, 09</u>	Clarinda	35:55.81
122	 <u>Lillian Gill, SO</u>	Fremont-Mills	36:13.44
123	 <u>Lexani Garcia, JR</u>	Heartland Christian	36:18.90
124	 <u>Izzy Garcia, 09</u>	Council Bluffs Lincoln	42:19.00

5k Run - Male Varsity

FINAL

#	Name	
Final		
1	 <u>Evan Lillie, SO</u> Lewis Central	16:27.02
2	 <u>Kevin Coots, SR</u> Lewis Central	16:32.84
3	 <u>Dawson Henderson, SR</u> Riverside	16:48.56
4	 <u>Brody Henderson, SR</u> Riverside	16:48.85
5	 <u>Owen Fenner, JR</u> Riverside	16:49.19
6	 <u>Emmanuel Grass, JR</u> Red Oak	16:50.51
7	 <u>Joey Mazzella, JR</u> Lewis Central	16:55.52
8	 <u>Hayden Heitbrink, SO</u> Red Oak	17:08.04
9	 <u>Mason Betts, SO</u> Atlantic	17:21.43
10	 <u>Mason Sells, 09</u> Shenandoah	17:26.71
11	 <u>Cruz Jaquez, JR</u> Riverside	17:41.21
12	 <u>Jackson Walter, JR</u> St. Albert	17:42.32
13	 <u>Eli Hudnall, SO</u> Riverside	17:48.12
14	 <u>Osiel Pedersen, JR</u> Red Oak	17:50.65
15	 <u>Dane Thomsen, 09</u> Lewis Central	18:06.64

#	Name		
16	 <u>William Bramble, JR</u> Council Bluffs Lincoln	18:08.79	
17	 <u>Bryce Keller, SR</u> Glenwood	18:13.23	
18	 <u>Aiden Gaul, SO</u> St. Albert	18:20.33	
19	 <u>Carter Buttry, JR</u> Shenandoah	18:26.06	
20	 <u>James McCready, JR</u> Riverside	18:30.38	
21	 <u>Maverick Ahrens, 09</u> Council Bluffs Lincoln	18:40.59	
22	 <u>Luke Daoust, JR</u> Shenandoah	18:41.35	
23	 <u>Kaleb Johnson, SO</u> Bedford	18:41.63	
24	 <u>Wyatt Lemonds, JR</u> Fremont-Mills	18:41.84	
25	 <u>Isaiah Stogdill, JR</u> Clarinda	18:52.42	
26	 <u>Thomas Engler, SO</u> Atlantic	18:57.06	
27	 <u>Konstantine Poulos-Schweer, JR</u> St. Albert	18:59.76	
28	 <u>Casey Johnson, SO</u> Red Oak	19:00.05	
29	 <u>Quin Staten, SR</u> East Atchinson	19:00.25	
30	 <u>Bryce Williams, SR</u> Red Oak	19:01.77	
31	 <u>Beran Stroup, SO</u> Lewis Central	19:03.34	
32	 <u>Anthony Akers, JR</u> Atlantic	19:10.71	

#	Name	
33	 <u>Carter Wymore, SO</u> Council Bluffs Lincoln	19:13.85
34	 <u>Lucas Harms, SO</u> Glenwood	19:14.99
35	 <u>Carter Lobaugh, SR</u> Lewis Central	19:18.77
36	 <u>Carter Jorgenson, JR</u> Sidney	19:21.55
37	 <u>Malcolm Taylor, JR</u> Clarinda	19:21.84
38	 <u>Jaxton Long, 09</u> Glenwood	19:22.29
39	 <u>Landon Leaders, JR</u> Underwood	19:24.15
40	 <u>Conor O'Hara, JR</u> Shenandoah	19:25.15
41	 <u>Ben Thompson, 09</u> St. Albert	19:26.72
42	 <u>Jason Thomas, SO</u> Underwood	19:38.21
43	 <u>Anderson Carter, SR</u> Fremont-Mills	19:39.38
44	 <u>Kouper Kinney, SO</u> Atlantic	19:39.61
45	 <u>Coleton Anderson, SO</u> Council Bluffs Lincoln	19:47.69
46	 <u>Grant Sorensen, SO</u> Glenwood	19:48.73
47	 <u>Malak McDaniel, JR</u> Council Bluffs Lincoln	19:50.39
48	 <u>Preston Williams, SR</u> Atlantic	19:57.10
49	 <u>Aiden Calhoun, SO</u> Riverside	19:57.79

#	Name	
50	 <u>Cole Berglund, 09</u> Glenwood	19:59.50
51	 <u>D'artagnan Hansen, SR</u> Atlantic	20:04.26
52	 <u>Bailyan Williamson, SR</u> Council Bluffs Jefferson	20:05.70
53	 <u>Will Stevenson, JR</u> Shenandoah	20:06.67
54	 <u>Brady Smith, SR</u> St. Albert	20:11.15
55	 <u>Isaac Hamilton, JR</u> Council Bluffs Lincoln	20:14.99
56	 <u>Jeyden Jensen, SR</u> Treydor	20:25.77
57	 <u>Brayden Lockwood, SR</u> Griswold	20:31.97
58	 <u>Anis Akhdar, SR</u> Southwest Valley	20:32.38
59	 <u>Cole Willard, JR</u> Underwood	20:36.00
60	 <u>Grady Brown, 09</u> Clarinda	20:36.43
61	 <u>Alex Dawson, SR</u> St. Albert	20:36.81
62	 <u>Malachi Gray, JR</u> Heartland Christian	20:44.38
63	 <u>Luke Mather, JR</u> Shenandoah	20:48.67
64	 <u>Cailex Williams, 09</u> Stanton	20:50.69
65	 <u>Eli Yochum, 09</u> Treydor	20:51.93
66	 <u>Alex Peters, 09</u> Glenwood	20:53.89

#	Name		
67	 <u>Greyson Kinghorn, SO</u> Shenandoah		20:56.06
68	 <u>Caleb Andersen, JR</u> Atlantic		20:57.43
69	 <u>Mason Shields, SO</u> Council Bluffs Lincoln		20:57.82
70	 <u>Avery Miller, 09</u> East Atchinson		20:58.46
71	 <u>Jayden Snow, SO</u> Stanton		21:12.00
72	 <u>Ben Johnson, JR</u> Fremont-Mills		21:15.86
73	 <u>Garrison Hickey, SR</u> Clarinda		21:33.60
74	 <u>Max Johnson, SO</u> St. Albert		21:37.58
75	 <u>Morgan Manes, SR</u> Clarinda		21:40.11
76	 <u>Parker Helm, JR</u> Council Bluffs Jefferson		21:41.52
77	 <u>Cale Hall, SR</u> Red Oak		21:45.27
78	 <u>Chase Uhl, JR</u> Underwood		21:49.65
79	 <u>Jaxson Burgett, 09</u> Heartland Christian		21:53.77
80	 <u>Draven Rader, SO</u> East Atchinson		21:54.12
81	 <u>Ashon Kline, SR</u> Essex		21:54.30
82	 <u>Cole Alff, SO</u> Trey nor		22:04.89
83	 <u>Ben Schoening, JR</u> Glenwood		22:09.96

#	Name	
84	 <u>Anderson Bakehouse, SO</u> East Mills	22:15.99
85	 <u>Brock Ripperger, SO</u> East Mills	22:21.83
86	 <u>Jacob Acosta, JR</u> Council Bluffs Jefferson	22:22.75
87	 <u>Brody Sparks, SR</u> Southwest Valley	22:27.18
88	 <u>Trystan Allen, SR</u> Heartland Christian	22:34.73
89	 <u>George Brandt, JR</u> Underwood	22:38.45
90	 <u>Giovanni Flores, SO</u> Council Bluffs Jefferson	22:48.67
91	 <u>Eli Johnson, SR</u> Bedford	23:05.09
92	 <u>Noah Wellhausen, JR</u> Clarinda	23:16.15
93	 <u>Landon Brake, 09</u> Sidney	23:27.62
94	 <u>Jesse Johnson, SO</u> Essex	23:30.96
95	 <u>Mason Kingery, JR</u> East Atchinson	23:33.72
96	 <u>Isaac Vette, SR</u> East Atchinson	23:34.63
97	 <u>Lucas James, SR</u> Southwest Valley	23:36.26
98	 <u>Brett Meyer, SO</u> Bedford	23:39.53
99	 <u>Griffin Melby, SO</u> Trey nor	23:39.88
100	 <u>Ben Waddell, SO</u> Southwest Valley	23:43.17

#	Name		
101	 <u>Bentlee Ware, SO</u>	Fremont-Mills	23:44.72
102	 <u>Raymundo Zambrano, JR</u>	Council Bluffs Jefferson	23:46.73
103	 <u>Michael Holtmyer, SR</u>	Heartland Christian	23:51.60
104	 <u>Brock Schnepel, SO</u>	Treynor	24:00.46
105	 <u>John Koch, 09</u>	Heartland Christian	24:03.74
106	 <u>Mason Pival, 09</u>	Clarinda	24:09.74
107	 <u>Joshua Templeman, SR</u>	Council Bluffs Jefferson	24:12.60
108	 <u>Wyatt Danielski, SO</u>	Bedford	24:19.00
109	 <u>Quaid Eddy, SR</u>	Southwest Valley	24:42.21
110	 <u>Uriah Westerhausen, SO</u>	Southwest Valley	24:44.11
111	 <u>Jobe Schuelke, SR</u>	Bedford	25:05.91
112	 <u>Eric Kutzli, SR</u>	Stanton	25:26.08
113	 <u>Landon Gibbs, JR</u>	East Mills	25:43.85
114	 <u>Chase Roberts, 09</u>	Heartland Christian	25:56.44
115	 <u>Dairus Jensen, SO</u>	Underwood	26:02.10
116	 <u>Grant Spencer, JR</u>	Stanton	26:13.76
117	 <u>Owen Vette, 09</u>	East Atchinson	27:17.28

#	Name		
118	 <u>Jared Harris, 09</u> Treyner		27:37.79
119	 <u>Clayton Diehl, 09</u> Essex		27:48.29
120	 <u>Tucker Jantzon, JR</u> Council Bluffs Jefferson		28:01.96
121	 <u>Jesse Bears, 09</u> Bedford		28:15.34
122	 <u>Robbie Armstrong, SR</u> East Atchinson		28:24.27
123	 <u>Luke Clements, 09</u> East Atchinson		28:55.59
124	 <u>Eli Gard, SO</u> Lenox		29:00.26
125	 <u>Gabe Griffin, 09</u> East Atchinson		29:10.18
126	 <u>Hezekiah Fetter, 09</u> Heartland Christian		29:45.42
127	 <u>Ben Rolf, SO</u> East Atchinson		30:59.69
128	 <u>Mark Cabeen, SO</u> Essex		31:27.54
129	 <u>Henry Means, 09</u> Southwest Valley		37:03.00

5k Run - Male Junior Varsity

FINAL

Name

Final

1	 <u>Colton Hering, SO</u> Riverside	19:40.72
2	 <u>Manuel DeLeon, SO</u> Red Oak	19:51.92
3	 <u>Aiden VanVactor, JR</u> East Atchinson	20:14.64
4	 <u>Alexander Alford, SR</u> Lewis Central	20:20.42
5	 <u>Wyatt Schechinger, SO</u> Riverside	20:22.81
6	 <u>Braidyn Campbell, SO</u> Lewis Central	20:36.32
7	 <u>Gabe Showers, JR</u> Council Bluffs Lincoln	20:40.28
8	 <u>Leilynd Smith, 09</u> Glenwood	20:41.40
9	 <u>Garrett Ashcraft, 09</u> Council Bluffs Lincoln	20:42.03
10	 <u>Nolyn Kinney, JR</u> Atlantic	20:46.53
11	 <u>Tyrus Murren, JR</u> Lewis Central	20:48.36
12	 <u>Will Snyders, 09</u> East Atchinson	21:10.07
13	 <u>Gavin Schaben, SO</u> Lewis Central	21:14.15
14	 <u>Nathan Smith, JR</u> Riverside	21:17.41
15	 <u>Greysen Wilson, 09</u> Council Bluffs Lincoln	21:24.86

#	Name		
16	 <u>Hunter Kinzie, 09</u> Atlantic		21:32.43
17	 <u>Evan Applegate, JR</u> Lewis Central		21:37.50
18	 <u>John McCurdy, 09</u> Atlantic		21:47.07
19	 <u>Cameron Matulka, JR</u> Lewis Central		21:55.13
20	 <u>Odin Taylor, 09</u> Clarinda		21:59.50
21	 <u>Miles Hanisch, SO</u> Shenandoah		21:59.98
22	 <u>Maximus Applegate, 09</u> Riverside		22:09.61
23	 <u>Makhial Horton, JR</u> Heartland Christian		22:11.46
24	 <u>Gabriel Van Sickle, SO</u> Council Bluffs Lincoln		22:13.92
25	 <u>Ayden Dighton, 09</u> Council Bluffs Lincoln		22:14.26
26	 <u>Emmett Reed, 09</u> Riverside		22:18.25
27	 <u>Mason Jens, 09</u> Council Bluffs Lincoln		22:19.27
28	 <u>Jacob McQueen, SO</u> Glenwood		22:20.27
29	 <u>Leighton Applegate, JR</u> Lewis Central		22:25.04
30	 <u>Logan Ebert, 09</u> Lewis Central		22:27.57
31	 <u>Miles Vander Velde, JR</u> Council Bluffs Lincoln		22:30.74
32	 <u>Carter Carson, JR</u> Glenwood		22:36.19

#	Name	
33	 <u>Ryan McColloch, JR</u> St. Albert	22:37.73
34	 <u>William Taylor, SO</u> Council Bluffs Lincoln	22:48.06
35	 <u>McCoy Bowles, 09</u> East Atchinson	22:50.54
36	 <u>Ryder Pullen, SO</u> Clarinda	22:51.76
37	 <u>Deegan Tanner, SR</u> Lewis Central	22:52.11
38	 <u>Jayden Haffner, SO</u> Clarinda	22:55.58
39	 <u>Walter Cady, 09</u> St. Albert	22:58.37
40	 <u>Griffin Oliver, 09</u> Glenwood	23:06.78
41	 <u>Eli Hanson, SO</u> Council Bluffs Lincoln	23:08.04
42	 <u>Dominic Elings, SO</u> Atlantic	23:11.80
43	 <u>Trygg Petersen, SO</u> Council Bluffs Lincoln	23:19.44
44	 <u>Alex Jensen, 09</u> Lewis Central	23:30.06
45	 <u>Xander Markut, SR</u> Glenwood	23:36.94
46	 <u>Charlie Gandy, SO</u> Shenandoah	23:37.16
47	 <u>Ethan Fouts, SR</u> Red Oak	23:51.69
48	 <u>Corbin Hall, 09</u> St. Albert	23:58.55
49	 <u>Joshua Borrego, 09</u> Clarinda	24:04.48

#	Name	
50	 <u>Lucas Sun, SR</u> Shenandoah	24:07.87
51	 <u>Jackson Jensen, SR</u> Lewis Central	24:32.57
52	 <u>Kolton Thompson, 09</u> Glenwood	24:32.88
53	 <u>Hunter Jones, JR</u> Council Bluffs Lincoln	24:39.09
54	 <u>Brian Sell, SR</u> Lewis Central	24:44.98
55	 <u>Jonas Gutierrez, SO</u> Shenandoah	25:02.47
56	 <u>Sam Okerbloom, SR</u> Lewis Central	25:13.06
57	 <u>Hayden Lett, SR</u> Lewis Central	25:36.09
58	 <u>Wyatt Cain, JR</u> Council Bluffs Lincoln	25:46.84
59	 <u>Brady Anderson, 09</u> Red Oak	26:26.30
60	 <u>Wyatt Hoover, SO</u> Atlantic	26:29.34
61	 <u>Colton Neihart, 09</u> Clarinda	27:01.77
62	 <u>Vincent Ford, SR</u> Shenandoah	27:04.01
63	 <u>Jackson Abraham, SR</u> Council Bluffs Jefferson	27:12.89
64	 <u>Jackson Rea, 09</u> Red Oak	27:18.11
65	 <u>Wyatt Hazen, 09</u> Shenandoah	27:38.02
66	 <u>Leland Mckeeman, JR</u> Council Bluffs Jefferson	27:46.16
















#	Name	
67	 <u>Cael Juon, SR</u> Lewis Central	28:37.58
68	 <u>Tyler Lawslo, JR</u> Council Bluffs Lincoln	29:06.50
69	 <u>Ian Smith, SR</u> Clarinda	29:21.35
70	 <u>David Blake, SO</u> Atlantic	30:14.11
71	 <u>Jacob Utz, 09</u> Heartland Christian	32:35.01
72	 <u>Eric Wiig, JR</u> Council Bluffs Lincoln	33:21.88
73	 <u>Kellen Vargas, SO</u> Council Bluffs Lincoln	45:04.75






5k Run - Junior High


FINAL

Name

Final

1	 <u>Deagan Stanley, 08</u> Glenwood	11:20.04
2	 <u>Leo Weber, 08</u> Shenandoah	11:44.69
3	 <u>Sullivan Reese, 08</u> Lewis Central	11:51.42
4	 <u>CJ Odorizzi, 08</u> Glenwood	11:58.92
5	 <u>Maddux Harter, 08</u> Lewis Central	12:03.24
6	 <u>Jacob Schmiesing, 08</u> Glenwood	12:22.94
7	 <u>Landry Buttry, 08</u> Shenandoah	12:24.72
8	 <u>Landon Wright, 07</u> Glenwood	12:31.19
9	 <u>Cylin Williams, 07</u> Stanton	12:34.26
10	 <u>Kyler Buttry, 07</u> Shenandoah	12:43.52
11	 <u>Dyson Rang, 08</u> Glenwood	12:47.86
12	 <u>Jackson Jorgensen, 08</u> Lewis Central	12:50.38
13	 <u>Garrett Mather, 08</u> Shenandoah	12:52.44
14	 <u>Josiah Billingsley, 08</u> Fremont-Mills	13:00.95
15	 <u>Michael Tucker, 08</u> Glenwood	13:02.51


















#	Name		
16	 <u>Judah Osborne, 08</u> Heartland Christian		13:10.92
17	 <u>Eli Smith, 08</u> Lewis Central		13:15.26
18	 <u>Braylen Barrett, 08</u> Fremont-Mills		13:15.78
19	 <u>Ethan Danielsen, 08</u> Riverside		13:17.50
20	 <u>Cael Andersen, 08</u> Lewis Central		13:28.33
21	 <u>Cooper Riddle, 07</u> Clarinda		13:35.76
22	 <u>Kian Millikan, 07</u> Griswold		13:40.10
23	 <u>Brayton Blake, 07</u> Clarinda		13:40.30
24	 <u>Lucas Allen, 08</u> Heartland Christian		13:43.26
25	 <u>Leland Casteel, 08</u> East Atchinson		13:44.81
26	 <u>Jacob Rasmussen, 07</u> East Mills		13:45.15
27	 <u>Elijah Githaiga, 08</u> Clarinda		13:52.75
28	 <u>Brody Truman, 08</u> Southwest Valley		13:53.42
29	 <u>Pierce Walker, 07</u> Treynor		13:56.66
30	 <u>Asher Kerkmann, 07</u> Treynor		13:56.83
31	 <u>Tucker Norris, 08</u> Stanton		13:58.51
32	 <u>Cooper Confer, 07</u> Red Oak		14:00.19

















#	Name	
33	 <u>Sawyer Leaders, 08</u> Underwood	14:00.51
34	 <u>Micah Kauffman, 07</u> Glenwood	14:00.83
35	 <u>Ruger Sternberg, 08</u> Treyner	14:01.08
36	 <u>Jacoby Mullen, 08</u> Treyner	14:01.29
37	 <u>Grant Koricic, 07</u> Riverside	14:01.95
38	 <u>Solan Tolina, 07</u> East Atchinson	14:02.41
39	 <u>Nolan Hullinger, 07</u> Shenandoah	14:03.30
40	 <u>Grady Zimmerman, 08</u> Fremont-Mills	14:05.40
41	 <u>Connor Perry-Vincent, 07</u> Lewis Central	14:06.42
42	 <u>Samuel Anderson, 07</u> Treyner	14:06.79
43	 <u>Ethan Daoust, 07</u> Shenandoah	14:10.81
44	 <u>Aleksander Green, 07</u> Stanton	14:12.01
45	 <u>Asher Applegate, 07</u> Lewis Central	14:19.73
46	 <u>Grayson Ramaekers, 07</u> Lewis Central	14:25.72
47	 <u>Charlie Kline, 08</u> Clarinda	14:36.57
48	 <u>Jensen Wilson, 08</u> Fremont-Mills	14:45.95
49	 <u>Owen Gettler, 07</u> Stanton	14:46.19

#	Name	
50	 <u>Logan Hopf, 08</u> Stanton	14:48.40
51	 <u>Dom Kaufman, 08</u> Red Oak	14:57.49
52	 <u>Kolton White, 08</u> Riverside	15:02.96
53	 <u>Owen Sorensen, 07</u> Glenwood	15:18.85
54	 <u>Micah Petersen, 08</u> Lewis Central	15:22.83
55	 <u>Ludwig Walter, 07</u> Glenwood	15:28.45
56	 <u>Hudson Cooper, 07</u> Lewis Central	15:29.11
57	 <u>Maddox Harrill, 07</u> Lewis Central	15:29.43
58	 <u>Renner Shipley, 07</u> East Atchinson	15:34.87
59	 <u>Aydn Hammers, 07</u> East Mills	15:39.87
60	 <u>Samuel Hargens, 07</u> Underwood	15:43.28
61	 <u>Korey Johnson, 07</u> Bedford	15:51.92
62	 <u>Andrew Romesser, 08</u> East Atchinson	16:01.83
63	 <u>Malachi Jaraz, 07</u> Stanton	16:02.98
64	 <u>Easton Ebert, 07</u> Lewis Central	16:07.18
65	 <u>Evan Jensen, 07</u> Lewis Central	16:15.71
66	 <u>Lucas Whitney, 07</u> Lewis Central	16:21.45

#	Name		
67	 <u>Carlos Garcia, 08</u> Lewis Central		16:24.77
68	 <u>James Klimiuk, 08</u> Glenwood		16:31.12
69	 <u>Josh Ireland, 07</u> East Atchinson		16:35.62
70	 <u>Easton Hartley, 07</u> Glenwood		16:45.94
71	 <u>Bennett Mitchell, 07</u> East Mills		16:52.92
72	 <u>Jarom Mitchell, 07</u> East Atchinson		16:56.69
73	 <u>Quinten Jensen, 08</u> Underwood		17:00.36
74	 <u>William Korver, 07</u> Fremont-Mills		17:02.91
75	 <u>Carter Vandenberg, 07</u> East Mills		17:03.35
76	 <u>Wesley Mainquist, 07</u> Stanton		17:09.11
77	 <u>Dillon Drvol, 07</u> Lewis Central		17:10.29
78	 <u>Laeton Peters, 08</u> Sidney		17:17.06
79	 <u>Lucas Schrodtt, 07</u> Bedford		17:20.24
80	 <u>Jesse Mullanix, 07</u> Glenwood		17:30.01
81	 <u>Remi Grimes, 07</u> Clarinda		17:33.84
82	 <u>Cade Miller, 08</u> East Atchinson		17:37.76
83	 <u>Drake Williams, 07</u> Lewis Central		17:43.83

#	Name		
84	 <u>Madden Durbin, 08</u> Glenwood		17:55.38
85	 <u>Jackson Nenneman, 07</u> Stanton		17:58.28
86	 <u>Louis Jensen, 07</u> Lewis Central		18:03.20
87	 <u>Logan Jorgensen, 08</u> Lewis Central		18:14.33
88	 <u>Timmy Martell, 08</u> Fremont-Mills		18:15.87
89	 <u>Luciano Martin, 08</u> East Mills		18:17.26
90	 <u>August Davis, 07</u> East Mills		18:23.28
91	 <u>Jacob Thomsen, 08</u> Lewis Central		18:35.94
92	 <u>Jett Wyatt, 07</u> East Atchinson		18:39.97
93	 <u>Eli Trescott, 07</u> Lewis Central		18:40.19
94	 <u>James Reddish, 08</u> Lewis Central		18:48.42
95	 <u>Gannon Stricker, 08</u> East Atchinson		18:53.43
96	 <u>Evan Miro, 08</u> East Atchinson		19:07.52
97	 <u>Gavin Robey, 07</u> Lewis Central		19:24.27
98	 <u>Asa Jepsen, 07</u> Lewis Central		19:44.08
99	 <u>Brayton Driscoll, 07</u> Lewis Central		19:45.61
100	 <u>Oliver Casey, 07</u> Lewis Central		20:08.76



#	Name	
101	 <u>Aiden Mathern, 07</u> East Mills	20:50.17
102	 <u>Cody Haley, 07</u> Stanton	22:09.09
103	 <u>Bryson Carson, 07</u> East Atchinson	22:13.51
104	 <u>Jerzi Dennis, 08</u> Lewis Central	23:08.93
105	 <u>Katie Leick, 08</u> Glenwood	23:25.10
106	 <u>Mikayla Windham, 08</u> East Atchinson	23:25.63
107	 <u>Vilhelmina Chloupek, 08</u> East Atchinson	23:26.80
108	 <u>Curan Eddy, 08</u> Southwest Valley	23:31.54
109	 <u>Karsyn Lundvall, 08</u> Glenwood	24:10.76
110	 <u>Arianna Owens, 07</u> East Atchinson	24:13.88
111	 <u>Addilyn Loparco, 08</u> East Mills	24:23.82
112	 <u>Sophie Hegstrom, 08</u> East Atchinson	24:28.91
113	 <u>Meredith Miller, 08</u> Glenwood	24:29.99
114	 <u>Makenna Jager, 08</u> Underwood	24:33.72
115	 <u>Lucy Northwick, 08</u> Atlantic	24:37.75
116	 <u>Hendryx Coffman, 07</u> Atlantic	24:40.02
117	 <u>Chloe Pitzen, 08</u> Glenwood	24:40.52

#	Name		
118	 <u>Lyla Walker, 07</u> East Atchinson		24:48.37
119	 <u>Ella Farnsworth, 08</u> Glenwood		24:53.03
120	 <u>Lucy Dreyer, 08</u> Stanton		24:57.56
121	 <u>Cambry Van Ert, 07</u> Atlantic		25:07.76
122	 <u>Emily Leick, 07</u> Glenwood		25:12.59
123	 <u>Kennedi Irvine, 07</u> East Atchinson		25:16.04
124	 <u>Natalie Ward, 08</u> Stanton		25:16.95
125	 <u>Claire Vinchattle, 08</u> Lewis Central		25:22.73
126	 <u>Sutton Shepley, 08</u> Lewis Central		25:28.58
127	 <u>Ainslee Hamilton, 07</u> Riverside		25:30.29
128	 <u>Ellie Perry-Vincent, 07</u> Lewis Central		25:35.36
129	 <u>Tessa Hughes, 07</u> Glenwood		25:36.27
130	 <u>Averie Wilson, 07</u> Lewis Central		25:37.07
131	 <u>Danika Mitchell, 08</u> Stanton		25:40.90
132	 <u>Kaylee Kinghorn, 08</u> Bedford		25:41.40
133	 <u>McKenna Baber, 08</u> Glenwood		25:42.04
134	 <u>Gracie Petersen, 07</u> Lewis Central		25:45.96

#	Name	
135	 <u>Lainey Diehm, 08</u> Heartland Christian	25:47.77
136	 <u>Hattie Lyman, 07</u> Shenandoah	25:48.44
137	 <u>Abigale Davis, 08</u> Glenwood	25:50.15
138	 <u>Charlotte Weiss, 08</u> Shenandoah	25:50.50
139	 <u>Adalind Gregg, 07</u> Sidney	26:05.12
140	 <u>Kinley ODoniel, 07</u> Lewis Central	26:06.88
141	 <u>Jaina Murray, 07</u> East Atchinson	26:08.62
142	 <u>Zoey Pearson, 08</u> East Atchinson	26:19.27
143	 <u>Claire Steeve, 08</u> Trey nor	26:21.63
144	 <u>Meredith Van Zee, 07</u> Riverside	26:30.17
145	 <u>Avery Volner, 07</u> East Atchinson	26:35.64
146	 <u>Grace Kendrick, 07</u> Glenwood	26:45.16
147	 <u>Maggie Jacobsen, 07</u> Atlantic	26:51.07
148	 <u>Zaya Cantrell, 07</u> Atlantic	26:54.45
149	 <u>Audrey Schmoker, 07</u> Shenandoah	26:55.01
150	 <u>Harper Hamilton, 08</u> East Atchinson	26:59.52
151	 <u>Eden Templeman, 07</u> Atlantic	27:00.96

#	Name		
152	 <u>Lexi Leyh, 08</u> Atlantic		27:03.00
153	 <u>Rylie Maeder, 08</u> Southwest Valley		27:04.80
154	 <u>Emmett Umbarger, 07</u> East Atchinson		27:05.06
155	 <u>Karmen Davis, 07</u> Clarinda		27:11.28
156	 <u>Amelia Green, 07</u> Stanton		27:11.48
157	 <u>Ally Wilson, 07</u> Stanton		27:15.60
158	 <u>Payton Focht, 07</u> Stanton		27:18.94
159	 <u>Natalie Renander, 07</u> Clarinda		27:19.89
160	 <u>Eva Helvie, 08</u> Southwest Valley		27:25.32
161	 <u>Princess Chagollan, 08</u> East Atchinson		27:27.28
162	 <u>Rylie Begley, 07</u> Atlantic		27:31.34
163	 <u>Hadley Pargas, 07</u> East Atchinson		27:35.90
164	 <u>Lillian Kelley, 07</u> Atlantic		27:54.04
165	 <u>Emmalyn Davison, 07</u> Lewis Central		28:00.43
166	 <u>Aspen Rochholz, 07</u> Lewis Central		28:04.76
167	 <u>Brynna Alsup, 08</u> East Atchinson		28:22.87
168	 <u>Valerie Horton, 08</u> Heartland Christian		28:25.59

#	Name		
169	 <u>Berlinn Johansen, 08</u> Glenwood		28:32.26
170	 <u>Izabella Cloyd-Noecker, 08</u> Lewis Central		28:40.55
171	 <u>Arabella Howard, 07</u> Fremont-Mills		28:51.96
172	 <u>Abigail Sands, 08</u> Treynor		28:58.47
173	 <u>Ava Brown, 08</u> East Atchinson		29:00.36
174	 <u>Bonnie Fender, 08</u> Lewis Central		29:05.17
175	 <u>Kendall Stortenbecker, 08</u> Treynor		29:07.48
176	 <u>Oakley Green, 07</u> Bedford		29:09.98
177	 <u>Elizabeth Purcell, 07</u> Lewis Central		29:13.02
178	 <u>Tinsley Montelongo, 08</u> Underwood		29:30.00
179	 <u>Reese Mescher, 07</u> Lewis Central		29:31.79
180	 <u>Harper Allen, 07</u> Stanton		29:33.92
181	 <u>Lili Foster-Saye, 07</u> Stanton		29:36.19
182	 <u>Claire Williams, 07</u> Glenwood		29:46.65
183	 <u>Mia Maiso, 08</u> Lewis Central		29:58.33
184	 <u>Kylie Combs, 07</u> Lewis Central		30:29.00
185	 <u>kimberly vukt, 07</u> Lewis Central		30:29.60

#	Name		
186	 <u>Jillian King, 07</u> Clarinda		31:15.00
187	 <u>Lilly Johnson</u> Lenox		31:29.00
188	 <u>Isabel Zimmerman, 08</u> Southwest Valley		32:31.00
189	 <u>October Edwards, 08</u> Southwest Valley		34:00.00