2026 IOWA CLASS 4A STATE QUALIFIER - SOUTHEAST POLK

Pleasant Hill, IA
SE Polk Cross Country Course
Host: Southeast Polk
Wednesday, October 21, 2026

MEET OFFICIALS

Meet Director:
Jayson Campbell
Timing:
Shannon Event Timing

SHANNON EVENT TIMINGS

OFFICIAL MEET REPORT
printed: 10/21/2026 5:22 PM

Race #1
HS Girls 5K

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Ankeny CentennialQ	31	2-3-5-10-11(14)(30)	1:38:41	19:45	1:25.2
2	Valley West Des MoinesQ	61	4-12-13-15-17(20)(21)	1:42:41	20:33	1:45.1
3	WaukeeQ	72	6-9-16-19-22(24)(27)	1:43:50	20:46	1:36.0
4	Ames	98	1-7-25-31-34(35)(36)	1:45:08	21:02	3:29.5
5	Southeast Polk	124	18-23-26-28-29(32)(39)	1:48:31	21:43	0:48.3
6	Lewis Central	180	8-33-44-46-49(52)	2:01:02	24:13	6:30.7
7	Council Bluffs Abraham Lin	209	38-40-41-42-48(51)(53)	2:01:31	24:19	3:17.7
8	Ottumwa	222	37-43-45-47-50	2:07:17	25:28	3:50.0
DNP	Council Bluffs Thomas Jeff					
DNP	Des Moines East					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	STANLEY, Emma q	SR	1926	Ames	1	18:53.87	---	6:04.6	3:46.8
2	COGDILL, Natalie Q	SO	1935	Ankeny Centennial	2	19:03.94	10.07	6:07.8	3:48.8
3	FLICK, Rebecca Q	SO	1936	Ankeny Centennial	3	19:12.07	18.20	6:10.4	3:50.4
4	WEIH, Emma Q	FR	2019	Valley West Des M	4	19:22.44	28.57	6:13.8	3:52.5
5	BLEVINS, Ellie Q	SR	1940	Ankeny Centennial	5	19:33.48	39.61	6:17.3	3:54.7
6	DRISCOLL, Avery Q	SR	2035	Waukee	6	19:47.35	53.48	6:21.8	3:57.5
7	HARRELSON, Ophelia q	JR	1922	Ames	7	20:02.16	1:08.29	6:26.5	4:00.4
8	REESE, Delayna q	SR	1979	Lewis Central	8	20:09.28	1:15.41	6:28.8	4:01.9
9	MUELLER, Aubree Q	JR	2032	Waukee	9	20:16.63	1:22.76	6:31.2	4:03.3
10	KLINGENSMITH, Trinity Q	JR	1939	Ankeny Centennial	10	20:22.08	1:28.21	6:33.0	4:04.4
11	BOGSETH, Zoey Q	FR	1934	Ankeny Centennial	11	20:29.14	1:35.27	6:35.2	4:05.8
12	LAEHN, Penelope Q	FR	2017	Valley West Des M	12	20:39.07	1:45.20	6:38.4	4:07.8
13	SCHIEBER, Paige Q	SO	2020	Valley West Des M	13	20:43.34	1:49.47	6:39.8	4:08.7
14	KLINGNER, Piper Q	SO	1937	Ankeny Centennial	(14)	20:45.76	1:51.89	6:40.6	4:09.2
15	UDEY, Lily Q	FR	2018	Valley West Des M	15	20:47.71	1:53.84	6:41.2	4:09.5
16	FARRELL, Natalie Q	FR	2030	Waukee	16	21:05.87	2:12.00	6:47.0	4:13.2
17	UDEY, Emma Q	SO	2021	Valley West Des M	17	21:07.50	2:13.63	6:47.6	4:13.5
18	FOSTER, Lauren q	JR	2005	Southeast Polk	18	21:14.89	2:21.02	6:49.9	4:15.0
19	BENNETT, Lydia Q	SR	2033	Waukee	19	21:16.68	2:22.81	6:50.5	4:15.3
20	KRESSER, Kinley Q	FR	2016	Valley West Des M	(20)	21:19.78	2:25.91	6:51.5	4:16.0
21	LEE, Zoey Q	JR	2022	Valley West Des M	(21)	21:22.13	2:28.26	6:52.3	4:16.4
22	VAN BEEK, Mya Q	SR	2036	Waukee	22	21:23.31	2:29.44	6:52.6	4:16.7
23	BARBOUR, Kenley q	SO	2003	Southeast Polk	23	21:23.46	2:29.59	6:52.7	4:16.7
24	BERGER, Olivia Q	SR	2034	Waukee	(24)	21:27.08	2:33.21	6:53.9	4:17.4
25	KINCAID, Leah	SR	1923	Ames	25	21:41.52	2:47.65	6:58.5	4:20.3
26	GUERRERO-JONES, Conte	SR	2008	Southeast Polk	26	21:48.78	2:54.91	7:00.8	4:21.8
27	ANBUKUMAR, Samanvi Q	SO	2031	Waukee	(27)	21:56.82	3:02.95	7:03.4	4:23.4
28	JELSMA, Emmeri	JR	2006	Southeast Polk	28	22:00.35	3:06.48	7:04.5	4:24.1
29	HEABERLIN, Ruby	FR	2002	Southeast Polk	29	22:03.15	3:09.28	7:05.5	4:24.6

2026 IOWA CLASS 4A STATE QUALIFIER - SOUTHEAST POLK

Pleasant Hill, IA
SE Polk Cross Country Course
Host: Southeast Polk
Wednesday, October 21, 2026

MEET OFFICIALS
Meet Director:
Jayson Campbell
Timing:
Shannon Event Timing

SHANNON EVENT TIMINGS

OFFICIAL MEET REPORT
printed: 10/21/2026 5:22 PM

Race #1
HS Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
30	MAILE, Sammi Q	SO	1938	Ankeny Centennial	(30)	22:06.16	3:12.29	7:06.4	4:25.2
31	SCHMIDT, Isabella	SR	1925	Ames	31	22:06.78	3:12.91	7:06.6	4:25.4
32	KIRCHMANN, Marissa	JR	2007	Southeast Polk	(32)	22:11.70	3:17.83	7:08.2	4:26.3
33	DENNIS, Jerzi	FR	1974	Lewis Central	33	22:15.44	3:21.57	7:09.4	4:27.1
34	DEBOEST, Anna	SO	1921	Ames	34	22:23.35	3:29.48	7:11.9	4:28.7
35	RISDAL, Olivia	FR	1920	Ames	(35)	22:32.06	3:38.19	7:14.7	4:30.4
36	KRUG, Caroline	SR	1924	Ames	(36)	22:38.76	3:44.89	7:16.9	4:31.8
37	SCHMIDT, Sophie	SO	1993	Ottumwa	37	22:56.53	4:02.66	7:22.6	4:35.3
38	SCHULENBERG, Sarai	SO	1952	Council Bluffs Abra	38	23:06.23	4:12.36	7:25.7	4:37.2
39	WALKER, Tia	SO	2004	Southeast Polk	(39)	23:16.26	4:22.39	7:29.0	4:39.3
40	CONTRERAS, Daniela	SO	1949	Council Bluffs Abra	40	23:51.32	4:57.45	7:40.2	4:46.3
41	PETERSEN, Torunn	JR	1953	Council Bluffs Abra	41	23:58.97	5:05.10	7:42.7	4:47.8
42	FITCH, Annette	SR	1954	Council Bluffs Abra	42	24:09.74	5:15.87	7:46.2	4:49.9
43	DROZ, Khloe	SO	1990	Ottumwa	43	25:21.14	6:27.27	8:09.1	5:04.2
44	KATHOL, Eden	SO	1977	Lewis Central	44	25:53.69	6:59.82	8:19.6	5:10.7
45	VAN MAANEN, Miley	SR	1994	Ottumwa	45	26:01.94	7:08.07	8:22.2	5:12.4
46	STROHMEIER, Kate	SR	1980	Lewis Central	46	26:03.32	7:09.45	8:22.7	5:12.7
47	KEITH, Hayden	SO	1991	Ottumwa	47	26:10.53	7:16.66	8:25.0	5:14.1
48	PIRIE, Wrigley	SO	1951	Council Bluffs Abra	48	26:23.91	7:30.04	8:29.3	5:16.8
49	KAFKA, Emma	SO	1976	Lewis Central	49	26:39.89	7:46.02	8:34.4	5:20.0
50	REECE, Lauren	SO	1992	Ottumwa	50	26:46.48	7:52.61	8:36.6	5:21.3
51	KOHL, Addisyn (Addi)	SO	1950	Council Bluffs Abra	(51)	26:49.83	7:55.96	8:37.6	5:22.0
52	HERNANDEZ-CEBALLOS, K	SO	1962	Council Bluffs Thom	-	26:51.13	7:57.26	8:38.0	5:22.2
53	GRADOVILLE, Reese	SO	1975	Lewis Central	(52)	26:59.06	8:05.19	8:40.6	5:23.8
54	MAY FORD, Emma	JR	1966	Des Moines East	-	27:21.43	8:27.56	8:47.8	5:28.3
55	CAIN, Lillian	SO	1948	Council Bluffs Abra	(53)	27:27.23	8:33.36	8:49.7	5:29.4

2026 IOWA CLASS 4A STATE QUALIFIER - SOUTHEAST POLK

Pleasant Hill, IA
SE Polk Cross Country Course
Host: Southeast Polk
Wednesday, October 21, 2026

MEET OFFICIALS

Meet Director:
Jayson Campbell
Timing:
Shannon Event Timing

SHANNON EVENT TIMINGS

OFFICIAL MEET REPORT
printed: 10/21/2026 5:22 PM

Race #2
HS Boys 5K

Final Results

RACE SUMMARY

Start Time: 4:40 pm

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	WaukeeQ	35	4-5-7-9-10(18)(20)	1:24:41	16:57	0:25.5
2	Ankeny CentennialQ	47	1-3-11-13-19(25)(29)	1:24:42	16:57	1:07.3
3	Valley West Des MoinesQ	72	2-8-17-21-24(32)(34)	1:25:55	17:11	1:12.6
4	Southeast Polk	103	6-12-26-28-31(40)(41)	1:27:24	17:29	1:00.9
5	Ames	111	15-16-23-27-30(36)	1:27:46	17:34	0:36.5
6	Council Bluffs Abraham Lin	167	14-35-37-39-42(43)(46)	1:32:21	18:29	2:19.4
7	Lewis Central	182	22-33-38-44-45(48)(58)	1:33:51	18:47	2:18.4
8	Ottumwa	252	47-49-50-52-54(59)	1:42:46	20:34	1:15.4
9	Council Bluffs Thomas Jeff	272	51-53-55-56-57(60)(61)	1:47:22	21:29	1:59.4
DNP	Des Moines East					
DNP	Ames					
DNP	Ottumwa					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	ALVAREZ, Jaxton (Jax) Q	SR	1929	Ankeny Centennial	1	16:20.01	---	5:15.1	3:16.0
2	LIMBACK, Thomas Q	SR	2015	Valley West Des M	2	16:27.99	7.98	5:17.7	3:17.6
3	ALLEN, Brecken Q	SR	1928	Ankeny Centennial	3	16:32.42	12.41	5:19.1	3:18.5
4	FRIEDEL, Mason Q	JR	2027	Waukee	4	16:43.24	23.23	5:22.6	3:20.6
5	KOKJOHN, Colton Q	SO	2024	Waukee	5	16:50.62	30.61	5:25.0	3:22.1
6	LAIRD, Henry q	JR	2000	Southeast Polk	6	16:51.44	31.43	5:25.2	3:22.3
7	AKOL, Lual Q	JR	2025	Waukee	7	16:56.59	36.58	5:26.9	3:23.3
8	BAUMAN, Cameron Q	SR	2013	Valley West Des M	8	16:57.67	37.66	5:27.2	3:23.5
9	PETERSON, Ben Q	SR	2029	Waukee	9	17:01.76	41.75	5:28.5	3:24.4
10	BEYER, Wyatt Q	JR	2026	Waukee	10	17:08.73	48.72	5:30.8	3:25.7
11	ODSON, Levi Q	SR	1931	Ankeny Centennial	11	17:09.12	49.11	5:30.9	3:25.8
12	STONE, Emeric q	SO	1996	Southeast Polk	12	17:10.24	50.23	5:31.3	3:26.0
13	FYE, Roman Q	SO	1927	Ankeny Centennial	13	17:12.32	52.31	5:31.9	3:26.5
14	LILLIE, Evan q	JR	1943	Council Bluffs Abra	14	17:13.12	53.11	5:32.2	3:26.6
15	BOLLES, Caleb q	JR	1914	Ames	15	17:14.33	54.32	5:32.6	3:26.9
16	TURK, Levi q	FR	1913	Ames	16	17:14.46	54.45	5:32.6	3:26.9
17	PERRIGO, Nelsen Q	JR	2011	Valley West Des M	17	17:18.76	58.75	5:34.0	3:27.8
18	BREHMER, Henry Q	SO	2023	Waukee	(18)	17:18.85	58.84	5:34.0	3:27.8
19	SCHNEDEN, Noah Q	SR	1932	Ankeny Centennial	19	17:27.31	1:07.30	5:36.8	3:29.5
20	NZIRAGUHUNGA, Melvin Q	JR	2028	Waukee	(20)	17:28.65	1:08.64	5:37.2	3:29.7
21	ALBERICO, Matthew Q	SR	2012	Valley West Des M	21	17:29.51	1:09.50	5:37.5	3:29.9
22	GREENWOOD, Marcus	SO	1968	Lewis Central	22	17:35.78	1:15.77	5:39.5	3:31.2
23	JOHNSON, Hezekiah	SR	1918	Ames	23	17:40.09	1:20.08	5:40.9	3:32.0
24	RICHEY, Jj Q	FR	2009	Valley West Des M	24	17:40.51	1:20.50	5:41.0	3:32.1
25	NELSON, Ben Q	SR	1930	Ankeny Centennial	(25)	17:42.71	1:22.70	5:41.7	3:32.5
26	DEBOOM, Benji	JR	1998	Southeast Polk	26	17:43.85	1:23.84	5:42.1	3:32.8

2026 IOWA CLASS 4A STATE QUALIFIER - SOUTHEAST POLK

Pleasant Hill, IA
SE Polk Cross Country Course
Host: Southeast Polk
Wednesday, October 21, 2026

MEET OFFICIALS
Meet Director:
Jayson Campbell
Timing:
Shannon Event Timing

SHANNON EVENT TIMINGS

OFFICIAL MEET REPORT
printed: 10/21/2026 5:22 PM

Race #2
HS Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
27 PLATT, Charlie	JR	1916	Ames	27	17:45.54	1:25.53	5:42.6	3:33.1
28 TILUS, Corbin	SO	1997	Southeast Polk	28	17:46.18	1:26.17	5:42.8	3:33.2
29 WELCHER, Bennett Q	SR	1933	Ankeny Centennial	(29)	17:48.65	1:28.64	5:43.6	3:33.7
30 MIGUEZ, Felix	SR	1919	Ames	30	17:50.77	1:30.76	5:44.3	3:34.2
31 DEUW, Malek	JR	1999	Southeast Polk	31	17:52.25	1:32.24	5:44.8	3:34.5
32 BELL, Karsen Q	JR	2010	Valley West Des M	(32)	17:56.40	1:36.39	5:46.1	3:35.3
33 SALAZAR, Jesus	SO	1969	Lewis Central	33	17:59.58	1:39.57	5:47.1	3:35.9
34 LIETZ, Wesley Q	FR	2014	Valley West Des M	(34)	18:00.69	1:40.68	5:47.5	3:36.1
35 AHRENS, Maverick	SO	1941	Council Bluffs Abra	35	18:14.45	1:54.44	5:51.9	3:38.9
36 WALTER, Floyd	JR	1917	Ames	(36)	18:24.61	2:04.60	5:55.2	3:40.9
37 BRAMBLE, Will	SR	1946	Council Bluffs Abra	37	18:37.48	2:17.47	5:59.3	3:43.5
38 THOMSEN, Dane	SO	1970	Lewis Central	38	18:39.76	2:19.75	6:00.1	3:44.0
39 ANDERSON, Coleton	JR	1942	Council Bluffs Abra	39	18:42.57	2:22.56	6:01.0	3:44.5
40 WRIGHT, Noah	SR	2001	Southeast Polk	(40)	19:14.98	2:54.97	6:11.4	3:51.0
41 NABER, Steven	SO	1995	Southeast Polk	(41)	19:19.25	2:59.24	6:12.7	3:51.9
42 HAMILTON, Isaac	SR	1947	Council Bluffs Abra	42	19:32.45	3:12.44	6:17.0	3:54.5
43 NAUGHTON, Jack	JR	1944	Council Bluffs Abra	(43)	19:40.78	3:20.77	6:19.7	3:56.2
44 HARTER, Maddux	FR	1967	Lewis Central	44	19:41.25	3:21.24	6:19.8	3:56.3
45 STROUP, Beran	JR	1972	Lewis Central	45	19:54.17	3:34.16	6:24.0	3:58.8
46 WYMORE, Carter	JR	1945	Council Bluffs Abra	(46)	19:58.76	3:38.75	6:25.5	3:59.8
47 LOPEZ, Diego	JR	1986	Ottumwa	47	20:07.03	3:47.02	6:28.1	4:01.4
48 CAMPBELL, Braidyn	JR	1971	Lewis Central	(48)	20:16.25	3:56.24	6:31.1	4:03.3
49 PAULS, Xayden	SR	1987	Ottumwa	49	20:18.06	3:58.05	6:31.7	4:03.6
50 HURLEY, Jairus	FR	1982	Ottumwa	50	20:19.95	3:59.94	6:32.3	4:04.0
51 BAER, Colton	SO	1956	Council Bluffs Thom	51	20:31.44	4:11.43	6:36.0	4:06.3
52 CARROW, Carson	SO	1983	Ottumwa	52	20:37.71	4:17.70	6:38.0	4:07.5
53 HELM, Parker	SR	1959	Council Bluffs Thom	53	20:55.69	4:35.68	6:43.8	4:11.1
54 GUERRA-CABELLERO, Chri	SR	1965	Des Moines East	-	21:03.72	4:43.71	6:46.3	4:12.7
55 SMITH, Charles	8	1981	Ottumwa	54	21:22.37	5:02.36	6:52.3	4:16.5
56 ZAMBRANO, Juan pablo	FR	1955	Council Bluffs Thom	55	21:39.56	5:19.55	6:57.9	4:19.9
57 ZAMBRANO, Raymundo	SR	1961	Council Bluffs Thom	56	21:43.62	5:23.61	6:59.2	4:20.7
58 FLORES, Giovanni	JR	1957	Council Bluffs Thom	57	22:30.76	6:10.75	7:14.3	4:30.2
59 MATULKA, Cameron	SR	1973	Lewis Central	(58)	22:33.37	6:13.36	7:15.2	4:30.7
60 BROWN, Cylus	JR	1984	Ottumwa	(59)	23:05.61	6:45.60	7:25.5	4:37.1
61 JANTZON, Tucker	SR	1960	Council Bluffs Thom	(60)	23:54.81	7:34.80	7:41.4	4:47.0
62 ROMERO, Adrian	JR	1958	Council Bluffs Thom	(61)	24:41.30	8:21.29	7:56.3	4:56.3
-- NEBBE, Arslan	JR	1915	Ames	-			---	---
-- FALCON-TORRES, Javier	JR	1964	Des Moines East	-			---	---
-- HAW, Robert	JR	1985	Ottumwa	-			---	---
-- BRUNK, Cullen	JR	1963	Des Moines East	-			---	---