

WCAC CONFERENCE CC MEET - 10/16/2025**10/16/2025****Results****Event 3 Girls 5k Run CC VARSITY**

Name	Year	School	Finals	Points
Results - Women				
1 Roberts, Hallie	9	Des Moines C	19:12.77	1
2 Streck, Laura	11	Van Meter	19:33.95	2
3 Erzen, Elyse	10	Des Moines C	19:44.44	3
4 Brandhorst, Katelyn	12	Madrid	19:52.32	4
5 Grothus, Madelyn	11	Madrid	20:08.70	5
6 Brandhorst, Hannah	11	Madrid	20:15.44	6
7 McCann, Lizzy	12	Van Meter	20:20.11	7
8 Van Wyk, Evie	9	Des Moines C	20:32.49	8
9 Fleshner, Eva	12	Woodward-Granger	20:33.68	
10 Stec, Sienna	11	Des Moines C	20:33.89	9
11 Harger, Mackenzie	12	Earlham	20:35.76	10
12 Latch, Amelia	10	Pleasantville	20:44.92	11
13 Smith, Amanda	12	Earlham	20:49.77	12
14 Pothoven, Stella	11	Des Moines C	21:20.07	13
15 Bruxvoort, Annie	11	Des Moines C	21:21.40	14
16 Rochholz, Kylie	11	Panorama Panora	21:26.40	15
17 Halfpap, Olivia	12	Van Meter	21:27.90	16
18 Town, Anna	9	Des Moines C	21:41.57	17
19 Casady, Meryl	12	Des Moines C	21:55.63	
20 Lutz, Laicey	11	Panorama Panora	22:23.79	18
21 Isley, Summer	10	Pleasantville	22:34.82	19
22 Hyer, Macy	11	Van Meter	22:39.14	20
23 Beaudet, Olivia	9	Panorama Panora	22:47.36	21
24 Erzen, Charlotte	12	Des Moines C	22:50.10	
25 Trost, Ellie	11	Interstate 35 Truro	22:51.06	22
26 Petersen, Cadence	11	Acgc	22:55.03	23
27 Canoyer, Kinsley	10	Earlham	22:58.61	24
28 Vander Werf, Ellie	11	Interstate 35 Truro	23:01.27	25
29 Stanley, Cece	12	Earlham	23:07.87	26
30 Knapp, Lillian	12	Interstate 35 Truro	23:13.43	27
31 Ehlen, Elizabeth	10	Van Meter	23:14.85	28
32 Martinez Precht, Audrey	9	Des Moines C	23:18.47	
33 Churchill, Lilyen	10	Woodward-Granger	23:20.18	
34 Aubert, Lilah	11	Earlham	23:23.78	29
35 Fisher, Elyse	10	Ogden	23:25.64	30
36 Rippey, Finley	10	Des Moines C	23:27.48	
37 Schafer, Brooklyn	11	Acgc	23:35.52	31
38 Miesen, Samantha	10	Des Moines C	23:37.57	
39 White, Adelyn	11	Madrid	23:40.86	32
40 Bruins, Bella	12	Van Meter	23:46.44	33
41 Jicinsky, Evangelin	9	Des Moines C	23:48.39	
42 Vonnahme, Lucy	11	Interstate 35 Truro	23:50.49	34
43 Young, Mallory	11	Van Meter	23:55.14	35
44 Rodgers, Shea	11	Earlham	23:56.39	36
45 Mundy, Ari	11	Madrid	23:58.70	37
46 Seligman, Sophie	11	Ogden	24:00.14	38
47 Fett, Mary	12	Panorama Panora	24:08.45	39
48 Hardman, Ryleigh	10	Pleasantville	24:08.88	40
49 Hammen, Cadence	12	Earlham	24:18.02	41
50 Blahauvietz, Aimee	12	Interstate 35 Truro	24:32.83	42
51 Mullenbach, Makayla	9	Madrid	24:33.40	43
52 Pickering, Lynneah	10	Interstate 35 Truro	24:46.21	44

1	Des Moines Christian	34	1	3	8	9	13	14	17
	Total Time:	1:41:23.66							
	Average:	20:16.74							
2	Van Meter	73	2	7	16	20	28	33	35
	Total Time:	1:47:15.95							
	Average:	21:27.19							

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....Event 3 Girls 5k Run CC VARSITY

3	Madrid	84	4	5	6	32	37	43	46
	Total Time:	1:47:56.02							
	Average:	21:35.21							
4	Earlham	101	10	12	24	26	29	36	41
	Total Time:	1:50:55.79							
	Average:	22:11.16							
5	Panorama Panora	141	15	18	21	39	48	49	57
	Total Time:	1:56:07.00							
	Average:	23:13.40							
6	Interstate 35 Truro	150	22	25	27	34	42	44	51
	Total Time:	1:57:29.08							
	Average:	23:29.82							
7	Pleasantville	172	11	19	40	50	52	55	59
	Total Time:	2:00:05.79							
	Average:	24:01.16							
8	Acgc	206	23	31	45	53	54		
	Total Time:	2:06:08.47							
	Average:	25:13.70							
9	Ogden	229	30	38	47	56	58		
	Total Time:	2:12:20.40							
	Average:	26:28.08							

WCAC CONFERENCE CC MEET - 10/16/2025**10/16/2025****Results****Event 4 Boys 5k Run CC VARSITY**

Name	Year	School	Finals	Points
Results - Men				
1 Ten Pas, Caleb	12	Des Moines C	15:50.87	1
2 Nichols, David	11	Earlham	16:33.59	2
3 Sisler, Josiah	11	Des Moines C	16:36.53	3
4 McCormick, Luke	9	Des Moines C	16:46.47	4
5 Dorenkamp, Dillon	11	Des Moines C	17:02.17	5
6 Braet, Donovan	12	Earlham	17:38.63	6
7 Kent, Preston	11	Acgc	17:40.12	7
8 Braet, Dawson	11	Earlham	17:58.76	8
9 Bergstrom, Thomas	11	Ogden	18:05.87	9
10 Hayes, Hayden	11	Van Meter	18:06.16	10
11 Tromblay, Myles	10	Ogden	18:08.57	11
12 Sunderman, Beck	10	Van Meter	18:14.79	12
13 Van Steenis, Parker	9	Des Moines C	18:17.42	13
14 White, Hudson	9	Madrid	18:19.44	14
15 Messer, Griffin	12	Earlham	18:21.20	15
16 Dickson, Payton	10	Earlham	18:28.94	16
17 Abbott, Landon	12	Ogden	18:31.98	17
18 Pehl, Cavin	12	Madrid	18:37.02	18
19 Barney, Cole	9	Van Meter	18:40.55	19
20 Newell, Liam	12	Van Meter	18:42.91	20
21 Van Zee, Andrew	9	Earlham	18:45.10	21
22 Jones, Issaac	9	Woodward-Granger	18:48.97	22
23 Rasmussen, Max	10	Van Meter	18:51.29	23
24 Petersen, Kris	10	Madrid	18:58.69	24
25 Finestead, Cooper	10	Woodward-Granger	19:05.67	25
26 Sheffield, Landon	11	Earlham	19:10.63	26
27 Anderson, Bek	11	Ogden	19:17.85	27
28 Iwig, Ryan	9	Des Moines C	19:25.83	28
29 Denzin, Carson	10	Des Moines C	19:26.76	29
30 Dea, Andrew	9	Van Meter	19:30.47	30
31 Devine, Jack	9	Des Moines C	19:32.79	
32 Brandt, Lucas	9	Woodward-Granger	19:33.86	31
33 Leighton, Cael	12	Woodward-Granger	19:39.01	32
34 Day, Jack	11	Van Meter	19:42.83	33
35 Tigges, Carson	9	West Central	19:46.89	34
36 Owen, Benjamin	9	Des Moines C	19:53.72	
37 Wigant, Kaegan	12	Van Meter	20:00.43	
38 Ellison, Brayton	9	Des Moines C	20:00.85	
39 Leitheiser, Hudson	12	Des Moines C	20:02.93	
40 Wearmouth, Bladyn	10	Panorama Panora	20:03.48	35
41 Bruggeman, Paul	10	Des Moines C	20:13.58	
42 Gilliland, Jordan	9	Van Meter	20:14.35	
43 Nyborg, Vance	10	Woodward-Granger	20:14.58	36
44 Younts, Alex	12	Woodward-Granger	20:17.71	37
45 Schaffer, Logan	12	Van Meter	20:20.71	
46 Cardenas, Zoel	9	Des Moines C	20:24.68	
47 Steenhoek, Alexander	12	Des Moines C	20:25.30	
48 Casey, Joe	12	Woodward-Granger	20:30.54	38
49 Hayden, Zach	12	Panorama Panora	20:30.88	39
50 Sylla, Cheikh	12	Van Meter	20:31.57	
51 Smit, Sam	12	Des Moines C	20:33.25	
52 Bowlsby, Jackson	10	Woodward-Granger	20:49.30	

WCAC CONFERENCE CC MEET - 10/16/2025**10/16/2025****Results****....Event 4 Boys 5k Run CC VARSITY**

53 Rasmussen, Ryder	12 Van Meter	20:56.35	
54 Maiera, Zach	12 Interstate 35 Truro	21:01.32	40
55 Johnson, Aiden	11 Des Moines C	21:03.52	
56 Seeley, Nash	11 Van Meter	21:04.31	
57 Campbell, Matthias	11 Des Moines C	21:11.23	
58 Brown, Adam	9 Acgc	21:14.14	41
59 Claussen, Solomon	11 Pleasantville	21:21.36	42
60 Stec, Weston	9 Des Moines C	21:23.17	
61 Russo, Henry	12 Ogden	21:24.45	43
62 Titus, Aiden	10 Madrid	21:25.20	44
63 Allen, Quincy	11 Interstate 35 Truro	21:30.87	45
64 Redmond, Erik	11 Earlham	21:31.00	
65 Leone, Adrian	10 Panorama Panora	21:31.54	46
66 Allen, Bennett	10 Panorama Panora	21:32.62	47
67 Pfrang, Jameson	11 Acgc	21:35.57	48
68 Severidt, Mason	10 Interstate 35 Truro	22:00.36	49
69 Grimes, Hunter	11 Des Moines C	22:02.64	
70 Oliver, Cory	12 Van Meter	22:04.14	
71 Tweed, Asher	10 Des Moines C	22:04.57	
72 Baudler, Lucas	11 Interstate 35 Truro	22:05.02	50
73 Casey, Sam	10 Woodward-Granger	22:08.46	
74 Stanley, Cruz	10 Panorama Panora	22:09.50	51
75 Weaver, Jack	10 Des Moines C	22:10.26	
76 Brewer, Trenton	10 Des Moines C	22:11.22	
77 Harden, Ethan	12 Des Moines C	22:11.64	
78 Mozingo, Cameron	11 Acgc	22:15.70	52
79 Van Arkel, Caleb	9 Des Moines C	22:16.10	
80 Hutton, Kiernan	12 West Central	22:17.07	53
81 Schreck, Nate	9 Van Meter	22:18.47	
82 Carlson, Emerick	9 Van Meter	22:19.84	
83 Winey, Carson	11 Earlham	22:20.93	
84 Shoup, Mitchell	9 Des Moines C	22:26.46	
85 Berberich, Cole	9 Madrid	22:29.08	54
86 Schneider, Blane	12 Madrid	22:39.82	55
87 Redmond, Tyler	9 Earlham	22:43.91	
88 Benda, Bryce	9 Acgc	22:47.42	56
89 Shaffer, Graysen	9 Panorama Panora	22:53.54	57
90 Ellis, Stetson	10 Acgc	23:16.47	58
91 Koster, Ben	12 Van Meter	23:29.17	
92 Coil, Conner	9 West Central	23:34.29	59
93 Rist, Zayden	9 Van Meter	23:37.46	
94 Muller, Jay	10 Des Moines C	23:39.63	
95 Schneider, Landen	12 Madrid	23:43.30	60
96 Udelhoven, Sean	9 Madrid	24:02.16	
97 England, Bentley	9 West Central	24:02.65	61
98 Firmstone, Aiden	10 Madrid	24:07.56	
99 Leib, Matthais	11 Pleasantville	24:10.39	62
100 Crawley, Dayton	9 Acgc	24:13.57	63
101 Bahrenfuss, Braden	10 Panorama Panora	24:33.51	64
102 Engelmann, Elias	9 Ogden	24:52.12	65
103 Valdez, Cadyn	9 Des Moines C	24:57.13	
104 Chilcote, Andrew	10 Des Moines C	25:02.78	
105 Septer, Caleb	9 Pleasantville	25:10.52	66
106 Fox, Dylan	12 Madrid	25:41.12	
107 Jacoby, Coolin	9 West Central	25:41.35	67

1	Des Moines Christian	26	1	3	4	5	13	28	29
	Total Time: 1:24:33.46								
	Average: 16:54.70								
2	Earlham	47	2	6	8	15	16	21	26
	Total Time: 1:29:01.12								
	Average: 17:48.23								
3	Van Meter	84	10	12	19	20	23	30	33
	Total Time: 1:32:35.70								
	Average: 18:31.14								
4	Ogden	107	9	11	17	27	43	65	73
	Total Time: 1:35:28.72								
	Average: 19:05.75								
5	Woodward-Granger	146	22	25	31	32	36	37	38
	Total Time: 1:37:22.09								
	Average: 19:28.42								
6	Madrid	154	14	18	24	44	54	55	60
	Total Time: 1:39:49.43								
	Average: 19:57.89								
7	Acgc	204	7	41	48	52	56	58	63
	Total Time: 1:45:32.95								
	Average: 21:06.59								
8	Panorama Panora	218	35	39	46	47	51	57	64
	Total Time: 1:45:48.02								
	Average: 21:09.61								
9	Interstate 35 Truro	253	40	45	49	50	69	71	
	Total Time: 1:53:42.14								
	Average: 22:44.43								
10	West Central Valley Stuar	274	34	53	59	61	67		
	Total Time: 1:55:22.25								
	Average: 23:04.45								

Results

Average: 24:42.36

WCAC CONFERENCE CC MEET - 10/16/2025**10/16/2025****Results****Event 1 Girls 3200 Meter Run CC MIDDLE SCHOOL**

Name	Year School	Finals	Points
Results - Women			
1 Stoffa, Ivory	7 Ms_van Meter	13:18.90	1
2 Crawford, Vivian	7 Ms_adair-Casey	13:36.77	2
3 Wahl, Chlover	8 Ms_woodward-Granger	13:49.09	3
4 Kelly, Genevieve	7 Ms_van Meter	13:59.90	4
5 Sheridan, Victoria	8 Ms_woodward-Granger	14:03.10	5
6 Adams, Jordyn	7 Ms_madrid	14:24.11	6
7 Coffman, Camdyn	8 Ms_adair-Casey	14:32.93	7
8 Meyer, Addie	8 Ms_des Moine	14:39.70	8
9 Hagenberg, Katelyn	8 Ms_des Moine	14:51.53	9
10 Nisley, Gracyn	7 Ms_earlham	15:11.04	10
11 McIntyre, Jackie	7 Ms_west Cent	15:24.64	
12 Stec, Sophia	8 Ms_des Moine	15:27.91	11
13 Van Zanten, Nora	8 Ms_des Moine	15:40.57	12
14 Leone, Lexia	7 Ms_panorama	15:43.19	13
15 Sebastian, Emma	8 Ms_woodward-Granger	15:44.07	14
16 Toler, AuliAundra	7 Ms_earlham	15:45.42	15
17 Gohr, Reese	7 Ms_woodward-Granger	15:47.11	16
18 Griess, Jordyn	8 Ms_des Moine	15:52.88	17
19 Mutchler, Sophia	8 Ms_earlham	15:55.32	18
20 Watts, Macy	7 Ms_woodward-Granger	15:55.97	19
21 Akins, Paislee	7 Ms_earlham	16:10.56	20
22 Nims, Olivia	8 Ms_west Cent	16:10.63	
23 Schroeder, Julianna	7 Ms_panorama	16:16.78	21
24 Spencer, Kelsey	8 Ms_ogden	16:22.90	22
25 Tripple, Izzy	8 Ms_panorama	16:23.96	23
26 Phillips, Bria	7 Ms_madrid	16:27.14	24
27 Roen, Valia	8 Ms_adair-Casey	16:32.05	25
28 Henderson, Blake	7 Ms_van Meter	16:40.60	26
29 Quanbeck, Michelle	8 Ms_west Cent	16:42.61	
30 Brown, Lindy	7 Ms_des Moine	16:43.97	27
31 Greeno, Noah	8 Ms_des Moine	16:45.63	28
32 Alliman, Mayzie	8 Ms_van Meter	16:53.58	29
33 Schealler, Lucy	8 Ms_madrid	17:10.29	30
34 Hoffman, Evalynn	7 Ms_pleasantville	17:16.61	
35 Jones, Macean	8 Ms_interstate 35	17:16.94	
36 Johnson, Lyndie	7 Ms_des Moine	17:17.00	
37 McCarty, Claire	8 Ms_madrid	17:19.95	31
38 Nielsen, Harper	8 Ms_des Moine	17:27.75	
39 Weaver, Ada	8 Ms_ogden	17:28.30	32
40 Miller, Remi	8 Ms_west Cent	17:39.99	
41 Flinkman, Lily	7 Ms_des Moine	17:46.46	
42 Lane, Clairlyn	8 Ms_adair-Casey	17:48.39	33
43 Knight-Boland, Prairie	7 Ms_earlham	17:52.96	34
44 Verdi, Emma	7 Ms_van Meter	17:59.51	35
45 Fowler, Elsie	8 Ms_woodward-Granger	18:12.20	36
46 Rittgers, Krissy	8 Ms_des Moine	18:20.20	
47 Fink, Madyson	7 Ms_pleasantville	18:21.21	
48 Ratcliff, Adley	7 Ms_panorama	18:24.29	37
49 Short, Evelyn	8 Ms_van Meter	18:26.55	38
50 Allen, Avery	8 Ms_panorama	18:35.69	39
51 Wahl, Claire	7 Ms_adair-Casey	18:43.48	40
52 Rowe, Gjoa	7 Ms_woodward-Granger	18:45.54	41

Results

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Women

1	Ms_des Moines Christian	57	8	9	11	12	17	27	28
	Total Time: 1:16:32.59								
	Average: 15:18.52								
2	Ms_woodward-Granger	57	3	5	14	16	19	36	41
	Total Time: 1:15:19.34								
	Average: 15:03.87								
3	Ms_van Meter	95	1	4	26	29	35	38	52
	Total Time: 1:18:52.49								
	Average: 15:46.50								
4	Ms_earlham	97	10	15	18	20	34	48	49
	Total Time: 1:20:55.30								
	Average: 16:11.06								
5	Ms_adair-Casey	107	2	7	25	33	40	45	47
	Total Time: 1:21:13.62								
	Average: 16:14.73								
6	Ms_panorama	133	13	21	23	37	39	42	44
	Total Time: 1:25:23.91								
	Average: 17:04.79								
7	Ms_madrid	134	6	24	30	31	43		
	Total Time: 1:24:12.19								
	Average: 16:50.44								
8	Ms_ogden	201	22	32	46	50	51	53	
	Total Time: 1:42:01.43								
	Average: 20:24.29								

WCAC CONFERENCE CC MEET - 10/16/2025**10/16/2025****Results****Event 2 Boys 3200 Meter Run CC MIDDLE SCHOOL**

Name	Year School	Finals	Points
Results - Men			
1 Brandhorst, Jacob	8 Ms_madrid	12:17.55	1
2 Renslow, Karson	7 Ms_madrid	12:21.13	2
3 Hayes, Guthrie	7 Ms_van Meter	12:40.67	3
4 Fisher, Luke	8 Ms_ogden	12:46.24	4
5 Volantin, Oliver	8 Ms_west Cent	13:27.79	5
6 Taylor, Lishaun	7 Ms_woodward-Granger	13:37.20	6
7 Peterson, Daniel	8 Ms_des Moine	13:38.29	7
8 Wall, Hank	8 Ms_van Meter	13:49.10	8
9 Crees, Mason	7 Ms_panorama	13:51.96	
10 Nault, Gabe	8 Ms_des Moine	13:52.51	9
11 Rehkemper, Blake	7 Ms_des Moine	13:55.96	10
12 Johnston, Carver	8 Ms_adair-Casey	13:56.18	11
13 Masters, Ty	8 Ms_interstate 35	14:05.37	
14 True, Aiden	7 Ms_van Meter	14:17.92	12
15 Jacobs, Jack	7 Ms_van Meter	14:19.88	13
16 Egger, Max	8 Ms_west Cent	14:19.94	14
17 Carney, Dalton	7 Ms_adair-Casey	14:20.48	15
18 Casey, Beau	7 Ms_woodward-Granger	14:23.48	16
19 Yuska, Caden	7 Ms_van Meter	14:24.19	17
20 Horn, Lucas	8 Ms_pleasantville	14:24.76	
21 Boes, Isaac	8 Ms_madrid	14:27.62	18
22 Anderson, Kael	7 Ms_ogden	14:27.75	19
23 Brock, Roen	7 Ms_van Meter	14:28.67	20
24 Fichter, Hudson	8 Ms_pleasantville	14:32.66	
25 Fagan, Kruz	7 Ms_earlham	14:49.20	
26 Johnson, Rylen	8 Ms_des Moine	15:01.23	21
27 Strominger, Lincoln	8 Ms_des Moine	15:01.29	22
28 Luvaas, Paxton	7 Ms_van Meter	15:02.67	23
29 Bruchhaus, Nathan	8 Ms_des Moine	15:03.11	24
30 Gorman, Jasper	7 Ms_des Moine	15:16.58	25
31 Greenley, Ethan	7 Ms_des Moine	15:22.82	
32 Morford, Luke	7 Ms_earlham	15:26.09	
33 Chance, Meyer	8 Ms_adair-Casey	15:26.51	26
34 Porter, Henry	8 Ms_des Moine	15:30.27	
35 Mendoza, Leonidas	8 Ms_adair-Casey	15:31.80	27
36 Warren, Owen	7 Ms_van Meter	15:32.42	
37 Greeno, Jeshua	7 Ms_des Moine	15:32.96	
38 Bryant, Alex	8 Ms_interstate 35	15:38.44	
39 Nygaard, Ethan	8 Ms_woodward-Granger	15:38.72	28
40 Hoskinson, Bentley	8 Ms_ogden	15:45.18	29
41 Ratcliff, Caden	8 Ms_panorama	15:52.05	
42 Schmidt, Noah	7 Ms_des Moine	16:08.23	
43 Owens, James	7 Ms_west Cent	16:10.05	30
44 Johnsen, Otto	8 Ms_madrid	16:23.75	31
45 Carlson, Patrick	7 Ms_ogden	16:27.25	32
46 Sisson II, Travis	7 Ms_des Moine	16:28.21	
47 Ingstad, Calvin	7 Ms_des Moine	16:28.67	
48 Mann, Hudson	8 Ms_des Moine	16:41.34	
49 Sorensen, Blake	8 Ms_des Moine	16:50.44	
50 Jones, Levi	7 Ms_woodward-Granger	16:52.00	33
51 Usher, Lyam	8 Ms_woodward-Granger	17:00.66	34
52 Trotter, Dylan	8 Ms_adair-Casey	17:16.32	35

1	Ms_van Meter	53	3	8	12	13	17	20	23
	Total Time: 1:09:31.76								
	Average: 13:54.36								
2	Ms_des Moines Christian	69	7	9	10	21	22	24	25
	Total Time: 1:11:29.28								
	Average: 14:17.86								
3	Ms_madrid	95	1	2	18	31	43		
	Total Time: 1:15:23.18								
	Average: 15:04.64								
4	Ms_adair-Casey	114	11	15	26	27	35	44	
	Total Time: 1:16:31.29								
	Average: 15:18.26								
5	Ms_woodward-Granger	117	6	16	28	33	34	36	37
	Total Time: 1:17:32.06								
	Average: 15:30.42								
6	Ms_west Central Valley	126	5	14	30	38	39	40	41
	Total Time: 1:20:48.61								
	Average: 16:09.73								

WCAC CONFERENCE CC MEET - 10/16/2025
10/16/2025
Results

....Event 2 Boys 3200 Meter Run CC MIDDLE SCHOOL							
7	Ms_ogden	126	4	19	29	32	42
Total Time:		1:18:51.99					
Average:		15:46.40					