

Woodbury Central XC Invitational - 9/15/2026
Meadows Golf Course
Menville, Iowa

Event 1 Girls 5k Run CC Varsity & JV

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 McFarland, Josie	12 V-Westwood	20:19.56	1
2 Riediger, Stella	10 V-Hinton	20:42.11	2
3 Baker, Hannah	08 V-Lawton Bronson	20:42.16	3
4 Hoefling, Jenna	11 V-Hinton	21:14.51	4
5 Zellmer, Mesa	10 V-Hinton	21:27.71	5
6 Forbes, Sylvia	10 V-Mvaocou	21:40.88	
7 Hansen, Bailee	12 V-Sioux City West	21:46.61	
8 Harper, Gretta	12 V-Hinton	22:17.44	6
9 McKenna, Natalie	12 V-Lawton Bronson	22:39.85	7
10 Carrillo, Silvia	11 V-Sioux City West	23:11.94	
11 Spahn, Katelyn	09 V-Wc-Kp-Rv	23:14.15	
12 Dose, Avery	09 V-Mvaocou	23:34.89	
13 Utesch, Isabella	11 V-Akron-Westfield	23:43.73	
14 Lux, Elizabeth	09 V-Wc-Kp-Rv	23:55.73	
15 Schreurs, Aspyn	10 V-West Lyon	23:58.61	
16 Boi, Saelah	09 V-Sxland Christi	24:15.78	8
17 O'Brien, Aubree	11 V-Lawton Bronson	24:27.17	9
18 David, Chloe	12 V-West Lyon	24:35.08	
19 Regier, Reese	12 V-Hinton	24:45.78	10
20 Miller, Kaitlynn	11 V-Walthill	25:12.61	
21 Limon, Melanie	12 V-Sioux City West	25:13.97	
22 Hodgson, Isabell	12 V-Hinton	25:28.98	11
23 Derochie, Keely	12 V-Hinton	25:38.06	12
24 Anderson, Alyssa	11 V-Westwood	25:51.97	13
25 Walker, Noelle	10 V-West Monona	25:53.21	
26 Hackney, Addiysn	12 V-Westwood	25:59.54	14
27 Gilbert, Lexi	12 V-Wc-Kp-Rv	26:27.73	
28 Ryan, Jaide	12 V-Wc-Kp-Rv	26:35.54	
29 Morgin, Hope	09 V-Mmc-Ru	26:37.51	
30 Juhl, Annika	12 V-Mmc-Ru	27:17.89	
31 Reynolds, Anna	10 V-Sxland Christi	27:26.69	15
32 Buono, Hannah	10 V-Lawton Bronson	27:32.38	16
33 Atkinson, Bailey	09 V-Sioux City West	27:48.88	
34 Irvin, Hope	10 V-Sxland Christi	27:52.92	17
35 Hall, Ruby	10 V-Sxland Christi	27:55.03	18
36 Wanberg, Chloe	12 V-Mvaocou	28:44.23	
37 Hansen, Sophia	09 V-Westwood	29:13.89	19
38 Lewis, Makinley	11 V-Lawton Bronson	29:14.73	20
39 Munkvold, Mila	10 V-Westwood	29:53.65	21
40 McGrain, Maisy	11 V-West Monona	30:15.90	
41 Spenner, Faith	10 V-Mmc-Ru	30:25.28	
42 Crew, Olivia	12 V-Lawton Bronson	30:33.78	22
43 McDonald, Kora	11 V-Westwood	30:38.73	23
44 Reynolds, Esther	12 V-Sxland Christi	32:16.47	24
Junior Varsity Results 5000 Run			
1 Michalsky, Ella	09 Hinton	26:34.63	1
2 Badar, Cailyn	12 Hinton	27:15.06	2
3 Smith, Kadence	10 Hinton	27:21.43	3
4 Clark, Mikaela	12 Hinton	27:31.73	4
5 Sudbeck, Lilly	11 Hinton	29:18.65	5
6 Trierweiler, Megan	12 Hinton	30:01.50	6
7 Barroso-Gomez, Maria	12 Hinton	30:29.51	7
8 Koerner, Rebekah	11 Lawton Bronson	30:54.53	
9 Smith, Keegan	11 Lawton Bronson	31:26.69	
10 Doellinger, Rachel	11 Mmc-Ru	33:50.56	

11 Eggleston, Phoebe	09 Lawton Bronson	36:57.52
12 Hertenstein, Ellie	12 Hinton	41:05.69

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Varsity Results 5000 Run											
1	V-Hinton	27	2	4	5	6	10	11	12		
	Total Time:	1:50:27.55									
	Average:	22:05.51									
2	V-Lawton Bronson	55	3	7	9	16	20	22			
	Total Time:	2:04:36.29									
	Average:	24:55.26									
3	V-Westwood	68	1	13	14	19	21	23			
	Total Time:	2:11:18.61									
	Average:	26:15.73									
4	V-Siouxland Christian	82	8	15	17	18	24				
	Total Time:	2:19:46.89									
	Average:	27:57.38									
Junior Varsity Results 5000 Run											
1	Hinton	15	1	2	3	4	5	6	7		
	Total Time:	2:18:01.50									
	Average:	27:36.30									

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Event 3 Boys 5k Run CC Varsity & JV

Name	Year School	Finals	Points
Varsity Results 5000 Run			
1 Kebato, Abdisi	11 V-Sioux City West	17:43.66	1
2 Koch, Brayden	11 V-Mvaocou	18:12.72	2
3 Ahmed, Ramadan	10 V-Sioux City West	18:17.91	3
4 Zellner, Kris	12 V-Sioux City West	18:33.09	4
5 Bisanga, Amisi	10 V-Sioux City West	18:36.01	5
6 Clayton, Jacob	12 V-Westwood	18:36.54	
7 Kebato, Abase	11 V-Sioux City West	18:37.44	6
8 Brown, Jace	10 V-Sxland Christi	18:44.45	7
9 Adams, Zack	12 V-Lawton Bronson	18:48.10	8
10 Benson, Wesley	09 V-Lawton Bronson	18:58.05	9
11 Weber, Bradyn	09 V-Mvaocou	18:58.83	10
12 Buffington, Ethan	12 V-Lawton Bronson	19:07.47	11
13 Small, Archer	11 V-Akron-Westfield	19:19.46	
14 DeBoer, Tyler	10 V-Trinity Christian	19:21.53	12
15 Figa, Duresa	11 V-Sioux City West	19:28.93	13
16 Johnson, Dillon	11 V-Mvaocou	19:30.35	14
17 Friedrichs, Zander	11 V-Mvaocou	19:38.23	15
18 Fisher, Henry	12 V-Sioux City West	19:39.09	16
19 Boatman, Xavier	11 V-Lawton Bronson	19:46.85	17
20 Uittenbogaard, Bryce	12 V-Trinity Christian	19:51.81	18
21 Patelski, Lucas	12 V-Lawton Bronson	19:54.02	19
22 Rios, Gio	09 V-Wc-Kp-Rv	20:01.21	20
23 Johnson, Calvin	10 V-Westwood	20:01.75	
24 Koehler, Erik	12 V-Sxland Christi	20:01.88	21
25 Hoksbergen, Jace	09 V-Trinity Christian	20:10.63	22
26 Howard, Cohen	09 V-Lawton Bronson	20:11.95	23
27 Seaton, Braxton	09 V-Westwood	20:14.90	
28 Fitch, Talon	10 V-Lawton Bronson	20:31.91	24
29 Willis, Luke	10 V-Westwood	20:33.20	
30 Andringa, Amos	12 V-Trinity Christian	21:00.53	25
31 McCall, Connor	09 V-West Monona	21:03.49	
32 Leitru, Alex	11 V-Hinton	21:03.68	
33 Lindberg, Alex	12 V-Hinton	21:12.16	
34 Malcomsen, Luke	08 V-Sxland Christi	21:17.14	26
35 Steckelberg, Wyatt	10 V-Mvaocou	21:26.46	27
36 Hernandez, Ryker	09 V-Walthill	21:32.20	
37 Braun, Jeff	11 V-Mmc-Ru	21:33.59	
38 Goodman, Jordan	09 V-Sxland Christi	21:36.00	28
39 Westra, Caden	09 V-Trinity Christian	21:49.44	29
40 Schram, Teygan	10 V-Akron-Westfield	21:51.44	
41 Boon, Michael	11 V-Trinity Christian	22:14.61	30
42 Poppema, Levi	10 V-Trinity Christian	22:25.01	31
43 Hefner, Isaiah	10 V-Wc-Kp-Rv	22:30.91	32
44 Gill, Han	09 V-Sxland Christi	22:34.61	33
45 Boote, Isaiah	09 V-West Lyon	22:45.47	
46 Peitsch, Josiah	10 V-Mvaocou	22:47.28	34
47 Bowers, Caleb	10 V-Wc-Kp-Rv	22:48.09	35
48 Galles, Karsen	12 V-Mmc-Ru	23:22.39	
49 Jessen, Ethan	12 V-Wc-Kp-Rv	23:30.67	36
50 Ryan, Andrew	12 V-Wc-Kp-Rv	23:39.16	37
51 Havlicek, Tyler	12 V-Wc-Kp-Rv	23:51.94	38
52 Greig, Evan	12 V-Hinton	24:05.18	
53 Kennedy, Adam	12 V-Hinton	24:52.41	
54 Miller, Anthony	10 V-Walthill	25:01.62	
55 O'Mara, Michael	09 V-Wc-Kp-Rv	27:59.55	39

56 Beierschmitt, Daniel	11 V-Akron-Westfield	28:51.43	
Junior Varsity Results 5000 Run			
1 Bergman, Gabriel	11 Mvaocou	17:01.10	
2 Smith, Jack	09 Sioux City West	19:39.82	1
3 Susie, Drake	12 Sioux City West	19:59.21	2
4 Brockhaus, Noah	10 Lawton Bronson	20:00.50	3
5 Smith, Jimmy	12 Sioux City West	20:06.77	4
6 Doran, Brecken	11 Sioux City West	20:32.40	5
7 Strehlow, Bodie	11 Lawton Bronson	20:33.80	6
8 Joaquin, Liam	09 Sioux City West	20:57.68	7
9 Limon, Antelmo	11 Sioux City West	21:16.27	8
10 Schellinger, Owen	11 Lawton Bronson	21:42.92	9
11 Eggleston, Luther	11 Lawton Bronson	22:21.69	10
12 Adams, Danny	09 Lawton Bronson	22:28.00	11
13 Wren, Dash	09 Sioux City West	22:42.63	12
14 Andrade, Diego	10 Sioux City West	23:15.22	
15 Benedix, Hayden	09 Mvaocou	23:20.43	
16 Palsma, Arick	11 Lawton Bronson	24:17.66	13
17 Bonnes, Todd	10 Mvaocou	24:23.67	
18 Harvey, Michael	12 Lawton Bronson	24:48.82	14
19 Patelski, Joseph	10 Lawton Bronson	25:35.52	
20 Johnson, Grayson	10 Mvaocou	26:01.36	
21 Schellinger, Emmett	09 Lawton Bronson	28:35.27	
22 Becker, Jagger	10 Mmc-Ru	32:12.00	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Varsity Results 5000 Run											
1	V-Sioux City West	19	1	3	4	5	6	13	16		
	Total Time: 1:31:48.11										
	Average: 18:21.63										
2	V-Lawton Bronson	64	8	9	11	17	19	23	24		
	Total Time: 1:36:34.49										
	Average: 19:18.90										
3	V-Maple Valley - Anthon-0	68	2	10	14	15	27	34			
	Total Time: 1:37:46.59										
	Average: 19:33.32										
4	V-Trinity Christian	106	12	18	22	25	29	30	31		
	Total Time: 1:42:13.94										
	Average: 20:26.79										
5	V-Siouxland Christian	115	7	21	26	28	33				
	Total Time: 1:44:14.08										
	Average: 20:50.82										
6	V-Wc-Kp-Rv	160	20	32	35	36	37	38	39		
	Total Time: 1:52:30.04										
	Average: 22:30.01										
Junior Varsity Results 5000 Run											
1	Sioux City West	19	1	2	4	5	7	8	12		
	Total Time: 1:41:15.88										
	Average: 20:15.18										
2	Lawton Bronson	39	3	6	9	10	11	13	14		
	Total Time: 1:47:06.91										
	Average: 21:25.39										

Woodbury Central XC Invitational - 9/15/2026
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Event 6 Mixed 2 Mile Run CC Junior High

Name	Year School	Finals	Points
Results - Women 2 Mile Run			
1 Zellmer, Sierra	WMS Hinton	13:32.02	1
2 Oehler, Rayna	W08 Lawton Bronson	13:34.70	2
3 Moser, Meredith	W08 West Lyon	13:41.32	3
4 Bruggeman, Allannah	W07 West Lyon	13:43.94	4
5 Demetri, McKinley	WMS Hinton	15:00.32	5
6 Gacke, Lyla	W08 West Lyon	15:31.71	6
7 Lamplot, Addison	W07 Siouxland Christian	15:38.49	
8 Reynolds, Lydia	W07 Siouxland Christian	15:38.99	
9 Van Houten, Sophia	W07 Mvaocou	15:43.11	7
10 Schreurs, Dakota	W07 West Lyon	15:43.25	8
11 Ehrig, Belle	W07 Mmc-Ru	15:44.08	
12 Peitsch, Hannah	W08 Mvaocou	15:46.19	9
13 Moffat, Evelyn	W08 Mvaocou	15:58.29	10
14 Stephas, Leighton	W08 Lawton Bronson	16:04.09	11
15 Jernberg, Haley	W07 Lawton Bronson	16:11.37	12
16 Loutsch, London	W08 Mmc-Ru	16:44.18	
17 Ageson, Hadley	W08 West Lyon	17:25.69	13
18 Morgin, Kaitlynn	W07 Mmc-Ru	17:32.07	
19 Forbes, Kelly	W08 Mvaocou	17:36.47	14
20 Vogt, Kennedy	WMS Hinton	17:48.17	15
21 Teut, Morgan	W08 Mvaocou	18:20.61	16
22 Kiepe, Lydia	W07 Mvaocou	19:00.08	17
23 Moon, Alaska	WMS Hinton	19:01.85	18
24 Eggleston, Zoe	W07 Lawton Bronson	20:05.13	19
25 Purcell, Kendyl	W07 West Monona	20:25.34	
26 Sudbeck, Elsa	WMS Hinton	20:33.23	20
27 Collins, Hadley	WMS Hinton	20:45.23	21
28 Rich, Aleigha	W07 West Monona	20:47.58	
29 White, Maggie	W08 Lawton Bronson	21:18.26	22
30 Rogers, Tru	W07 Wc-Kp-Rv	21:23.97	
Results - Men 2 Mile Run			
1 Regier, Alex	MMS Hinton	11:47.13	
2 Regier, Kale	MMS Hinton	11:47.29	
3 Willis, Levi	M08 Westwood	12:28.07	
4 Netley, Bennett	M07 Akron-Westfield	13:08.52	
5 Holmes, Kaleb	M08 Siouxland Christian	13:15.46	1
6 Archer, Rylee	M08 Wc-Kp-Rv	13:21.85	2
7 Lindsay, David	M07 Westwood	13:24.80	
8 Hudson, Zachary	M08 Mvaocou	13:28.96	3
9 Wiseman, Hoyt	M07 Westwood	13:39.97	
10 Lahr, Isaac	M07 West Monona	13:47.24	
11 Nelson, Dagan	M07 Siouxland Christian	14:04.32	4
12 Fordyce, Joey	M07 Siouxland Christian	14:21.37	5
13 Brown, Grant	M07 Siouxland Christian	14:30.10	6
14 Axel, Ellis	M08 Akron-Westfield	14:37.11	
15 Potter, Lucas	M07 Siouxland Christian	14:48.53	7
16 Schoenherr, Jace	M07 Mvaocou	14:50.78	8
17 Ivarson, Kiefer	M08 Mmc-Ru	14:51.67	
18 Splitter, Brady	M08 Westwood	15:02.44	
19 Meyer, Trey	M07 West Monona	15:44.86	
20 Kiflay, Wengel	M07 Siouxland Christian	16:05.53	9
21 Doellenger, Noah	M07 Wc-Kp-Rv	16:06.34	10
22 Haveman, Lathan	M07 Lawton Bronson	16:27.67	
23 Radig, Jonathan	M07 Siouxland Christian	16:55.03	11
24 Michael, Jonathan	MMS Hinton	16:57.17	

25 Spaulding, Hayden	M07 Mvaocou	16:59.43	12
26 Grell, Andrew	M07 Mvaocou	17:53.33	13
27 Tech, William	M07 West Monona	18:06.15	
28 Cunningham, Lyric	M8 Siouxland Christian	18:50.69	
29 Card, Andrew	M07 West Monona	18:50.72	
30 Hutchinson, Lucas	M07 Wc-Kp-Rv	18:53.98	14
31 Flannigon, Brandon	M07 Wc-Kp-Rv	19:05.38	15
32 Beazley, Chase	M07 Wc-Kp-Rv	19:51.33	16
33 Lukart, Easton	M07 Lawton Bronson	20:59.56	
34 Maynard, Emmitt	M07 Mvaocou	21:34.85	17
35 VanDeSteeg, Logan	M08 Siouxland Christian	22:39.53	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
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Results - Men 2 Mile Run

1 Siouxland Christian	23	1	4	5	6	7	9	11
Total Time: 1:10:59.78								
Average: 14:11.96								
2 Maple Valley - Anthon-Oto	53	3	8	12	13	17		
Total Time: 1:24:47.35								
Average: 16:57.47								
3 Wc-Kp-Rv	57	2	10	14	15	16		
Total Time: 1:27:18.88								
Average: 17:27.78								

Results - Women 2 Mile Run

1 West Lyon	34	3	4	6	8	13		
Total Time: 1:16:05.91								
Average: 15:13.19								
2 Maple Valley - Anthon-Oto	56	7	9	10	14	16	17	
Total Time: 1:23:24.67								
Average: 16:40.94								
3 Hinton	59	1	5	15	18	20	21	
Total Time: 1:25:55.59								
Average: 17:11.12								
4 Lawton Bronson	66	2	11	12	19	22		
Total Time: 1:27:13.55								
Average: 17:26.71								