

2026 Jim Boughton XC Invitational HS

IN PROGRESS 📅 Thu, Sep 24, 2026 📍 Dubuque Soccer Complex, IA US

🕒 Timed By: B&W Racing Services

Deadline was 🗄 Wed Sep 23, 2026 @ 12:01 PM

👤 Mens Results

5,000 Meters Fresh/Soph Boys 5000 Meters

Official Team Scores

1. Pleasant Valley	20
2. Iowa City Liberty	77
3. Cedar Falls	80
4. Dubuque Hempstead	80
5. Wahlert Dubuque	163
6. Dubuque Senior	163
7. Coram Deo Academy	224
8. Davenport Central	242
9. Bettendorf	262
10. North Scott Eldridge	272
11. Epworth Western Dubuque	283
12. Central DeWitt	361

1. 10 Mason Stock	17:27.6	Pleasant Valley
2. 10 Andrew Broughton	17:37.9	Pleasant Valley
3. 10 Jameson Provorse	17:56.4	Iowa City Liberty
4. 9 Yuvi Singh	17:58.7	Pleasant Valley
5. 9 Calin Brunkhorst	17:59.2	Iowa City Liberty
6. 9 Brycen Leifker	18:00.8	Pleasant Valley
7. 10 Alex Port	18:07.7	Pleasant Valley
8. 9 Tandon Sash	18:08.1	Iowa City Liberty
9. 10 Nishant Gudipati	18:10.6	Pleasant Valley

👤 Womens Results

5,000 Meters Fresh/Soph Girls 5000 Meters

Official Team Scores

1. Iowa City City High	28
2. Dubuque Senior	47
3. Cedar Falls	89
4. Wahlert Dubuque	103
5. Central DeWitt	110
6. Dubuque Hempstead	168

1. 10 Charlotte Doran	21:26.8	Iowa City City High
2. 10 Maeve Nordlund	21:50.2	Iowa City City High
3. 9 Lauren Roach	21:56.0	Dubuque Senior
4. 9 Ada Milligan	21:56.0	Dubuque Senior
5. 10 Trinity Tague	22:06.4	Central DeWitt
6. 9 Elizabeth Groff	22:13.9	Iowa City City High
7. 9 Lindsey Dean	22:16.9	Wahlert Dubuque
8. 9 Alice Degner	22:32.3	Iowa City City High
9. 10 Savannah Lucas	22:34.4	Epworth Western Dubuque
10. 10 Taylor Hill	22:39.4	Dubuque Senior
11. 10 Ruby Fromm	22:39.9	Cedar Falls
12. 10 Addison Mangan	22:47.0	Iowa City City High
13. 9 Millie Younker	22:48.2	Iowa City City High
14. 9 Kenley Ogden	22:56.2	Cedar Falls
15. 10 Avery Speas	22:56.9	Central DeWitt
16. 10 Lucy Weber	22:56.9	Dubuque Senior
17. 10 Kate Rothert	22:58.1	Dubuque Senior
18. 9 Neda Sabha	22:58.4	Iowa City City High
19. 10 Stella Duccini	23:16.0	Dubuque Senior
20. 10 Caitlynn Mangers	23:25.4	Dubuque Senior
21. 10 Alaina Baxter	23:38.1	Iowa City City High

10.	9	Cameron Rolf	18:12.2	Cedar Falls	22.	9	Eve Ziehr	23:46.0	Iowa City City High
11.	8	Christian Cooley	18:14.5	Dubuque Hempstead	23.	10	Delaney Garrett	23:46.7	Cedar Falls
12.	9	Gavin Ryan	18:15.0	Dubuque Hempstead	24.	9	Eva Balmer	23:48.0	Iowa City City High
13.	9	Gavin Hall	18:15.9	Pleasant Valley	25.	10	Alina Buchholtz	23:49.0	Dubuque Senior
14.	9	Mason DeWall	18:17.5	Cedar Falls	26.	10	Elly Eggers	23:57.4	Cedar Falls
15.	10	Andrew Kallback	18:19.3	Dubuque Hempstead	27.	10	Paige Fethke	23:59.7	Iowa City City High
16.	10	Vihaan Pila	18:23.7	Pleasant Valley	28.	10	Claire Voss	24:03.5	Wahlert Dubuque
17.	10	Aiden Goodenbour	18:26.2	Cedar Falls	29.	10	Brynn Fitzpatrick	24:04.3	Wahlert Dubuque
18.	9	Ryker Kulig	18:30.7	Pleasant Valley	30.	9	Delaney Johnson	24:17.9	Iowa City City High
19.	10	Noah Christensen	18:37.9	Dubuque Senior	31.	9	Ellie Biderman	24:18.2	Iowa City City High
20.	10	Nolan Froistad	18:39.9	Dubuque Hempstead	32.	9	Ella Keeler	24:20.0	Wahlert Dubuque
21.	10	Peterson Joey	18:40.7	Pleasant Valley	33.	10	Annelie Scheirer	24:26.7	Dubuque Senior
22.	10	Pranav Bhardwaj	18:41.4	Pleasant Valley	34.	9	Betsy Cantine	24:27.6	Iowa City City High
23.	10	Kenny Hoover	18:42.0	Cedar Falls	35.	9	Caroline Bowermaster	24:31.2	Cedar Falls
24.	10	Peter Klapatauskas	18:42.3	Wahlert Dubuque	36.	10	Sarah Haller	24:40.2	Cedar Falls
25.	9	Cooper Halvorson	18:43.0	Cedar Falls	37.	9	Maya Shol	24:48.5	Dubuque Senior
26.	10	Elliott Wilkinson	18:43.9	Cedar Falls	38.	10	Norah Reicks	24:49.7	Iowa City City High
27.	9	Roddick Taylor	18:44.8	Coram Deo Academy	39.	9	Evelyn Howard	24:49.8	Iowa City City High
28.	9	Winston Richardson	18:48.0	Dubuque Hempstead	40.	9	Lila Henn	24:57.7	Wahlert Dubuque
29.	10	Isaac Pielak	18:48.0	Pleasant Valley	41.	10	Brooklyn Walls	25:02.1	Central DeWitt
30.	10	Rowen Adkins	18:50.7	Coram Deo Academy	42.	10	Evelyn Miller	25:02.7	Iowa City City High
31.	9	Tyler Hoth	18:51.9	Iowa City Liberty	43.	9	Ayla Reicherts	25:17.9	Cedar Falls
32.	10	Gabe Rasgado-Lopez	18:52.7	Pleasant Valley	44.	10	Evalie Charlton	25:27.7	Cedar Falls
33.	9	Graham Kroger	18:53.0	Dubuque Senior	45.	10	Abigail Saul	25:29.7	Dubuque Hempstead
34.	10	Tito Kodiaga	18:58.7	Cedar Falls	46.	9	Katelynn Rouse	25:29.8	Cedar Falls
35.	10	Cooper Leopard	19:02.9	Davenport Central	47.	9	Jayla Wessels	25:53.9	Cedar Falls
36.	10	Emmett Fern	19:03.0	Dubuque Hempstead	48.	10	Eva Burke	26:26.0	Central DeWitt
37.	10	Connell Brock	19:05.1	Dubuque Senior	49.	10	Sydney Nash	26:27.1	Iowa City City High
38.	10	Liam Cearlock	19:08.3	Wahlert Dubuque	50.	9	Mallory Frerichs	26:28.1	Cedar Falls
39.	10	Hayden Schmidt	19:08.4	North Scott Eldridge	51.	10	Lizzy Fee	26:35.4	Easton Valley
40.	10	Carter Davis	19:09.2	Dubuque Hempstead	52.	9	Hailey Schmidt	27:20.3	Dubuque Senior
41.	10	Chase Thomas	19:09.5	Dubuque Hempstead	53.	10	Morgan Van Rees	27:37.2	Cedar Falls
42.	9	Omar Aldamak	19:12.1	Cedar Falls	54.	10	Kamryn Riley	27:40.0	Cedar Falls
43.	10	Ayden Stopak	19:18.7	Iowa City Liberty	55.	9	Lily Sprague	28:02.7	Dubuque Senior
44.	10	Austin Henn	19:19.0	Wahlert Dubuque	56.	9	Diane Lee	28:04.8	Cedar Falls
45.	10	Jude Dodds	19:20.4	Wahlert Dubuque	57.	10	Josephine Hacker	28:21.7	Iowa City City High
46.	10	Lawrence Smith	19:22.1	Wahlert Dubuque	58.	9	Gemma Fuortes	28:22.6	Iowa City City High
47.	9	Simon Hall	19:22.8	Davenport Central	59.	10	Kaylee Janssen	28:31.6	Cedar Falls
48.	10	Mj Cook	19:25.7	Dubuque Hempstead	60.	9	Kennedy Regul	28:50.0	Dubuque Senior
49.	10	Parker McGowan	19:27.5	Iowa City Liberty	61.	9	Talia Stroud	29:03.7	Central DeWitt
50.	10	Keaton McIlrath	19:30.0	Epworth Western Dubuque	62.	9	Raelyn Johnson	29:04.0	Dubuque Hempstead
51.	10	Grayson Barr	19:32.4	Bettendorf	63.	10	Camila Meren Fuchtman	29:09.0	Iowa City City High
52.	10	Sam Cobine	19:33.5	East Dubuque	64.	9	Queena Xu	29:16.0	Dubuque Hempstead
53.	10	Kael Schmitt	19:34.0	Cedar Falls	65.	9	Schatzi Weaver	29:23.1	Dubuque Hempstead
54.	9	Daniel Juza	19:34.9	Cedar Falls	66.	10	Abrielle Reine Abiera	29:36.5	Dubuque Hempstead
55.	10	Dillon Hofstadter	19:36.8	Pleasant Valley	67.	9	Alyson Jasper	29:36.9	Cedar Falls
56.	9	Elijah Kessler	19:37.3	Dubuque Senior	68.	10	Leah VerDught	29:44.0	Cedar Falls
57.	10	Sidney Miller-Prouty	19:37.7	Cedar Falls	69.	10	Aubrey Davis	30:12.3	Dubuque Hempstead
58.	10	Aidan Mack	19:39.9	Coram Deo Academy	70.	10	Nora Krapfl	30:34.6	Epworth Western Dubuque
59.	10	Lucas Wurster	19:40.2	East Dubuque	71.	9	Grace Ceaglske	31:06.4	Cedar Falls
60.	9	Anthony Heine	19:40.9	Dubuque Senior	72.	10	Lila MacInnis-Baumert	32:39.2	Iowa City City High
61.	9	Max Kelly	19:43.5	Wahlert Dubuque	73.	9	Harriet Beal-Gupta	33:03.8	Iowa City City High
62.	9	Harper Beard	19:44.8	Dubuque Senior	74.	9	Eleanor Barlow	47:19.0	Iowa City City High
63.	9	Griffin Fossey	19:49.7	Pleasant Valley					
64.	10	Ryan Osler	19:50.0	Pleasant Valley					
65.	9	Ian Wagner	19:52.0	Dubuque Hempstead					
66.	10	Silas Herber	19:56.2	Dubuque Hempstead					
67.	10	Levi Zimmerman	19:57.6	Pleasant Valley					
68.	9	Maxton Gauss	19:58.0	Pleasant Valley					
69.	10	Mason Busch	19:58.2	Dubuque Hempstead					
70.	10	Vishnu Avulapati	19:58.6	Pleasant Valley					
71.	9	Landon Wiechmann	20:00.4	Cedar Falls					
72.	9	Abel Miller	20:00.4	Bettendorf					
73.	9	Will Hinders	20:01.3	Bettendorf					

5,000 Meters JV Girls 5000 Meters

Official Team Scores

74.	10	Rowen Lotz	20:01.7	North Scott Eldridge
75.	10	Jett Cho	20:02.5	Iowa City Liberty
76.	10	Spencer D'Antico	20:02.9	Pleasant Valley
77.	10	Bennett Jess	20:06.3	Coram Deo Academy
78.	9	Casey Recker	20:09.7	Iowa City Liberty
79.	9	Jack Kueter	20:13.3	Dubuque Hempstead
80.	9	Owen Burley	20:14.8	Wahlert Dubuque
81.	9	Otis Haynes	20:15.7	Dubuque Senior
82.	10	Jesse Nicholson	20:18.4	Cedar Falls
83.	9	Hayden Carpenter	20:19.3	Dubuque Senior
84.	9	Liam Goedken	20:33.0	Epworth Western Dubuque
85.	10	Corbin Sartori	20:33.9	Wahlert Dubuque
86.	9	Luke Baldry	20:35.6	Davenport Central
87.	10	Briggs Canton	20:37.7	Iowa City Liberty
88.	10	Ackley Sabel	20:38.4	Davenport Central
89.	10	Noah Tyler	20:44.3	Dubuque Hempstead
90.	10	Aaditya (Aadi) Patel	20:44.4	Epworth Western Dubuque
91.	9	Holden Schalk	20:50.0	Bettendorf
92.	9	Lucas Rodgers	20:51.9	Pleasant Valley
93.	10	Parker Dice	20:54.3	Cedar Falls
94.	9	Sam Miller	20:54.8	Cedar Falls
95.	9	Jack Callahan	20:55.7	Wahlert Dubuque
96.	10	Rylan Schultz	20:56.5	Dubuque Hempstead
97.	9	Josh Schmidt	20:59.0	Cedar Falls
98.	9	Gavin Reed	21:02.9	Pleasant Valley
99.	9	Sully Gotto	21:03.7	Pleasant Valley
100.	10	Corbin Goodwin	21:04.6	Cedar Falls
101.	10	Brady Monroe	21:09.6	North Scott Eldridge
102.	9	Bennett Freiberg	21:12.7	Cedar Falls
103.	9	Kevin Tucker	21:13.8	Wahlert Dubuque
104.	9	Gus Richter	21:15.7	Davenport Central
105.	10	Isaac Capalla	21:17.4	Epworth Western Dubuque
106.	9	Emmett Norris	21:20.3	North Scott Eldridge
107.	9	Micah Holland	21:20.3	Bettendorf
108.	10	Henry Dehner	21:20.5	Davenport Central
109.	10	Logan Carney	21:23.4	North Scott Eldridge
110.	10	Xander Sindt	21:23.8	Dubuque Senior
111.	9	Cael Dalsing	21:25.3	Epworth Western Dubuque
112.	10	Aiden Faulhaber	21:25.6	Central DeWitt
113.	9	Bryghton Wallace	21:26.3	Central DeWitt
114.	9	Maverick Gauss	21:27.8	Pleasant Valley
115.	9	Drake Griswold	21:29.5	Pleasant Valley
116.	10	Michael Hames	21:30.5	North Scott Eldridge
117.	10	Robert Riddell	21:32.3	Dubuque Senior
118.	9	Levi Lueck	21:33.1	Dubuque Hempstead
119.	10	Collin Finn	21:34.5	Iowa City Liberty
120.	10	Wyatt Cruse	21:34.6	Dubuque Hempstead
121.	9	Jacob Fielding	21:34.7	Central DeWitt
122.	10	Mason Schaapveld	21:39.3	North Scott Eldridge
123.	9	Terry Edens	21:39.3	North Scott Eldridge
124.	10	Casey Armstrong	21:40.8	Davenport Central
125.	10	Chase Hensley	21:41.5	Dubuque Hempstead
126.	9	Marc Herrold	21:42.6	Cedar Falls
127.	10	Clark Sprank	21:47.3	Epworth Western Dubuque
128.	10	Dominik Stutenberg	21:52.3	Pleasant Valley
129.	10	Jose Lopez	21:55.8	Iowa City Liberty
130.	9	Jude Didelot	21:55.9	Dubuque Hempstead
131.	9	Adrian Gillette	21:57.1	Bettendorf
132.	10	Gabriel Duncan	21:59.1	North Scott Eldridge
133.	10	Kalven Kobliska	22:03.5	Pleasant Valley
134.	9	Brandon Eiklenborg	22:06.1	Cedar Falls
135.	10	Bastian Green	22:06.6	Central DeWitt
136.	10	Nolan Wilson	22:08.6	Dubuque Senior
137.	9	Mason Coombs	22:09.0	Pleasant Valley

1.	Iowa City City High	28
2.	Pleasant Valley	33
3.	Cedar Falls	75
4.	Iowa City Liberty	150
5.	Epworth Western Dubuque	158
6.	Dubuque Hempstead	174
7.	Davenport Central	192
8.	Central DeWitt	195
9.	Waverly-Shell Rock	230
1.	11 Lucia Galluzzo	21:06.4 Iowa City City High
2.	10 Lyla Johnson	21:17.5 Pleasant Valley
3.	12 Martha Jane Willard	21:17.8 Iowa City City High
4.	11 Elaina Larson	21:18.9 Pleasant Valley
5.	11 Jocelyn Kempen	21:22.1 Pleasant Valley
6.	12 Willa Berning	21:31.7 Wahlert Dubuque
7.	11 Amelia Terrill	21:44.1 Iowa City City High
8.	11 Jessica Kardos	21:44.5 Iowa City City High
9.	11 Campbell Berg	21:46.7 Pleasant Valley
10.	11 Emma Hahn	22:08.2 Cedar Falls
11.	11 Leah Freiberg	22:12.0 Cedar Falls
12.	11 Maddie Fitzgerald	22:17.5 Iowa City City High
13.	12 Addison Klein	22:18.6 Iowa City City High
14.	11 Etta Winders	22:25.5 Iowa City City High
15.	9 Leah Robinson	22:36.4 Pleasant Valley
16.	11 Jenna Hannam	22:43.0 Cedar Falls
17.	10 Emma Richards	22:51.6 Pleasant Valley
18.	12 Izzy Todd	22:51.8 Pleasant Valley
19.	12 Hailey Fielding	22:55.3 Central DeWitt
20.	9 Keira Galvin	22:56.2 Iowa City Liberty
21.	12 Alexa Wenzel	22:56.3 Cedar Falls
22.	11 Tessa Belken	23:07.4 Wahlert Dubuque
23.	12 Amari Casto	23:08.5 Iowa City City High
24.	12 Maggie VerDught	23:11.0 Cedar Falls
25.	12 Laila Pho	23:13.2 Iowa City City High
26.	10 Hayli Hoffman	23:19.5 Iowa City Liberty
27.	9 Reagan Valliere	23:29.0 Pleasant Valley
28.	9 Hannah Hochgesang	23:32.9 Pleasant Valley
29.	11 Grace Klein	23:33.2 Epworth Western Dubuque
30.	12 Ava Clemen	23:33.4 Epworth Western Dubuque
31.	11 Helen Peng	23:33.8 Cedar Falls
32.	9 Payton Winslow	23:35.1 Pleasant Valley
33.	12 Maddie Lucas	23:39.0 Epworth Western Dubuque
34.	11 Nora Wittenkeller	23:39.2 Iowa City City High
35.	12 Lexi Holmes	23:41.4 Center Point-Urbana
36.	12 Ella Romero	23:42.1 Iowa City City High
37.	11 Sophia Morrison	23:48.5 Dubuque Senior
38.	9 Belle Schaeffer	23:49.1 Davenport Central
39.	11 Stella Houselog	23:53.0 Dubuque Hempstead
40.	9 Hayden Heberling	23:54.5 Pleasant Valley
41.	12 Kambry Jaeger	23:54.6 Cedar Falls
42.	10 Emily Rothfuss	23:54.7 Iowa City Liberty
43.	9 Gabby Bries	24:00.6 Pleasant Valley
44.	11 Teresa Troftgrubin	24:05.5 Dubuque Hempstead

138.	9	Isaiah Eiklenborg	22:09.2	Cedar Falls	45.	10	Mary Kate Johannes	24:05.9	Pleasant Valley
139.	9	Roman Kramer	22:11.5	Central DeWitt	46.	10	Julia Willett	24:06.4	Pleasant Valley
140.	9	Flynn Hurm	22:15.0	Dubuque Senior	47.	10	Madelynn Forest	24:11.1	Pleasant Valley
141.	8	Finlay Silvia	22:16.2	Dubuque Senior	48.	12	Tessa Gempler	24:20.1	East Dubuque
142.	10	Brayden Schmidt	22:16.7	North Scott Eldridge	49.	12	Amri Schwartz	24:20.2	Waverly-Shell Rock
143.	10	Hugo Martinez	22:16.9	Dubuque Senior	50.	12	Mallory Unsen	24:24.0	Wahlert Dubuque
144.	9	Drake Morfitt	22:17.0	Cedar Falls	51.	9	Magdalena Leveridge	24:25.7	Davenport Central
145.	10	Landon Campechano	22:20.6	Bettendorf	52.	12	Jo Mootz	24:33.9	Dubuque Hempstead
146.	10	Ethan Vavroch	22:31.5	Cedar Falls	53.	11	Adalyn Leistikow	24:35.0	Central DeWitt
147.	9	Foster Rouse	22:33.4	Cedar Falls	54.	11	Rebecca Bellman	24:36.7	Dubuque Hempstead
148.	9	James Warby	22:35.7	Cedar Falls	55.	10	Lola Hakes	24:39.4	Iowa City Liberty
149.	10	William Davis	22:39.7	Dubuque Senior	56.	11	Sophia Birkmeier	24:39.9	Davenport Central
150.	9	Ben Doerscher	22:43.4	Central DeWitt	57.	11	Ava Davis	24:45.5	Cedar Falls
151.	9	Charlie Blakeway	22:44.2	Bettendorf	58.	12	Chloe Sprague	24:46.3	Dubuque Senior
152.	9	Tyler Sebree	22:52.5	Cedar Falls	59.	12	Maryl Meeboer	24:52.2	Pleasant Valley
153.	10	Lukas Johnston	22:53.8	Iowa City Liberty	60.	12	Allison (Alli) Drone	24:54.1	Epworth Western Dubuque
154.	9	Aiden Meyer	22:58.8	Coram Deo Academy	61.	12	Hailee Peters	24:54.8	Central DeWitt
155.	9	Jackson Even	23:05.6	Wahlert Dubuque	62.	12	Everlie Sell	24:55.6	Wahlert Dubuque
156.	10	Colby Stoker	23:11.5	Central DeWitt	63.	11	Ava Solis	24:56.6	Pleasant Valley
157.	9	Henry Ciecior	23:15.5	Iowa City Liberty	64.	11	Jasmine Raymond	25:01.5	Davenport Central
158.	9	Oliver Kilgore	23:17.1	Dubuque Senior	65.	12	Claire Warby	25:07.3	Cedar Falls
159.	10	Colin Luckritz	23:18.2	North Scott Eldridge	66.	12	Raegan McDermott	25:13.0	Iowa City Liberty
160.	9	Wes Bobis	23:21.3	Dubuque Hempstead	67.	10	Vienna Batdorf	25:14.5	Pleasant Valley
161.	9	Oliver Bendickson	23:32.6	North Scott Eldridge	68.	12	Alivia Northrup	25:15.4	East Dubuque
162.	9	Taten Carter	23:40.9	Cedar Falls	69.	11	Lara Scholdt	25:16.7	Waverly-Shell Rock
163.	9	Jayden Reaves	23:44.2	North Scott Eldridge	70.	11	Camille Leman	25:21.5	Iowa City City High
164.	10	Louis Nolte	23:53.0	Cedar Falls	71.	11	Jacqueline Wilke	25:22.1	Central DeWitt
165.	10	Nathan Ryan	23:54.0	North Scott Eldridge	72.	11	Carsyn Roling	25:24.3	Dubuque Hempstead
166.	10	Liam Couniham	23:55.7	North Scott Eldridge	73.	10	Peyton Sydnor	25:24.9	Pleasant Valley
167.	9	Brandon Brown	24:25.0	North Scott Eldridge	74.	11	Kelsey Herrig	25:30.6	Iowa City City High
168.	9	Simeon Steele	24:27.0	Coram Deo Academy	75.	11	Ella Sjostedt	25:32.6	Center Point-Urbana
169.	9	Clover Clark	24:43.3	Iowa City Liberty	76.	12	Ella Sprank	25:34.6	Epworth Western Dubuque
170.	9	Jonathan Nielsen	24:46.2	Bettendorf	77.	12	Taylor Sikora	25:43.2	Waverly-Shell Rock
171.	9	Henry Moses	24:49.9	Cedar Falls	78.	11	Katlynn Waite	25:44.4	Iowa City City High
172.	9	Gavin DeVries	24:58.0	Cedar Falls	79.	10	Cameron Brown	25:44.5	Waterloo United
173.	9	Sam Ivanov	25:01.5	Wahlert Dubuque	80.	11	Greta Daniels	25:46.2	Iowa City Liberty
174.	9	Brayden LeBarge Christie	25:02.7	Pleasant Valley	81.	11	Ava Woock	25:46.4	Cedar Falls
175.	9	Brecken Millage	25:11.9	Coram Deo Academy	82.	11	Olivia Becker	25:48.4	Iowa City City High
176.	9	Sam Tomlyanovich	25:15.4	Cedar Falls	83.	12	Elise Good	25:50.8	Iowa City City High
177.	9	Barnie Keppler	25:32.3	Wahlert Dubuque	84.	9	Alana Nixt	26:02.5	Waverly-Shell Rock
178.	9	Eliyas Ruh	25:39.6	Dubuque Senior	85.	9	Madison Brinkmeyer	26:08.7	Pleasant Valley
179.	9	Aiden Wallace	25:42.7	Wahlert Dubuque	86.	10	Dharma Krause	26:14.6	Waterloo United
180.	9	Brooks Elder	26:16.7	Dubuque Senior	87.	12	Leah Barr	26:18.4	Pleasant Valley
181.	9	Damian Maldonado	26:19.5	Iowa City Liberty	88.	12	Isabel Wenzel	26:25.1	Cedar Falls
182.	10	Miykala Farmer	26:23.2	Central DeWitt	89.	12	Josie Kallback	26:54.0	Dubuque Hempstead
183.	10	Levi Cabrera	26:28.6	Bettendorf	90.	11	Hana Frank	26:54.9	Epworth Western Dubuque
					91.	10	Mari Berquam	26:56.8	Iowa City Liberty
					92.	12	Alison Frerichs	27:03.9	Cedar Falls
					93.	12	Ashlyn Brubaker	27:06.7	Iowa City Liberty
					94.	11	Anne Linehan	27:08.6	Davenport Central
					95.	9	Kaelin Wenzel	27:21.0	Pleasant Valley
					96.	11	Anna Zimmerman	27:36.3	Epworth Western Dubuque
					97.	12	Rachele Ferrini	27:56.4	Dubuque Senior
					98.	12	Olivia Hodgson	27:58.1	Epworth Western Dubuque
					99.	12	Katelyn Peck	28:34.9	North Scott Eldridge
					100.	9	Claire Kinter	28:34.9	Pleasant Valley
					101.	9	Hadley Willis	28:41.3	Pleasant Valley
					102.	11	Hope Zeitlow	28:58.0	Pleasant Valley
					103.	11	Zelda Ayers	29:10.1	Iowa City City High
					104.	10	Ella Soliz-Rivera	29:10.5	Davenport Central
					105.	10	Norah Dwyer	29:14.4	Pleasant Valley
					106.	12	Madeline Arnold	29:19.4	Epworth Western Dubuque
					107.	12	Isabella Suarez	29:23.0	North Scott Eldridge
					108.	12	Mackenzie Dawson	29:25.9	Cedar Falls

5,000 Meters JV Boys 5000 Meters

Official Team Scores

- Iowa City Liberty22
- Cedar Falls41
- Pleasant Valley83

4.	Dubuque Senior	113
5.	Davenport Central	182
6.	North Scott Eldridge	201
7.	Center Point-Urbana	214
8.	Dubuque Hempstead	216
9.	Waterloo United	271
10.	Epworth Western Dubuque	275
11.	Bettendorf	286
12.	Wahlert Dubuque	315
13.	Central DeWitt	343

1.	11	Charlie Brust	18:01.3	Iowa City Liberty
2.	11	Carter Konrardy	18:14.8	Iowa City Liberty
3.	11	Ben Lanxon	18:16.3	Iowa City Liberty
4.	12	Landon Wallace	18:21.8	Cedar Falls
5.	12	Evan Osler	18:30.4	Pleasant Valley
6.	11	Patrick Shields	18:32.1	Cedar Falls
7.	12	Ben London	18:33.4	Iowa City Liberty
8.	11	Israel Kodiaga	18:40.8	Cedar Falls
9.	11	Deegan Wood	18:41.1	Iowa City Liberty
10.	12	Turner Stewart	18:48.9	Cedar Falls
11.	12	Josh Schulte	18:50.0	Dubuque Senior
12.	11	Cooper Newland	18:53.1	Iowa City Liberty
13.	12	Regan Scholten	18:57.0	Cedar Falls
14.	11	Chase Venema	19:00.9	Easton Valley
15.	12	Aaron Scheirer	19:01.2	Dubuque Senior
16.	11	David Sprague	19:04.9	Pleasant Valley
17.	12	Sam Goldsmith	19:06.4	Dubuque Hempstead
18.	12	Rowan Adkins	19:07.0	Pleasant Valley
19.	11	Jabrie Naguina	19:07.6	Davenport Central
20.	11	Gage Long	19:08.2	Dubuque Hempstead
21.	11	Andrew Carleton	19:09.9	Pleasant Valley
22.	11	Phoenix Ritt	19:10.5	Epworth Western Dubuque
23.	11	Michael Ward	19:10.9	Cedar Falls
24.	12	Jason Garnica	19:11.2	North Scott Eldridge
25.	12	Nathan Powers	19:14.9	Dubuque Senior
26.	12	Braxton Helstrom	19:16.0	Davenport Central
27.	12	Garrett Schutte	19:16.8	Pleasant Valley
28.	12	David Lucas	19:20.7	Pleasant Valley
29.	11	Riley Lestina	19:22.0	Cedar Falls
30.	12	Keegan Ayers	19:22.8	North Scott Eldridge
31.	11	Truong Pham	19:32.3	Iowa City Liberty
32.	12	Parker Block	19:35.3	Dubuque Senior
33.	11	James Norby	19:40.5	Cedar Falls
34.	12	Levi Graham	19:42.0	Center Point-Urbana
35.	12	Ian Silvia	19:43.4	Dubuque Senior
36.	11	Joey Goetsch	19:46.2	Cedar Falls
37.	11	Sylas Duffy	19:46.2	Dubuque Senior
38.	11	Lucas Smith	19:50.2	Dubuque Senior
39.	12	Grant Arling	19:50.8	Dubuque Senior
40.	12	Ben Christ	19:52.0	Cedar Falls
41.	11	Rebel Wilson	19:52.1	Cedar Falls
42.	10	Carson Mullenbach	19:56.8	Center Point-Urbana

109.	10	Mackenzie Maxim	29:32.3	Pleasant Valley
110.	11	Esther Barfels	29:40.9	Davenport Central
111.	12	Charlotte Dillon	29:46.9	Iowa City Liberty
112.	12	Lily Wagener	30:23.2	Dubuque Hempstead
113.	11	Grace Gripp	30:49.6	Davenport Central
114.	12	Adrianna Coiner	30:56.5	Iowa City City High
115.	11	Gabriella Naguina	31:13.1	Davenport Central
116.	11	Faith Petersen	31:28.9	Central DeWitt
117.	12	Addie Trees	31:32.7	Pleasant Valley
118.	11	Eryana Whitney	31:32.8	Waverly-Shell Rock
119.	12	Emily Barnes	31:36.4	Pleasant Valley
120.	11	Alice Thurston	31:48.4	Davenport Central
121.	12	Izzy VanDerGinst	32:18.4	Central DeWitt
122.	11	Kate Vaske	32:22.0	Epworth Western Dubuque
123.	12	Elise Knutsen	32:36.0	Easton Valley
124.	10	Elsa Elfert	33:23.7	Iowa City Liberty
125.	10	Vanya Shah	34:01.7	Pleasant Valley
126.	11	Zoe Sabers	34:34.3	Epworth Western Dubuque
127.	10	Ella Pattengill	36:45.4	Waverly-Shell Rock
128.	9	Lilly Kroger	43:21.3	Dubuque Senior

5,000 Meters Varsity Girls 5000 Meters

1.	Iowa City City High	60
2.	Linn-Mar Marion	114
3.	Wahlert Dubuque	115
4.	Epworth Western Dubuque	129
5.	Dubuque Senior	142
6.	Ames	177
7.	Davenport Central	187
8.	Cedar Falls	194
9.	Iowa City Liberty	201
10.	Center Point-Urbana	261
11.	Dubuque Hempstead	274
12.	North Scott Eldridge	281
13.	Cascade Western Dubuque	365
14.	Cedar Rapids Washington	376
15.	Waverly-Shell Rock	408

43.	12	Trey Rohlfen	19:57.0	Cedar Falls	1.	12	Hailey Kozloski	18:07.8	Linn-Mar Marion
44.	11	Seven Smith	19:57.2	East Dubuque	2.	8	Presley Moeller	18:27.0	Davenport Central
45.	11	Conner Purcell	20:00.4	Bettendorf	3.	11	Joley Sullivan	18:40.6	Davenport Central
46.	11	Zach Chesterman	20:00.6	Dubuque Senior	4.	11	Aaliyah Causey	18:48.6	Center Point-Urbana
47.	11	Hayden Sullivan	20:08.2	Bettendorf	5.	12	Emma Stanley	18:50.9	Ames
48.	11	Joel Reicks	20:08.4	Wahlert Dubuque	6.	9	Emma Neiss	19:24.7	Epworth Western Dubuque
49.	11	Briton Bailey	20:12.2	Pleasant Valley	7.	9	Gianna Soppe	19:25.7	Linn-Mar Marion
50.	12	Mykah Dixon	20:16.7	Davenport Central	8.	12	Grace Hamann	19:29.4	Iowa City City High
51.	11	Carter Ameling	20:25.6	Cedar Falls	9.	8	Laine Barnes	19:31.0	Iowa City City High
52.	12	Quincy Stollenwerk	20:28.0	Waterloo United	10.	9	Sloan Miller	19:31.6	Wahlert Dubuque
53.	9	Maverick Graven	20:28.3	Center Point-Urbana	11.	11	Ashlyn Appleby	19:32.6	Central DeWitt
54.	12	Jeremiah Rodgers	20:28.9	Pleasant Valley	12.	11	Skylar Carpenter	19:34.6	Dubuque Senior
55.	12	Johnny Hoover	20:31.4	Epworth Western Dubuque	13.	11	Eliza Doster	19:41.8	Iowa City City High
56.	12	Adolfo Felipe Manuel	20:33.8	Waterloo United	14.	11	Ophelia Harrelson	19:43.5	Ames
57.	12	Tim Regan	20:36.6	North Scott Eldridge	15.	9	McKenzie VeDepo	19:53.7	Iowa City Liberty
58.	12	Randy Nuro Gyina	20:38.5	Iowa City Liberty	16.	9	Anna Fischer	19:58.3	Iowa City City High
59.	11	Dustin Kramer	20:40.2	Iowa City Liberty	17.	9	Mari Bechtel	19:58.9	Iowa City City High
60.	11	Luke McCormick	20:40.2	Center Point-Urbana	18.	12	Lucy Lueken	20:00.0	Wahlert Dubuque
61.	12	Kase Jones	20:43.0	Davenport Central	19.	12	Ella Rohner	20:11.5	Wahlert Dubuque
62.	12	Patrick Melvin	20:43.0	Central DeWitt	20.	11	Calissa Fruin	20:19.3	Iowa City City High
63.	11	Ethan Snyder	20:43.4	Davenport Central	21.	12	Madeline Fischer	20:20.3	Iowa City City High
64.	12	Charlie Peterson	20:46.3	North Scott Eldridge	22.	12	Lucy Sherburne	20:23.0	Iowa City City High
65.	12	Royal Reisch	20:47.7	Dubuque Senior	23.	10	Zoey Berger	20:29.6	Cedar Falls
66.	11	Max Vannorsdel	20:48.2	North Scott Eldridge	24.	12	Lise Hoyer	20:30.9	Dubuque Senior
67.	12	Aaron Raleigh	20:50.9	North Scott Eldridge	25.	10	Myrna Harper	20:38.3	Linn-Mar Marion
68.	11	Wesley Spears	20:56.2	Dubuque Senior	26.	10	Sage Hoyer	20:40.6	Dubuque Senior
69.	12	Pierce MisiagBeckler	20:57.0	Dubuque Hempstead	27.	12	Khloe Hamilton	20:44.7	North Scott Eldridge
70.	12	Jonathan Klapatauskas	20:57.2	Wahlert Dubuque	28.	10	Aubrey Bussan-Kluesner	20:46.1	Epworth Western Dubuque
71.	12	Jack Belby	20:57.6	Pleasant Valley	29.	9	Avery Bakker	20:48.6	Cedar Falls
72.	12	Mason Wenzel	20:57.9	Cedar Falls	30.	11	Natalie O'Flaherty	20:50.5	North Scott Eldridge
73.	11	Ethan Kalaukoa	20:59.1	Easton Valley	31.	8	Jocelyn Bussan-Kluesner	20:50.9	Epworth Western Dubuque
74.	12	Cooper Ross	21:00.1	Center Point-Urbana	32.	9	Grace Diekman	20:51.2	Wahlert Dubuque
75.	12	Kayson Paige	21:10.3	Waterloo United	33.	11	Mallory Schaefer	20:51.6	Dubuque Senior
76.	11	Parker Steffen	21:10.8	Cedar Falls	34.	12	Maya Lindwall	20:57.8	Cedar Rapids Washington
77.	12	Ganesh Maridu	21:10.8	Pleasant Valley	35.	11	Peyton DaSilva	20:59.2	Epworth Western Dubuque
78.	11	Griffin Reed	21:13.4	Central DeWitt	36.	12	Natalie Leitzen	20:59.8	Dubuque Hempstead
79.	12	Justin Lee	21:14.8	Dubuque Senior	37.	10	Katie Drone	21:00.0	Epworth Western Dubuque
80.	11	Austin Adam	21:16.1	Iowa City Liberty	38.	12	Naomi Downing-Sherer	21:02.7	Iowa City City High
81.	10	Richard Stoner	21:16.7	Waterloo United	39.	10	Mackenzie Maher	21:04.8	Iowa City Liberty
82.	11	Eli Corbett	21:18.3	Iowa City Liberty	40.	8	Addie Kedley	21:08.2	Cascade Western Dubuque
83.	11	Tyler Venema	21:30.5	Easton Valley	41.	11	Anna Temple	21:11.4	Linn-Mar Marion
84.	11	Ethan Burds	21:34.5	Epworth Western Dubuque	42.	10	Anna DeBoest	21:12.0	Ames
85.	12	Finnegan Newlin	21:35.3	Wahlert Dubuque	43.	9	Tinley Knopp	21:12.3	Wahlert Dubuque
86.	12	Micah Rohde	21:36.8	Bettendorf	44.	11	Nadia LeClair	21:12.4	Iowa City City High
87.	11	Silas Hemmer	21:39.3	Cedar Falls	45.	9	Addyson Clark	21:17.2	Cedar Falls
88.	12	George Woodhouse	21:40.7	Dubuque Senior	46.	9	Sydney Young	21:24.4	Davenport Central
89.	11	Henry Ironside	21:43.8	Dubuque Hempstead	47.	10	Gabriella Swift	21:26.8	Iowa City Liberty
90.	11	Broden Kretz	21:44.3	Dubuque Hempstead	48.	9	Grace Rothweiler	21:28.5	Cedar Falls
91.	12	Ethan Strobbe	21:45.2	North Scott Eldridge	49.	12	Grace Meier	21:29.3	Linn-Mar Marion
92.	11	Elijah Wagner	21:46.1	Dubuque Hempstead	50.	12	Kate Nelson	21:32.4	Waverly-Shell Rock
93.	12	Lukas Billmeyer	21:47.5	Dubuque Hempstead	51.	10	Melanie Lake	21:32.8	Epworth Western Dubuque
94.	12	Jake Bauer	21:47.5	Dubuque Senior	52.	10	Eleanor Johnson	21:33.3	Iowa City Liberty
95.	12	Emerson Olsen	21:50.9	North Scott Eldridge	53.	12	Grace Estling	21:37.3	Center Point-Urbana
96.	10	Daniel Hundley	21:52.4	Waterloo United	54.	12	Izzy Schmidt	21:37.4	Ames
97.	11	Atley Kestel	21:53.6	Waterloo United	55.	10	Zoey Pelegrin	21:38.6	Dubuque Hempstead
98.	11	Liam Jablonsky	21:54.1	Dubuque Senior	56.	9	Katelyn Trumm	21:39.0	Cascade Western Dubuque
99.	11	David Gagnon	21:56.0	Pleasant Valley	57.	12	Paige Pitz	21:39.6	Dubuque Hempstead
100.	12	Jaxson Gutierrez	21:57.5	Bettendorf	58.	12	Audrey Holdener	21:42.4	Dubuque Senior
101.	11	Tiernan Burke	21:59.2	Iowa City Liberty	59.	10	Wrenley Musser	21:43.8	Linn-Mar Marion
102.	11	Logan Brunkhorst	22:02.5	Iowa City Liberty	60.	10	Lauryn Ortiz	21:43.9	Dubuque Senior
103.	11	Dylan McMullen	22:17.4	Waterloo United	61.	9	Trystan Stuelke	21:47.1	Center Point-Urbana
104.	9	Max Mueller	22:22.9	Davenport Central	62.	10	Brynnley Becker	21:47.5	Davenport Central
105.	11	Lane Helgens	22:27.8	Cedar Falls	63.	11	Grace Burke	21:49.4	Wahlert Dubuque
106.	11	Joey Ehrlich	22:35.4	Epworth Western Dubuque	64.	10	Aleah Williams	21:50.6	Iowa City Liberty

107.	11	Eli Suddarth	22:38.9	Davenport Central	65.	12	Katie Blough	21:57.4	Cedar Falls
108.	11	Dylan Pearson	22:40.3	Davenport Central	66.	12	Emma Dean	21:59.0	Wahlert Dubuque
109.	12	Jack Gravert	22:40.6	Central DeWitt	67.	11	Haylie Wildman	22:02.0	Linn-Mar Marion
110.	11	Camden Nus	22:42.1	Cedar Falls	68.	10	Vivian Ohsann	22:03.2	North Scott Eldridge
111.	11	Kian Spalding	22:42.9	Davenport Central	69.	11	Ainsley Searfoss	22:04.4	Cedar Falls
112.	12	John Paul Auer	22:47.8	Wahlert Dubuque	70.	9	Audrey Bartelt	22:08.0	Cedar Falls
113.	12	Jude Elliot	22:48.2	Davenport Central	71.	9	Layton Montes	22:08.7	Dubuque Hempstead
114.	12	Ryan Gripp	22:48.8	Davenport Central	72.	11	Ahsha Kluesner	22:11.6	Epworth Western Dubuque
115.	9	Walter Jenkins Junior	22:52.7	Davenport Central	73.	10	Hazel Freund	22:13.1	Dubuque Hempstead
116.	11	Achilles Morales	22:56.5	East Dubuque	74.	12	Caroline Krug	22:16.3	Ames
117.	9	Ian Suddarth	23:19.1	Davenport Central	75.	11	Grace Lake	22:16.4	Ames
118.	10	Kyeler Werkmeister	23:19.5	Waterloo United	76.	11	Sophie Tigges	22:17.5	Dubuque Senior
119.	11	Jake Mabon	23:23.5	Iowa City Liberty	77.	10	Madisen Henninger	22:17.9	Cedar Falls
120.	12	Jorge Azuela	23:23.9	North Scott Eldridge	78.	10	Mya Rohner	22:27.0	Wahlert Dubuque
121.	11	Andrew Blasberg	23:25.8	Cedar Falls	79.	9	Karly Estling	22:36.6	Center Point-Urbana
122.	12	Devin Runde	23:27.0	Dubuque Hempstead	80.	8	Olivia Risdal	22:39.7	Ames
123.	11	Cade O'Dell	23:56.0	Epworth Western Dubuque	81.	12	Gracie Driscoll	22:41.8	Dubuque Hempstead
124.	9	Asher VanHoveln	24:03.5	Center Point-Urbana	82.	9	Everly Wilson	22:44.2	Dubuque Hempstead
125.	11	Emiliano Estrada	24:24.3	Iowa City Liberty	83.	12	Claire Thielen	22:44.5	Wahlert Dubuque
126.	11	Emmett Pracht	24:29.6	Davenport Central	84.	9	Lucy Herrig	22:46.0	Epworth Western Dubuque
127.	12	Brody Rosemeyer	24:29.8	Dubuque Hempstead	85.	11	Allison Kay	22:47.7	Waverly-Shell Rock
128.	11	Noble Murphy	24:43.3	Davenport Central	86.	11	Josephine Beard	22:47.9	Dubuque Senior
129.	12	Daniel Hanks	24:53.9	Davenport Central	87.	10	Willa Foust	22:50.7	Dubuque Hempstead
130.	10	Clement Kiotak	24:54.5	Waterloo United	88.	10	Addison Shedek	22:51.1	Dubuque Hempstead
131.	11	Corbyn Budde	25:28.8	Easton Valley	89.	12	Avanti Dunn	22:56.5	Center Point-Urbana
132.	11	Jovani Laden	25:31.9	Bettendorf	90.	10	Penny Cardo	23:04.3	Center Point-Urbana
133.	11	David Burke	25:35.2	Central DeWitt	91.	10	Zoey Ayers	23:16.5	North Scott Eldridge
134.	12	Evan Miller	25:42.0	Iowa City Liberty	92.	12	Leah Kincaid	23:19.7	Ames
135.	11	Riehle Pavlovec	25:59.3	Iowa City Liberty	93.	12	Lilly Lemke	23:22.1	Cedar Rapids Washington
136.	12	Sam Pfeifle	26:13.5	Central DeWitt	94.	11	Jazelle Robertson	23:25.5	Davenport Central
137.	11	Cayden Merritt	26:15.8	Davenport Central	95.	12	Taniya O'Brien	23:34.3	Waterloo United
138.	12	Anthony Patterson	26:16.8	Davenport Central	96.	12	Madeline Skolrood	23:36.4	Davenport Central
139.	11	Joseph (gabi) Santos	26:34.2	Epworth Western Dubuque	97.	12	Emma Reif	23:37.5	North Scott Eldridge
140.	12	Alex Cox	26:59.8	Davenport Central	98.	12	Maya Lahart	23:38.6	Cedar Rapids Washington
141.	12	Jassiah Harris	27:08.5	Davenport Central	99.	9	Lauren Boffeli	23:39.4	Cascade Western Dubuque
142.	12	Isaac Lewis	27:10.8	Central DeWitt	100.	10	Amelia Bowers	23:50.1	North Scott Eldridge
143.	11	Christian Alt	27:21.3	Wahlert Dubuque	101.	12	Madelyn Dyer	23:51.6	Cedar Rapids Washington
144.	11	Zachary Ernzen	27:24.9	Wahlert Dubuque	102.	11	Brylee Rathe	23:51.8	North Scott Eldridge
145.	11	Jude Meyer	30:20.4	Epworth Western Dubuque	103.	12	Millie Eikamp	23:52.6	Dubuque Senior
146.	12	Caedyn Konecny	31:19.1	North Scott Eldridge	104.	9	Kayla Stortz	23:54.8	North Scott Eldridge
	11	Obadiah Hagedorn	NT	North Scott Eldridge	105.	8	Abigail McAtee	23:55.9	Cedar Rapids Washington
	11	Marshall Mess	NT	North Scott Eldridge	106.	10	Ella Green	23:57.4	Cascade Western Dubuque
	12	Brody Edwards	NT	Epworth Western Dubuque	107.	10	Esther Zart	23:58.4	Waverly-Shell Rock
	11	Ryan Kluesner	NT	Epworth Western Dubuque	108.	12	Alanna Lahart	24:03.6	Cedar Rapids Washington
	12	Daniel Flanagan	NT	Wahlert Dubuque	109.	12	Sloane Moeller	24:09.5	Davenport Central
	12	Nolan Hayden	NT	Wahlert Dubuque	110.	11	Maci Kindschi	24:10.5	Center Point-Urbana
	12	Paul Giannakouros	NT	Dubuque Hempstead	111.	9	Holland Dolash	24:28.9	Waverly-Shell Rock
	11	Conor Kane	NT	Dubuque Hempstead	112.	9	Holly Moore	24:33.9	Waverly-Shell Rock
	12	Colbie Shupe	NT	Pleasant Valley	113.	12	Emma Buchanan	24:36.3	Waverly-Shell Rock
	11	Jack Connors	NT	Davenport Central	114.	12	Cadia Switzer	24:39.0	Cedar Falls
	11	Will Cox	NT	Davenport Central	115.	11	Carley Conrad	24:44.5	Cascade Western Dubuque
	10	Elliot White	NT	Davenport Central	116.	12	Lea Lefebvre	24:52.9	Davenport Central
	11	Levi Wagner	NT	Dubuque Senior	117.	10	Brianna Blahnik	24:58.3	Cedar Rapids Washington
	11	Dawson Allen	NT	Bettendorf	118.	12	Bella Engelhardt	25:05.1	Waverly-Shell Rock
	12	Owen Levora	NT	Bettendorf	119.	10	Lucy Harnack	25:15.3	Waterloo United
	12	Logan Wienclaw	NT	Bettendorf	120.	9	Evelyn Hetrick	26:10.0	Cedar Rapids Washington
	9	Auggie Hesselbacher	NT	East Dubuque	121.	11	Calli Tyler	26:15.8	Cedar Rapids Washington
	11	Raleigh Parker	NT	Cedar Falls	122.	11	Sarah Boyle	26:25.9	Cascade Western Dubuque
	11	Joe Sacco	NT	Cedar Falls					
	11	Drew Stroud	NT	Central DeWitt					
	12	Brian Holman	NT	Iowa City Liberty					
	11	Laekyn White	NT	Waterloo United					
	11	Blake Bowling	NT	Easton Valley					
	11	Mario Casa Fuentes	NT	Easton Valley					

12 Caleb Abdo	NT	Iowa City West
12 Jacob Beneke	NT	Iowa City West
12 Andrew Benson	NT	Iowa City West
11 Eli Benson	NT	Iowa City West
12 Dylan Colleran	NT	Iowa City West
12 Ben Donald	NT	Iowa City West
11 Cael Dunham	NT	Iowa City West
10 Harrison Foley	NT	Iowa City West
12 Henry Friedman	NT	Iowa City West
11 Peter Gavrushev-Kortenkamp	NT	Iowa City West
11 Alexander Gibson	NT	Iowa City West
11 Aadi Gopinath	NT	Iowa City West
11 Leo Jordan	NT	Iowa City West
12 Henry Lawler	NT	Iowa City West
11 Adam Lee	NT	Iowa City West
11 Hudson Mulford	NT	Iowa City West
12 Aidan Nelson	NT	Iowa City West
12 Jayden Otis	NT	Iowa City West
11 Camden Searls	NT	Iowa City West
12 Jack Sun	NT	Iowa City West
12 Siddharth Venkatesan	NT	Iowa City West
11 Connor Wagner	NT	Iowa City West
12 Aidan Zhang	NT	Iowa City West

5,000 Meters Varsity Boys 5000 Meters

Official Team Scores

1. Iowa City Liberty	42
2. Iowa City City High	103
3. Davenport Central	110
4. Dubuque Hempstead	115
5. East Dubuque	174
6. Iowa City West	187
7. Linn-Mar Marion	206
8. Dubuque Senior	252
9. Pleasant Valley	275
10. Wahlert Dubuque	284
11. Cedar Falls	296
12. Central DeWitt	321
13. Epworth Western Dubuque	332
14. Cedar Rapids Kennedy	338

15.	North Scott Eldridge	340
16.	Bettendorf	352
17.	Waterloo United	456
18.	Cedar Rapids Washington	502
19.	Center Point-Urbana	580
20.	Cascade Western Dubuque	645

1.	12	Keegan Decker	15:25.9	Iowa City Liberty
2.	12	Zack Ryan	15:35.6	Davenport Central
3.	12	Andrew Heden	15:50.5	Bettendorf
4.	10	Maxwell Kinzer	16:09.5	Iowa City Liberty
5.	12	Tayson Cho	16:11.1	Iowa City Liberty
6.	12	Lars Hildebrand	16:12.7	Iowa City Liberty
7.	12	Owen Anderson	16:16.0	Dubuque Senior
8.	11	Andrew Hamilton	16:20.1	Iowa City City High
9.	10	Lucas Jackson	16:21.1	East Dubuque
10.	12	Henry Maloney	16:26.5	Dubuque Hempstead
11.	11	Jake Weiler	16:34.2	Iowa City West
12.	12	Peter Wagner	16:35.0	East Dubuque
13.	12	Aidan Cooley	16:36.5	Dubuque Hempstead
14.	12	David Randall	16:38.8	Iowa City City High
15.	12	Kyle Olson	16:40.5	Central DeWitt
16.	11	Garrett Willey	16:40.7	Bettendorf
17.	11	Vinny Gullone	16:44.6	East Dubuque
18.	12	Will Kennedy	16:46.1	Linn-Mar Marion
19.	12	Sam Crawford	16:47.0	Davenport Central
20.	12	Talon Froistad	16:47.2	Dubuque Hempstead
21.	11	Kaedyn Garnica	16:48.1	Davenport Central
22.	9	Zeke Swanson	16:49.7	Pleasant Valley
23.	10	Sam Murphy	16:50.3	Wahlert Dubuque
24.	9	Clayton Terrill	16:52.3	Iowa City City High
25.	10	Sam Elliott	16:52.3	Iowa City City High
26.	10	Hans Hildebrand	16:53.0	Iowa City Liberty
27.	12	Cooper Adams	16:53.9	Linn-Mar Marion
28.	12	Gavin Russell	16:59.2	Pleasant Valley
29.	12	Manny Leveridge	16:59.5	Davenport Central
30.	12	Lars Pressler	17:01.7	Iowa City West
31.	11	Jens Strand	17:03.9	Iowa City Liberty
32.	11	Soren Miller	17:03.9	Iowa City City High
33.	9	Bryant Schultz	17:05.2	Cedar Falls
34.	11	Joel Klein	17:05.5	Epworth Western Dubuque
35.	11	Nolan Risma	17:06.9	Dubuque Hempstead
36.	11	Cade Lorenz	17:10.1	Linn-Mar Marion
37.	12	Ben Ellerbach	17:10.9	Dubuque Hempstead
38.	10	Eli Dunham	17:11.6	Iowa City West
39.	11	Reece Moeller	17:11.7	Davenport Central
40.	12	Parker Hamly	17:12.8	North Scott Eldridge
41.	12	Malcolm Arnold	17:13.3	Iowa City City High
42.	12	Carter Hatz	17:13.6	Pleasant Valley
43.	12	Tyler Hess	17:15.9	Epworth Western Dubuque
44.	11	Leif Eastlund	17:17.3	Iowa City City High
45.	11	Emmett Revell-Beck	17:17.3	Davenport Central
46.	11	Finn Hallam	17:19.8	Cedar Rapids Kennedy
47.	12	Elijah Neuhaus	17:21.7	Dubuque Senior
48.	12	Liam Kinrade	17:21.9	Central DeWitt
49.	12	Evan Merrill	17:22.5	Iowa City West

50.	11	Jason Friesner	17:24.9	Cedar Falls
51.	10	Bryton Dougherty	17:25.3	North Scott Eldridge
52.	11	Isaak Moline	17:28.8	Waterloo United
53.	11	Andy Hohmann	17:29.2	Dubuque Senior
54.	11	Tanner Stockert	17:30.2	Cedar Rapids Kennedy
55.	11	Christopher Peterson	17:34.1	Dubuque Hempstead
56.	10	Andrew Welter	17:34.4	Iowa City City High
57.	9	Mateo Ochoa	17:34.7	Wahlert Dubuque
58.	12	Maddox Pitcher	17:35.0	Cedar Rapids Kennedy
59.	10	Grayson Gurwell	17:36.5	Cedar Rapids Washington
60.	12	Oluwadara Olaleye	17:37.2	Iowa City West
61.	11	Ashton Landherr	17:37.3	Linn-Mar Marion
62.	10	Aloysius Berning	17:42.1	Wahlert Dubuque
63.	10	Liam Schauer	17:43.7	East Dubuque
64.	12	Zachariah Bruzek	17:43.8	Iowa City West
65.	10	Cruz Jorgensen	17:44.5	Cedar Falls
66.	11	Aiden Rowray	17:45.0	Linn-Mar Marion
67.	12	Ben Clayton	17:45.1	North Scott Eldridge
68.	12	Cody Hesselman	17:45.9	Dubuque Senior
69.	9	Carson Hansen	17:46.2	Cedar Falls
70.	12	Niles Connely	17:46.3	Wahlert Dubuque
71.	10	Lane Johnston	17:46.3	Central DeWitt
72.	11	Charlie Spahn	17:46.4	Dubuque Hempstead
73.	12	Joshua Kerkove	17:46.7	Waterloo United
74.	11	Jace Edaburn	17:47.0	Linn-Mar Marion
75.	10	Ian Tancrell	17:47.1	East Dubuque
76.	12	Will Kirby	17:48.0	Wahlert Dubuque
77.	10	James Garrison	17:48.5	Central DeWitt
78.	10	Nicholas Phillips	17:49.5	Linn-Mar Marion
79.	12	Ian Sindt	17:50.2	Dubuque Senior
80.	11	Archer Lyons	17:50.5	Linn-Mar Marion
81.	10	Zenner Ellerbeck	17:50.6	Dubuque Hempstead
82.	11	Ben Barnds	17:53.5	Davenport Central
83.	12	Grey Knepper	17:53.7	Epworth Western Dubuque
84.	10	Caleb Tjaden	17:54.2	Cedar Falls
85.	9	Carson Cheney	17:54.3	Linn-Mar Marion
86.	12	Colin Finch	17:54.7	Iowa City Liberty
87.	11	Gabe Jones	17:54.8	Epworth Western Dubuque
88.	10	Tegan Meyer	17:56.0	Wahlert Dubuque
89.	12	Thomas Hiscock	17:56.0	Linn-Mar Marion
90.	11	Zeke Skyles	17:56.3	North Scott Eldridge
91.	11	Kevin Primrose	17:58.8	Cedar Rapids Kennedy
92.	12	Parker Zylstra	18:00.0	Cedar Falls
93.	11	Bryan Lohf	18:00.7	Davenport Central
94.	11	Ahmed Elbeshti	18:00.9	Iowa City West
95.	11	Jack McAtee	18:00.9	Cedar Rapids Washington
96.	11	Jackson Hughes	18:01.2	Iowa City West
97.	12	Lane Morgart	18:01.8	Pleasant Valley
98.	12	Mason Spriggs	18:04.6	Dubuque Hempstead
99.	10	Victor Nunez	18:05.4	Cedar Falls
100.	9	Owen Heacock	18:06.5	Epworth Western Dubuque
101.	11	Dexter Needham	18:07.0	Pleasant Valley
102.	12	Andrew Richardson	18:07.2	East Dubuque
104.	10	Nate Mixdorf	18:09.0	Cedar Rapids Kennedy
105.	11	Michael Asige	18:09.7	Pleasant Valley
106.	12	Gavin Wolbers	18:11.0	Wahlert Dubuque
107.	10	Cooper Esch	18:11.2	North Scott Eldridge
108.	10	Austin Noel	18:11.5	Dubuque Hempstead
109.	12	Matthew Haug	18:11.7	Dubuque Senior
110.	10	Owen Schalk	18:19.1	Center Point-Urbana
111.	12	Dominic Hammerand	18:19.2	Epworth Western Dubuque
112.	11	Traenor (Trae) Noel	18:20.0	Dubuque Senior
113.	9	Jeremiah Stanley	18:22.6	North Scott Eldridge
114.	10	Johnathan Fritz	18:22.6	Bettendorf

115.	9	Calvin Kenyon	18:23.9	Davenport Central
116.	12	Caden Grieme	18:24.0	Waterloo United
117.	11	Quinn Lalor	18:24.5	Iowa City City High
118.	12	Kayson Cordell	18:25.1	Waterloo United
119.	10	Paul Gooden	18:26.0	Dubuque Senior
120.	12	Nicholas Cobine	18:27.6	East Dubuque
121.	10	William Miller	18:30.6	Epworth Western Dubuque
122.	11	Jude Wilkinson	18:31.9	Cedar Rapids Kennedy
123.	12	Hayden Reilly	18:32.4	Cedar Rapids Washington
124.	11	John Bihl	18:37.4	Epworth Western Dubuque
125.	9	Owen Campbell	18:40.1	Cedar Rapids Kennedy
126.	11	Aiden Wernimont	18:41.1	Dubuque Senior
127.	11	Wesley Haas	18:41.4	East Dubuque
128.	10	Parker Doelz	18:44.1	Epworth Western Dubuque
129.	10	Will McNamara	18:45.4	Wahlert Dubuque
130.	10	Truman Oberfoell	18:46.3	Wahlert Dubuque
131.	12	Elias Kinrade	18:46.3	Central DeWitt
132.	10	Enrique Castro	18:46.4	Epworth Western Dubuque
133.	9	William Crawford	18:48.0	North Scott Eldridge
134.	11	Joel Smith	18:48.3	Bettendorf
135.	11	Kyler Hernandez	18:49.9	Bettendorf
136.	9	Tanner Callahan	18:50.6	Cascade Western Dubuque
137.	12	Logan Jacobsen	18:55.7	Iowa City West
138.	12	Nate Holst	18:58.9	North Scott Eldridge
139.	11	Trevor Matthaidess	18:59.4	North Scott Eldridge
140.	9	Grant Merta	19:00.7	Center Point-Urbana
141.	10	Archer Diveley	19:01.4	Center Point-Urbana
142.	10	Vincent Hoppenjan	19:02.5	Wahlert Dubuque
143.	9	Owen Lammers	19:04.3	Center Point-Urbana
144.	12	Beckham (Beck) Maricle	19:06.3	Central DeWitt
145.	10	Andrew Federspiel	19:08.4	Waterloo United
146.	11	Alexander Simmons	19:15.7	North Scott Eldridge
147.	12	Mohamed Musa	19:16.0	Iowa City West
148.	12	Nicholas Reisinger	19:16.6	Cedar Rapids Washington
149.	12	Matthew Denham	19:18.9	Dubuque Senior
150.	11	Adam Blomme	19:22.2	Cedar Rapids Kennedy
151.	12	Henri Mitchell	19:23.8	Cedar Rapids Washington
152.	12	Arefat Ali	19:26.1	Cedar Rapids Kennedy
153.	10	Benton Manternach	19:26.4	Cascade Western Dubuque
154.	11	Jakob Beadel	19:32.6	Bettendorf
155.	10	Logan McShane	19:35.4	Center Point-Urbana
156.	10	Storm Anderson	19:36.7	Waterloo United
157.	12	Jackson Kelly	19:37.2	Center Point-Urbana
158.	9	Coleman Loesch	19:42.4	Center Point-Urbana
159.	12	Lucas Mitchell	19:51.6	Davenport Central
160.	11	Cameron Zimmer	20:06.7	Central DeWitt
161.	9	Miles Davis	20:09.3	Cedar Rapids Washington
162.	9	Liam Bravener	20:09.4	Waterloo United
163.	12	Jeremiah Dunkerton	20:29.5	Waterloo United
164.	9	Harrison Christy	20:43.9	Cedar Rapids Washington
165.	11	Benjamin Paarmann	20:58.8	Central DeWitt
166.	11	Caleb Williams	21:45.9	Cascade Western Dubuque
167.	10	Carter Conter	22:16.4	Cascade Western Dubuque
168.	9	Russell Smith	22:17.6	Cascade Western Dubuque