

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' 5000 Meter Run ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
1	1	1/21	2077	Reegan Benzing	11	Waukon	19:58.4	6:26
2	2	2/21	2085	Miriam Downing	10	Waukon	20:10.5	6:30
3	3	1/10	1843	Lexus Dohlman	10	Crestwood	20:19.9	6:33
4	4	1/13	1968	Lexi McGowan	11	North Fayette Valley	20:39.3	6:39
5	5	2/13	1971	Annie Murray	10	North Fayette Valley	20:39.7	6:40
6		1/4	2072	Isabella Stika	11	Turkey Valley	20:44.5	6:41
7	6	1/10	2031	Ava Franzen	11	South Winneshiek	20:47.2	6:42
8	7	2/10	2032	Annie Hageman	11	South Winneshiek	20:48.6	6:42
9	8	3/10	2028	Addy Conway	12	South Winneshiek	20:52.2	6:44
10	9	1/17	1888	Meyer Charlotte	10	MFL MarMac	20:53.9	6:44
11	10	4/10	2033	Maddi Jansen	12	South Winneshiek	20:58.6	6:46
12	11	3/21	2098	Emma O'Neill	12	Waukon	20:58.8	6:46
13		1/3	2006	Tenley Deering	9	Postville	21:06.7	6:48
14		2/4	2070	Hazel Nieman	11	Turkey Valley	21:07.0	6:48
15	12	4/21	2083	Nora Davis	11	Waukon	21:20.7	6:53
16	13	2/10	1855	Livia McCabe	9	Crestwood	21:22.0	6:53
17	14	5/10	2038	Lauren Ondrashek	11	South Winneshiek	21:22.4	6:53
18	15	5/21	2092	Claire Johnson	11	Waukon	21:36.3	6:58
19	16	6/21	2090	Jaelyn Johanningmeier	11	Waukon	21:52.8	7:03
20	17	2/17	1892	Fritz Evie	9	MFL MarMac	21:54.5	7:04
21	18	7/21	2096	Cora Miller	11	Waukon	21:57.6	7:05
22	19	3/17	1897	Cora Keehner	12	MFL MarMac	22:06.0	7:07
23	20	1/5	1787	Blair Scherf	10	Central	22:15.6	7:10
24	21	4/17	1901	Brooklyn Landt	9	MFL MarMac	22:22.4	7:13
25	22	5/17	1903	Taryn Moser	10	MFL MarMac	22:23.5	7:13
26	23	6/17	1890	Brooke Donlon	11	MFL MarMac	22:24.6	7:13
27	24	3/10	1861	Taylor Reis	11	Crestwood	22:28.6	7:15
28	25	1/10	1934	Sophie Glaser	11	New Hampton	22:38.4	7:18
29		3/4	2071	Annebelle Scheidel	9	Turkey Valley	22:38.5	7:18
30	26	2/10	1927	Juanita Cardona	12	New Hampton	22:45.3	7:20
31	27	4/10	1866	Jaylee Vobr	12	Crestwood	22:47.5	7:21
32	28	6/10	2026	Kaylie Bruess	9	South Winneshiek	23:05.3	7:26
33	29	2/5	1788	Payton Stannard	10	Central	23:15.0	7:29
34		8/21	2087	Tatum Dugan	9	Waukon	23:18.6	7:31
35	30	1/7	1808	Audrey Dickson	11	Clayton Ridge	23:19.5	7:31
36	31	7/10	2037	Helen Maldonado	9	South Winneshiek	23:20.7	7:31
37	32	7/17	1905	Samantha Ruff	11	MFL MarMac	23:21.5	7:32
38		8/17	1893	Kylar Fisk	11	MFL MarMac	23:22.5	7:32
39	33	3/13	1959	Clara Bilden	11	North Fayette Valley	23:25.6	7:33
40		4/4	2069	Kendall Kuennen	11	Turkey Valley	23:33.8	7:36
41		9/21	2099	Leah Peake	9	Waukon	23:35.1	7:36
42		9/17	1899	Emma Koether	12	MFL MarMac	23:37.7	7:37
43	34	5/10	1851	Claire Kach	10	Crestwood	23:50.5	7:41
44		10/17	1889	Aaliyah Corcoran	10	MFL MarMac	23:56.7	7:43
45	35	3/10	1931	Harper Humpal	10	New Hampton	23:57.9	7:43
46		11/17	1904	Kacie Picha	11	MFL MarMac	24:01.7	7:45
47		10/21	2081	Hailey Cook	9	Waukon	24:04.4	7:45
48		11/21	2088	Kayler Hanson	10	Waukon	24:04.8	7:46
49		2/3	2012	Isabelle White	11	Postville	24:12.5	7:48
50		12/21	2086	Moriah Downing	12	Waukon	24:15.7	7:49
51	36	4/13	1979	Megan Tudahl	10	North Fayette Valley	24:24.4	7:52
52	37	5/13	1963	Kendall Elliott	10	North Fayette Valley	24:31.2	7:54
53	38	6/13	1966	Ashlynn Klusman	10	North Fayette Valley	24:31.5	7:54
54	39	2/7	1815	Paige Thomas	10	Clayton Ridge	24:38.7	7:56
55		13/21	2082	Laira Davis	9	Waukon	24:43.6	7:58
56	40	6/10	1841	Ella Dennler	11	Crestwood	25:02.5	8:04
57		8/10	2040	Tessa Phillips	12	South Winneshiek	25:03.1	8:04
58		14/21	2093	Makenna Kurth	11	Waukon	25:05.4	8:05
59	41	4/10	1932	Zoey Kellogg	11	New Hampton	25:08.5	8:06
60	42	7/13	1981	Lydia Van Gelder	10	North Fayette Valley	25:17.2	8:09

10/16/2025 11:18PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' 5000 Meter Run ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
61		15/21	2079	Tanner Burrichter	10	Waukon	25:33.7	8:14
62	43	5/10	1938	Josi Singewald	11	New Hampton	25:50.4	8:20
63		8/13	1978	Anna Swensen	10	North Fayette Valley	26:09.7	8:26
64	44	3/7	1816	Morgan Wilker	10	Clayton Ridge	26:16.3	8:28
65		9/10	2043	Cloey Zweibohmer	12	South Winneshiek	26:25.3	8:31
66		12/17	1891	Emma Driscoll	11	MFL MarMac	26:37.7	8:35
67	45	3/5	1785	Hannah Friedlein	11	Central	26:39.9	8:35
68		13/17	1898	Charlotte Koether	9	MFL MarMac	26:40.7	8:36
69		9/13	1973	Mallory Olmstead	9	North Fayette Valley	26:41.7	8:36
70		10/10	2029	Jenna Dahl	9	South Winneshiek	26:42.5	8:36
71	46	4/5	1784	Lilly Becwar	11	Central	26:47.6	8:38
72	47	7/10	1864	Bryleigh Slavin	11	Crestwood	26:47.9	8:38
73		16/21	2102	Marissa Schullo	10	Waukon	27:02.0	8:43
74		3/3	2011	Sherlyn Teleguario-Ortiz	11	Postville	27:02.3	8:43
75		8/10	1844	Emma Drees	11	Crestwood	27:05.2	8:44
76		17/21	2097	Callie O'Neill	10	Waukon	27:10.9	8:45
77	48	6/10	1939	Karley Wickman	10	New Hampton	27:13.3	8:46
78	49	4/7	1810	Pfeiffer Horns	11	Clayton Ridge	27:13.9	8:46
79		10/13	1976	Jisela Schupbach	11	North Fayette Valley	27:21.1	8:49
80		18/21	2076	Nalia Benda	10	Waukon	27:26.6	8:50
81		19/21	2078	Addisyn Berns	11	Waukon	27:38.0	8:54
82		11/13	1960	Charity Bushman	10	North Fayette Valley	27:40.1	8:55
83	50	5/5	1786	Mya Gregerson	10	Central	27:51.6	8:59
84		20/21	2105	Braelyn Zuercher	10	Waukon	27:54.8	9:00
85		14/17	1906	Lauryn Sandstrom	11	MFL MarMac	27:55.8	9:00
86	51	7/10	1933	Kassidy Meyerhoff	11	New Hampton	28:23.4	9:09
87	52	5/7	1809	Serena Groth	10	Clayton Ridge	28:36.3	9:13
88	53	6/7	1817	Rosy Williams	9	Clayton Ridge	28:40.4	9:14
89		8/10	1940	Rebecca Wickman	12	New Hampton	28:49.5	9:17
90		9/10	1930	McKenzie Herzberg	12	New Hampton	29:01.0	9:21
91		9/10	1859	Ryleigh Myers	12	Crestwood	29:17.6	9:26
92		15/17	1896	Kaylee Hoth	11	MFL MarMac	29:35.4	9:32
93		21/21	2089	Kara Helgerson	10	Waukon	29:57.6	9:39
94		16/17	1907	Jerica Wille	12	MFL MarMac	30:02.8	9:41
95		10/10	1846	Madi Fritcher-Larson	11	Crestwood	30:50.5	9:56
96		12/13	1974	Alexa Popenhagen	12	North Fayette Valley	30:54.9	9:58
97	54	7/7	1813	Caylee Rohner	11	Clayton Ridge	31:09.6	10:02
98		13/13	1977	Cora Steines	11	North Fayette Valley	31:16.0	10:04
99		10/10	1936	Lexi O'Brien	9	New Hampton	33:11.6	10:42
100		17/17	1902	Mariah Moser	12	MFL MarMac	33:35.2	10:49
10/16/2025 11:18PM								

10/16/2025 11:18PM

Weather: Partly Cloudy, 76° F

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Varsity 5000 Meter Large Schools Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/21	2077	Reegan Benzing	11	Waukon	19:58.4	6:26
2	2	2/21	2085	Miriam Downing	10	Waukon	20:10.5	6:30
3	3	1/10	1843	Lexus Dohlman	10	Crestwood	20:19.9	6:33
4	4	1/13	1968	Lexi McGowan	11	North Fayette Valley	20:39.3	6:39
5	5	2/13	1971	Annie Murray	10	North Fayette Valley	20:39.7	6:40
6	6	1/10	2031	Ava Franzen	11	South Winneshiek	20:47.2	6:42
7	7	2/10	2032	Annie Hageman	11	South Winneshiek	20:48.6	6:42
8	8	3/10	2028	Addy Conway	12	South Winneshiek	20:52.2	6:44
9	9	1/17	1888	Meyer Charlotte	10	MFL MarMac	20:53.9	6:44
10	10	4/10	2033	Maddi Jansen	12	South Winneshiek	20:58.6	6:46
11	11	3/21	2098	Emma O'Neill	12	Waukon	20:58.8	6:46
12	12	4/21	2083	Nora Davis	11	Waukon	21:20.7	6:53
13	13	2/10	1855	Livia McCabe	9	Crestwood	21:22.0	6:53
14	14	5/10	2038	Lauren Ondrashek	11	South Winneshiek	21:22.4	6:53
15	15	5/21	2092	Claire Johnson	11	Waukon	21:36.3	6:58
16	16	6/21	2090	Jaelyn Johanningmeier	11	Waukon	21:52.8	7:03
17	17	2/17	1892	Fritz Evie	9	MFL MarMac	21:54.5	7:04
18	18	7/21	2096	Cora Miller	11	Waukon	21:57.6	7:05
19	19	3/17	1897	Cora Keehner	12	MFL MarMac	22:06.0	7:07
20	20	4/17	1901	Brooklyn Landt	9	MFL MarMac	22:22.4	7:13
21	21	5/17	1903	Taryn Moser	10	MFL MarMac	22:23.5	7:13
22	22	6/17	1890	Brooke Donlon	11	MFL MarMac	22:24.6	7:13
23	23	3/10	1861	Taylor Reis	11	Crestwood	22:28.6	7:15
24	24	1/10	1934	Sophie Glaser	11	New Hampton	22:38.4	7:18
25	25	2/10	1927	Juanita Cardona	12	New Hampton	22:45.3	7:20
26	26	4/10	1866	Jaylee Vobr	12	Crestwood	22:47.5	7:21
27	27	6/10	2026	Kaylie Bruess	9	South Winneshiek	23:05.3	7:26
28	28	3/13	1959	Clara Bilden	11	North Fayette Valley	23:25.6	7:33
29	29	5/10	1851	Claire Kach	10	Crestwood	23:50.5	7:41
30	30	3/10	1931	Harper Humpal	10	New Hampton	23:57.9	7:43
31	31	4/13	1979	Megan Tudahl	10	North Fayette Valley	24:24.4	7:52
32	32	5/13	1963	Kendall Elliott	10	North Fayette Valley	24:31.2	7:54
33	33	6/10	1841	Ella Dennler	11	Crestwood	25:02.5	8:04
34	34	8/10	2040	Tessa Phillips	12	South Winneshiek	25:03.1	8:04
35	35	4/10	1932	Zoey Kellogg	11	New Hampton	25:08.5	8:06
36	36	7/13	1981	Lydia Van Gelder	10	North Fayette Valley	25:17.2	8:09
37	37	5/10	1938	Josi Singewald	11	New Hampton	25:50.4	8:20

10/16/2025 11:18PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Varsity Large Schools Team Score ****

1.	41	Waukon	(20:49.0 104:04.7 1:37.9)
1	1	Reegan Benzing	11 19:58.4
2	2	Miriam Downing	10 20:10.5
3	11	Emma O'Neill	12 20:58.8
4	12	Nora Davis	11 21:20.7
5	15	Claire Johnson	11 21:36.3
6	(16)	Jaelyn Johanningmeier	11 21:52.8
7	(18)	Cora Miller	11 21:57.6
2.	45	South Winneshiek	(20:57.8 104:49.0 0:35.2)
1	6	Ava Franzen	11 20:47.2
2	7	Annie Hageman	11 20:48.6
3	8	Addy Conway	12 20:52.2
4	10	Maddi Jansen	12 20:58.6
5	14	Lauren Ondrashek	11 21:22.4
6	(27)	Kaylie Bruess	9 23:05.3
7	(34)	Tessa Phillips	12 25:03.1
3.	86	MFL MarMac	(21:56.1 109:40.3 1:29.6)
1	9	Meyer Charlotte	10 20:53.9
2	17	Fritz Evie	9 21:54.5
3	19	Cora Keehner	12 22:06.0
4	20	Brooklyn Landt	9 22:22.4
5	21	Taryn Moser	10 22:23.5
6	(22)	Brooke Donlon	11 22:24.6
4.	94	Crestwood	(22:09.7 110:48.5 3:30.6)
1	3	Lexus Dohlman	10 20:19.9
2	13	Livia McCabe	9 21:22.0
3	23	Taylor Reis	11 22:28.6
4	26	Jaylee Vobr	12 22:47.5
5	29	Claire Kach	10 23:50.5
6	(33)	Ella Dennler	11 25:02.5
5.	100	North Fayette Valley	(22:44.1 113:40.2 3:51.9)
1	4	Lexi McGowan	11 20:39.3
2	5	Annie Murray	10 20:39.7
3	28	Clara Bilden	11 23:25.6
4	31	Megan Tudahl	10 24:24.4
5	32	Kendall Elliott	10 24:31.2
6	(36)	Lydia Van Gelder	10 25:17.2
6.	151	New Hampton	(24:04.1 120:20.5 3:12.0)
1	24	Sophie Glaser	11 22:38.4
2	25	Juanita Cardona	12 22:45.3
3	30	Harper Humpal	10 23:57.9
4	35	Zoey Kellogg	11 25:08.5
5	37	Josi Singewald	11 25:50.4

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Varsity 5000 Meter Small Schools Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
1		1/4	2072	Isabella Stika	11	Turkey Valley	20:44.5	6:41
2		1/3	2006	Tenley Deering	9	Postville	21:06.7	6:48
3		2/4	2070	Hazel Nieman	11	Turkey Valley	21:07.0	6:48
4	1	1/5	1787	Blair Scherf	10	Central	22:15.6	7:10
5		3/4	2071	Annebelle Scheidel	9	Turkey Valley	22:38.5	7:18
6	2	2/5	1788	Payton Stannard	10	Central	23:15.0	7:29
7	3	1/7	1808	Audrey Dickson	11	Clayton Ridge	23:19.5	7:31
8		4/4	2069	Kendall Kuennen	11	Turkey Valley	23:33.8	7:36
9		2/3	2012	Isabelle White	11	Postville	24:12.5	7:48
10	4	2/7	1815	Paige Thomas	10	Clayton Ridge	24:38.7	7:56
11	5	3/7	1816	Morgan Wilker	10	Clayton Ridge	26:16.3	8:28
12	6	3/5	1785	Hannah Friedlein	11	Central	26:39.9	8:35
13	7	4/5	1784	Lilly Becwar	11	Central	26:47.6	8:38
14		3/3	2011	Sherlyn Teleguario-Ortiz	11	Postville	27:02.3	8:43
15	8	4/7	1810	Pfeiffer Horns	11	Clayton Ridge	27:13.9	8:46
16	9	5/5	1786	Mya Gregerson	10	Central	27:51.6	8:59
17	10	5/7	1809	Serena Groth	10	Clayton Ridge	28:36.3	9:13
18	11	6/7	1817	Rosy Williams	9	Clayton Ridge	28:40.4	9:14
10/16/2025 11:18PM								

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimesing.com

**** Girls' Varsity Small Schools Team Score ****

1.	25	Central			(25:22.0 126:49.7 5:36.0)
=====					
1	1	Blair Scherf	10	22:15.6	
2	2	Payton Stannard	10	23:15.0	
3	6	Hannah Friedlein	11	26:39.9	
4	7	Lilly Becwar	11	26:47.6	
5	9	Mya Gregerson	10	27:51.6	
=====					
2.	30	Clayton Ridge			(26:01.0 130:04.7 5:16.8)
=====					
1	3	Audrey Dickson	11	23:19.5	
2	4	Paige Thomas	10	24:38.7	
3	5	Morgan Wilker	10	26:16.3	
4	8	Pfeiffer Horns	11	27:13.9	
5	10	Serena Groth	10	28:36.3	
6	(11)	Rosy Williams	9	28:40.4	

Results provided by AccuRace Timing Services
www accuraceticiming com

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	8/21	2087	Tatum Dugan	9	Waukon	23:18.6	7:31
2		7/10	2037	Helen Maldonado	9	South Winneshiek	23:20.7	7:31
3	2	7/17	1905	Samantha Ruff	11	MFL MarMac	23:21.5	7:32
4	3	8/17	1893	Skylar Fisk	11	MFL MarMac	23:22.5	7:32
5	4	9/21	2099	Leah Peake	9	Waukon	23:35.1	7:36
6	5	9/17	1899	Emma Koether	12	MFL MarMac	23:37.7	7:37
7	6	10/17	1889	Aaliyah Corcoran	10	MFL MarMac	23:56.7	7:43
8	7	11/17	1904	Kacie Picha	11	MFL MarMac	24:01.7	7:45
9	8	10/21	2081	Hailey Cook	9	Waukon	24:04.4	7:45
10	9	11/21	2088	Kayler Hanson	10	Waukon	24:04.8	7:46
11	10	12/21	2086	Moriah Downing	12	Waukon	24:15.7	7:49
12	11	6/13	1966	Ashlynn Klusman	10	North Fayette Valley	24:31.5	7:54
13	12	13/21	2082	Laira Davis	9	Waukon	24:43.6	7:58
14	13	14/21	2093	Makenna Kurth	11	Waukon	25:05.4	8:05
15		15/21	2079	Tanner Burrichter	10	Waukon	25:33.7	8:14
16	14	8/13	1978	Anna Swensen	10	North Fayette Valley	26:09.7	8:26
17		9/10	2043	Cloey Zweibohmer	12	South Winneshiek	26:25.3	8:31
18	15	12/17	1891	Emma Driscoll	11	MFL MarMac	26:37.7	8:35
19	16	13/17	1898	Charlotte Koether	9	MFL MarMac	26:40.7	8:36
20	17	9/13	1973	Mallory Olmstead	9	North Fayette Valley	26:41.7	8:36
21		10/10	2029	Jenna Dahl	9	South Winneshiek	26:42.5	8:36
22		7/10	1864	Bryleigh Slavin	11	Crestwood	26:47.9	8:38
23		16/21	2102	Marissa Schullo	10	Waukon	27:02.0	8:43
24		8/10	1844	Emma Drees	11	Crestwood	27:05.2	8:44
25		17/21	2097	Callie O'Neill	10	Waukon	27:10.9	8:45
26	18	6/10	1939	Karley Wickman	10	New Hampton	27:13.3	8:46
27	19	10/13	1976	Jisela Schupbach	11	North Fayette Valley	27:21.1	8:49
28		18/21	2076	Nalia Benda	10	Waukon	27:26.6	8:50
29		19/21	2078	Addisyn Berns	11	Waukon	27:38.0	8:54
30	20	11/13	1960	Charity Bushman	10	North Fayette Valley	27:40.1	8:55
31		20/21	2105	Braelyn Zuercher	10	Waukon	27:54.8	9:00
32		14/17	1906	Lauryn Sandstrom	11	MFL MarMac	27:55.8	9:00
33	21	7/10	1933	Kassidy Meyerhoff	11	New Hampton	28:23.4	9:09
34	22	8/10	1940	Rebecca Wickman	12	New Hampton	28:49.5	9:17
35	23	9/10	1930	McKenzie Herzberg	12	New Hampton	29:01.0	9:21
36		9/10	1859	Ryleigh Myers	12	Crestwood	29:17.6	9:26
37		15/17	1896	Kaylee Hoth	11	MFL MarMac	29:35.4	9:32
38		21/21	2089	Kara Helgerson	10	Waukon	29:57.6	9:39
39		16/17	1907	Jerica Wille	12	MFL MarMac	30:02.8	9:41
40		10/10	1846	Madi Fritcher-Larson	11	Crestwood	30:50.5	9:56
41	24	12/13	1974	Alexa Popenhagen	12	North Fayette Valley	30:54.9	9:58
42	25	13/13	1977	Cora Steines	11	North Fayette Valley	31:16.0	10:04
43	26	10/10	1936	Lexi O'Brien	9	New Hampton	33:11.6	10:42
44		17/17	1902	Mariah Moser	12	MFL MarMac	33:35.2	10:49

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Junior Varsity Large Schools Team Score ****

1.	23	MFL MarMac	(23:40.1 118:20.1 0:40.2)
1	2	Samantha Ruff	11 23:21.5
2	3	Skylar Fisk	11 23:22.5
3	5	Emma Koether	12 23:37.7
4	6	Aaliyah Corcoran	10 23:56.7
5	7	Kacie Picha	11 24:01.7
6	(15)	Emma Driscoll	11 26:37.7
7	(16)	Charlotte Koether	9 26:40.7
2.	32	Waukon	(23:51.8 119:18.6 0:57.1)
1	1	Tatum Dugan	9 23:18.6
2	4	Leah Peake	9 23:35.1
3	8	Hailey Cook	9 24:04.4
4	9	Kayler Hanson	10 24:04.8
5	10	Moriah Downing	12 24:15.7
6	(12)	Laira Davis	9 24:43.6
7	(13)	Makenna Kurth	11 25:05.4
3.	81	North Fayette Valley	(26:28.9 132:24.1 3:08.6)
1	11	Ashlynn Klusman	10 24:31.5
2	14	Anna Swensen	10 26:09.7
3	17	Mallory Olmstead	9 26:41.7
4	19	Jisela Schupbach	11 27:21.1
5	20	Charity Bushman	10 27:40.1
6	(24)	Alexa Popenhagen	12 30:54.9
7	(25)	Cora Steines	11 31:16.0
4.	110	New Hampton	(29:19.8 146:38.8 5:58.3)
1	18	Karley Wickman	10 27:13.3
2	21	Kassidy Meyerhoff	11 28:23.4
3	22	Rebecca Wickman	12 28:49.5
4	23	McKenzie Herzberg	12 29:01.0
5	26	Lexi O'Brien	9 33:11.6

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Junior Varsity Small Schools Results ****

Place	Team	Team							
Place	Pts	Place	Bib#	Name	Gr	Team	Time	Avg	Mile
=====	=====	=====	=====	=====	==	=====	=====	=====	=====
1		7/7	1813	Caylee Rohner	11	Clayton Ridge	31:09.6	10:02	
10/16/2025 11:18PM									

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Junior Varsity Small Schools Team Score ****

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Middle School Large Schools 2 Mile Run ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/11	1964	Shay Elliott	7	North Fayette Valley	13:12.6	6:37
2	2	1/14	1838	Jaclyn Cummings	8	Crestwood	13:19.9	6:40
3	3	1/7	1917	Lily Shields	7	MFL MarMac Middle School	13:31.8	6:46
4	4	1/8	2103	Ivy Streeper	7	Waukon	13:49.9	6:55
5	5	2/14	1852	Carley Kapler	8	Crestwood	14:16.4	7:09
6	6	3/14	1862	Sophiee Ruepke	7	Crestwood	14:17.7	7:09
7	7	2/11	1982	Tamera Ward	7	North Fayette Valley	14:22.3	7:12
8	8	1/8	2030	Peyton Elsbernd	8	South Winneshiek	14:33.9	7:17
9	9	2/8	2080	Malia Clark	7	Waukon	14:34.3	7:18
10	10	3/11	1961	Ellyn Crandall	8	North Fayette Valley	14:45.6	7:23
11	11	4/11	1983	Ava Wegner	8	North Fayette Valley	14:52.1	7:27
12	12	3/8	2101	Elsie Retallick	7	Waukon	14:55.8	7:28
13	13	4/8	2091	Bentley Johnson	7	Waukon	14:57.0	7:29
14	14	2/7	1918	Kinley Trappe	8	MFL MarMac Middle School	14:59.5	7:30
15	15	4/14	1860	Kinleigh Olsen	7	Crestwood	15:00.8	7:31
16	16	5/14	1842	Brooklyn Doda	8	Crestwood	15:15.8	7:38
17	17	2/8	2042	Kaylee Uhlenhake	7	South Winneshiek	15:16.7	7:39
18	18	5/11	1965	Kayci Kamstra	7	North Fayette Valley	15:22.3	7:42
19	19	6/14	1848	Tilly Gilliam	7	Crestwood	15:33.8	7:47
20	20	5/8	2104	Kendyl Wedo	8	Waukon	15:33.9	7:47
21	21	6/11	1958	Paxten Baker	7	North Fayette Valley	15:34.4	7:48
22	22	7/14	1845	Ella Ellingson	7	Crestwood	15:46.6	7:54
23	23	6/8	2094	Maren Kurth	8	Waukon	15:50.8	7:56
24	24	7/8	2084	Melea Downing	7	Waukon	15:55.9	7:58
25	25	1/5	1935	Brooklyn Neville	7	New Hampton	16:07.9	8:04
26	26	3/8	2041	Brookly Timp	8	South Winneshiek	16:13.4	8:07
27	27	2/5	1926	Michaela Balik	7	New Hampton	16:18.2	8:10
28		8/14	1865	Cora Staggs	7	Crestwood	16:20.8	8:11
29	28	7/11	1962	Brailyn Dirksen	8	North Fayette Valley	16:29.8	8:15
30		8/8	2100	Sophia Pommersheim	7	Waukon	16:37.6	8:19
31	29	3/7	1912	Isabell Carol	7	MFL MarMac Middle School	16:46.6	8:24
32		9/14	1849	Lily Godman	7	Crestwood	16:47.4	8:24
33	30	3/5	1937	Harper Perkins	7	New Hampton	16:50.1	8:26
34		10/14	1857	Carly Miller	8	Crestwood	16:52.5	8:27
35		11/14	1854	Delilah LOPEZ	8	Crestwood	16:54.7	8:28
36		12/14	1863	Lily Schatz	7	Crestwood	17:20.2	8:41
37	31	4/8	2039	Avery Peters	8	South Winneshiek	17:29.0	8:45
38	32	4/5	1941	Addison Wiltse	7	New Hampton	17:35.1	8:48
39		8/11	1972	Joslyn Murray	7	North Fayette Valley	17:52.2	8:57
40	33	5/8	2034	Brooke Jevne	8	South Winneshiek	18:25.6	9:13
41		9/11	1975	Punnata Rakshit	8	North Fayette Valley	18:25.9	9:13
42	34	4/7	1913	Cora Donlon	7	MFL MarMac Middle School	18:40.2	9:21
43	35	5/7	1916	Brenna Schlein	8	MFL MarMac Middle School	18:44.3	9:23
44		13/14	1840	Kynslee Darland	7	Crestwood	18:48.6	9:25
45	36	6/8	2035	Gabby Jevne	7	South Winneshiek	19:09.5	9:35
46	37	7/8	2027	Jolee Brummond	8	South Winneshiek	19:29.0	9:45
47	38	6/7	1915	Maeve Koether	8	MFL MarMac Middle School	19:54.3	9:58
48		14/14	1837	Eva Aby	8	Crestwood	20:01.6	10:01
49		8/8	2036	Brinley Lechtenberg	7	South Winneshiek	20:16.5	10:09
50	39	5/5	1928	Josie Finn	7	New Hampton	21:00.9	10:31
51		10/11	1980	Charlotte Vagts	8	North Fayette Valley	21:29.3	10:45
52		11/11	1969	Chapin Moellering	7	North Fayette Valley	24:11.2	12:06
53	40	7/7	1914	Aime Hastert	8	MFL MarMac Middle School	24:36.1	12:19

10/16/2025 11:18PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Junior High Large Schools Team Score ****

1.	28	Crestwood	(14:13.7 56:54.8 1:40.9)
1	2	Jaclyn Cummings	8 13:19.9
2	5	Carley Kapler	8 14:16.4
3	6	Sophiee Ruepke	7 14:17.7
4	15	Kinleigh Olsen	7 15:00.8
5	(16)	Brooklyn Doda	8 15:15.8
6	(19)	Tilly Gilliam	7 15:33.8
7	(22)	Ella Ellingson	7 15:46.6
2.	29	North Fayette Valley	(14:18.2 57:12.6 1:39.5)
1	1	Shay Elliott	7 13:12.6
2	7	Tamera Ward	7 14:22.3
3	10	Ellyn Crandall	8 14:45.6
4	11	Ava Wegner	8 14:52.1
5	(18)	Kayci Kamstra	7 15:22.3
6	(21)	Paxten Baker	7 15:34.4
7	(28)	Brailyn Dirksen	8 16:29.8
3.	38	Waukon	(14:34.3 58:17.0 1:07.1)
1	4	Ivy Streeper	7 13:49.9
2	9	Malia Clark	7 14:34.3
3	12	Elsie Retallick	7 14:55.8
4	13	Bentley Johnson	7 14:57.0
5	(20)	Kendyl Wedo	8 15:33.9
6	(23)	Maren Kurth	8 15:50.8
7	(24)	Melea Downing	7 15:55.9
4.	80	MFL MarMac Middle School	(15:59.6 63:58.1 5:08.4)
1	3	Lily Shields	7 13:31.8
2	14	Kinley Trappe	8 14:59.5
3	29	Isabell Carroll	7 16:46.6
4	34	Cora Donlon	7 18:40.2
5	(35)	Brenna Schlein	8 18:44.3
6	(38)	Maeve Koether	8 19:54.3
7	(40)	Aime Hastert	8 24:36.1
5.	82	South Winneshiek	(15:53.3 63:33.0 2:55.1)
1	8	Peyton Elsbernd	8 14:33.9
2	17	Kaylee Uhlenhake	7 15:16.7
3	26	Riley Timp	8 16:13.4
4	31	Avery Peters	8 17:29.0
5	(33)	Brooke Jevne	8 18:25.6
6	(36)	Gabby Jevne	7 19:09.5
7	(37)	Jolee Brummond	8 19:29.0
6.	114	New Hampton	(16:42.9 66:51.3 1:27.2)
1	25	Brooklyn Neville	7 16:07.9
2	27	Michaela Balik	7 16:18.2
3	30	Harper Perkins	7 16:50.1
4	32	Addison Wiltse	7 17:35.1
5	(39)	Josie Finn	7 21:00.9

Upper Iowa Conference Championship Meet
 Elkader Golf and Country Club - Hosted by Postville HS
 Elkader, Iowa
 Thursday, October 16, 2025

Results provided by AccuRace Timing Services
 www accuraceticiming.com

**** Girls' Middle School Small Schools 2 Mile Run ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
1	1	1/4	1876	Brielle Gavin	8	Kee	13:42.2	6:52
2	2	2/4	1879	Ella Winters	7	Kee	14:11.0	7:06
3	3	1/4	2009	Brynn Rose	7	Postville	14:14.3	7:08
4		1/1	2068	Gretta Kuennen	7	Turkey Valley	14:21.0	7:11
5	4	3/4	1878	Ashlyn Stein	8	Kee	15:09.0	7:35
6		1/3	1807	Bristol Allyn	8	Clayton Ridge	15:42.6	7:52
7	5	2/4	2007	Natalia Mateo	8	Postville	15:55.4	7:58
8	6	4/4	1877	Brinnly Rea	7	Kee	17:11.0	8:36
9		2/3	1812	Stormy Patzner	8	Clayton Ridge	17:36.0	8:48
10	7	3/4	2010	Valorie Schnuelle	8	Postville	17:56.1	8:59
11	8	4/4	2008	Keily Morales Quiroz	7	Postville	19:15.7	9:38
12		3/3	1811	Blair Hyde	8	Clayton Ridge	20:42.8	10:22
10/16/2025 11:18PM								

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Girls' Junior High Small Schools Team Score ****

1.	13	Kee			(15:03.3 60:13.2 3:28.8)
=====					
1	1	Brielle Gavin	8	13:42.2	
2	2	Ella Winters	7	14:11.0	
3	4	Ashlyn Stein	8	15:09.0	
4	6	Brinnly Rea	7	17:11.0	
2.	23	Postville			(16:50.4 67:21.5 5:01.4)
=====					
1	3	Brynn Rose	7	14:14.3	
2	5	Natalia Mateo	8	15:55.4	
3	7	Valorie Schnuelle	8	17:56.1	
4	8	Keily Morales Quiroz	7	19:15.7	

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' 5000 Meter Run ****

Team		Team		Boys - 5500 meter run					Avg
Place	Pts	Place	Bib#	Name	Gr	Team	Time	Mile	
=====	=====	=====	=====	=====	==	=====	=====	=====	
1	1	1/15	2045	Hugh Conway	10	South Winneshiek	16:28.6	5:19	
2	2	1/15	2120	Brandon Leppert	12	Waukon	16:54.7	5:27	
3	3	1/5	1886	Justin Wagner	12	Kee	17:04.8	5:30	
4	4	2/15	2048	Cameron Einck	10	South Winneshiek	17:25.3	5:37	
5	5	2/15	2119	Garner Lange	11	Waukon	17:32.7	5:39	
6	6	3/15	2046	Brad Dahl	12	South Winneshiek	17:34.6	5:40	
7	7	3/15	2116	Parker Knox	10	Waukon	17:34.6	5:40	
8	8	4/15	2125	Sam Stock	12	Waukon	17:49.0	5:45	
9	9	1/5	1875	Keaton Vobr	11	Crestwood	18:00.5	5:48	
10	10	4/15	2050	Tony Elsbernd	9	South Winneshiek	18:03.8	5:49	
11	11	1/13	2002	Elmer Trinidad	11	North Fayette Valley	18:08.0	5:51	
12	12	1/5	2021	Karl PETERS	12	Postville	18:10.8	5:52	
13	13	1/11	1801	Carson Ruegnitz	12	Central	18:14.1	5:53	
14	14	1/9	1948	Braden Manson	11	New Hampton	18:14.9	5:53	
15	15	5/15	2107	Kelby Cahalan	12	Waukon	18:17.6	5:54	
16	16	2/11	1799	Jesse Polkinghorn	11	Central	18:23.4	5:56	
17	17	1/10	1824	Fernando Flores	11	Clayton Ridge	18:35.4	6:00	
18	18	2/5	1871	Jack McDuff	12	Crestwood	18:35.8	6:00	
19	19	2/9	1953	Colin Shatek	12	New Hampton	18:36.7	6:00	
20	20	6/15	2113	Silas Keeling	10	Waukon	18:36.8	6:00	
21	21	3/9	1955	Kamdyn Trower	10	New Hampton	18:40.6	6:01	
22	22	2/13	1988	Peyton Elliott	12	North Fayette Valley	18:46.0	6:03	
23	23	4/9	1945	Ben Carlton	9	New Hampton	18:54.8	6:06	
24	24	2/10	1822	Evan Claycamp	10	Clayton Ridge	18:59.4	6:07	
25	25	3/11	1800	Henry Reimer	12	Central	19:01.6	6:08	
26	26	3/13	1995	Robert Huck	11	North Fayette Valley	19:07.1	6:10	
27	27	3/10	1819	Ethan Backes	12	Clayton Ridge	19:09.1	6:10	
28	28	5/15	2067	Levi Winings	9	South Winneshiek	19:10.6	6:11	
29	29	7/15	2118	Isaak Kovarik	12	Waukon	19:11.0	6:11	
30	30	4/10	1821	Russell Chmelar	10	Clayton Ridge	19:11.3	6:11	
31	31	4/11	1806	Tyce Zittergruen	10	Central	19:14.6	6:12	
32	32	6/15	2065	Caden Tieskoetter	10	South Winneshiek	19:17.9	6:13	
33	33	4/13	1997	Esten Moellering	10	North Fayette Valley	19:19.5	6:14	
34	34	7/15	2066	Augie Wiltgen	9	South Winneshiek	19:21.0	6:14	
35	35	2/5	1882	Brody Meyer	9	Kee	19:25.2	6:16	
36	36	5/11	1790	Declan Finley	12	Central	19:26.1	6:16	
37		8/15	2114	Cole Kelly	9	Waukon	19:27.6	6:16	
38		9/15	2110	Cody Harrington	9	Waukon	19:29.6	6:17	
39		8/15	2059	Clayton Kuboushek	10	South Winneshiek	19:29.8	6:17	
40	37	6/11	1793	Cruz Healy	9	Central	19:31.6	6:18	
41	38	5/9	1954	Connor Stumme	11	New Hampton	19:36.7	6:19	
42	39	5/13	1992	Brody Grove	10	North Fayette Valley	19:42.5	6:21	
43	40	6/9	1943	Riley Berns	10	New Hampton	19:46.5	6:22	
44		1/3	1908	Trace Moser	9	MFL MarMac	19:51.3	6:24	
45		2/3	1909	Jude Onken	9	MFL MarMac	20:01.2	6:27	
46	41	7/11	1804	Michael White	12	Central	20:01.6	6:27	
47	42	6/13	2000	Gabe Stansbery	12	North Fayette Valley	20:14.7	6:31	
48		9/15	2058	Luke Kruckman	10	South Winneshiek	20:19.9	6:33	
49		10/15	2054	Myles Green	10	South Winneshiek	20:21.1	6:34	
50		8/11	1796	Breckon Holst	10	Central	20:22.8	6:34	
51	43	7/9	1952	Easton Monteith	12	New Hampton	20:28.3	6:36	
52		11/15	2051	Levi Feickert	10	South Winneshiek	20:33.7	6:38	
53	44	7/13	2004	Bjorn White	10	North Fayette Valley	20:46.6	6:42	
54	45	3/5	1881	Daniel Jones	11	Kee	20:47.1	6:42	
55		10/15	2106	Gus Benjegerdes	10	Waukon	20:49.3	6:43	
56	46	2/5	2018	Alix Musus	9	Postville	20:51.4	6:43	
57	47	3/5	2013	Michael Hill	11	Postville	20:53.1	6:44	
58		11/15	2108	James Downing	9	Waukon	20:54.2	6:44	
59		3/3	1910	Adain Reynolds	11	MFL MarMac	21:05.4	6:48	
60	48	4/5	1880	Wyatt Henkel	9	Kee	21:05.6	6:48	

10/16/2025 11:15PM

Weather: Cloudy, 62° F

Results provided by AccuRace Timing Services
www accuraceticiming com

	Team	Team							
Place	Pts	Place	Bib#	Name	Gr	Team	Time	Avg Mile	
61		9/11	1791	Lucas Friedlein	9	Central	21:11.9	6:50	
62	49	5/5	1884	Elliott Renk	9	Kee	21:17.9	6:52	
63		12/15	2047	Matthew Donovan	10	South Winneshiek	21:23.6	6:54	
64		10/11	1794	Bryce Heller	12	Central	21:23.8	6:54	
65		8/13	2001	Tytus Stansbery	10	North Fayette Valley	21:42.8	7:00	
66	50	5/10	1818	Tate Armstrong	10	Clayton Ridge	21:43.4	7:00	
67	51	6/10	1829	Leland Mueller	12	Clayton Ridge	21:44.6	7:00	
68	52	4/5	2020	Evan Ortiz	9	Postville	21:44.8	7:00	
69	53	3/5	1867	Caleb Buchheit	11	Crestwood	21:57.1	7:04	
70		12/15	2124	Cole Smedsrud	10	Waukon	21:59.7	7:05	
71		9/13	1991	Holden Griffith	10	North Fayette Valley	22:03.0	7:06	
72	54	7/10	1826	Spencer Horns	12	Clayton Ridge	22:14.4	7:10	
73		8/10	1833	Anthony Sandoval	12	Clayton Ridge	22:35.6	7:17	
74		11/11	1797	Griffin Koehn	10	Central	22:40.4	7:18	
75		10/13	1986	Isaac Brincks	10	North Fayette Valley	22:44.4	7:20	
76		13/15	2111	Luka Hollar	10	Waukon	22:49.0	7:21	
77		11/13	1996	Andrew Kovarik	10	North Fayette Valley	22:58.1	7:24	
78		14/15	2109	Marcus Gebel	10	Waukon	23:05.0	7:26	
79		13/15	2052	Diego FLORES	12	South Winneshiek	23:09.8	7:28	
80	55	5/5	2025	Hector Tzunux Tzunux	9	Postville	23:23.7	7:32	
81	56	4/5	1869	Ethan Holthaus	12	Crestwood	23:30.0	7:34	
82		9/10	1820	Kael Berns	11	Clayton Ridge	23:46.1	7:40	
83		12/13	1990	Aleczander Gearhart	10	North Fayette Valley	23:51.0	7:41	
84		10/10	1827	Carter Judkins	11	Clayton Ridge	23:59.1	7:44	
85		14/15	2062	Evan Oyloe	9	South Winneshiek	24:04.5	7:45	
86		13/13	1999	Sam Sass	10	North Fayette Valley	27:11.6	8:46	
87		15/15	2123	Cayden Rasmussen	10	Waukon	27:21.9	8:49	
88		8/9	1951	Landon Meyerhoff	9	New Hampton	27:22.1	8:49	
89	57	5/5	1870	Karson Latwesen	11	Crestwood	28:32.5	9:12	
90		9/9	1944	Phoenix Boehmer	9	New Hampton	29:26.2	9:29	
91		15/15	2061	Henry Lensing	10	South Winneshiek	29:45.0	9:35	

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Varsity Large Schools 5000 Meter Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/15	2045	Hugh Conway	10	South Winneshiek	16:28.6	5:19
2	2	1/15	2120	Brandon Leppert	12	Waukon	16:54.7	5:27
3	3	2/15	2048	Cameron Einck	10	South Winneshiek	17:25.3	5:37
4	4	2/15	2119	Garner Lange	11	Waukon	17:32.7	5:39
5	5	3/15	2046	Brad Dahl	12	South Winneshiek	17:34.6	5:40
6	6	3/15	2116	Parker Knox	10	Waukon	17:34.6	5:40
7	7	4/15	2125	Sam Stock	12	Waukon	17:49.0	5:45
8	8	1/5	1875	Keaton Vobr	11	Crestwood	18:00.5	5:48
9	9	4/15	2050	Tony Elsbernd	9	South Winneshiek	18:03.8	5:49
10	10	1/13	2002	Elmer Trinidad	11	North Fayette Valley	18:08.0	5:51
11	11	1/9	1948	Braden Manson	11	New Hampton	18:14.9	5:53
12	12	5/15	2107	Kelby Cahalan	12	Waukon	18:17.6	5:54
13	13	2/5	1871	Jack McDuff	12	Crestwood	18:35.8	6:00
14	14	2/9	1953	Colin Shatek	12	New Hampton	18:36.7	6:00
15	15	6/15	2113	Silas Keeling	10	Waukon	18:36.8	6:00
16	16	3/9	1955	Kamdyn Trower	10	New Hampton	18:40.6	6:01
17	17	2/13	1988	Peyton Elliott	12	North Fayette Valley	18:46.0	6:03
18	18	4/9	1945	Ben Carlton	9	New Hampton	18:54.8	6:06
19	19	3/13	1995	Robert Huck	11	North Fayette Valley	19:07.1	6:10
20	20	5/15	2067	Levi Winings	9	South Winneshiek	19:10.6	6:11
21	21	7/15	2118	Isaak Kovarik	12	Waukon	19:11.0	6:11
22	22	6/15	2065	Caden Tieskoetter	10	South Winneshiek	19:17.9	6:13
23	23	4/13	1997	Esten Moellering	10	North Fayette Valley	19:19.5	6:14
24	24	8/15	2059	Clayton Kuboushek	10	South Winneshiek	19:29.8	6:17
25	25	5/9	1954	Connor Stumme	11	New Hampton	19:36.7	6:19
26	26	5/13	1992	Brody Grove	10	North Fayette Valley	19:42.5	6:21
27	27	6/9	1943	Riley Berns	10	New Hampton	19:46.5	6:22
28		1/3	1908	Trace Moser	9	MFL MarMac	19:51.3	6:24
29		2/3	1909	Jude Onken	9	MFL MarMac	20:01.2	6:27
30	28	6/13	2000	Gabe Stansbery	12	North Fayette Valley	20:14.7	6:31
31	29	7/9	1952	Easton Monteith	12	New Hampton	20:28.3	6:36
32		3/3	1910	Adain Reynolds	11	MFL MarMac	21:05.4	6:48
33	30	3/5	1867	Caleb Buchheit	11	Crestwood	21:57.1	7:04
34	31	4/5	1869	Ethan Holthaus	12	Crestwood	23:30.0	7:34
35	32	5/5	1870	Karson Latwesen	11	Crestwood	28:32.5	9:12

10/16/2025 11:15PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Varsity Large Schools Team Score ****

1.	31	Waukon	(17:37.8 88:08.6 1:22.9)
1	2	Brandon Leppert	12 16:54.7
2	4	Garner Lange	11 17:32.7
3	6	Parker Knox	10 17:34.6
4	7	Sam Stock	12 17:49.0
5	12	Kelby Cahalan	12 18:17.6
6	(15)	Silas Keeling	10 18:36.8
7	(21)	Isaak Kovarik	12 19:11.0
2.	38	South Winneshiek	(17:44.6 88:42.9 2:42.0)
1	1	Hugh Conway	10 16:28.6
2	3	Cameron Einck	10 17:25.3
3	5	Brad Dahl	12 17:34.6
4	9	Tony Elsbernd	9 18:03.8
5	20	Levi Winings	9 19:10.6
6	(22)	Caden Tieskoetter	10 19:17.9
7	(24)	Clayton Kuboushek	10 19:29.8
3.	84	New Hampton	(18:48.8 94:03.7 1:21.8)
1	11	Braden Manson	11 18:14.9
2	14	Colin Shatek	12 18:36.7
3	16	Kamdyn Trower	10 18:40.6
4	18	Ben Carlton	9 18:54.8
5	25	Connor Stumme	11 19:36.7
6	(27)	Riley Berns	10 19:46.5
7	(29)	Easton Monteith	12 20:28.3
4.	95	North Fayette Valley	(19:00.7 95:03.1 1:34.5)
1	10	Elmer Trinidad	11 18:08.0
2	17	Peyton Elliott	12 18:46.0
3	19	Robert Huck	11 19:07.1
4	23	Esten Moellering	10 19:19.5
5	26	Brody Grove	10 19:42.5
6	(28)	Gabe Stansbery	12 20:14.7
5.	114	Crestwood	(22:07.2 110:35.910:32.0)
1	8	Keaton Vobr	11 18:00.5
2	13	Jack McDuff	12 18:35.8
3	30	Caleb Buchheit	11 21:57.1
4	31	Ethan Holthaus	12 23:30.0
5	32	Karson Latwesen	11 28:32.5

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Varsity Small Schools 5000 Meter Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/5	1886	Justin Wagner	12	Kee	17:04.8	5:30
2	2	1/5	2021	Karl PETERS	12	Postville	18:10.8	5:52
3	3	1/11	1801	Carson Ruegnitz	12	Central	18:14.1	5:53
4	4	2/11	1799	Jesse Polkinghorn	11	Central	18:23.4	5:56
5	5	1/10	1824	Fernando Flores	11	Clayton Ridge	18:35.4	6:00
6	6	2/10	1822	Evan Claycamp	10	Clayton Ridge	18:59.4	6:07
7	7	3/11	1800	Henry Reimer	12	Central	19:01.6	6:08
8	8	3/10	1819	Ethan Backes	12	Clayton Ridge	19:09.1	6:10
9	9	4/10	1821	Russell Chmelar	10	Clayton Ridge	19:11.3	6:11
10	10	4/11	1806	Tyce Zittergruen	10	Central	19:14.6	6:12
11	11	2/5	1882	Brody Meyer	9	Kee	19:25.2	6:16
12	12	5/11	1790	Declan Finley	12	Central	19:26.1	6:16
13	13	6/11	1793	Cruz Healy	9	Central	19:31.6	6:18
14	14	3/5	1881	Daniel Jones	11	Kee	20:47.1	6:42
15	15	2/5	2018	Alix Musus	9	Postville	20:51.4	6:43
16	16	3/5	2013	Michael Hill	11	Postville	20:53.1	6:44
17	17	4/5	1880	Wyatt Henkel	9	Kee	21:05.6	6:48
18	18	5/5	1884	Elliott Renk	9	Kee	21:17.9	6:52
19	19	6/10	1829	Leland Mueller	12	Clayton Ridge	21:44.6	7:00
20	20	4/5	2020	Evan Ortiz	9	Postville	21:44.8	7:00
21	21	7/10	1826	Spencer Horns	12	Clayton Ridge	22:14.4	7:10
22	22	8/10	1833	Anthony Sandoval	12	Clayton Ridge	22:35.6	7:17
23	23	5/5	2025	Hector Tzunux Tzunux	9	Postville	23:23.7	7:32

10/16/2025 11:15PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Varsity Small Schools Team Score ****

1.	36	Central	(18:52.0 94:19.8 1:12.0)
1	3	Carson Ruegnitz	12 18:14.1
2	4	Jesse Polkinghorn	11 18:23.4
3	7	Henry Reimer	12 19:01.6
4	10	Tyce Zittergruen	10 19:14.6
5	12	Declan Finley	12 19:26.1
6	(13)	Cruz Healy	9 19:31.6
2.	47	Clayton Ridge	(19:32.0 97:39.8 3:09.2)
1	5	Fernando Flores	11 18:35.4
2	6	Evan Claycamp	10 18:59.4
3	8	Ethan Backes	12 19:09.1
4	9	Russell Chmelar	10 19:11.3
5	19	Leland Mueller	12 21:44.6
6	(21)	Spencer Horns	12 22:14.4
7	(22)	Anthony Sandoval	12 22:35.6
3.	61	Kee	(19:56.2 99:40.6 4:13.1)
1	1	Justin Wagner	12 17:04.8
2	11	Brody Meyer	9 19:25.2
3	14	Daniel Jones	11 20:47.1
4	17	Wyatt Henkel	9 21:05.6
5	18	Elliott Renk	9 21:17.9
4.	76	Postville	(21:00.8 105:03.8 5:12.9)
1	2	Karl PETERS	12 18:10.8
2	15	Alix Musus	9 20:51.4
3	16	Michael Hill	11 20:53.1
4	20	Evan Ortiz	9 21:44.8
5	23	Hector Tzunux Tzunux	9 23:23.7

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Junior Varsity Large Schools Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
1	1	7/15	2066	Augie Wiltgen	9	South Winneshiek	19:21.0	6:14
2	2	8/15	2114	Cole Kelly	9	Waukon	19:27.6	6:16
3	3	9/15	2110	Cody Harrington	9	Waukon	19:29.6	6:17
4	4	9/15	2058	Luke Kruckman	10	South Winneshiek	20:19.9	6:33
5	5	10/15	2054	Myles Green	10	South Winneshiek	20:21.1	6:34
6	6	11/15	2051	Levi Feickert	10	South Winneshiek	20:33.7	6:38
7	7	7/13	2004	Bjorn White	10	North Fayette Valley	20:46.6	6:42
8	8	10/15	2106	Gus Benjegerdes	10	Waukon	20:49.3	6:43
9	9	11/15	2108	James Downing	9	Waukon	20:54.2	6:44
10	10	12/15	2047	Matthew Donovan	10	South Winneshiek	21:23.6	6:54
11	11	8/13	2001	Tytus Stansbery	10	North Fayette Valley	21:42.8	7:00
12	12	12/15	2124	Cole Smedsrud	10	Waukon	21:59.7	7:05
13	13	9/13	1991	Holden Griffith	10	North Fayette Valley	22:03.0	7:06
14	14	10/13	1986	Isaac Brincks	10	North Fayette Valley	22:44.4	7:20
15	15	13/15	2111	Luka Hollar	10	Waukon	22:49.0	7:21
16	16	11/13	1996	Andrew Kovarik	10	North Fayette Valley	22:58.1	7:24
17	17	14/15	2109	Marcus Gebel	10	Waukon	23:05.0	7:26
18	18	13/15	2052	Diego FLORES	12	South Winneshiek	23:09.8	7:28
19	19	12/13	1990	Alec zander Gearhart	10	North Fayette Valley	23:51.0	7:41
20	20	14/15	2062	Evan Oyl oe	9	South Winneshiek	24:04.5	7:45
21	21	13/13	1999	Sam Sass	10	North Fayette Valley	27:11.6	8:46
22		15/15	2123	Cayden Rasmussen	10	Waukon	27:21.9	8:49
23		8/9	1951	Landon Meyerhoff	9	New Hampton	27:22.1	8:49
24		9/9	1944	Phoenix Boehmer	9	New Hampton	29:26.2	9:29
25		15/15	2061	Henry Lensing	10	South Winneshiek	29:45.0	9:35

10/16/2025 11:15PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Junior Varsity Large Schools Team Score ****

1.	26	South Winneshiek	(20:23.9 101:59.3 2:02.6)
1	1	Augie Wiltgen	9 19:21.0
2	4	Luke Kruckman	10 20:19.9
3	5	Myles Green	10 20:21.1
4	6	Levi Feickert	10 20:33.7
5	10	Matthew Donovan	10 21:23.6
6	(18)	Diego FLORES	12 23:09.8
7	(20)	Evan Oyløe	9 24:04.5
2.	34	Waukon	(20:32.1 102:40.4 2:32.1)
1	2	Cole Kelly	9 19:27.6
2	3	Cody Harrington	9 19:29.6
3	8	Gus Benjegerdes	10 20:49.3
4	9	James Downing	9 20:54.2
5	12	Cole Smedsrud	10 21:59.7
6	(15)	Luka Hollar	10 22:49.0
7	(17)	Marcus Gebel	10 23:05.0
3.	61	North Fayette Valley	(22:03.0 110:14.9 2:11.5)
1	7	Bjorn White	10 20:46.6
2	11	Tytus Stansbery	10 21:42.8
3	13	Holden Griffith	10 22:03.0
4	14	Isaac Brincks	10 22:44.4
5	16	Andrew Kovarik	10 22:58.1
6	(19)	Alec zander Gearhart	10 23:51.0
7	(21)	Sam Sass	10 27:11.6

Upper Iowa Conference Championship Meet
 Elkader Golf and Country Club - Hosted by Postville HS
 Elkader, Iowa
 Thursday, October 16, 2025

Results provided by AccuRace Timing Services
 www accuraceticiming.com

**** Boys' Junior Varsity Small Schools Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
1	1	7/11	1804	Michael White	12	Central	20:01.6	6:27
2	2	8/11	1796	Breckon Holst	10	Central	20:22.8	6:34
3	3	9/11	1791	Lucas Friedlein	9	Central	21:11.9	6:50
4	4	10/11	1794	Bryce Heller	12	Central	21:23.8	6:54
5		5/10	1818	Tate Armstrong	10	Clayton Ridge	21:43.4	7:00
6	5	11/11	1797	Griffin Koehn	10	Central	22:40.4	7:18
7		9/10	1820	Kael Berns	11	Clayton Ridge	23:46.1	7:40
8		10/10	1827	Carter Judkins	11	Clayton Ridge	23:59.1	7:44
10/16/2025 11:15PM								

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuraceticiming.com

**** Boys' Junior Varsity Small Schools Team Score ****

1.	15	Central			(21:08.1 105:40.5 2:38.8)
=====					
1	1	Michael White	12	20:01.6	
2	2	Breckon Holst	10	20:22.8	
3	3	Lucas Friedlein	9	21:11.9	
4	4	Bryce Heller	12	21:23.8	
5	5	Griffin Koehn	10	22:40.4	

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetiming.com

**** Boys' Junior High Large Schools 2 Mile Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/7	1985	Jensen Bilden	8	North Fayette Valley	11:48.1	5:55
2	2	1/9	2049	Colton Einck	7	South Winneshiek	12:26.5	6:14
3	3	2/9	2063	Jameson Schissel	8	South Winneshiek	12:42.5	6:22
4	4	2/7	2003	Giovane Trinidad	7	North Fayette Valley	12:50.9	6:26
5	5	1/7	1947	Esdon Kleiss	7	New Hampton	12:58.6	6:30
6	6	3/9	2064	Owen Taylor	7	South Winneshiek	13:12.1	6:37
7		1/3	2112	Spencer Homewood	7	Waukon	13:12.2	6:37
8	7	3/7	2005	Declan White4	8	North Fayette Valley	13:20.3	6:41
9	8	2/7	1956	Kuennen Wegner	8	New Hampton	13:27.8	6:44
10		1/2	1868	Connor Gilliam	8	Crestwood	13:47.2	6:54
11	9	4/9	2057	Anders Jansen	7	South Winneshiek	13:49.3	6:55
12	10	4/7	1987	Rowan Burrow	8	North Fayette Valley	13:57.0	6:59
13	11	5/7	1994	Lewis Huck	7	North Fayette Valley	14:06.9	7:04
14	12	5/9	2060	Elliot Kuboushek	7	South Winneshiek	14:07.2	7:04
15	13	6/9	2044	Axel Acahua	8	South Winneshiek	14:12.1	7:07
16		2/2	1874	Penton Theis	8	Crestwood	14:17.0	7:09
17	14	7/9	2056	Mason Huinker	7	South Winneshiek	14:17.3	7:09
18		8/9	2055	Alex Holthaus	7	South Winneshiek	14:21.5	7:11
19	15	3/7	1949	Chase Meier	8	New Hampton	14:30.8	7:16
20	16	1/4	1922	Leo Grau	7	MFL MarMac Middle School	14:32.8	7:17
21		2/3	2122	Hoyt Prestemon	7	Waukon	14:39.0	7:20
22		3/3	2126	Elliott Sweeney	8	Waukon	14:58.1	7:30
23	17	2/4	1925	Oliver Torkelson	7	MFL MarMac Middle School	15:05.3	7:33
24	18	6/7	1989	Garrett Frieden	7	North Fayette Valley	15:11.8	7:36
25	19	3/4	1921	Noah Breuer	8	MFL MarMac Middle School	15:14.6	7:38
26	20	4/7	1942	Caden Berns	8	New Hampton	15:15.9	7:38
27	21	7/7	1984	Sam Anderson	8	North Fayette Valley	15:45.5	7:53
28	22	5/7	1946	Jack Finn	8	New Hampton	16:08.9	8:05
29		9/9	2053	Owen Goltz	8	South Winneshiek	17:05.3	8:33
30	23	4/4	1924	Mason Swatek	7	MFL MarMac Middle School	17:25.6	8:43
31	24	6/7	1950	Cooper Merrill	7	New Hampton	17:26.8	8:44
32	25	7/7	1957	Russell Wickman	8	New Hampton	19:42.8	9:52

10/16/2025 11:15PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Junior High Large Schools Team Score ****

1.	20	South Winneshiek	(13:02.6 52:10.4 1:22.8)
1	2	Colton Einck	7 12:26.5
2	3	Jameson Schissel	8 12:42.5
3	6	Owen Taylor	7 13:12.1
4	9	Anders Jansen	7 13:49.3
5	(12)	Elliot Kuboushek	7 14:07.2
6	(13)	Axel Acahua	8 14:12.1
7	(14)	Mason Huinker	7 14:17.3
2.	22	North Fayette Valley	(12:59.1 51:56.3 2:08.9)
1	1	Jensen Bilden	8 11:48.1
2	4	Giovane Trinidad	7 12:50.9
3	7	Declan White4	8 13:20.3
4	10	Rowan Burrow	8 13:57.0
5	(11)	Lewis Huck	7 14:06.9
6	(18)	Garrett Frieden	7 15:11.8
7	(21)	Sam Anderson	8 15:45.5
3.	48	New Hampton	(14:03.3 56:13.1 2:17.3)
1	5	Esdon Kleiss	7 12:58.6
2	8	Kuennen Wegner	8 13:27.8
3	15	Chase Meier	8 14:30.8
4	20	Caden Berns	8 15:15.9
5	(22)	Jack Finn	8 16:08.9
6	(24)	Cooper Merrill	7 17:26.8
7	(25)	Russell Wickman	8 19:42.8
4.	75	MFL MarMac Middle School	(15:34.6 62:18.3 2:52.8)
1	16	Leo Grau	7 14:32.8
2	17	Oliver Torkelson	7 15:05.3
3	19	Noah Breuer	8 15:14.6
4	23	Mason Swatek	7 17:25.6

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Junior High Small Schools 2 Mile Results ****

Place	Team Pts	Team Place	Bib#	Name	Gr	Team	Time	Avg Mile
1	1	1/7	1805	Cade Zittergruen	8	Central	11:52.8	5:57
2	2	2/7	1795	Oliver Holdswerth	8	Central	12:25.6	6:13
3		1/2	2074	Cooper Dietzenbach	8	Turkey Valley	12:52.8	6:27
4	3	1/8	2014	Angello Jochola	8	Postville	12:58.0	6:29
5	4	2/8	2016	Edson Martin	7	Postville	13:11.3	6:36
6	5	3/7	1798	Mason Koehn	7	Central	13:14.0	6:37
7	6	4/7	1802	Keegan Sylvester	7	Central	13:15.4	6:38
8	7	5/7	1803	Arthur Thiese	8	Central	13:29.3	6:45
9	8	1/5	1830	Cruz Reimer	8	Clayton Ridge	13:36.8	6:49
10		1/2	1885	Marshall Storey	7	Kee	13:54.4	6:58
11		2/2	2073	Matt Balk	8	Turkey Valley	14:06.3	7:04
12	9	3/8	2017	Yeicon Martin	7	Postville	14:27.3	7:14
13	10	4/8	2022	Yael Rafael	7	Postville	14:32.3	7:17
14	11	2/5	1834	Keegan Sperfslage	7	Clayton Ridge	14:38.4	7:20
15		2/2	1883	Westen Murray	7	Kee	14:55.4	7:28
16	12	3/5	1825	Easton Greve	7	Clayton Ridge	15:05.1	7:33
17	13	5/8	2023	Adrian Schultz	7	Postville	15:29.3	7:45
18	14	6/8	2019	Neyto Ordonez	8	Postville	15:32.6	7:47
19	15	7/8	2024	Angel Teleguario	8	Postville	15:58.2	8:00
20		8/8	2015	Diego Macias	7	Postville	15:58.7	8:00
21	16	6/7	1789	Ayce Clark	8	Central	16:15.6	8:08
22	17	7/7	1792	Nathan Friedlein	7	Central	16:35.4	8:18
23	18	4/5	1828	Peyton Lacy	7	Clayton Ridge	18:29.2	9:15
24	19	5/5	1832	Lucas Sadewasser	8	Clayton Ridge	18:34.7	9:18

10/16/2025 11:15PM

Upper Iowa Conference Championship Meet
Elkader Golf and Country Club - Hosted by Postville HS
Elkader, Iowa
Thursday, October 16, 2025

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Boys' Junior High Small Schools Team Score ****

1.	14	Central	(12:42.0 50:47.8 1:22.6)
=====			
1	1	Cade Zittergruen	8 11:52.8
2	2	Oliver Holdswerth	8 12:25.6
3	5	Mason Koehn	7 13:14.0
4	6	Keegan Sylvester	7 13:15.4
5	(7)	Arthur Thiese	8 13:29.3
6	(16)	Ayce Clark	8 16:15.6
7	(17)	Nathan Friedlein	7 16:35.4
2.	26	Postville	(13:47.3 55:08.9 1:34.3)
=====			
1	3	Angello Jochola	8 12:58.0
2	4	Edson Martin	7 13:11.3
3	9	Yeicon Martin	7 14:27.3
4	10	Yael Rafael	7 14:32.3
5	(13)	Adrian Schultz	7 15:29.3
6	(14)	Neyto Ordonez	8 15:32.6
7	(15)	Angel Teleguario	8 15:58.2
3.	49	Clayton Ridge	(15:27.4 61:49.5 4:52.4)
=====			
1	8	Cruz Reimer	8 13:36.8
2	11	Keegan Sperfslage	7 14:38.4
3	12	Easton Greve	7 15:05.1
4	18	Peyton Lacy	7 18:29.2
5	(19)	Lucas Sadewasser	8 18:34.7