MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #1
Girls Fr-So & JV Fr-So

Final Results

TEAM SCORING SUMMARY

Fr-So

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Iowa City City High	15	1-2-3-4-5(6)(10)	1:46:49	21:22	0:37.5
2	Dubuque Senior	47	7-8-9-11-12(13)(14)	1:51:22	22:17	0:29.7
3	Xavier Cedar Rapids	90	16-17-18-19-20	2:09:37	25:56	1:32.1
4	Dubuque Hempstead	105	15-21-22-23-24	2:15:11	27:03	4:22.8
DNP	Iowa City Liberty					
DNP	Cedar Rapids Washington					

INDIVIDUAL RESULTS

Athlete		YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	DORAN, Charlotte	SO	3446	Iowa City City High	1	21:00.0	6:45.1	4:12.0
2	NORDLUND, Maeve	SO	3474	Iowa City City High	2	21:08.9	6:48.0	4:13.8
3	GROFF, Elizabeth	FR	3458	Iowa City City High	3	21:31.0	6:55.1	4:18.2
4	MANGAN, Addison	SO	3469	Iowa City City High	4	21:31.4	6:55.2	4:18.3
5	YOUNKER, Millie	FR	3490	Iowa City City High	5	21:37.4	6:57.2	4:19.5
6	DEGNER, Alice	FR	3445	Iowa City City High	(6)	21:41.2	6:58.4	4:20.2
7	WEBER, Lucy	SO	3385	Dubuque Senior	7	21:58.7	7:04.0	4:23.7
8	HILL, Taylor	SO	3366	Dubuque Senior	8	22:15.1	7:09.3	4:27.0
9	DUCCINI, Stella	SO	3363	Dubuque Senior	9	22:17.5	7:10.1	4:27.5
10	SABHA, Neda	FR	3480	Iowa City City High	(10)	22:17.7	7:10.1	4:27.5
11	BUCHHOLTZ, Alina	SO	3361	Dubuque Senior	11	22:22.4	7:11.6	4:28.5
12	MANGERS, Caitlynn	SO	3371	Dubuque Senior	12	22:28.3	7:13.5	4:29.7
13	ROTHERT, Kate	SO	3377	Dubuque Senior	(13)	22:28.7	7:13.6	4:29.7
14	BALMER, Eva	FR	3432	Iowa City City High	-	22:37.5	7:16.5	4:31.5
15	ZIEHR, Eve	FR	3491	Iowa City City High	-	22:49.0	7:20.2	4:33.8
16	SCHEIRER, Annelie	SO	3379	Dubuque Senior	(14)	22:53.1	7:21.5	4:34.6
17	BAXTER, Alaina	SO	3435	Iowa City City High	-	22:59.5	7:23.6	4:35.9
18	SHOL, Maya	FR	3381	Dubuque Senior	-	23:09.3	7:26.7	4:37.9
19	REICKS, Norah	SO	3477	Iowa City City High	-	23:12.9	7:27.9	4:38.6
20	MILLIGAN, Ada	FR	3372	Dubuque Senior	-	23:24.9	7:31.7	4:41.0
21	FETHKE, Paige	SO	3450	Iowa City City High	-	23:33.2	7:34.4	4:42.6
22	SAUL, Abigail	SO	3310	Dubuque Hempstea	15	23:39.9	7:36.5	4:44.0
23	JOHNSON, Delaney	FR	3463	Iowa City City High	-	23:40.8	7:36.8	4:44.2
24	BIDERMAN, Eleanor	FR	3440	Iowa City City High	-	23:41.0	7:36.9	4:44.2
25	ROTHFUSS, Emily	SO	3580	Iowa City Liberty	-	23:53.7	7:41.0	4:46.7
26	NASH, Sydney	SO	3473	Iowa City City High	-	23:58.5	7:42.5	4:47.7
27	HAKES, Lola	SO	3575	Iowa City Liberty	-	24:04.5	7:44.5	4:48.9
28	MILLER, Evelyn	SO	3471	Iowa City City High	-	24:13.1	7:47.2	4:50.6
29	HOWARD, Evelyn	FR	3462	Iowa City City High	-	24:15.8	7:48.1	4:51.1
30	CANTINE, Betsy	FR	3441	Iowa City City High	-	24:35.9	7:54.5	4:55.2
31	LE, Tessa	FR	3725	Xavier Cedar Rapid	16	25:07.1	8:04.6	5:01.4
32	BERQUAM, Mari	SO	3566	Iowa City Liberty	-	25:13.3	8:06.6	5:02.7
33	SCHMIDT, Hailey	FR	3380	Dubuque Senior	-	25:29.4	8:11.8	5:05.9
34	KLAR, Aubree	FR	3370	Dubuque Senior	-	25:33.1	8:12.9	5:06.6
35	REGUL, Kennedy	FR	3375	Dubuque Senior	-	25:39.8	8:15.1	5:08.0

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS

Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #1
Girls Fr-So & JV Fr-So

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
36	LAMPI, Adrienne	FR	3724	Xavier Cedar Rapid	17	25:52.8	8:19.3	5:10.5
37	WALZ, Libby	SO	3894	Xavier Cedar Rapid	18	25:55.8	8:20.3	5:11.2
38	JOHNSON, Addison	SO	3721	Xavier Cedar Rapid	19	26:02.1	8:22.3	5:12.4
39	ANDERSON, Nola	FR	3714	Xavier Cedar Rapid	20	26:39.2	8:34.2	5:19.8
40	FUORTES, Gemma	FR	3455	Iowa City City High	-	26:40.8	8:34.7	5:20.2
41	DAVIS, Aubrey	SO	3294	Dubuque Hempstea	21	27:29.7	8:50.4	5:29.9
42	SPRAGUE, Lily	FR	3383	Dubuque Senior	-	27:34.9	8:52.1	5:31.0
43	JOHNSON, Raelyn	FR	3300	Dubuque Hempstea	22	27:57.4	8:59.3	5:35.5
44	XU, Queena	FR	3317	Dubuque Hempstea	23	28:01.6	9:00.7	5:36.3
45	ABIERA, Abrielle Reine	SO	3292	Dubuque Hempstea	24	28:02.7	9:01.0	5:36.5
46	HACKER, Josephine	SO	3459	Iowa City City High	-	28:08.4	9:02.9	5:37.7
47	MEREN FUCHTMAN, Camil	SO	3470	Iowa City City High	-	28:11.6	9:03.9	5:38.3
48	MACINNIS-BAUMERT, Lila	SO	3468	Iowa City City High	-	28:39.3	9:12.8	5:43.8
49	SAFAN, Rofida	FR	3481	Iowa City City High	-	28:58.1	9:18.9	5:47.6
50	ELFERT, Elsa	SO	3572	Iowa City Liberty	-	32:07.6	10:19.8	6:25.5
51	DWYER, Neely	FR	3263	Cedar Rapids Wash	-	32:35.1	10:28.6	6:31.0
52	BEAL-GUPTA, Harriet	FR	3436	Iowa City City High	-	41:44.5	13:25.3	8:20.9

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #1
Girls Fr-So & JV JV

Final Results

TEAM SCORING SUMMARY

JV

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Iowa City City High	15	1-2-3-4-5(6)(12)	1:44:15	20:51	0:46.3
2	Prairie Cedar Rapids	54	7-8-10-14-15(17)(18)	1:48:52	21:47	0:59.9
3	Dubuque Senior	90	9-13-16-21-31	1:57:18	23:28	5:57.2
4	Dubuque Hempstead	95	11-19-20-22-23(27)(33)	1:56:05	23:13	2:26.7
5	Xavier Cedar Rapids	132	24-25-26-28-29(30)(32)	2:06:27	25:18	2:09.5
DNP	Iowa City Liberty					
DNP	Cedar Rapids Washington					
DNP	Waterloo United					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	LECLAIR, Nadia	JR	3466	Iowa City City High	1	20:23.8	6:33.5	4:04.8
2	TERRILL, Amelia	JR	3485	Iowa City City High	2	20:37.6	6:37.9	4:07.5
3	WILLARD, Martha Jane	SR	3487	Iowa City City High	3	21:01.5	6:45.6	4:12.3
4	GALLUZZO, Lucia	JR	3456	Iowa City City High	4	21:02.1	6:45.8	4:12.4
5	KARDOS, Jessica	JR	3464	Iowa City City High	5	21:10.1	6:48.4	4:14.0
6	FITZGERALD, Maddie	JR	3453	Iowa City City High	(6)	21:14.9	6:49.9	4:15.0
7	HOEFER, Aubrey	SR	3646	Prairie Cedar Rapid	7	21:17.5	6:50.8	4:15.5
8	COOK-MCCORMICK, Ariann	JR	3643	Prairie Cedar Rapid	8	21:19.4	6:51.4	4:15.9
9	BEARD, Josephine	JR	3360	Dubuque Senior	9	21:37.3	6:57.1	4:19.4
10	COOK, Aubrianna	FR	3642	Prairie Cedar Rapid	10	21:47.0	7:00.2	4:21.4
11	HOUSELOG, Stella	JR	3299	Dubuque Hempstea	11	21:50.8	7:01.5	4:22.1
12	KLEIN, Addison	SR	3465	Iowa City City High	(12)	22:01.5	7:04.9	4:24.3
13	EIKAMP, Millie	SR	3364	Dubuque Senior	13	22:05.2	7:06.1	4:25.0
14	VAN VOORST, Addy	SR	3652	Prairie Cedar Rapid	14	22:09.9	7:07.6	4:26.0
15	WINDERS, Etta	JR	3488	Iowa City City High	-	22:15.3	7:09.3	4:27.0
16	VOLDASE, Arden	SO	3653	Prairie Cedar Rapid	15	22:17.4	7:10.0	4:27.5
17	CASTO, Amari	SR	3443	Iowa City City High	-	22:27.9	7:13.4	4:29.6
18	MORRISON, Sophia	JR	3373	Dubuque Senior	16	22:41.1	7:17.6	4:32.2
19	THOMPSON, Brynn	SO	3651	Prairie Cedar Rapid	(17)	22:44.5	7:18.7	4:32.9
20	FLETCHER, Sophie	JR	3573	Iowa City Liberty	-	22:51.3	7:20.9	4:34.3
21	FELTON, Chandler	FR	3644	Prairie Cedar Rapid	(18)	23:00.2	7:23.8	4:36.0
22	BELLMAN, Rebecca	JR	3293	Dubuque Hempstea	19	23:02.6	7:24.5	4:36.5
23	SCHULTZ, Willow	SR	3482	Iowa City City High	-	23:06.3	7:25.7	4:37.2
24	WITTENKELLER, Nora	JR	3489	Iowa City City High	-	23:11.0	7:27.2	4:38.2
25	PHO, Laila	SR	3475	Iowa City City High	-	23:13.3	7:28.0	4:38.7
26	TROFTGRUBIN, Teresa	JR	3312	Dubuque Hempstea	20	23:13.8	7:28.2	4:38.8
27	ROMERO, Ella	SR	3479	Iowa City City High	-	23:13.9	7:28.2	4:38.8
28	SPRAGUE, Chloe	SR	3382	Dubuque Senior	21	23:19.3	7:29.9	4:39.8
29	PLATTE, Anna	JR	3476	Iowa City City High	-	23:25.1	7:31.8	4:41.0
30	EVANS, Jolie	SR	3449	Iowa City City High	-	23:26.8	7:32.3	4:41.4
31	ROLING, Carsyn	JR	3309	Dubuque Hempstea	22	23:40.2	7:36.7	4:44.0
32	GOOD, Elise	SR	3457	Iowa City City High	-	24:00.4	7:43.1	4:48.1

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS

Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #1
Girls Fr-So & JV JV

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
33	SWISHER, Cassie	SR	3484	Iowa City City High	-	24:01.7	7:43.6	4:48.3
34	MOOTZ, Jo	SR	3305	Dubuque Hempstea	23	24:17.4	7:48.6	4:51.5
35	HERRIG, Kelsey	JR	3461	Iowa City City High	-	24:26.6	7:51.6	4:53.3
36	KUCHARSKI, Claire	JR	3723	Xavier Cedar Rapid	24	24:37.3	7:55.0	4:55.5
37	KETTMANN, Sophia	JR	3722	Xavier Cedar Rapid	25	24:38.4	7:55.4	4:55.7
38	WAITE, Katlynn	JR	3486	Iowa City City High	-	24:59.4	8:02.1	4:59.9
39	ANDERSON, Laela	SR	3713	Xavier Cedar Rapid	26	25:01.0	8:02.6	5:00.2
40	KALLBACK, Josie	SR	3301	Dubuque Hempstea	(27)	25:22.0	8:09.4	5:04.4
41	BOSTWICK, Ginny	SR	3717	Xavier Cedar Rapid	28	25:23.2	8:09.7	5:04.6
42	TYLER, Calli	JR	3273	Cedar Rapids Wash	-	25:34.9	8:13.5	5:07.0
43	RAUSCH, Chloe	SR	3649	Prairie Cedar Rapid	-	25:36.8	8:14.1	5:07.4
44	BECKER, Olivia	JR	3439	Iowa City City High	-	25:44.3	8:16.6	5:08.9
45	CARPENTER, Nadine	JR	3442	Iowa City City High	-	25:50.4	8:18.5	5:10.1
46	KRAUSE, Dharma	SO	3692	Waterloo United	-	25:57.4	8:20.7	5:11.5
47	BROWN, Cameron	SO	3690	Waterloo United	-	26:02.9	8:22.5	5:12.6
48	BRUBAKER, Ashlyn	SR	3568	Iowa City Liberty	-	26:11.6	8:25.3	5:14.3
49	DANIELS, Greta	JR	3569	Iowa City Liberty	-	26:23.6	8:29.2	5:16.7
50	LEMAN, Camille	JR	3467	Iowa City City High	-	26:33.2	8:32.3	5:18.6
51	JENSEN, Alena	SR	3266	Cedar Rapids Wash	-	26:38.9	8:34.1	5:19.8
52	PFAB, Eleanor	SR	3867	Xavier Cedar Rapid	29	26:46.8	8:36.6	5:21.4
53	DWYER, Scarlett	SR	3274	Cedar Rapids Wash	-	27:08.7	8:43.7	5:25.7
54	PFAB, Hannah	SR	3872	Xavier Cedar Rapid	(30)	27:14.1	8:45.4	5:26.8
55	FERRINI, Rachele	SR	3365	Dubuque Senior	31	27:34.4	8:51.9	5:30.9
56	COINER, Adrianna	SR	3444	Iowa City City High	-	27:39.8	8:53.7	5:31.9
57	BERRY, Kaydance	SR	3261	Cedar Rapids Wash	-	28:03.1	9:01.2	5:36.6
58	AYERS, Zelda	JR	3431	Iowa City City High	-	28:16.6	9:05.5	5:39.3
59	PARK, Soyeon	SR	3803	Xavier Cedar Rapid	(32)	28:17.4	9:05.8	5:39.5
60	DILLON, Charlotte	SR	3570	Iowa City Liberty	-	29:14.3	9:24.1	5:50.8
61	WAGENER, Lily	SR	3313	Dubuque Hempstea	(33)	29:22.9	9:26.8	5:52.6
62	SCHADL, Milly	FR	3648	Prairie Cedar Rapid	-	30:15.1	9:43.6	6:03.0

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV Fr-So

Final Results

TEAM SCORING SUMMARY

Fr-So

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Dubuque Hempstead	45	6-8-9-10-12(15)(20)	1:28:00	17:36	0:18.1
2	Iowa City Liberty	47	2-3-5-11-26(28)(31)	1:28:01	17:37	1:29.9
3	Iowa City City High	48	1-4-7-17-19(21)(25)	1:27:31	17:31	1:35.2
4	Dubuque Senior	98	14-16-18-23-27(32)(33)	1:31:12	18:15	0:44.5
5	Prairie Cedar Rapids	118	13-22-24-29-30(34)(42)	1:32:34	18:31	1:04.3
6	Xavier Cedar Rapids	185	35-36-37-38-39(40)(41)	1:45:56	21:12	1:24.7
DNP	Cedar Rapids Washington					

INDIVIDUAL RESULTS

Athlete		YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	WELTER, Andrew	SO	3563	Iowa City City High	1	16:38.5	5:21.1	3:19.7
2	BRUNKHORST, Calin	FR	3591	Iowa City Liberty	2	17:10.3	5:31.3	3:26.0
3	SASH, Tandon	FR	3634	Iowa City Liberty	3	17:11.2	5:31.6	3:26.2
4	STEFFEN, Liam	FR	3554	Iowa City City High	4	17:13.0	5:32.1	3:26.6
5	PROVORSE, Jameson	SO	3632	Iowa City Liberty	5	17:17.8	5:33.7	3:27.5
6	KALLBACK, Andrew	SO	3338	Dubuque Hempstea	6	17:25.2	5:36.1	3:29.0
7	ELWELL, Benjamin	SO	3517	Iowa City City High	7	17:25.3	5:36.1	3:29.1
8	DAVIS, Carter	SO	3326	Dubuque Hempstea	8	17:30.5	5:37.8	3:30.1
9	COOLEY, Christian	8	3324	Dubuque Hempstea	9	17:39.8	5:40.8	3:32.0
10	RYAN, Gavin	FR	3352	Dubuque Hempstea	10	17:40.6	5:41.0	3:32.1
11	HOTH, Tyler	FR	3611	Iowa City Liberty	11	17:41.2	5:41.2	3:32.2
12	FROISTAD, Nolan	SO	3331	Dubuque Hempstea	12	17:43.3	5:41.9	3:32.7
13	NOVE, Cooper	SO	3676	Prairie Cedar Rapid	13	17:50.1	5:44.1	3:34.0
14	CHRISTENSEN, Noah	SO	3394	Dubuque Senior	14	17:57.2	5:46.4	3:35.4
15	RICHARDSON, Winston	FR	3348	Dubuque Hempstea	(15)	17:59.9	5:47.2	3:36.0
16	GOODEN, Paul	SO	3399	Dubuque Senior	16	18:00.1	5:47.3	3:36.0
17	CRALL, Tobin	FR	3510	Iowa City City High	17	18:00.2	5:47.3	3:36.0
18	BROCK, Connell	SO	3391	Dubuque Senior	18	18:06.1	5:49.2	3:37.2
19	CHAMBERS, Charlie	SO	3506	Iowa City City High	19	18:13.7	5:51.7	3:38.7
20	FERN, Emmett	SO	3330	Dubuque Hempstea	(20)	18:15.7	5:52.3	3:39.1
21	COOK, Mj	SO	3322	Dubuque Hempstea	-	18:16.0	5:52.4	3:39.2
22	FARLEY, Evan	SO	3519	Iowa City City High	(21)	18:18.3	5:53.2	3:39.7
23	THOMAS, Chase	SO	3356	Dubuque Hempstea	-	18:18.6	5:53.2	3:39.7
24	STOLLEY, Tate	FR	3685	Prairie Cedar Rapid	22	18:21.2	5:54.1	3:40.2
25	KROGER, Graham	FR	3409	Dubuque Senior	23	18:26.8	5:55.9	3:41.3
26	VLASEK, Weston	FR	3688	Prairie Cedar Rapid	24	18:36.9	5:59.1	3:43.4
27	HALEKAS, Grady	FR	3523	Iowa City City High	(25)	18:38.8	5:59.7	3:43.8
28	MCGOWAN, Parker	SO	3625	Iowa City Liberty	26	18:40.2	6:00.2	3:44.0
29	KESSLER, Elijah	FR	3407	Dubuque Senior	27	18:41.6	6:00.6	3:44.3
30	STOPAK, Ayden	SO	3636	Iowa City Liberty	(28)	18:42.9	6:01.1	3:44.6
31	WAGNER, Ian	FR	3359	Dubuque Hempstea	-	18:45.0	6:01.7	3:45.0
32	CONLON, Ben	SO	3508	Iowa City City High	-	18:45.1	6:01.8	3:45.0
33	KUETER, Jack	FR	3341	Dubuque Hempstea	-	18:45.8	6:02.0	3:45.1
34	MILLER, James	FR	3671	Prairie Cedar Rapid	29	18:50.9	6:03.6	3:46.2

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV Fr-So

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
35	STORY, Owen	FR	3555	Iowa City City High	-	18:52.6	6:04.2	3:46.5
36	NEDERHOFF, Declan	FR	3674	Prairie Cedar Rapid	30	18:54.4	6:04.7	3:46.9
37	GRIMES, Jack	SO	3522	Iowa City City High	-	18:55.0	6:04.9	3:47.0
38	CANTON, Briggs	SO	3595	Iowa City Liberty	(31)	18:58.3	6:06.0	3:47.7
39	BEARD, Harper	FR	3389	Dubuque Senior	(32)	19:00.1	6:06.6	3:48.0
40	HEINE, Anthony	FR	3402	Dubuque Senior	(33)	19:00.1	6:06.6	3:48.0
41	ARNONE, Rocco	SO	3499	Iowa City City High	-	19:05.2	6:08.2	3:49.0
42	MONINGER, Sam	SO	3540	Iowa City City High	-	19:12.1	6:10.4	3:50.4
43	HAYNES, Otis	FR	3401	Dubuque Senior	-	19:12.7	6:10.6	3:50.5
44	RECKER, Casey	FR	3633	Iowa City Liberty	-	19:14.2	6:11.1	3:50.8
45	CARPENTER, Hayden	FR	3392	Dubuque Senior	-	19:14.4	6:11.2	3:50.9
46	HAIGHT, Levi	FR	3666	Prairie Cedar Rapid	(34)	19:15.3	6:11.5	3:51.1
47	CILEK, Ezra	FR	3507	Iowa City City High	-	19:15.5	6:11.5	3:51.1
48	BUXTON, Kaleb	FR	3502	Iowa City City High	-	19:20.1	6:13.0	3:52.0
49	ALBERHASKY, Waits	FR	3496	Iowa City City High	-	19:26.1	6:14.9	3:53.2
50	BUSCH, Mason	SO	3321	Dubuque Hempstea	-	19:30.6	6:16.4	3:54.1
51	WILSON, Nolan	SO	3429	Dubuque Senior	-	19:32.1	6:16.9	3:54.4
52	CHO, Jett	SO	3596	Iowa City Liberty	-	19:40.4	6:19.5	3:56.1
53	HURM, Flynn	FR	3405	Dubuque Senior	-	19:42.0	6:20.0	3:56.4
54	HERBER, Silas	SO	3336	Dubuque Hempstea	-	19:49.7	6:22.5	3:57.9
55	TYLER, Noah	SO	3357	Dubuque Hempstea	-	19:52.7	6:23.5	3:58.5
56	STAKER, Cash	SO	3553	Iowa City City High	-	20:03.8	6:27.1	4:00.8
57	LUCIO, Alek	FR	3621	Iowa City Liberty	-	20:10.0	6:29.0	4:02.0
58	ADAM, Andrew	FR	3586	Iowa City Liberty	-	20:13.2	6:30.1	4:02.6
59	FINN, Collin	SO	3605	Iowa City Liberty	-	20:21.6	6:32.8	4:04.3
60	SCHULTZ, Rylan	SO	3353	Dubuque Hempstea	-	20:23.2	6:33.3	4:04.6
61	CONNELL, Cole	SO	3509	Iowa City City High	-	20:30.0	6:35.5	4:06.0
62	SINDT, Xander	SO	3424	Dubuque Senior	-	20:30.9	6:35.8	4:06.2
63	PARK, Branden	FR	4187	Xavier Cedar Rapid	35	20:36.9	6:37.7	4:07.4
64	RIDDELL, Robert	SO	3417	Dubuque Senior	-	20:38.2	6:38.1	4:07.6
65	BOSTWICK, Matthew	FR	3897	Xavier Cedar Rapid	36	20:39.6	6:38.6	4:07.9
66	KELLY, Logan	FR	3984	Xavier Cedar Rapid	37	20:43.3	6:39.8	4:08.7
67	ENGLING, James	FR	3280	Cedar Rapids Wash	-	20:50.5	6:42.1	4:10.1
68	HILSMAN, Dominic	FR	3609	Iowa City Liberty	-	20:53.4	6:43.0	4:10.7
69	JOHNSTON, Lukas	SO	3612	Iowa City Liberty	-	20:54.8	6:43.4	4:10.9
70	SILVIA, Finlay	8	3421	Dubuque Senior	-	21:06.9	6:47.3	4:13.4
71	MARTINEZ, Hugo	SO	3411	Dubuque Senior	-	21:08.4	6:47.8	4:13.7
72	DIDELOT, Jude	FR	3327	Dubuque Hempstea	-	21:11.6	6:48.8	4:14.3
73	YILDIRIM, Roman	FR	3564	Iowa City City High	-	21:20.4	6:51.7	4:16.1
74	DAVIS, William	SO	3395	Dubuque Senior	-	21:22.1	6:52.2	4:16.4
75	ACKERSON, James	FR	3494	Iowa City City High	-	21:25.8	6:53.4	4:17.2
76	FLEMING, Blaise	SO	3520	Iowa City City High	-	21:40.8	6:58.3	4:20.2
77	TANK, Oscar	FR	3291	Cedar Rapids Wash	-	21:43.2	6:59.0	4:20.6
78	ASBURY, Aiden	FR	3589	Iowa City Liberty	-	21:48.7	7:00.8	4:21.7
79	BALLANTYNE, Ian	SO	3500	Iowa City City High	-	21:49.9	7:01.2	4:22.0
80	SCHATZLE, Ian	SO	4215	Xavier Cedar Rapid	38	21:54.1	7:02.5	4:22.8

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV Fr-So

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
81 SAHAYDA, Rowan	FR	3290	Cedar Rapids Wash	-	21:59.7	7:04.3	4:23.9
82 KARR, Henry	FR	3531	Iowa City City High	-	21:59.9	7:04.4	4:24.0
83 GOLDING, Greyson	FR	3978	Xavier Cedar Rapid	39	22:01.5	7:04.9	4:24.3
84 KILGORE, Oliver	FR	3408	Dubuque Senior	-	22:01.7	7:05.0	4:24.3
85 CLARK, Clover	FR	3599	Iowa City Liberty	-	22:08.5	7:07.2	4:25.7
86 HUSTON, Mason	SO	3982	Xavier Cedar Rapid	(40)	22:11.7	7:08.2	4:26.3
87 RUIZ, Logan	SO	4205	Xavier Cedar Rapid	(41)	22:16.2	7:09.6	4:27.2
88 ONDLER, Wyatt	FR	3680	Prairie Cedar Rapid	(42)	22:18.4	7:10.3	4:27.7
89 YOUNG, Jack	SO	3565	Iowa City City High	-	22:20.1	7:10.9	4:28.0
90 SKOFF, Zach	FR	3552	Iowa City City High	-	22:20.5	7:11.0	4:28.1
91 KAPUNZULA, Beaudard	SO	3530	Iowa City City High	-	22:33.3	7:15.1	4:30.7
92 LOPEZ, Jose	SO	3620	Iowa City Liberty	-	22:39.6	7:17.2	4:31.9
93 JOHNSON, Aiden	SO	3668	Prairie Cedar Rapid	-	22:40.9	7:17.6	4:32.2
94 BOBIS, Wes	FR	3320	Dubuque Hempstea	-	22:44.6	7:18.8	4:32.9
95 OWENS, Mason	SO	3543	Iowa City City High	-	22:48.4	7:20.0	4:33.7
96 CIECIOR, Henry	FR	3598	Iowa City Liberty	-	22:53.3	7:21.6	4:34.7
97 ARCHIBALD, Grayson	FR	3497	Iowa City City High	-	22:57.1	7:22.8	4:35.4
98 OTTO, Jonah	FR	3681	Prairie Cedar Rapid	-	23:17.6	7:29.4	4:39.5
99 MORTON, Renn	SO	3541	Iowa City City High	-	23:22.1	7:30.8	4:40.4
100 UHL, Everett	FR	4268	Xavier Cedar Rapid	-	23:26.4	7:32.2	4:41.3
101 RUH, Eliyas	FR	3418	Dubuque Senior	-	23:45.5	7:38.4	4:45.1
102 LANE, Nick	FR	3617	Iowa City Liberty	-	23:50.8	7:40.0	4:46.1
103 MALDONADO, Damian	FR	3623	Iowa City Liberty	-	24:06.6	7:45.1	4:49.3
104 TARGIO, Mueen	SO	3558	Iowa City City High	-	24:10.1	7:46.2	4:50.0
105 DOMBROCK, Ben	FR	3514	Iowa City City High	-	24:12.5	7:47.0	4:50.5
106 CROSSETT, Peter	FR	3511	Iowa City City High	-	24:32.0	7:53.3	4:54.4
107 STALLMAN, Nicholas	FR	4228	Xavier Cedar Rapid	-	25:11.0	8:05.8	5:02.2
108 HALSCH, Sam	FR	3606	Iowa City Liberty	-	25:49.0	8:18.0	5:09.8
109 BUCHER, Demaryius	FR	3658	Prairie Cedar Rapid	-	25:57.3	8:20.7	5:11.4
110 ACEVEDO, Donovan	SO	3492	Iowa City City High	-	26:02.5	8:22.4	5:12.5
111 HE-YU, Hanover	FR	3526	Iowa City City High	-	26:04.1	8:22.9	5:12.8
112 ELDER, Brooks	FR	3398	Dubuque Senior	-	26:16.0	8:26.7	5:15.2
113 LIE, Espen	SO	3535	Iowa City City High	-	26:28.3	8:30.7	5:17.7
114 PETERSEN, Cameron	FR	3630	Iowa City Liberty	-	26:43.5	8:35.6	5:20.7
115 AHERN, Harrison	SO	3495	Iowa City City High	-	27:59.2	8:59.9	5:35.8
116 PARKER-MCNERTNEY, Bru	FR	3545	Iowa City City High	-	29:18.5	9:25.4	5:51.7

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV JV

Final Results

TEAM SCORING SUMMARY

JV

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Iowa City City High	15	1-2-3-4-5(6)(7)	1:25:15	17:03	0:30.4
2	Iowa City Liberty	53	8-9-10-11-15(22)(27)	1:28:46	17:46	0:53.8
3	Dubuque Senior	90	16-17-18-19-20(21)(29)	1:32:15	18:27	0:15.9
4	Xavier Cedar Rapids	104	12-13-23-26-30(36)	1:33:32	18:43	1:33.2
5	Prairie Cedar Rapids	130	14-24-28-31-33(34)(35)	1:35:38	19:08	1:33.3
6	Dubuque Hempstead	177	25-32-39-40-41(42)(46)	1:40:45	20:09	1:29.4
7	Waterloo United	212	37-38-43-44-50(51)(52)	1:44:10	20:50	1:57.4
8	Cedar Rapids Washington	242	45-47-48-49-53	1:50:08	22:02	3:03.1

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	VANDE BERG, Henry	SR	3562	Iowa City City High	1	16:43.0	5:22.5	3:20.6
2	HOWARD, Zach	JR	3527	Iowa City City High	2	17:00.0	5:28.0	3:24.0
3	CAREY, Will	SR	3504	Iowa City City High	3	17:06.9	5:30.2	3:25.4
4	ACKERMAN, Asher	JR	3493	Iowa City City High	4	17:11.9	5:31.8	3:26.4
5	RICHMAN, Sam	SR	3548	Iowa City City High	5	17:13.4	5:32.3	3:26.7
6	BEERENDS, Colin	JR	3501	Iowa City City High	(6)	17:14.0	5:32.5	3:26.8
7	LALOR, Quinn	JR	3534	Iowa City City High	(7)	17:18.8	5:34.0	3:27.8
8	LANXON, Ben	JR	3618	Iowa City Liberty	8	17:21.9	5:35.0	3:28.4
9	MAYHEW, Preston	SR	3536	Iowa City City High	-	17:29.9	5:37.6	3:30.0
10	LONDON, Ben	SR	3619	Iowa City Liberty	9	17:34.3	5:39.0	3:30.9
11	SAUDER, Ben	JR	3550	Iowa City City High	-	17:38.8	5:40.5	3:31.8
12	KOPELMAN, Henry	JR	3532	Iowa City City High	-	17:44.3	5:42.2	3:32.9
13	WOOD, Deegan	JR	3638	Iowa City Liberty	10	17:44.6	5:42.3	3:32.9
14	NEWLAND, Cooper	JR	3627	Iowa City Liberty	11	17:49.7	5:43.9	3:33.9
15	AMBROSY, Joseph	SO	3896	Xavier Cedar Rapid	12	17:58.2	5:46.7	3:35.6
16	PACHA, Cooper	SO	4167	Xavier Cedar Rapid	13	18:04.9	5:48.8	3:37.0
17	CUMMER, Graham	JR	3512	Iowa City City High	-	18:05.1	5:48.9	3:37.0
18	SUCHOMEL, Silas	SR	3556	Iowa City City High	-	18:09.7	5:50.4	3:37.9
19	MULFORD, Landon	SR	3672	Prairie Cedar Rapid	14	18:10.1	5:50.5	3:38.0
20	KONRARDY, Carter	JR	3615	Iowa City Liberty	15	18:15.6	5:52.3	3:39.1
21	POWERS, Nathan	SR	3415	Dubuque Senior	16	18:20.5	5:53.8	3:40.1
22	SILVIA, Ian	SR	3422	Dubuque Senior	17	18:21.5	5:54.2	3:40.3
23	HAND, Thomas	JR	3525	Iowa City City High	-	18:23.3	5:54.7	3:40.7
24	DUFFY, Sylas	JR	3397	Dubuque Senior	18	18:25.9	5:55.6	3:41.2
25	CHESTERMAN, Zach	JR	3393	Dubuque Senior	19	18:30.2	5:57.0	3:42.0
26	BLOCK, Parker	SR	3390	Dubuque Senior	20	18:36.3	5:58.9	3:43.3
27	SMITH, Lucas	JR	3425	Dubuque Senior	(21)	18:37.6	5:59.3	3:43.5
28	PHAM, Truong	JR	3631	Iowa City Liberty	(22)	18:38.7	5:59.7	3:43.7
29	CRIPE, Colin	FR	3899	Xavier Cedar Rapid	23	18:39.2	5:59.9	3:43.8
30	GOLDSMITH, Noah	JR	3665	Prairie Cedar Rapid	24	18:39.6	6:00.0	3:43.9
31	HOWES, Wyatt	JR	3529	Iowa City City High	-	18:53.4	6:04.4	3:46.7
32	SEAMANS, John	JR	3551	Iowa City City High	-	18:56.3	6:05.4	3:47.3

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV JV

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
33	NAPOLI, Joey	SR	3542	Iowa City City High	-	19:07.0	6:08.8	3:49.4
34	GOLDSMITH, Sam	SR	3334	Dubuque Hempstea	25	19:12.7	6:10.6	3:50.5
35	LAMMERS, Henry	SO	3993	Xavier Cedar Rapid	26	19:17.9	6:12.3	3:51.6
36	NURO GYINA, Randy	SR	3628	Iowa City Liberty	(27)	19:19.2	6:12.7	3:51.8
37	SCHWICKERARTH, Parker	JR	3635	Iowa City Liberty	-	19:27.0	6:15.2	3:53.4
38	NOSKA, Calvin	JR	3675	Prairie Cedar Rapid	28	19:30.2	6:16.2	3:54.0
39	SPEARS, Wesley	JR	3426	Dubuque Senior	(29)	19:31.2	6:16.6	3:54.2
40	GENKINGER, Cael	FR	3975	Xavier Cedar Rapid	30	19:31.4	6:16.6	3:54.3
41	KRAMER, Dustin	JR	3616	Iowa City Liberty	-	19:33.6	6:17.3	3:54.7
42	MYERS, Max	SR	3673	Prairie Cedar Rapid	31	19:34.3	6:17.6	3:54.9
43	BYLER, Asher	JR	3503	Iowa City City High	-	19:34.8	6:17.7	3:55.0
44	LONG, Gage	JR	3342	Dubuque Hempstea	32	19:37.1	6:18.5	3:55.4
45	ARLING, Grant	SR	3387	Dubuque Senior	-	19:43.2	6:20.4	3:56.6
46	OLSON, Canan	SR	3679	Prairie Cedar Rapid	33	19:43.3	6:20.5	3:56.7
47	ALLRED, Wilson	SR	3655	Prairie Cedar Rapid	(34)	19:45.7	6:21.3	3:57.1
48	SHAW, Connor	JR	3684	Prairie Cedar Rapid	(35)	19:46.4	6:21.5	3:57.3
49	ADAM, Austin	JR	3587	Iowa City Liberty	-	19:47.8	6:21.9	3:57.5
50	CORBETT, Eli	JR	3600	Iowa City Liberty	-	19:50.6	6:22.8	3:58.1
51	VETTER, Quinn	JR	3687	Prairie Cedar Rapid	-	19:53.8	6:23.9	3:58.8
52	REISCH, Royal	SR	3416	Dubuque Senior	-	19:57.8	6:25.1	3:59.5
53	SIMANEK, Thatcher	SO	4224	Xavier Cedar Rapid	(36)	20:02.2	6:26.6	4:00.4
54	FELIPE MANUEL, Adolfo	SR	3699	Waterloo United	37	20:02.6	6:26.7	4:00.5
55	PAIGE, Kayson	SR	3707	Waterloo United	38	20:05.2	6:27.5	4:01.0
56	TOBIN, Beckett	SR	3561	Iowa City City High	-	20:05.6	6:27.6	4:01.1
57	CUMMINGS, Wesley	JR	3513	Iowa City City High	-	20:07.0	6:28.1	4:01.4
58	WOODHOUSE, George	SR	3430	Dubuque Senior	-	20:23.4	6:33.4	4:04.7
59	BURKE, Tiernan	JR	3594	Iowa City Liberty	-	20:25.8	6:34.1	4:05.2
60	IRONSIDE, Henry	JR	3337	Dubuque Hempstea	39	20:33.5	6:36.6	4:06.7
61	KRETZ, Broden	JR	3340	Dubuque Hempstea	40	20:39.8	6:38.6	4:07.9
62	LEE, Justin	SR	3410	Dubuque Senior	-	20:41.8	6:39.3	4:08.3
63	BILLMEYER, Lukas	SR	3319	Dubuque Hempstea	41	20:42.1	6:39.4	4:08.4
64	HOLMAN, Brian	SR	3610	Iowa City Liberty	-	20:47.5	6:41.1	4:09.5
65	MISIAGBECKLER, Pierce	SR	3345	Dubuque Hempstea	(42)	20:49.4	6:41.7	4:09.9
66	BRUNKHORST, Logan	JR	3592	Iowa City Liberty	-	20:51.9	6:42.5	4:10.4
67	BAUER, Jake	SR	3388	Dubuque Senior	-	20:53.2	6:42.9	4:10.6
68	JABLONSKY, Liam	JR	3406	Dubuque Senior	-	20:57.6	6:44.4	4:11.5
69	HUNDLEY, Daniel	SO	3701	Waterloo United	43	20:58.0	6:44.5	4:11.6
70	SANDER, August	JR	3549	Iowa City City High	-	21:02.2	6:45.8	4:12.4
71	KESTEL, Atley	JR	3703	Waterloo United	44	21:03.5	6:46.3	4:12.7
72	PINS, Liam	JR	3286	Cedar Rapids Wash	45	21:06.3	6:47.2	4:13.3
73	WAGNER, Elijah	JR	3358	Dubuque Hempstea	(46)	21:24.1	6:52.9	4:16.8
74	DEGRAFT-MOFFAT, Jeremi	SR	3278	Cedar Rapids Wash	47	21:25.7	6:53.4	4:17.1
75	KAHIKU, Joseph	SR	3282	Cedar Rapids Wash	48	21:42.1	6:58.7	4:20.4
76	DEGRAFT-MOFFAT, Josiah	SR	3279	Cedar Rapids Wash	49	21:44.0	6:59.3	4:20.8
77	MOLINA GONZALEZ, Antoni	SR	3539	Iowa City City High	-	21:50.3	7:01.3	4:22.1
78	EMRY, Elisha	JR	3518	Iowa City City High	-	21:51.8	7:01.8	4:22.4

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS

Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #2
Boys Fr-So & JV JV

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
79 DEAHL, Kellan	JR	3662	Prairie Cedar Rapid	-	21:55.1	7:02.9	4:23.0
80 MABON, Jake	JR	3622	Iowa City Liberty	-	21:56.4	7:03.3	4:23.3
81 WERKMEISTER, Kyeler	SO	3710	Waterloo United	50	22:00.0	7:04.4	4:24.0
82 ESTRADA, Emiliano	JR	3603	Iowa City Liberty	-	22:23.7	7:12.0	4:28.7
83 ROSEMEYER, Brody	SR	3350	Dubuque Hempstea	-	22:30.4	7:14.2	4:30.1
84 BENNETT, Jesse	SR	3318	Dubuque Hempstea	-	23:02.1	7:24.4	4:36.4
85 RUNDE, Devin	SR	3351	Dubuque Hempstea	-	23:30.7	7:33.6	4:42.1
86 PAVLOVEC, Riehle	JR	3629	Iowa City Liberty	-	23:42.1	7:37.2	4:44.4
87 WHITE, Laekyn	JR	3711	Waterloo United	(51)	23:42.1	7:37.3	4:44.4
88 KIOTAK, Clement	SO	3704	Waterloo United	(52)	24:08.4	7:45.7	4:49.7
89 RUNDLE, Justin	SR	3289	Cedar Rapids Wash	53	24:09.4	7:46.0	4:49.9
90 MILLER, Evan	SR	3626	Iowa City Liberty	-	24:26.3	7:51.5	4:53.2
91 KANE, Conor	JR	3339	Dubuque Hempstea	-	24:36.0	7:54.6	4:55.2

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS

Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #3
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Iowa City City High	35	2-6-8-9-10(15)(17)	1:35:19	19:04	0:33.0
2	Prairie Cedar Rapids	36	1-3-7-11-14(26)	1:35:37	19:08	1:00.9
3	Dubuque Senior	91	5-16-22-23-25(28)(29)	1:40:08	20:02	1:28.8
4	Dubuque Hempstead	111	13-20-21-27-30(31)(33)	1:41:36	20:20	1:15.5
5	Iowa City Liberty	112	4-18-24-32-34(38)(44)	1:41:37	20:20	2:09.1
6	Xavier Cedar Rapids	162	12-35-36-37-42(43)	1:46:04	21:13	2:57.9
7	Cedar Rapids Washington	184	19-39-40-41-45(46)(47)	1:49:31	21:55	2:52.7
DNP	Waterloo United					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	WILEY, Reese	SR	3654	Prairie Cedar Rapid	1	18:39.4	5:59.9	3:43.9
2	HAMANN, Grace	SR	3460	Iowa City City High	2	18:43.2	6:01.2	3:44.6
3	GROTELUSCHEN, Harper	JR	3645	Prairie Cedar Rapid	3	18:43.6	6:01.3	3:44.7
4	VEDEPO, McKenzie	FR	3584	Iowa City Liberty	4	18:55.9	6:05.2	3:47.2
5	CARPENTER, Skylar	JR	3362	Dubuque Senior	5	19:02.8	6:07.5	3:48.6
6	FRUIN, Calissa	JR	3454	Iowa City City High	6	19:03.5	6:07.7	3:48.7
7	BOYER, Eloise	FR	3640	Prairie Cedar Rapid	7	19:05.6	6:08.3	3:49.1
8	BECHTEL, Mari	FR	3438	Iowa City City High	8	19:07.1	6:08.8	3:49.4
9	FISCHER, Madeline	SR	3452	Iowa City City High	9	19:08.6	6:09.3	3:49.7
10	FISCHER, Anna	FR	3451	Iowa City City High	10	19:16.2	6:11.8	3:51.2
11	ROE, Anika	SR	3650	Prairie Cedar Rapid	11	19:27.8	6:15.5	3:53.6
12	BARTON, Raleigh	SO	3716	Xavier Cedar Rapid	12	19:29.2	6:15.9	3:53.8
13	LEITZEN, Natalie	SR	3303	Dubuque Hempstea	13	19:36.7	6:18.3	3:55.3
14	AJRAM, Lamise	SR	3639	Prairie Cedar Rapid	14	19:40.2	6:19.5	3:56.0
15	SHERBURNE, Lucy	SR	3483	Iowa City City High	(15)	19:47.5	6:21.8	3:57.5
16	SCHAEFER, Mallory	JR	3378	Dubuque Senior	16	19:54.0	6:23.9	3:58.8
17	DOWNING-SHERER, Naomi	SR	3448	Iowa City City High	(17)	19:56.2	6:24.6	3:59.2
18	MAHER, Mackenzie	SO	3578	Iowa City Liberty	18	20:09.5	6:28.9	4:01.9
19	LINDWALL, Maya	SR	3270	Cedar Rapids Wash	19	20:09.7	6:29.0	4:01.9
20	HEIBERGER, Chelsea	JR	3298	Dubuque Hempstea	20	20:09.8	6:29.0	4:01.9
21	PITZ, Paige	SR	3308	Dubuque Hempstea	21	20:13.6	6:30.2	4:02.7
22	ORTIZ, Lauryn	SO	3374	Dubuque Senior	22	20:15.5	6:30.8	4:03.1
23	HOYER, Sage	SO	3369	Dubuque Senior	23	20:23.9	6:33.5	4:04.8
24	WILLIAMS, Aleah	SO	3585	Iowa City Liberty	24	20:29.8	6:35.4	4:05.9
25	HOLDENER, Audrey	SR	3367	Dubuque Senior	25	20:31.6	6:36.0	4:06.3
26	KAY, Addison	SO	3647	Prairie Cedar Rapid	(26)	20:33.0	6:36.4	4:06.6
27	PELEGRIN, Zoey	SO	3307	Dubuque Hempstea	27	20:44.0	6:40.0	4:08.8
28	TIGGES, Sophie	JR	3384	Dubuque Senior	(28)	20:50.2	6:42.0	4:10.0
29	ROACH, Lauren	FR	3376	Dubuque Senior	(29)	20:50.6	6:42.1	4:10.1
30	FREUND, Hazel	SO	3297	Dubuque Hempstea	30	20:52.1	6:42.6	4:10.4
31	MONTES, Layton	FR	3304	Dubuque Hempstea	(31)	20:52.5	6:42.7	4:10.5
32	JOHNSON, Eleanor	SO	3577	Iowa City Liberty	32	20:56.2	6:43.9	4:11.2
33	DRISCOLL, Gracie	SR	3295	Dubuque Hempstea	(33)	20:59.3	6:44.9	4:11.8
34	SWIFT, Gabriella	SO	3581	Iowa City Liberty	34	21:04.9	6:46.7	4:13.0

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS

Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #3
Varsity Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
35	O'BRIEN, Taniya	SR	3693	Waterloo United	-	21:07.0	6:47.4	4:13.4
36	FOUST, Willa	SO	3296	Dubuque Hempstea	-	21:13.8	6:49.6	4:14.7
37	MUSICK, Sofia	SR	3800	Xavier Cedar Rapid	35	21:17.0	6:50.6	4:15.4
38	SHEDEK, Addison	SO	3311	Dubuque Hempstea	-	21:19.5	6:51.4	4:15.9
39	DELGADO, Zoe	FR	3718	Xavier Cedar Rapid	36	21:19.8	6:51.5	4:16.0
40	WILSON, Everly	FR	3316	Dubuque Hempstea	-	21:24.7	6:53.1	4:16.9
41	MIKE, Norah	SO	3774	Xavier Cedar Rapid	37	21:30.8	6:55.0	4:18.2
42	GALVIN, Keira	FR	3574	Iowa City Liberty	(38)	21:59.4	7:04.2	4:23.9
43	MCATEE, Abigail	8	3271	Cedar Rapids Wash	39	22:01.3	7:04.9	4:24.3
44	LAHART, Maya	SR	3268	Cedar Rapids Wash	40	22:07.6	7:06.8	4:25.5
45	LAHART, Alanna	SR	3267	Cedar Rapids Wash	41	22:09.6	7:07.5	4:25.9
46	MARTINO, Francesca	FR	3773	Xavier Cedar Rapid	42	22:27.0	7:13.1	4:29.4
47	HARNACK, Lucy	SO	3691	Waterloo United	-	22:30.6	7:14.3	4:30.1
48	AINSWORTH, Maeve	JR	3712	Xavier Cedar Rapid	(43)	22:31.9	7:14.7	4:30.4
49	HOFFMAN, Hayli	SO	3576	Iowa City Liberty	(44)	22:36.2	7:16.1	4:31.2
50	MCDERMOTT, Raegan	SR	3579	Iowa City Liberty	-	22:41.3	7:17.7	4:32.2
51	LEMKE, Lilly	SR	3269	Cedar Rapids Wash	45	23:02.4	7:24.5	4:36.5
52	DYER, Madelyn	SR	3264	Cedar Rapids Wash	(46)	23:15.8	7:28.8	4:39.1
53	BLAHNIK, Brianna	SO	3262	Cedar Rapids Wash	(47)	23:19.8	7:30.1	4:40.0
54	HETRICK, Evelyn	FR	3265	Cedar Rapids Wash	-	24:16.1	7:48.2	4:51.2

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #4
Varsity Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Iowa City Liberty	30	1-3-5-9-12(14)(33)	1:18:07	15:38	1:24.9
2	Iowa City City High	77	10-13-17-18-19(20)(23)	1:21:48	16:22	0:32.0
3	Dubuque Hempstead	88	8-11-21-22-26(27)(35)	1:21:59	16:24	0:49.5
4	Xavier Cedar Rapids	97	4-15-16-25-37(40)(43)	1:22:11	16:27	1:36.3
5	Prairie Cedar Rapids	104	2-7-24-30-41(45)(48)	1:22:01	16:25	1:59.9
6	Dubuque Senior	140	6-28-32-36-38(39)(44)	1:23:46	16:46	1:38.4
7	Waterloo United	205	29-31-46-49-50(55)(56)	1:28:19	17:40	1:40.3
8	Cedar Rapids Washington	226	34-42-47-51-52(53)(54)	1:30:45	18:09	2:16.2

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	DECKER, Keegan	SR	3601	Iowa City Liberty	1	14:47.6	4:45.4	2:57.5
2	CARRIZALES, Cole	SR	3659	Prairie Cedar Rapid	2	15:22.8	4:56.7	3:04.6
3	KINZER, Maxwell	SO	3613	Iowa City Liberty	3	15:32.3	4:59.8	3:06.4
4	ALLEN, Andrew	JR	3895	Xavier Cedar Rapid	4	15:34.2	5:00.4	3:06.8
5	CHO, Tayson	SR	3597	Iowa City Liberty	5	15:35.3	5:00.7	3:07.1
6	ANDERSON, Owen	SR	3386	Dubuque Senior	6	15:37.7	5:01.5	3:07.5
7	OGREEN, Burkley	FR	3678	Prairie Cedar Rapid	7	15:40.8	5:02.5	3:08.2
8	MALONEY, Henry	SR	3344	Dubuque Hempstea	8	15:54.1	5:06.8	3:10.8
9	HILDEBRAND, Lars	SR	3608	Iowa City Liberty	9	15:59.5	5:08.5	3:11.9
10	HAMILTON, Andrew	JR	3524	Iowa City City High	10	16:00.7	5:08.9	3:12.1
11	COOLEY, Aidan	SR	3323	Dubuque Hempstea	11	16:09.8	5:11.8	3:14.0
12	HILDEBRAND, Hans	SO	3607	Iowa City Liberty	12	16:12.4	5:12.7	3:14.5
13	TERRILL, Clayton	FR	3559	Iowa City City High	13	16:20.9	5:15.4	3:16.2
14	STRAND, Jens	JR	3637	Iowa City Liberty	(14)	16:20.9	5:15.4	3:16.2
15	STINEMAN, Jake	FR	4234	Xavier Cedar Rapid	15	16:21.5	5:15.6	3:16.3
16	MUEGGENBERG, Lance	JR	4013	Xavier Cedar Rapid	16	16:21.7	5:15.7	3:16.3
17	EASTLUND, Leif	JR	3515	Iowa City City High	17	16:25.7	5:16.9	3:17.1
18	MCROBERTS, Jasper	JR	3537	Iowa City City High	18	16:27.6	5:17.5	3:17.5
19	RANDALL, David	SR	3547	Iowa City City High	19	16:32.6	5:19.2	3:18.5
20	ELLIOTT, Sam	SO	3516	Iowa City City High	(20)	16:34.6	5:19.8	3:18.9
21	ELLERBACH, Ben	SR	3328	Dubuque Hempstea	21	16:35.7	5:20.1	3:19.1
22	ELLERBECK, Zenner	SO	3329	Dubuque Hempstea	22	16:35.9	5:20.2	3:19.2
23	MILLER, Soren	JR	3538	Iowa City City High	(23)	16:40.3	5:21.6	3:20.0
24	FORMANEK, Matthew	JR	3663	Prairie Cedar Rapid	24	16:41.4	5:22.0	3:20.3
25	SCHECKEL, Cyrus	FR	4221	Xavier Cedar Rapid	25	16:43.0	5:22.5	3:20.6
26	RISMA, Nolan	JR	3349	Dubuque Hempstea	26	16:43.5	5:22.7	3:20.7
27	FROISTAD, Talon	SR	3332	Dubuque Hempstea	(27)	16:47.2	5:23.8	3:21.4
28	ARNOLD, Malcolm	SR	3498	Iowa City City High	-	16:50.7	5:25.0	3:22.1
29	NEUHAUS, Elijah	SR	3413	Dubuque Senior	28	16:50.8	5:25.0	3:22.1
30	MOLINE, Isaak	JR	3706	Waterloo United	29	16:51.3	5:25.2	3:22.2
31	DAHLEM, Eli	JR	3660	Prairie Cedar Rapid	30	16:53.5	5:25.9	3:22.7
32	KERKOVE, Joshua	SR	3702	Waterloo United	31	16:53.8	5:26.0	3:22.8
33	HOHMANN, Andy	JR	3404	Dubuque Senior	32	16:56.4	5:26.8	3:23.3
34	FINCH, Colin	SR	3604	Iowa City Liberty	(33)	16:57.3	5:27.1	3:23.4

MVC MISSISSIPPI DIVISIONAL

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Cloudy, Wind WNW 5-10mph, 96% Humidity & 61
Host: Xavier
Thursday, October 16, 2025

MEET OFFICIALS
Meet Director:
Adam McDonnell
Meet Referee:
John McDonnell
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING
OFFICIAL MEET REPORT
printed: 10/15/2026 8:11 PM

Race #4
Varsity Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
35	GURWELL, Grayson	SO	3281	Cedar Rapids Wash	34	16:57.8	5:27.3	3:23.6
36	SPRIGGS, Mason	SR	3355	Dubuque Hempstea	(35)	17:04.1	5:29.3	3:24.8
37	HESSELMAN, Cody	SR	3403	Dubuque Senior	36	17:05.4	5:29.7	3:25.1
38	PETERSON, Christopher	JR	3347	Dubuque Hempstea	-	17:08.6	5:30.7	3:25.7
39	KELLY, Sean	JR	3991	Xavier Cedar Rapid	37	17:10.5	5:31.3	3:26.1
40	HAUG, Matthew	SR	3400	Dubuque Senior	38	17:16.0	5:33.1	3:27.2
41	BRUST, Charlie	JR	3593	Iowa City Liberty	-	17:18.8	5:34.0	3:27.8
42	SINDT, Ian	SR	3423	Dubuque Senior	(39)	17:19.8	5:34.3	3:27.9
43	MARTINO, Gus	SR	4001	Xavier Cedar Rapid	(40)	17:21.6	5:34.9	3:28.3
44	STOLLEY, Tristan	JR	3686	Prairie Cedar Rapid	41	17:22.7	5:35.3	3:28.5
45	MCATEE, Jack	JR	3283	Cedar Rapids Wash	42	17:23.8	5:35.6	3:28.7
46	NOEL, Austin	SO	3346	Dubuque Hempstea	-	17:23.9	5:35.7	3:28.8
47	LANG, Caleb	JR	3997	Xavier Cedar Rapid	(43)	17:27.2	5:36.7	3:29.4
48	SPAHN, Charlie	JR	3354	Dubuque Hempstea	-	17:36.2	5:39.6	3:31.2
49	DENHAM, Matthew	SR	3396	Dubuque Senior	(44)	17:37.5	5:40.0	3:31.5
50	NOVE, Mason	SR	3677	Prairie Cedar Rapid	(45)	17:38.3	5:40.3	3:31.6
51	CRIPE, Brady	SR	3898	Xavier Cedar Rapid	-	17:41.1	5:41.2	3:32.2
52	NOEL, Traenor (Trae)	JR	3414	Dubuque Senior	-	17:45.0	5:42.4	3:33.0
53	GRIEME, Caden	SR	3700	Waterloo United	46	17:54.7	5:45.6	3:34.9
54	REILLY, Hayden	SR	3287	Cedar Rapids Wash	47	18:00.3	5:47.4	3:36.1
55	SCHULTE, Josh	SR	3420	Dubuque Senior	-	18:01.0	5:47.6	3:36.2
56	WEBER, Kaden	JR	3689	Prairie Cedar Rapid	(48)	18:03.6	5:48.4	3:36.7
57	CORDELL, Kayson	SR	3696	Waterloo United	49	18:06.9	5:49.5	3:37.4
58	WERNIMONT, Aiden	JR	3428	Dubuque Senior	-	18:07.4	5:49.6	3:37.5
59	FROST, Jonah	SO	3664	Prairie Cedar Rapid	-	18:09.5	5:50.3	3:37.9
60	FEDERSPIEL, Andrew	SO	3698	Waterloo United	50	18:31.5	5:57.4	3:42.3
61	MITCHELL, Henri	SR	3284	Cedar Rapids Wash	51	19:08.7	6:09.3	3:49.7
62	REISINGER, Nicholas	SR	3288	Cedar Rapids Wash	52	19:14.0	6:11.0	3:50.8
63	DAVIS, Miles	FR	3277	Cedar Rapids Wash	(53)	19:26.8	6:15.2	3:53.3
64	CHRISTY, Harrison	FR	3276	Cedar Rapids Wash	(54)	19:27.1	6:15.3	3:53.4
65	DUNKERTON, Jeremiah	SR	3697	Waterloo United	(55)	19:41.7	6:20.0	3:56.3
66	ANDERSON, Storm	SO	3694	Waterloo United	(56)	19:44.2	6:20.8	3:56.8
67	STOLLENWERK, Quincy	SR	3708	Waterloo United	-	19:50.6	6:22.8	3:58.1
68	MITCHELL, Jasper	JR	3285	Cedar Rapids Wash	-	19:52.2	6:23.3	3:58.4
69	ARUNA, Juma	SR	3275	Cedar Rapids Wash	-	19:58.7	6:25.4	3:59.7
70	STONER, Richard	SO	3709	Waterloo United	-	20:04.9	6:27.4	4:01.0
71	BRAVENER, Liam	FR	3695	Waterloo United	-	20:27.1	6:34.5	4:05.4