

2025 IOWA CLASS 3A STATE QUALIFIER - WEST
DELAWARE
Manchester, IA
Hart Ridge Golf Course
Host: West Delaware
Wednesday, October 22, 2025

MEET OFFICIALS
Meet Director:
Matt Weis
Meet Referee:
Bob Murphy
Timing:
Matthew Shannon



OFFICIAL MEET REPORT
printed: 10/22/2025 4:42 PM

Race #2
HS Girls 5K

Final Results

RACE SUMMARY
Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-LisbonQ	43	1-4-9-11-18(22)(51)	1:37:29	19:30	2:14.8
2 SolonQ	67	7-8-12-13-27(28)(45)	1:40:23	20:05	1:31.0
3 Wahlert DubuqueQ	104	2-14-24-30-34(38)(42)	1:42:52	20:35	2:18.1
4 Decorah	114	15-19-20-29-31(32)(36)	1:43:48	20:46	1:17.4
5 Epworth Western Dubuque	119	16-17-21-26-39(40)(50)	1:43:50	20:46	1:23.4
6 Marion	145	3-5-33-44-60(65)(71)	1:45:40	21:08	4:25.5
7 West Delaware Mancheste	146	6-10-23-49-58(63)	1:45:47	21:10	3:44.6
8 Benton Community	237	25-43-48-57-64(67)(68)	1:52:25	22:29	3:05.1
9 Vinton-Shellsburg	239	35-37-52-53-62(66)(69)	1:52:08	22:26	2:28.6
10 Waverly-Shell Rock	243	41-46-47-54-55(59)(61)	1:51:51	22:23	1:36.6
11 Charles City	345	56-70-72-73-74(75)(76)	2:06:49	25:22	2:54.9
DNP Maquoketa					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HARDIN, Izzy q	SR	1637	Maquoketa	-	18:05.40	---	5:49.0	3:37.1
2 MOELLER, Evelyn Q	JR	1662	Mount Vernon-Lisb	1	18:07.65	2.25	5:49.7	3:37.5
3 MURPHY, Lucy Q	SR	1705	Wahlert Dubuque	2	19:10.35	1:04.95	6:09.9	3:50.1
4 DABROSKI, Addison q	SR	1647	Marion	3	19:14.63	1:09.23	6:11.3	3:50.9
5 SWART, Kiersten Q	SR	1666	Mount Vernon-Lisb	4	19:27.79	1:22.39	6:15.5	3:53.6
6 DABROSKI, Emerson q	FR	1648	Marion	5	19:30.67	1:25.27	6:16.4	3:54.1
7 KARTMAN, Brynn q	JR	1731	West Delaware Ma	6	19:34.57	1:29.17	6:17.7	3:54.9
8 SVALSTAD, Falyn Q	JR	1680	Solon	7	19:38.20	1:32.80	6:18.8	3:55.6
9 SEAMANS, Addison Q	SO	1679	Solon	8	19:38.38	1:32.98	6:18.9	3:55.7
10 PISARIK, Rose Q	JR	1663	Mount Vernon-Lisb	9	19:43.86	1:38.46	6:20.7	3:56.8
11 PEYTON, Norah q	SR	1734	West Delaware Ma	10	19:44.14	1:38.74	6:20.8	3:56.8
12 SELLNER, Miranda Q	JR	1664	Mount Vernon-Lisb	11	19:46.38	1:40.98	6:21.5	3:57.3
13 NELSON, Livya (Liv) Q	SO	1676	Solon	12	19:56.80	1:51.40	6:24.8	3:59.4
14 SCHMIDT, Mailee Q	FR	1678	Solon	13	20:00.34	1:54.94	6:26.0	4:00.1
15 BERNING, Willa Q	JR	1702	Wahlert Dubuque	14	20:00.46	1:55.06	6:26.0	4:00.1
16 VOLKMANN, Olivia	JR	1612	Decorah	15	20:03.53	1:58.13	6:27.0	4:00.7
17 DASILVA, Peyton	SO	1622	Epworth Western D	16	20:12.48	2:07.08	6:29.9	4:02.5
18 DRONE, Katie	FR	1623	Epworth Western D	17	20:13.12	2:07.72	6:30.1	4:02.6
19 SMITH, Cora Q	SR	1665	Mount Vernon-Lisb	18	20:22.40	2:17.00	6:33.1	4:04.5
20 KUENY, Ruth	FR	1610	Decorah	19	20:30.18	2:24.78	6:35.6	4:06.0
21 NEWHOUSE, Raelyn	SO	1611	Decorah	20	20:41.58	2:36.18	6:39.2	4:08.3
22 DASILVA, Hannah	FR	1621	Epworth Western D	21	20:41.60	2:36.20	6:39.2	4:08.3
23 DAWSON, Edith Q	SR	1660	Mount Vernon-Lisb (22)		20:42.95	2:37.55	6:39.7	4:08.6
24 BARDGETT, Jeanne	SO	1730	West Delaware Ma	23	20:53.07	2:47.67	6:42.9	4:10.6
25 BURKE, Grace Q	SO	1703	Wahlert Dubuque	24	20:59.90	2:54.50	6:45.1	4:12.0
26 FISHER, June	SO	1582	Benton Community	25	21:03.36	2:57.96	6:46.2	4:12.7

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Race #2
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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
27 BUSSAN-KLUESNER, Aubre	FR	1620	Epworth Western D	26	21:06.44	3:01.04	6:47.2	4:13.3
28 ARMENTROUT, Quinn Q	SO	1674	Solon	27	21:09.18	3:03.78	6:48.1	4:13.8
29 BECK, Stella Q	FR	1675	Solon	(28)	21:09.19	3:03.79	6:48.1	4:13.8
30 CHRISTOPHER, Riley	SO	1606	Decorah	29	21:10.94	3:05.54	6:48.7	4:14.2
31 TUTHILL, Lilyan Q	SR	1708	Wahlert Dubuque	30	21:12.81	3:07.41	6:49.3	4:14.6
32 BUTTZ, Riley	SO	1635	Maquoketa	-	21:19.84	3:14.44	6:51.5	4:16.0
33 HOUGEN, Deborah	SR	1609	Decorah	31	21:20.92	3:15.52	6:51.9	4:16.2
34 DOWNING, Simone	SO	1608	Decorah	(32)	21:20.96	3:15.56	6:51.9	4:16.2
35 MOORE, Elise	SR	1650	Marion	33	21:21.29	3:15.89	6:52.0	4:16.3
36 ROHNER, Ella Q	JR	1706	Wahlert Dubuque	34	21:28.40	3:23.00	6:54.3	4:17.7
37 PHIPPEN, Lainey	JR	1692	Vinton-Shellsburg	35	21:28.53	3:23.13	6:54.3	4:17.7
38 COURTNEY, Brinlee	JR	1607	Decorah	(36)	21:30.53	3:25.13	6:55.0	4:18.1
39 SCHIRM, Ava	FR	1694	Vinton-Shellsburg	37	21:33.63	3:28.23	6:56.0	4:18.7
40 ENGLEMAN, Sienna Q	FR	1704	Wahlert Dubuque	(38)	21:34.15	3:28.75	6:56.1	4:18.8
41 LAKE, Melanie	FR	1626	Epworth Western D	39	21:35.87	3:30.47	6:56.7	4:19.2
42 KLEIN, Grace	SO	1624	Epworth Western D	(40)	21:36.15	3:30.75	6:56.8	4:19.2
43 ENGELHARDT, Bella	JR	1718	Waverly-Shell Rock	41	21:37.54	3:32.14	6:57.2	4:19.5
44 ROHNER, Mya Q	FR	1707	Wahlert Dubuque	(42)	21:44.14	3:38.74	6:59.3	4:20.8
45 CRETIN, Anna	FR	1579	Benton Community	43	21:44.26	3:38.86	6:59.4	4:20.9
46 SCHOUTEN, Grace	JR	1652	Marion	44	21:52.44	3:47.04	7:02.0	4:22.5
47 ROLWES, Ava Q	JR	1677	Solon	(45)	21:55.84	3:50.44	7:03.1	4:23.2
48 BUCHANAN, Emma	JR	1717	Waverly-Shell Rock	46	22:07.73	4:02.33	7:06.9	4:25.5
49 BORGLUM, Adali	SR	1716	Waverly-Shell Rock	47	22:11.11	4:05.71	7:08.0	4:26.2
50 KING, Emma	SO	1583	Benton Community	48	22:13.14	4:07.74	7:08.7	4:26.6
51 LYNCH, Berkley	FR	1732	West Delaware Ma	49	22:15.79	4:10.39	7:09.5	4:27.2
52 KLUESNER, Ahsha	SO	1625	Epworth Western D	(50)	22:25.45	4:20.05	7:12.6	4:29.1
53 JOHNSON, Torie Q	FR	1661	Mount Vernon-Lisb	(51)	22:28.47	4:23.07	7:13.6	4:29.7
54 BLAIS, Madeline	SR	1688	Vinton-Shellsburg	52	22:30.39	4:24.99	7:14.2	4:30.1
55 DRUSCHEL, Mazy	FR	1689	Vinton-Shellsburg	53	22:37.39	4:31.99	7:16.5	4:31.5
56 ROHNE, Jenna	SR	1722	Waverly-Shell Rock	54	22:39.96	4:34.56	7:17.3	4:32.0
57 KAY, Allison	SO	1721	Waverly-Shell Rock	55	23:14.08	5:08.68	7:28.3	4:38.8
58 MAYHEW, Jacqueline	FR	1597	Charles City	56	23:14.25	5:08.85	7:28.3	4:38.9
59 STEARNS, Lydia	SO	1584	Benton Community	57	23:14.88	5:09.48	7:28.5	4:39.0
60 SCHMITZ, Avery	JR	1736	West Delaware Ma	58	23:19.12	5:13.72	7:29.9	4:39.8
61 GRITTERS, Aliya	SO	1719	Waverly-Shell Rock	(59)	23:21.36	5:15.96	7:30.6	4:40.3
62 BONIFAZI, Alivia	FR	1646	Marion	60	23:40.06	5:34.66	7:36.6	4:44.0
63 HUNZELMAN, Mollie	SR	1720	Waverly-Shell Rock	(61)	23:50.76	5:45.36	7:40.1	4:46.2
64 ROLLINGER, Kara	JR	1693	Vinton-Shellsburg	62	23:57.13	5:51.73	7:42.1	4:47.4
65 RETH, Kaci	SO	1735	West Delaware Ma	(63)	24:06.62	6:01.22	7:45.2	4:49.3
66 BIRCH, Leigha	FR	1578	Benton Community	64	24:08.44	6:03.04	7:45.7	4:49.7
67 HAGMEIER, Gabriella	JR	1649	Marion	(65)	24:13.34	6:07.94	7:47.3	4:50.7
68 GRIMM, Chloe	SO	1690	Vinton-Shellsburg	(66)	24:23.28	6:17.88	7:50.5	4:52.7
69 DEMOSS, Layna	JR	1580	Benton Community	(67)	24:26.17	6:20.77	7:51.4	4:53.2
70 EASTMAN, Paige	FR	1581	Benton Community	(68)	24:29.36	6:23.96	7:52.5	4:53.9
71 LUND, Araya	JR	1691	Vinton-Shellsburg	(69)	24:56.77	6:51.37	8:01.3	4:59.4
72 PITTMAN, Fiona	SR	1598	Charles City	70	25:33.51	7:28.11	8:13.1	5:06.7

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Final Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
73 SHINDELAR, Delaney	SR	1651	Marion	(71)	25:37.88	7:32.48	8:14.5	5:07.6
74 BABCOCK, Megan	JR	1592	Charles City	72	25:52.70	7:47.30	8:19.3	5:10.5
75 IBARRA, Karina	SO	1595	Charles City	73	25:59.11	7:53.71	8:21.3	5:11.8
76 DITTMER, Athena	JR	1594	Charles City	74	26:09.15	8:03.75	8:24.5	5:13.8
77 CROOKS, Madison	JR	1593	Charles City	(75)	26:14.42	8:09.02	8:26.2	5:14.9
78 LITTERER, Leah	FR	1596	Charles City	(76)	28:01.16	9:55.76	9:00.6	5:36.2

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**Race #1
HS Boys 5K****Final Results****RACE SUMMARY**

Start Time: 4:40 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Mount Vernon-Lisbon	27	2-3-4-7-11(26)(33)	1:22:36	16:32	0:48.6
2 Decorah	68	8-9-13-18-20(21)(24)	1:25:17	17:04	0:28.5
3 Epworth Western Dubuque	102	1-17-22-25-37(40)(41)	1:25:27	17:06	2:41.1
4 Wahlert Dubuque	133	6-23-29-30-45(47)(49)	1:28:10	17:38	1:43.7
5 Solon	146	15-19-31-38-43(48)(51)	1:28:44	17:45	1:17.0
6 Vinton-Shellsburg	167	5-12-28-60-62(69)(73)	1:29:44	17:57	2:35.9
7 Waverly-Shell Rock	184	16-35-36-44-53(56)(57)	1:30:11	18:03	1:26.9
8 Benton Community	192	10-34-39-54-55(58)(64)	1:30:31	18:07	1:43.8
9 West Delaware Mancheste	217	14-27-42-63-71(75)(76)	1:32:37	18:32	3:09.5
10 Marion	254	32-46-50-61-65(66)	1:33:37	18:44	1:35.4
11 Charles City	316	52-59-67-68-70(72)(74)	1:37:36	19:32	1:32.7
DNP Maquoketa					
DNP Independence					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 NAUMAN, Quentin	SR	1619	Epworth Western D	1	15:22.13	---	4:56.5	3:04.4
2 SCHEIL, Dawson	SR	1659	Mount Vernon-Lisb	2	16:12.46	50.33	5:12.7	3:14.5
3 FELDMAN, Sawyer	SR	1656	Mount Vernon-Lisb	3	16:17.92	55.79	5:14.4	3:15.6
4 BRINKMANN, Benjamin	FR	1654	Mount Vernon-Lisb	4	16:19.42	57.29	5:14.9	3:15.9
5 TORRES, Alex	SR	1687	Vinton-Shellsburg	5	16:39.14	1:17.01	5:21.3	3:19.8
6 BROOKINS, Jayden	SR	1695	Wahlert Dubuque	6	16:41.28	1:19.15	5:22.0	3:20.3
7 ARMSTRONG, Anthony	JR	1653	Mount Vernon-Lisb	7	16:44.73	1:22.60	5:23.1	3:20.9
8 NIMROD, Clarence	JR	1602	Decorah	8	16:47.48	1:25.35	5:23.9	3:21.5
9 HRDLICKA, Derek	SO	1601	Decorah	9	16:57.84	1:35.71	5:27.3	3:23.6
10 LANGE, Jack	JR	1573	Benton Community	10	16:58.37	1:36.24	5:27.5	3:23.7
11 CASKEY, Chasen	JR	1655	Mount Vernon-Lisb	11	17:00.97	1:38.84	5:28.3	3:24.2
12 DICKINSON, Zachary	SR	1683	Vinton-Shellsburg	12	17:01.32	1:39.19	5:28.4	3:24.3
13 STEMPER, Mitchell	SR	1605	Decorah	13	17:02.05	1:39.92	5:28.6	3:24.4
14 HEMANN, Nolan	FR	1723	West Delaware Ma	14	17:05.04	1:42.91	5:29.6	3:25.0
15 MICHELS, Spencer	SR	1670	Solon	15	17:07.73	1:45.60	5:30.5	3:25.5
16 HOMMOWUN, Matthew	SO	1712	Waverly-Shell Rock	16	17:09.38	1:47.25	5:31.0	3:25.9
17 JONES, Gabe	SO	1617	Epworth Western D	17	17:13.00	1:49.87	5:32.2	3:26.6
18 SEE, Garrett	SR	1604	Decorah	18	17:13.01	1:50.88	5:32.2	3:26.6
19 MEZA, Rene	SR	1669	Solon	19	17:13.32	1:51.19	5:32.3	3:26.7
20 COPPOLA, Bennett	SO	1599	Decorah	20	17:15.94	1:53.81	5:33.1	3:27.2
21 PASCHE, Oak	SO	1603	Decorah	(21)	17:17.98	1:55.85	5:33.8	3:27.6
22 KLEIN, Joel	SO	1618	Epworth Western D	22	17:20.29	1:58.16	5:34.5	3:28.1
23 CONNELLY, Niles	JR	1696	Wahlert Dubuque	23	17:24.77	2:02.64	5:35.9	3:29.0
24 GRIMSTAD, Oscar	SO	1600	Decorah	(24)	17:26.81	2:04.68	5:36.6	3:29.4
25 HAMMERAND, Dominic	JR	1615	Epworth Western D	25	17:27.83	2:05.70	5:36.9	3:29.6

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 HAPPEL, Kyler	JR	1658	Mount Vernon-Lisb	(26)	17:28.50	2:06.37	5:37.1	3:29.7
27 WHITE, Brenden	JR	1728	West Delaware Ma	27	17:33.30	2:11.17	5:38.7	3:30.7
28 PRIMROSE, Will	SO	1685	Vinton-Shellsburg	28	17:37.03	2:14.90	5:39.9	3:31.4
29 MURPHY, Sam	FR	1699	Wahlert Dubuque	29	17:48.44	2:26.31	5:43.5	3:33.7
30 WOLBERS, Gavin	JR	1701	Wahlert Dubuque	30	17:50.15	2:28.02	5:44.1	3:34.0
31 HOLMES, Anders	SO	1667	Solon	31	17:52.16	2:30.03	5:44.7	3:34.4
32 NORTHWAY, Liam	JR	1642	Marion	32	17:56.00	2:33.87	5:46.0	3:35.2
33 HAPPEL, Cade	SR	1657	Mount Vernon-Lisb	(33)	17:56.20	2:34.07	5:46.0	3:35.2
34 SCHANBACHER, Jed	SO	1577	Benton Community	34	17:57.07	2:34.94	5:46.3	3:35.4
35 SCHARA, Bailly	JR	1715	Waverly-Shell Rock	35	17:58.25	2:36.12	5:46.7	3:35.7
36 MUELLER, Gage	JR	1714	Waverly-Shell Rock	36	18:02.20	2:40.07	5:48.0	3:36.4
37 BIHL, John	SO	1613	Epworth Western D	37	18:03.21	2:41.08	5:48.3	3:36.6
38 WADDELL, Deacon	SO	1672	Solon	38	18:05.18	2:43.05	5:48.9	3:37.0
39 OLSON, Caleb	SR	1574	Benton Community	39	18:16.66	2:54.53	5:52.6	3:39.3
40 BOGE, Jake	SR	1614	Epworth Western D	(40)	18:19.29	2:57.16	5:53.5	3:39.9
41 HESS, Tyler	JR	1616	Epworth Western D	(41)	18:19.69	2:57.56	5:53.6	3:39.9
42 WOOTEN, Kyler	SR	1729	West Delaware Ma	42	18:23.30	3:01.17	5:54.8	3:40.7
43 YOUNG, Owen	SR	1673	Solon	43	18:24.72	3:02.59	5:55.2	3:40.9
44 GEERTS, Lucas	SR	1710	Waverly-Shell Rock	44	18:24.91	3:02.78	5:55.3	3:41.0
45 HOPPENJAN, Vincent	FR	1697	Wahlert Dubuque	45	18:24.93	3:02.80	5:55.3	3:41.0
46 MEDINA, Ethan	SO	1641	Marion	46	18:25.76	3:03.63	5:55.5	3:41.2
47 OBERFOELL, Truman	FR	1700	Wahlert Dubuque	(47)	18:25.82	3:03.69	5:55.6	3:41.2
48 PETTIT, Charlie	SR	1671	Solon	(48)	18:28.06	3:05.93	5:56.3	3:41.6
49 MEYER, Tegan	FR	1698	Wahlert Dubuque	(49)	18:28.47	3:06.34	5:56.4	3:41.7
50 SCHOUTEN, James	FR	1643	Marion	50	18:29.09	3:06.96	5:56.6	3:41.8
51 KABELA, Brooks	FR	1668	Solon	(51)	18:31.67	3:09.54	5:57.5	3:42.3
52 KOWALSKI, Jackson	SR	1586	Charles City	52	18:31.75	3:09.62	5:57.5	3:42.4
53 CHRISTENSEN, Zander	SR	1709	Waverly-Shell Rock	53	18:36.25	3:14.12	5:58.9	3:43.3
54 ARAIZA, Brian	JR	1559	Benton Community	54	18:36.75	3:14.62	5:59.1	3:43.4
55 PICKART, Noah	SR	1575	Benton Community	55	18:42.11	3:19.98	6:00.8	3:44.4
56 MACHAEL, Gavin	SO	1632	Maquoketa	-	18:44.65	3:22.52	6:01.6	3:44.9
57 GERARDY, Brenden	FR	1631	Maquoketa	-	18:47.17	3:25.04	6:02.4	3:45.4
58 GIBSON, Oliver	JR	1711	Waverly-Shell Rock	(56)	18:52.55	3:30.42	6:04.2	3:46.5
59 KAHLER, Noah	JR	1713	Waverly-Shell Rock	(57)	18:58.99	3:36.86	6:06.2	3:47.8
60 HUNT, Korbin	FR	1572	Benton Community	(58)	19:00.88	3:38.75	6:06.8	3:48.2
61 NASH, Leo	FR	1590	Charles City	59	19:06.92	3:44.79	6:08.8	3:49.4
62 PARMATER, Jackson	SO	1684	Vinton-Shellsburg	60	19:11.06	3:48.93	6:10.1	3:50.2
63 GROEZINGER, Joshua	FR	1640	Marion	61	19:14.51	3:52.38	6:11.2	3:50.9
64 ALLEN, Leif	JR	1681	Vinton-Shellsburg	62	19:15.04	3:52.91	6:11.4	3:51.0
65 URIBE, Brett	FR	1727	West Delaware Ma	63	19:19.92	3:57.79	6:13.0	3:52.0
66 SADLER, Jonathon	JR	1576	Benton Community	(64)	19:31.27	4:09.14	6:16.6	3:54.3
67 SKOGMAN, Jake	JR	1644	Marion	65	19:31.38	4:09.25	6:16.6	3:54.3
68 STERN, Ralph	FR	1645	Marion	(66)	19:35.96	4:13.83	6:18.1	3:55.2
69 WIELAND, Sawyer	SO	1629	Independence	-	19:48.24	4:26.11	6:22.1	3:57.6
70 WIEBENGA, Thomas	SO	1634	Maquoketa	-	19:49.74	4:27.61	6:22.6	3:57.9
71 KNUTSON, Myles	FR	1627	Independence	-	19:53.79	4:31.66	6:23.9	3:58.8

2025 IOWA CLASS 3A STATE QUALIFIER - WEST
DELAWARE
Manchester, IA
Hart Ridge Golf Course
Host: West Delaware
Wednesday, October 22, 2025

MEET OFFICIALS
Meet Director:
Matt Weis
Meet Referee:
Bob Murphy
Timing:
Matthew Shannon



OFFICIAL MEET REPORT
printed: 10/22/2025 5:08 PM

Race #1
HS Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
72 MCINROY, Nathaniel	FR	1589	Charles City	67	19:54.69	4:32.56	6:24.1	3:58.9
73 PRUESS, Brody	SO	1628	Independence	-	19:56.54	4:34.41	6:24.7	3:59.3
74 TRACEY, Benny	FR	1591	Charles City	68	19:57.95	4:35.82	6:25.2	3:59.6
75 WAYLAND, Oliver	JR	1686	Vinton-Shellsburg	(69)	19:58.55	4:36.42	6:25.4	3:59.7
76 BOSS, Tommy	SO	1585	Charles City	70	20:04.45	4:42.32	6:27.3	4:00.9
77 TUCKER, Hayden	JR	1726	West Delaware Ma	71	20:14.54	4:52.41	6:30.5	4:02.9
78 MCINROY, Holden	SR	1588	Charles City	(72)	20:36.59	5:14.46	6:37.6	4:07.3
79 BLAIS, Jack	SR	1682	Vinton-Shellsburg	(73)	20:52.27	5:30.14	6:42.7	4:10.5
80 MANZANO, Diego	SO	1587	Charles City	(74)	20:53.80	5:31.67	6:43.2	4:10.8
81 BONNEY, Jasper	FR	1630	Maquoketa	-	21:03.58	5:41.45	6:46.3	4:12.7
82 MENARD, Trent	SR	1725	West Delaware Ma	(75)	21:14.08	5:51.95	6:49.7	4:14.8
83 MCNELLY, Kile	SR	1724	West Delaware Ma	(76)	22:46.25	7:24.12	7:19.3	4:33.3