

Iowa State Championships 1A HS

OFFICIAL 📅 Sat, Nov 1, 2025 📍 Lakeside Municipal Golf Course, IA US

Deadline was 🗄 Mon Oct 20, 2025 @ 10:34 AM

👤 Mens Results

5,000 Meters Varsity

Official Team Scores

1. Riverside Oakland	54
2. Lake Mills	69
3. Ankeny Christian Academy	124
4. Earlham	150
5. Springville	225
6. Columbus Community Columbus Junction	227
7. Louisa-Muscatine	228
8. East Sac County	231
9. South Winneshiek	244
10. Lynnville-Sully	245
11. Sioux Central Sioux Rapids	253
12. Van Buren County	260
13. Beckman Catholic Dyersville	269
14. Pekin	294
15. North Butler Greene	303
16. Nodaway Valley	305

1.	10 Hugh Conway	15:50.7	South Winneshiek
2.	12 Hayden Thompson	16:02.7	Lake Mills
3.	12 Knute Rogne	16:03.4	Lake Mills

👤 Womens Results

5,000 Meters Varsity

Official Team Scores

1. South Winneshiek	125
2. Sumner-Fredericksburg	136
3. Hudson	143
4. Earlham	148
5. Madrid	155
6. Martensdale-St. Marys	180
7. Van Buren County	198
8. English Valleys North English	207
9. Collins-Maxwell	207
10. Sioux Central Sioux Rapids	222
11. Tri-Center Neola	228
12. Newell-Fonda	243
13. Sibley-Ocheyedan	246
14. Wapsie Valley Fairbank	287
15. Lynnville-Sully	287
16. Alta-Aurelia	324

1.	12 Lili Denton	17:56.6	St. Albert Council Bluffs
2.	12 Chloe Glosser	18:33.5	Pekin
3.	11 Lauren Krogmann	18:34.6	Starmont West Central
4.	12 Karson Oberender	18:50.9	Martensdale-St. Marys
5.	12 Tyra Schupbach	19:03.4	West Bend-Mallard

4.	10	Haven Weers	16:11.2	Tri-Center Neola	6.	9	Alexis Mujica	19:11.3	Newman Catholic Mason City
5.	12	Dawson Henderson	16:25.8	Riverside Oakland	7.	12	Lauren Hillesland	19:17.4	North Iowa Buffalo Center
6.	11	Lucos Wernimont	16:33.0	Sioux Central Sioux Rapids	8.	12	Claire Zweibohmer	19:19.7	Riceville
7.	12	Lincoln Bainbridge	16:36.6	Van Buren County	9.	12	Katelyn Brandhorst	19:21.4	Madrid
8.	11	David Nichols	16:37.1	Earlham	10.	11	Madelyn Grothus	19:24.2	Madrid
9.	11	Dane Gorham	16:38.8	Boyer Valley Dunlap	11.	11	Abbi Waskow	19:29.6	Dunkerton
10.	11	Colton Alberts	16:39.0	Lynnville-Sully	12.	11	Hannah Brandhorst	19:35.0	Madrid
11.	11	Owen Fenner	16:40.8	Riverside Oakland	13.	10	Julia Swift	19:38.7	Bishop Garrigan Algona
12.	12	Alex Davis	16:41.5	Ankeny Christian Academy	14.	12	Amanda Smith	19:41.8	Earlham
13.	10	Eli Hudnall	16:44.4	Riverside Oakland	15.	10	Audra Burbridge	19:42.5	Maquoketa Valley Delhi
14.	12	Brody Henderson	16:45.5	Riverside Oakland	16.	12	MacLaine German	19:43.9	Martensdale-St. Marys
15.	12	Riley Aragon	16:49.6	East Sac County	17.	12	Mollie Hansen	19:44.4	Hudson
16.	10	Aiden Summerfield	16:50.3	Woodbine Community	18.	12	Emmerson Jedlicka	19:46.1	North Mahaska
17.	11	Zachary Gardner	16:54.8	Ankeny Christian Academy	19.	10	Sydney Zupke	19:50.0	Sumner-Fredericksburg
18.	12	Jack Christian	16:55.4	Sioux Central Sioux Rapids	20.	10	Ashlynn Hosbond	19:50.5	Colfax-Mingo
19.	11	Lane Rygh	16:56.7	Lake Mills	21.	10	Josie Dykstra	19:54.7	WACO Wayland
20.	11	Blake Wilmesmeier	16:58.2	Lynnville-Sully	22.	12	Siena Stanerson	19:58.5	Hillcrest Academy
21.	12	Justin Wagner	17:00.2	Kee Lansing	23.	12	Allysen Johnsen	20:00.7	Logan-Magnolia
22.	11	Cruz Jacquez	17:01.8	Riverside Oakland	24.	9	Ivy Urbatsch	20:02.1	Northwood-Kensett
23.	11	Dawson Braet	17:01.9	Earlham	25.	11	Jayden Peters	20:02.3	Collins-Maxwell
24.	12	Brady Henning	17:04.0	North Butler Greene	26.	10	Sage Weber	20:06.0	Sioux Central Sioux Rapids
25.	12	Cayden Fry	17:04.2	Ankeny Christian Academy	27.	9	Stella Riediger	20:08.7	Hinton
26.	12	Thatcher Oswald	17:05.6	Manson Northwest Webster	28.	9	Hayden Hendrick	20:17.9	Colo-Nesco
27.	10	Jacob Sporrer	17:05.7	Logan-Magnolia	29.	Jr	Iris Garza	20:19.3	Columbus Community Columbus Ju...
28.	11	Preston Kent	17:06.2	ACGC	30.	12	Mackenzie Harger	20:19.4	Earlham
29.	12	Stephen Brandenburg	17:07.5	Lake Mills	31.	12	Marley Madsen	20:20.4	Sioux Central Sioux Rapids
30.	12	Landon Sporrer	17:09.5	East Sac County	32.	9	Josie Diers	20:20.6	Edgewood-Colesburg
31.	12	Hayden Riggan	17:10.4	Louisa-Muscatine	33.	12	Rachel Schany	20:21.8	Emmetsburg
32.	11	Jackson Walter	17:11.9	St. Albert Council Bluffs	34.	11	Emma Parkinson	20:23.4	Lynnville-Sully
33.	12	Cole Millikin	17:12.3	Pekin	35.	9	Ava Witt	20:24.6	Saint Ansgar
34.	12	Royce Peterson	17:13.9	Lake Mills	36.	10	Summer Isley	20:27.9	Pleasantville
35.	12	Josh Skinner	17:15.7	Springville	37.	11	Reese Hansen	20:31.1	Hudson
36.	10	Gabe Winkelmann	17:17.0	Nodaway Valley	38.	11	Sydney Hull	20:34.0	East Marshall LeGrand
37.	12	Sullivan (Sully) Wilkins	17:20.2	Colfax-Mingo	39.	9	Carley Rosburg	20:36.2	Starmont West Central
38.	11	Isaiah Wheeldon	17:20.3	Martensdale-St. Marys	40.	11	Marie Yoder	20:36.3	Hillcrest Academy
39.	11	Oscar Cline	17:20.6	Louisa-Muscatine	41.	11	Elizabeth Erickson	20:37.1	Colo-Nesco
40.	12	Mason Mohr	17:21.2	Calamus-Wheatland	42.	10	Anna Luers	20:37.1	English Valleys North English
41.	11	Jesus Garcia	17:21.5	South Hamilton Jewell	43.	12	Mareni Brabec	20:37.5	Newell-Fonda
42.	12	Donovan Braet	17:22.7	Earlham	44.	12	Alaina Gourley	20:41.7	Danville
43.	11	Keagan Albertson	17:24.0	West Hancock Britt	45.	9	Tynley Boussetlot	20:42.9	Calamus-Wheatland
44.	10	Cameron Einck	17:24.8	South Winneshiek	46.	10	Reese Dittmer	20:42.9	Tri-Center Neola
45.	11	Tyler Taube	17:25.5	Springville	47.	10	Kinsey Prunty	20:44.6	Wayne Corydon
46.	10	Maddux Tuhn	17:30.0	Baxter	48.	9	Tenley Deering	20:44.7	Postville Community
47.	12	Troy Klett	17:30.2	Sigourney	49.	12	Ava Meinders	20:46.8	North Iowa Buffalo Center
48.	11	Charlie McLaughlin	17:33.2	Ankeny Christian Academy	50.	12	Hayden Berkland	20:50.9	Alta-Aurelia
49.	11	Ezra Almelien	17:33.2	North Butler Greene	51.	12	Cypress Erickson	20:50.9	Collins-Maxwell
50.	Jr	Ryan Villa	17:34.1	Columbus Community Columbus Ju...	52.	11	Annie Hageman	20:51.0	South Winneshiek
51.	11	Lane Fariss	17:37.1	Pekin	53.	12	Adele (Addy) Conway	20:52.8	South Winneshiek
52.	12	Owen Engel	17:37.4	East Sac County	54.	12	Maddy Jansen	20:53.4	South Winneshiek
53.	9	Andrew Van Zee	17:37.4	Earlham	55.	11	Jaci Snyder	20:53.4	Sumner-Fredericksburg
54.	11	Mason Dahlstrom	17:39.5	Pekin	56.	11	Ava Franzen	20:53.5	South Winneshiek
55.	12	Andrew Schlarmann	17:39.9	Beckman Catholic Dyersville	57.	11	Kayley Snowgren	20:54.9	Van Buren County
56.	11	Cade Storm	17:40.5	Columbus Community Columbus Ju...	58.	10	Aleah Marco	20:55.8	Sibley-Ocheyedan
57.	11	Riley Gauden	17:40.7	West Hancock Britt	59.	9	Macie Carter	20:56.4	WACO Wayland
58.	10	Malcolm Toornstra	17:41.5	Collins-Maxwell	60.	12	Rylee Philips	20:56.5	Van Buren County
59.	12	Gavin Noll	17:41.6	Van Buren County	61.	10	Amelia Latch	20:59.2	Pleasantville
60.	12	Jacob Launderville	17:42.5	Alta-Aurelia	62.	10	Whitney Brady	21:04.9	North Linn Troy Mills
61.	11	Noah Derrick	17:42.8	Springville	63.	11	Rachael Murty	21:05.9	North Tama Traer
62.	12	Trager Pecha	17:44.0	North Butler Greene	64.	12	Ella Steele	21:09.1	Hudson
63.	10	Landen Davenport	17:45.0	South O'Brien Paullina	65.	9	Quinn Sievers	21:13.1	Newell-Fonda
64.	10	Victor Tovar	17:46.1	Columbus Community Columbus Ju...	66.	9	Makenna Dick	21:13.4	West Fork Sheffield
65.	11	Brock Driskill	17:47.4	East Union Afton	67.	11	Keira Diehm	21:14.7	Heartland Christian
66.	9	Ethan Benton	17:48.9	Ankeny Christian Academy	68.	11	Isabella (Belle) Stika	21:16.1	Turkey Valley Jackson Junction
67.	12	Ayden Martinez	17:49.1	Louisa-Muscatine	69.	10	Rain Robertson	21:18.4	Sumner-Fredericksburg

68.	10	Isaac Frazier	17:49.5	English Valleys North English	70.	10	Brooklyn Fayer	21:20.9	Sumner-Fredericksburg
69.	12	Danny Dudzik	17:50.5	Beckman Catholic Dyersville	71.	11	Alexis Cummins	21:21.7	North Union
70.	9	Kevin Villa	17:51.1	Columbus Community Columbus Ju...	72.	10	Rory Philips	21:22.1	Van Buren County
71.	12	Dan Spooner	17:51.2	Newman Catholic Mason City	73.	10	Adalynn Kane	21:23.4	Wapsie Valley Fairbank
72.	11	Brock Nebergall	17:51.8	Lone Tree	74.	10	Amadelaïd Benitez	21:25.7	Sibley-Ocheyedan
73.	12	Kenyon Baker	17:53.8	Maquoketa Valley Delhi	75.	11	Addison Achenbach	21:25.9	English Valleys North English
74.	10	Beau Waugh	17:53.8	Central Decatur Leon	76.	9	Brielle Kramer	21:26.9	Tri-Center Neola
75.	11	Steffen Goerdts	17:53.9	Beckman Catholic Dyersville	77.	9	Bree Scabbyrobe	21:26.9	Meskwaki Settlement
76.	11	Luke Kading	17:55.0	Nodaway Valley	78.	10	Kinsley Canoyer	21:28.3	Earlham
77.	12	Brad Dahl	17:58.8	South Winneshiek	79.	11	Lauren Ondrashek	21:29.0	South Winneshiek
78.	11	James McCready	18:01.8	Riverside Oakland	80.	12	Chloe Broer	21:29.0	West Monona Onawa
79.	10	Nathan Schlarmann	18:02.9	Beckman Catholic Dyersville	81.	11	Penelope Wearmouth	21:33.0	Martensdale-St. Marys
80.	12	Luke Reitsma	18:03.7	Ankeny Christian Academy	82.	9	Kate Hildreth	21:33.6	Manson Northwest Webster
81.	11	Landon Sheffield	18:06.9	Earlham	83.	10	Mandeesa Vos	21:35.9	Lynnnville-Sully
82.	11	Drake Marin	18:08.0	Columbus Community Columbus Ju...	84.	9	Hope Irvin	21:41.9	Siouxland Christian
83.	11	Jagger Timmerman	18:08.2	Starmont West Central	85.	11	Shea Rodgers	21:42.1	Earlham
84.	11	Wyatt Lemonds	18:08.2	Fremont-Mills Tabor	86.	10	Jillian Budge	21:43.0	Tri-Center Neola
85.	11	Landry Loeffler	18:08.7	Van Buren County	87.	10	Danika Meyer	21:48.0	Newell-Fonda
86.	9	Walker Riggan	18:10.9	Louisa-Muscatine	88.	11	Braelyn Suckow	21:48.7	Sumner-Fredericksburg
87.	11	Brody Sullivan	18:11.6	Bellevue	89.	11	Cadence Petersen	21:50.8	ACGC
88.	10	Connor Sweet	18:12.3	Springville	90.	10	Kaylynn Caster	21:52.6	English Valleys North English
89.	12	Locken Henderson	18:12.6	WACO Wayland	91.	11	Rebecca Vidal	21:53.6	Hudson
90.	12	Isaac Shinn	18:13.7	Danville	92.	11	Aubrey Achenbach	21:55.0	English Valleys North English
91.	10	Elias Gonzalez Bravo	18:14.1	Columbus Community Columbus Ju...	93.	9	Ella Annis	21:56.8	Hudson
92.	10	Payton Dickson	18:16.7	Earlham	94.	12	Addison Doolittle	21:57.9	Mount Ayr
93.	9	Ben Cox	18:17.2	Emmetsburg	95.	12	Olyvia Schoonover	21:59.5	Sumner-Fredericksburg
94.	12	Jeremy Nicodemus	18:17.7	Springville	96.	11	Ava Meyer	22:00.5	Wapsie Valley Fairbank
95.	12	Markus Woolery	18:18.4	Cedar Ridge Christian	97.	12	Triona Scott	22:01.4	Collins-Maxwell
96.	11	Paul Kading	18:18.7	Nodaway Valley	98.	9	Addison Junker	22:02.1	Lenox
97.	12	Griffin Messer	18:19.5	Earlham	99.	12	Nora Christian	22:05.4	Sioux Central Sioux Rapids
98.	10	Madden Gunsaulus	18:21.5	Lynnnville-Sully	100.	9	Adalyn Snowgren	22:05.9	Van Buren County
99.	10	Matthew Heisterkamp	18:21.7	Ankeny Christian Academy	101.	12	Cece Stanley	22:06.3	Earlham
100.	12	Isaiah Collins	18:22.1	West Hancock Britt	102.	12	Peyton McMahon	22:06.7	North Linn Troy Mills
101.	9	Elias Duran	18:22.6	Columbus Community Columbus Ju...	103.	10	Adaline Jolly	22:06.8	Collins-Maxwell
102.	11	Avery Kelley	18:22.8	Louisa-Muscatine	104.	9	Addilyn Langschwager	22:07.3	Alta-Aurelia
103.	10	Brayden Eden	18:23.9	Lake Mills	105.	11	Adelyn White	22:08.0	Madrid
104.	10	Kaleb Johnson	18:24.2	Bedford	106.	11	Ella Sandahl	22:09.3	Essex
105.	11	Sam Terlouw	18:24.6	Lynnnville-Sully	107.	11	Elizabeth Moore	22:10.6	Martensdale-St. Marys
106.	12	Aidan Yaddof	18:26.3	Calamus-Wheatland	108.	10	Riley Childs	22:10.9	Sibley-Ocheyedan
107.	10	Carter Corona	18:27.1	BGM Brooklyn	109.	11	Mya Pohlen	22:13.2	Sibley-Ocheyedan
108.	9	Tony Elsbernd	18:30.8	South Winneshiek	110.	10	Gabby Titus	22:16.5	Van Buren County
109.	10	Leo Jirak	18:33.5	Van Buren County	111.	10	Addison Boden	22:18.2	Tri-Center Neola
110.	9	Oliver Engel	18:33.9	East Sac County	112.	11	Kendall Suckow	22:21.8	Sumner-Fredericksburg
111.	10	Archer Small	18:34.7	Akron-Westfield	113.	10	Brinley Boehme	22:28.0	Wapsie Valley Fairbank
112.	11	Haden Colton	18:35.8	Nodaway Valley	114.	12	Kaylee Frazier	22:29.8	English Valleys North English
113.	12	Tate McDole	18:39.2	Lamoni	115.	11	Karina Bloom	22:30.5	Sioux Central Sioux Rapids
114.	11	Landon Driver	18:40.0	Sioux Central Sioux Rapids	116.	9	Lucy Heitritter	22:32.3	Sibley-Ocheyedan
115.	12	Adam Gaul	18:41.2	Beckman Catholic Dyersville	117.	12	Maya Barnes	22:37.4	Wapsie Valley Fairbank
116.	11	Colin Christians	18:41.4	Sioux Central Sioux Rapids	118.	9	Gracie Odens	22:43.2	Sibley-Ocheyedan
117.	9	Weston Smith	18:41.9	Sioux Central Sioux Rapids	119.	10	Breah Lowry	22:43.2	Lynnnville-Sully
118.	9	Trig Drahota	18:42.7	Riverside Oakland	120.	9	Lana VanArsdol	22:44.6	Tri-Center Neola
119.	9	Tyler DeBoer	18:43.0	Trinity Christian High School	121.	9	Amy Schutte	22:45.0	Wapsie Valley Fairbank
120.	9	Reid Kite	18:43.3	Van Buren County	122.	9	Claire Davis	22:45.3	Collins-Maxwell
121.	12	Caleb Pinion	18:43.6	Starmont West Central	123.	11	Kailor Lown	22:46.0	English Valleys North English
122.	9	Jaren Troxel	18:47.7	Van Buren County	124.	9	Elliot Hamilton	22:46.5	Newell-Fonda
123.	12	Ethan Dunsbergen	18:49.1	Lynnnville-Sully	125.	9	Isabella Gonzalez	22:46.5	Martensdale-St. Marys
124.	12	Xander Hemer	18:52.6	East Sac County	126.	12	Lainey Buckendahl	22:48.3	Alta-Aurelia
125.	11	Caleb Skogen	18:53.8	Lake Mills	127.	11	Peyton Sharp	22:49.7	Lynnnville-Sully
126.	12	Brenndan Engler	18:54.9	Beckman Catholic Dyersville	128.	10	Bree Anderson	22:50.2	Alta-Aurelia
127.	9	Josh Nelson	18:58.0	Nodaway Valley	129.	10	Ellie Sievers	22:50.9	Newell-Fonda
128.	9	Augie Wiltgen	18:59.3	South Winneshiek	130.	10	Hadley Divelbess	22:51.3	Tri-Center Neola
129.	12	Cole Luensmann	19:00.6	Beckman Catholic Dyersville	131.	10	Violet Sangwin	23:02.8	Sioux Central Sioux Rapids
130.	12	Krayton Rutledge	19:05.5	Emmetsburg	132.	12	Adelynn Wierck	23:02.9	Wapsie Valley Fairbank
131.	10	Blake Leopard	19:07.2	Louisa-Muscatine	133.	12	Desarae Lang	23:07.1	Hudson

132.	10	Cherubim Mercado	19:17.3	Nodaway Valley
133.	9	Yosi Howard	19:19.7	Springville
134.	11	Keegan Schnell	19:20.1	Lynnville-Sully
135.	9	Everette Ehler	19:22.2	Nodaway Valley
136.	11	Brody Sobaski	19:26.0	Pekin
137.	11	Evan Arkema	19:30.1	Lynnville-Sully
138.	10	Caden Tieskoetter	19:34.9	South Winneshiek
139.	12	Andrew Nelson	19:47.6	Sioux Central Sioux Rapids
140.	9	Landon Fariss	19:53.0	Pekin
141.	10	Clayton Kuboushek	19:58.9	South Winneshiek
142.	10	Sawyer Spiker	20:00.3	Van Buren County
143.	12	Miles Nielsen	20:10.9	North Butler Greene
144.	12	Cain Nielsen	20:14.4	North Butler Greene
145.	9	Aidan Manary	20:23.6	Louisa-Muscatine
146.	12	Taylon Withers	20:25.0	Sioux Central Sioux Rapids
147.	11	William Nielsen	20:34.3	North Butler Greene
148.	11	Clayton Harvey	20:36.8	Pekin
149.	Sr	Landon Conn	21:38.6	Springville
150.	11	Hayden Miller	22:16.2	Pekin
151.	12	Tucker Freese	22:34.9	East Sac County
152.	12	Evan Swygman	<u>24:51.7</u>	North Butler Greene

134.	9	Helen Maldonado	23:11.5	South Winneshiek
135.	10	Isabelle Vos	23:12.2	Lynnville-Sully
136.	9	Kaylie Bruess	23:15.0	South Winneshiek
137.	11	Emma Coffin	23:25.3	Van Buren County
138.	9	Makayla Mullenbach	23:28.6	Madrid
139.	10	Allie Chambers	23:29.0	Sioux Central Sioux Rapids
140.	11	Ari Mundy	23:35.8	Madrid
141.	9	Ella Cassidy	23:52.9	Martensdale-St. Marys
142.	11	Reagan Lewis	24:03.2	Hudson
143.	12	Eva Kaskey	24:08.4	Alta-Aurelia
144.	9	Ella Hutchinson	24:09.3	Madrid
145.	12	Cadence Hammen	24:17.8	Earlham
146.	9	Claire Hand	24:26.3	Collins-Maxwell
147.	9	Paige Erickson	24:35.1	Newell-Fonda
148.	12	Miriam Rulapaugh	24:41.1	Wapsie Valley Fairbank
149.	12	Soleil McCool	24:50.3	Tri-Center Neola
150.	11	Lilah Aubert	24:54.0	Earlham
151.	9	Katelyn Nikkel	25:01.7	Lynnville-Sully
152.	11	Briann Pitcherello	25:12.0	Collins-Maxwell
153.	9	Kyia Copp	25:13.8	Newell-Fonda
154.	10	Jaina Gladson	25:40.0	Martensdale-St. Marys
155.	10	Kiera Aberson	26:15.9	Alta-Aurelia
156.	10	Sarah Phillips	26:33.4	Sioux Central Sioux Rapids
157.	10	Jade Wilkinson	27:13.9	Alta-Aurelia
158.	12	Morgan Hay	27:24.4	Lynnville-Sully

5,000 Meters Wheelchair

1.	12	Eli Johnson	20:25.2	Bedford
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