2026 RIVER VALLEY CONFERENCE XC MEET

Iowa City, IA
Kickers Soccer Complex
Host: River Valley Conference
Tuesday, October 13, 2026

MEET OFFICIALS
Meet Director:
Maquoketa High School
Timing:
B&W Racing Services

MeetPro

OFFICIAL MEET REPORT
printed: 10/13/2026 9:22 PM

Race #1
MS Girls 2 Miles

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	MS_Tipton ms	29	2-7-9-11(16)(21)	57:29	14:23	0:41.5
2	MS_West Liberty	41	1-3-12-25	58:57	14:45	2:53.1
3	MS_Regina	48	4-8-13-23(26)(27)	59:55	14:59	2:15.4
4	MS_Cascade	61	5-14-18-24(28)(29)	1:00:53	15:14	2:14.2
5	MS_Monticello	80	10-15-22-33(34)(38)	1:03:49	15:58	3:22.6
6	MS_Mid-Prairie	86	17-19-20-30(32)(35)	1:03:18	15:50	1:52.6
7	MS_Durant	110	6-31-36-37	1:10:15	17:34	5:25.6
DNP	MS_Beckman Catholic					
DNP	MS_Wilton					
DNP	MS_Bellevue					
DNP	MS_Anamosa					
DNP	MS_Maquoketa					
DNP	MS_Camanche					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	ESTRADA, Camila	7	376	MS_West Liberty	1	13:34.9	---	6:47.5	4:13.1
2	WOMER, Rachel	8	229	MS_Beckman Cath	-	13:43.4	8.5	6:51.7	4:15.7
3	LITTLE, Danielle	8	362	MS_Tipton ms	2	14:00.0	25.1	7:00.0	4:20.9
4	SEDLACEK, Ruby	7	380	MS_West Liberty	3	14:03.8	28.9	7:01.9	4:22.0
5	LITTON, Harper	8	337	MS_Regina	4	14:08.7	33.8	7:04.4	4:23.6
6	BOFFELI, Cara	7	255	MS_Cascade	5	14:11.3	36.4	7:05.7	4:24.4
7	RANDALL, Kate	7	268	MS_Durant	6	14:11.7	36.8	7:05.9	4:24.5
8	COSTELLO, Amelia	7	357	MS_Tipton ms	7	14:17.0	42.1	7:08.5	4:26.1
9	KLITGAARD, Cece	8	336	MS_Regina	8	14:29.4	54.5	7:14.7	4:30.0
10	NASH, Addie	7	364	MS_Tipton ms	9	14:30.4	55.5	7:15.2	4:30.3
11	BLAKESLEY, Avery	7	311	MS_Monticello	10	14:31.1	56.2	7:15.6	4:30.5
12	ENGELBART, Olivia	7	208	MS_Anamosa	-	14:37.7	1:02.8	7:18.9	4:32.6
13	NASH, Anna	7	365	MS_Tipton ms	11	14:41.5	1:06.6	7:20.8	4:33.8
14	PORTZ, Lili	7	280	MS_Maquoketa	-	14:44.0	1:09.1	7:22.0	4:34.5
15	RANGEL, Isabella	7	378	MS_West Liberty	12	14:49.4	1:14.5	7:24.7	4:36.2
16	BEARD, Lauren	8	332	MS_Regina	13	14:52.4	1:17.5	7:26.2	4:37.1
17	LAHEY, Tatum	7	261	MS_Cascade	14	14:58.0	1:23.1	7:29.0	4:38.9
18	CUPPLES, Lily	8	314	MS_Monticello	15	15:02.8	1:27.9	7:31.4	4:40.4
19	ENGELS, Finley	7	360	MS_Tipton ms	(16)	15:03.6	1:28.7	7:31.8	4:40.6
20	GONZALEZ, Natalie	8	287	MS_Mid-Prairie	17	15:11.1	1:36.2	7:35.6	4:43.0
21	MAXWELL, Emilie	7	387	MS_Wilton	-	15:17.6	1:42.7	7:38.8	4:45.0
22	CALLAHAN, Norah	7	256	MS_Cascade	18	15:18.0	1:43.1	7:39.0	4:45.1
23	O'CONNOR, Aubree	7	291	MS_Mid-Prairie	19	15:27.1	1:52.2	7:43.6	4:47.9
24	JANACHEK, Addison	7	288	MS_Mid-Prairie	20	15:35.2	2:00.3	7:47.6	4:50.4
25	EHLERS, Addyson	8	359	MS_Tipton ms	(21)	15:38.1	2:03.2	7:49.1	4:51.3
26	BOORN, Kensington	7	385	MS_Wilton	-	15:42.1	2:07.2	7:51.1	4:52.6
27	DRISCOLL, Kaylee	8	358	MS_Tipton ms	-	15:46.1	2:11.2	7:53.1	4:53.8

Race #1
MS Girls 2 Miles

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
28 CONNER, Ada	8	312	MS_Monticello	22	16:21.1	2:46.2	8:10.6	5:04.7
29 O'ROURKE, Molly	7	339	MS_Regina	23	16:24.1	2:49.2	8:12.1	5:05.6
30 HOSCH, Kate	8	258	MS_Cascade	24	16:25.5	2:50.6	8:12.8	5:06.1
31 SACKETT, Aubree	7	379	MS_West Liberty	25	16:28.0	2:53.1	8:14.0	5:06.8
32 SCHWARTEN, Natalie	7	228	MS_Beckman Cath	-	16:31.3	2:56.4	8:15.7	5:07.9
33 BESLER, Addison	7	225	MS_Beckman Cath	-	16:31.3	2:56.4	8:15.7	5:07.9
34 VLASICH, Natalie	7	341	MS_Regina	(26)	16:33.9	2:59.0	8:17.0	5:08.7
35 WHITMER, Lana	8	342	MS_Regina	(27)	16:34.5	2:59.6	8:17.3	5:08.9
36 SCHECKEL, Londyn	7	243	MS_Bellevue	-	16:42.4	3:07.5	8:21.2	5:11.3
37 WILLIAMS, Braylie	7	263	MS_Cascade	(28)	16:45.9	3:11.0	8:23.0	5:12.4
38 KRAKLIO, Tianna	7	386	MS_Wilton	-	16:47.1	3:12.2	8:23.6	5:12.8
39 MURRAY, Bradyn	7	242	MS_Bellevue	-	16:48.5	3:13.6	8:24.3	5:13.2
40 NOONAN, Macy	7	262	MS_Cascade	(29)	16:58.6	3:23.7	8:29.3	5:16.3
41 CUROE, Keira	8	257	MS_Cascade	-	17:01.4	3:26.5	8:30.7	5:17.2
42 SLAY, Avery	8	293	MS_Mid-Prairie	30	17:03.7	3:28.8	8:31.9	5:17.9
43 MOREAU, Brooklynn	8	338	MS_Regina	-	17:10.0	3:35.1	8:35.0	5:19.9
44 RICHMAN, Leiton	8	269	MS_Durant	31	17:14.2	3:39.3	8:37.1	5:21.2
45 HADDOCK, Naryah	8	279	MS_Maquoketa	-	17:16.5	3:41.6	8:38.3	5:21.9
46 KNUTH, Corinne	7	260	MS_Cascade	-	17:29.9	3:55.0	8:45.0	5:26.1
47 MILLER, Loralyn	7	290	MS_Mid-Prairie	(32)	17:38.9	4:04.0	8:49.5	5:28.9
48 CONNER, Mackenzie	7	313	MS_Monticello	33	17:53.7	4:18.8	8:56.9	5:33.4
49 GRAVES, Stella	7	361	MS_Tipton ms	-	18:01.5	4:26.6	9:00.8	5:35.9
50 FARROWE, Otillie	8	315	MS_Monticello	(34)	18:07.1	4:32.2	9:03.6	5:37.6
51 KALB, Charlotte	7	259	MS_Cascade	-	18:07.3	4:32.4	9:03.7	5:37.7
52 ASKLING, Haylee	8	285	MS_Mid-Prairie	(35)	18:08.4	4:33.5	9:04.2	5:38.0
53 LUKAVSKY, Essmae	7	363	MS_Tipton ms	-	18:28.5	4:53.6	9:14.3	5:44.3
54 SUNDSTROM, Kaylin	8	209	MS_Anamosa	-	18:54.1	5:19.2	9:27.1	5:52.2
55 GOFF, Madison	8	249	MS_Camanche	-	19:10.7	5:35.8	9:35.4	5:57.4
56 HERMISTON, Piper	8	267	MS_Durant	36	19:11.7	5:36.8	9:35.9	5:57.7
57 HERMISTON, Kinley	7	266	MS_Durant	37	19:37.3	6:02.4	9:48.7	6:05.6
58 KIAMANI, Jasmine	8	334	MS_Regina	-	19:43.7	6:08.8	9:51.9	6:07.6
59 JONES, Jessie	8	316	MS_Monticello	(38)	19:59.2	6:24.3	9:59.6	6:12.4
60 PEARSON, Piper	7	366	MS_Tipton ms	-	20:25.6	6:50.7	10:12.8	6:20.6
61 KOLOSIK, Cora	8	289	MS_Mid-Prairie	-	20:46.8	7:11.9	10:23.4	6:27.2
62 THOMAE, Nellie	7	340	MS_Regina	-	20:51.6	7:16.7	10:25.8	6:28.7
63 GAVIN, Scarlett	7	333	MS_Regina	-	21:19.8	7:44.9	10:39.9	6:37.5
64 ROBERTSON, Brielle	7	292	MS_Mid-Prairie	-	21:22.6	7:47.7	10:41.3	6:38.3

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Race #2
MS Boys 2 Miles

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	MS_Monticello	38	2-5-8-23(38)(43)	49:36	12:24	1:29.3
2	MS_Anamosa	45	3-9-16-17(20)(45)	50:20	12:35	1:07.2
3	MS_Regina	67	1-13-26-27(33)(46)	51:03	12:46	1:49.7
4	MS_Mid-Prairie	81	14-21-22-24(28)(34)	52:23	13:06	0:20.4
5	MS_Alburnett	96	10-19-25-42(55)(65)	52:51	13:13	1:13.9
6	MS_Beckman Catholic	100	6-18-32-44(49)(50)	52:53	13:14	1:38.5
7	MS_Tipton ms	105	11-29-30-35(36)(40)	53:00	13:15	0:59.3
8	MS_Durant	129	4-7-54-64	57:22	14:21	6:13.9
9	MS_West Liberty	135	12-31-39-53	54:45	13:42	2:01.6
10	MS_Camanche	166	15-41-47-63	58:51	14:43	4:48.3
11	MS_Maquoketa	215	37-52-59-67	1:03:13	15:49	5:28.1
12	MS_Northeast Goose Lake	218	48-51-58-61(66)	1:02:23	15:36	2:40.7
13	MS_Bellevue	235	56-57-60-62	1:04:06	16:02	2:07.6
DNP	MS_Cascade					
DNP	MS_Wilton					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	CLARK, Luke	7	345	MS_Regina	1	11:30.9	---	5:45.5	3:34.6
2	MCDONALD, Victor	8	322	MS_Monticello	2	11:39.4	8.5	5:49.7	3:37.2
3	DAWES, Trevor	8	214	MS_Anamosa	3	11:50.4	19.5	5:55.2	3:40.6
4	ELLENBERG, Karson	7	271	MS_Durant	4	11:53.2	22.3	5:56.6	3:41.5
5	TOENJES, Kaleb	7	325	MS_Monticello	5	12:17.6	46.7	6:08.8	3:49.1
6	PITZ, Gordon	8	238	MS_Beckman Cath	6	12:21.3	50.4	6:10.7	3:50.2
7	DIERICKX, Gannon	7	270	MS_Durant	7	12:22.7	51.8	6:11.4	3:50.7
8	ALTHOFF, Higdon	8	317	MS_Monticello	8	12:30.2	59.3	6:15.1	3:53.0
9	ABELL, Malachi	8	210	MS_Anamosa	9	12:33.7	1:02.8	6:16.9	3:54.1
10	SILVER, Jack	8	207	MS_Alburnett	10	12:36.3	1:05.4	6:18.2	3:54.9
11	VIDAL, Angelo	8	375	MS_Tipton ms	11	12:36.5	1:05.6	6:18.3	3:54.9
12	MUNGUIA MOJICA, Mario	8	382	MS_West Liberty	12	12:48.0	1:17.1	6:24.0	3:58.5
13	ALLAN, Will	8	343	MS_Regina	13	12:50.9	1:20.0	6:25.5	3:59.4
14	POLL, Berk	8	303	MS_Mid-Prairie	14	12:55.5	1:24.6	6:27.8	4:00.8
15	GRAVERT, Cody	8	253	MS_Camanche	15	12:55.6	1:24.7	6:27.8	4:00.9
16	ANDREESEN, Conner	8	211	MS_Anamosa	16	12:57.4	1:26.5	6:28.7	4:01.4
17	KEISTER, Liam	8	219	MS_Anamosa	17	12:57.6	1:26.7	6:28.8	4:01.5
18	KNIPPER, Caleb	8	237	MS_Beckman Cath	18	13:04.2	1:33.3	6:32.1	4:03.5
19	BAXTER, Owen	8	202	MS_Alburnett	19	13:04.3	1:33.4	6:32.2	4:03.6
20	BIXLER, Jake	8	212	MS_Anamosa	(20)	13:04.5	1:33.6	6:32.3	4:03.6
21	SWARTZENTRUBER, Theo	8	308	MS_Mid-Prairie	21	13:05.3	1:34.4	6:32.7	4:03.9
22	MILLER, Wyatt G	8	302	MS_Mid-Prairie	22	13:05.6	1:34.7	6:32.8	4:04.0
23	SACRO, Ethan andrei	8	324	MS_Monticello	23	13:08.7	1:37.8	6:34.4	4:04.9
24	SWARTZENTRUBER, Leo	8	307	MS_Mid-Prairie	24	13:15.9	1:45.0	6:38.0	4:07.2
25	LYNN, Cruz	8	206	MS_Alburnett	25	13:19.7	1:48.8	6:39.9	4:08.4

Race #2
MS Boys 2 Miles

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
26	GREGORY, Danny	7	347	MS_Regina	26	13:20.3	1:49.4	6:40.2	4:08.5
27	ROWLETTE, Jimmy	8	355	MS_Regina	27	13:20.6	1:49.7	6:40.3	4:08.6
28	ANDERSON, Aaden	7	294	MS_Mid-Prairie	(28)	13:22.5	1:51.6	6:41.3	4:09.2
29	KNOX, Jaxson	8	371	MS_Tipton ms	29	13:22.8	1:51.9	6:41.4	4:09.3
30	JEFFRIES, Mason	8	370	MS_Tipton ms	30	13:24.7	1:53.8	6:42.4	4:09.9
31	MUNGUIA MOJICA, Leo	8	381	MS_West Liberty	31	13:26.8	1:55.9	6:43.4	4:10.6
32	BIERMANN, Max	7	230	MS_Beckman Cath	32	13:27.7	1:56.8	6:43.9	4:10.8
33	OLNEY, Donovan	7	352	MS_Regina	(33)	13:28.0	1:57.1	6:44.0	4:10.9
34	MEYERS, Maxon	7	300	MS_Mid-Prairie	(34)	13:28.3	1:57.4	6:44.2	4:11.0
35	ROBERTS, Logan	8	374	MS_Tipton ms	35	13:35.8	2:04.9	6:47.9	4:13.4
36	BODECKER, Ian	7	367	MS_Tipton ms	(36)	13:37.2	2:06.3	6:48.6	4:13.8
37	MILLER, Johnny	8	281	MS_Maquoketa	37	13:38.3	2:07.4	6:49.2	4:14.1
38	LYONS, Davis	7	321	MS_Monticello	(38)	13:39.1	2:08.2	6:49.6	4:14.4
39	VELASCO VARGAS, Adrian	8	384	MS_West Liberty	39	13:40.1	2:09.2	6:50.1	4:14.7
40	HARVEY, Max	7	369	MS_Tipton ms	(40)	13:40.4	2:09.5	6:50.2	4:14.8
41	JENNESS, Kyler	7	254	MS_Camanche	41	13:47.6	2:16.7	6:53.8	4:17.0
42	FREEMAN, Landyn	7	204	MS_Alburnett	42	13:50.2	2:19.3	6:55.1	4:17.8
43	READE, Isaac	8	323	MS_Monticello	(43)	13:52.1	2:21.2	6:56.1	4:18.4
44	FELTES, Soloman	8	297	MS_Mid-Prairie	-	13:55.8	2:24.9	6:57.9	4:19.6
45	CHERRYHOLMES, Gavin	8	232	MS_Beckman Cath	44	13:59.8	2:28.9	6:59.9	4:20.8
46	WEAVER, Aydin	8	223	MS_Anamosa	(45)	14:05.3	2:34.4	7:02.7	4:22.5
47	SWEENEY, Justin	8	222	MS_Anamosa	-	14:09.6	2:38.7	7:04.8	4:23.9
48	PETER, Jeremiah	8	354	MS_Regina	(46)	14:10.0	2:39.1	7:05.0	4:24.0
49	LEICK, Connor	8	265	MS_Cascade	-	14:10.2	2:39.3	7:05.1	4:24.0
50	CULVER, Tripp	8	213	MS_Anamosa	-	14:10.6	2:39.7	7:05.3	4:24.2
51	LIDDELL, Josiah	8	299	MS_Mid-Prairie	-	14:16.3	2:45.4	7:08.2	4:25.9
52	WEAVER, Bruce	8	224	MS_Anamosa	-	14:23.1	2:52.2	7:11.6	4:28.0
53	CARSTENSEN, Dax	8	250	MS_Camanche	47	14:23.8	2:52.9	7:11.9	4:28.3
54	JENNINGS, Kellan	8	350	MS_Regina	-	14:25.1	2:54.2	7:12.6	4:28.7
55	HOYT, Japheth	8	217	MS_Anamosa	-	14:41.4	3:10.5	7:20.7	4:33.7
56	GRANTZ, Sawyer	7	328	MS_Northeast Goo	48	14:42.8	3:11.9	7:21.4	4:34.2
57	BRAUN, Tim	8	231	MS_Beckman Cath	(49)	14:43.5	3:12.6	7:21.8	4:34.4
58	GEISTKEMPER, Jacob	7	236	MS_Beckman Cath	(50)	14:44.6	3:13.7	7:22.3	4:34.7
59	BLANCHARD, Brady	7	327	MS_Northeast Goo	51	14:45.9	3:15.0	7:23.0	4:35.1
60	MORROW, Gabriel	8	283	MS_Maquoketa	52	14:48.5	3:17.6	7:24.3	4:35.9
61	STARK, Talon	7	383	MS_West Liberty	53	14:49.6	3:18.7	7:24.8	4:36.3
62	FRIEDERICK, Sven	8	320	MS_Monticello	-	14:50.4	3:19.5	7:25.2	4:36.5
63	STREETER, Jax	7	275	MS_Durant	54	14:58.6	3:27.7	7:29.3	4:39.1
64	CLARK, Korbyn	8	296	MS_Mid-Prairie	-	15:00.2	3:29.3	7:30.1	4:39.6
65	WUNDERLICH, Calvin	7	310	MS_Mid-Prairie	-	15:00.4	3:29.5	7:30.2	4:39.6
66	DIGMANN, Aaron	7	233	MS_Beckman Cath	-	15:00.9	3:30.0	7:30.5	4:39.8
67	BAUERCAMPER, Andrew	7	201	MS_Alburnett	(55)	15:15.0	3:44.1	7:37.5	4:44.2
68	ROWAN, Emerson	8	246	MS_Bellevue	56	15:16.3	3:45.4	7:38.2	4:44.6
69	VAN GORP, Camden	7	248	MS_Bellevue	57	15:16.8	3:45.9	7:38.4	4:44.7
70	DOMEYER, Henry	8	234	MS_Beckman Cath	-	15:19.1	3:48.2	7:39.6	4:45.4
71	HEIAR, Jack	7	329	MS_Northeast Goo	58	15:30.4	3:59.5	7:45.2	4:48.9

Race #2
MS Boys 2 Miles

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
72	BROKAW, Hudson	7	295	MS_Mid-Prairie	-	15:32.8	4:01.9	7:46.4	4:49.7
73	BACON, Knox	8	318	MS_Monticello	-	15:34.2	4:03.3	7:47.1	4:50.1
74	YOUNG, Greg	8	284	MS_Maquoketa	59	15:39.0	4:08.1	7:49.5	4:51.6
75	POPEJOY, David	8	304	MS_Mid-Prairie	-	15:41.0	4:10.1	7:50.5	4:52.2
76	CAVANAUGH, Liam	7	344	MS_Regina	-	15:54.0	4:23.1	7:57.0	4:56.3
77	MILLER, Bryce	8	301	MS_Mid-Prairie	-	15:55.5	4:24.6	7:57.8	4:56.7
78	RICKLEFS, Ryker	7	221	MS_Anamosa	-	16:04.6	4:33.7	8:02.3	4:59.6
79	SIKKEMA, Devon	7	247	MS_Bellevue	60	16:08.3	4:37.4	8:04.2	5:00.7
80	KENT, Ollie	8	220	MS_Anamosa	-	16:12.9	4:42.0	8:06.5	5:02.1
81	HOFFMAN, Isaak	8	349	MS_Regina	-	16:21.4	4:50.5	8:10.7	5:04.8
82	FERRY, Vincent	8	319	MS_Monticello	-	16:24.6	4:53.7	8:12.3	5:05.8
83	CASTILLO, Trea	8	368	MS_Tipton ms	-	16:27.9	4:57.0	8:14.0	5:06.8
84	SCHNEIDER, Victor	8	240	MS_Beckman Cath	-	16:31.4	5:00.5	8:15.7	5:07.9
85	NISSLEY, Moses	8	373	MS_Tipton ms	-	16:34.7	5:03.8	8:17.4	5:08.9
86	FU, Tianrui	7	346	MS_Regina	-	16:35.8	5:04.9	8:17.9	5:09.3
87	ROGERS, Ethan	8	239	MS_Beckman Cath	-	16:46.6	5:15.7	8:23.3	5:12.6
88	HUBLER, Cullen	7	218	MS_Anamosa	-	16:47.9	5:17.0	8:24.0	5:13.0
89	REDIG, Max	8	305	MS_Mid-Prairie	-	16:51.6	5:20.7	8:25.8	5:14.2
90	MILLER, Dayne	7	388	MS_Wilton	-	17:00.3	5:29.4	8:30.2	5:16.9
91	PERAUD, Joey	8	353	MS_Regina	-	17:03.3	5:32.4	8:31.7	5:17.8
92	SEALE, Joshua	8	306	MS_Mid-Prairie	-	17:22.0	5:51.1	8:41.0	5:23.6
93	HOUZENGA, Jaxson	8	330	MS_Northeast Goo	61	17:23.5	5:52.6	8:41.8	5:24.1
94	GRIEBEL, Gentry	7	245	MS_Bellevue	62	17:23.9	5:53.0	8:42.0	5:24.2
95	HARTZLER, Charlie	8	348	MS_Regina	-	17:26.9	5:56.0	8:43.5	5:25.1
96	EMBREE, Camden	7	215	MS_Anamosa	-	17:29.7	5:58.8	8:44.9	5:26.0
97	DETERMAN, Joel	8	252	MS_Camanche	63	17:43.9	6:13.0	8:52.0	5:30.4
98	GINGERICH, Grant	8	298	MS_Mid-Prairie	-	18:06.6	6:35.7	9:03.3	5:37.5
99	SWIHART, Frederick	7	276	MS_Durant	64	18:07.1	6:36.2	9:03.6	5:37.6
100	TUNNING, Bowen	7	356	MS_Regina	-	18:22.0	6:51.1	9:11.0	5:42.2
101	CIZMADIA, Liam	7	203	MS_Alburnett	(65)	18:35.0	7:04.1	9:17.5	5:46.3
102	KLEINSCHMIDT, Thomas	8	331	MS_Northeast Goo	(66)	18:42.2	7:11.3	9:21.1	5:48.5
103	MOORE, Cassidy	8	282	MS_Maquoketa	67	19:06.4	7:35.5	9:33.2	5:56.0
104	DUDZIK, Jimmy	8	235	MS_Beckman Cath	-	20:25.7	8:54.8	10:12.9	6:20.7
105	GREEN, Joseph	7	264	MS_Cascade	-	20:28.2	8:57.3	10:14.1	6:21.4
106	WILLENBORG, Nathan	7	241	MS_Beckman Cath	-	22:59.5	11:28.6	11:29.8	7:08.4
107	WEIG, Royce	8	309	MS_Mid-Prairie	-	27:47.0	16:16.1	13:53.5	8:37.7

2026 RIVER VALLEY CONFERENCE XC MEET

Iowa City, IA
Kickers Soccer Complex
Host: River Valley Conference
Tuesday, October 13, 2026

MEET OFFICIALS
Meet Director:
Maquoketa High School
Timing:
B&W Racing Services

MeetPro

OFFICIAL MEET REPORT
printed: 10/13/2026 9:22 PM

Race #3
High School Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Mid-Prairie Wellman	49	4-5-8-10-22(37)(38)	1:44:56	21:00	2:13.7
2	Monticello	68	1-7-9-17-34(36)(67)	1:46:14	21:15	4:45.8
3	Tipton	77	3-14-16-21-23(26)(30)	1:48:31	21:43	2:33.8
4	Maquoketa	79	2-11-13-25-28(33)(64)	1:47:59	21:36	3:27.7
5	Regina Iowa City	131	20-24-27-29-31(39)(45)	1:53:42	22:45	0:56.5
6	Cascade Western Dubuqu	167	12-19-40-43-53(56)(62)	1:57:41	23:33	3:54.9
7	Beckman Catholic Dyersvil	213	32-35-44-50-52(58)(75)	2:02:03	24:25	1:58.2
8	Anamosa	224	18-42-46-57-61(65)(68)	2:03:17	24:40	4:11.6
9	Camanche	234	6-47-55-60-66(77)	2:03:57	24:48	6:09.8
10	Alburnett	247	15-49-54-59-70(71)(76)	2:05:34	25:07	5:25.1
11	Wilton	318	41-51-69-78-79	2:25:00	29:00	10:05.3
12	Bellevue	330	48-63-72-73-74	2:14:38	26:56	2:55.3
DNP	West Liberty					
DNP	Northeast Goose Lake					
DNP	Durant					
DNP	MS_Maquoketa					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	LYONS, Mary Grace	SO	185	Monticello	1	18:54.4	---	6:04.8	3:46.9
2	MILLER, Abigail	8	138	Maquoketa	2	19:19.8	25.4	6:12.9	3:52.0
3	MENTE, Avery	FR	457	Tipton	3	19:57.9	1:03.5	6:25.2	3:59.6
4	LANDSTRUM, Kendal	SR	157	Mid-Prairie Wellma	4	20:05.8	1:11.4	6:27.7	4:01.2
5	STUTZMAN, Brooklyn	SR	161	Mid-Prairie Wellma	5	20:19.3	1:24.9	6:32.1	4:03.9
6	HOMAN, Delany	SR	93	Camanche	6	20:38.7	1:44.3	6:38.3	4:07.7
7	RIES, Peyton	SR	187	Monticello	7	20:39.9	1:45.5	6:38.7	4:08.0
8	BROKAW, Tessa	JR	151	Mid-Prairie Wellma	8	20:51.5	1:57.1	6:42.4	4:10.3
9	HENDERSON, Rielle	8	184	Monticello	9	20:52.9	1:58.5	6:42.9	4:10.6
10	GUERRA, Addison	SR	487	West Liberty	-	21:10.4	2:16.0	6:48.5	4:14.1
11	HOSTETLER, Rachel	JR	154	Mid-Prairie Wellma	10	21:19.1	2:24.7	6:51.3	4:15.8
12	HACKMAN, Natalie	JR	135	Maquoketa	11	21:27.2	2:32.8	6:53.9	4:17.4
13	KEDLEY, Addie	8	105	Cascade Western D	12	21:30.7	2:36.3	6:55.0	4:18.1
14	WAGNER, Iris	FR	140	Maquoketa	13	21:44.5	2:50.1	6:59.5	4:20.9
15	FITZGERALD, Hallie	FR	452	Tipton	14	21:46.7	2:52.3	7:00.2	4:21.3
16	MCGRAW, Josie	JR	7	Alburnett	15	21:47.8	2:53.4	7:00.5	4:21.6
17	EVELAND, Tesla	FR	450	Tipton	16	21:56.3	3:01.9	7:03.2	4:23.3
18	VERHAGEN, Emmy	SR	189	Monticello	17	22:05.9	3:11.5	7:06.3	4:25.2
19	LLOYD, Mason	SO	29	Anamosa	18	22:08.6	3:14.2	7:07.2	4:25.7
20	TRUMM, Katelyn	FR	108	Cascade Western D	19	22:11.0	3:16.6	7:08.0	4:26.2
21	KAEDING, Tess	8	413	Regina Iowa City	20	22:17.5	3:23.1	7:10.1	4:27.5
22	FITZGERALD, Alexa	SR	451	Tipton	21	22:18.0	3:23.6	7:10.2	4:27.6
23	MILLER, Ruby	SR	158	Mid-Prairie Wellma	22	22:19.5	3:25.1	7:10.7	4:27.9
24	COSTELLO, Lucy	SO	448	Tipton	23	22:31.7	3:37.3	7:14.6	4:30.3

Race #3
High School Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
25	NICPON, Grace	SO	420	Regina Iowa City	24	22:37.4	3:43.0	7:16.5	4:31.5
26	BUTTZ, Riley	JR	133	Maquoketa	25	22:39.3	3:44.9	7:17.1	4:31.9
27	BOHLMANN, Callie	FR	447	Tipton	(26)	22:42.3	3:47.9	7:18.0	4:32.5
28	MCGRANE, Hannah	FR	419	Regina Iowa City	27	22:44.5	3:50.1	7:18.7	4:32.9
29	IRWIN, Natalie	FR	137	Maquoketa	28	22:47.5	3:53.1	7:19.7	4:33.5
30	FOLEY, Julia	FR	408	Regina Iowa City	29	22:48.4	3:54.0	7:20.0	4:33.7
31	MENTE, Katelyn	8	458	Tipton	(30)	22:54.7	4:00.3	7:22.0	4:34.9
32	FRAVEL, Willow	FR	409	Regina Iowa City	31	23:14.0	4:19.6	7:28.2	4:38.8
33	THOLEN, Ellie	FR	462	Tipton	-	23:21.6	4:27.2	7:30.7	4:40.3
34	DOMEYER, Autumn	SR	47	Beckman Catholic	32	23:21.9	4:27.5	7:30.8	4:40.4
35	IHNS, Charlotte	JR	136	Maquoketa	(33)	23:25.3	4:30.9	7:31.9	4:41.1
36	WAGAMAN, Natalie	SO	463	Tipton	-	23:27.0	4:32.6	7:32.4	4:41.4
37	DRISCOLL, Jaclynne	SO	449	Tipton	-	23:38.0	4:43.6	7:35.9	4:43.6
38	RIES, Julia	FR	186	Monticello	34	23:40.2	4:45.8	7:36.7	4:44.0
39	SCHWARTEN, Grace	FR	59	Beckman Catholic	35	23:46.5	4:52.1	7:38.7	4:45.3
40	GOMEZ, Mia	SO	183	Monticello	(36)	23:54.2	4:59.8	7:41.2	4:46.8
41	POLL, Kyrie	SR	159	Mid-Prairie Wellma	(37)	23:56.9	5:02.5	7:42.0	4:47.4
42	POLL, Nikkari	SO	160	Mid-Prairie Wellma	(38)	24:04.0	5:09.6	7:44.3	4:48.8
43	KULLBOM, Avery	FR	416	Regina Iowa City	(39)	24:09.0	5:14.6	7:45.9	4:49.8
44	BOFFELI, Lauren	FR	101	Cascade Western D	40	24:09.4	5:15.0	7:46.0	4:49.9
45	MCKITTRICK, Kiara	SO	504	Wilton	41	24:11.3	5:16.9	7:46.7	4:50.3
46	VAUGHN, Ingrid	SR	34	Anamosa	42	24:16.0	5:21.6	7:48.2	4:51.2
47	CONRAD, Carley	JR	103	Cascade Western D	43	24:24.3	5:29.9	7:50.8	4:52.9
48	DIGMANN, Rebecca	FR	46	Beckman Catholic	44	24:33.9	5:39.5	7:53.9	4:54.8
49	O'ROURKE, Caroline	SO	421	Regina Iowa City	(45)	24:34.9	5:40.5	7:54.2	4:55.0
50	SEYDEL, Chloie	JR	461	Tipton	-	24:35.3	5:40.9	7:54.4	4:55.1
51	MENTE, Addison	JR	456	Tipton	-	24:36.1	5:41.7	7:54.6	4:55.2
52	MORMANN, Sophia	FR	30	Anamosa	46	24:39.6	5:45.2	7:55.8	4:55.9
53	MELCHIORI, Kennedy	SO	95	Camanche	47	24:42.9	5:48.5	7:56.8	4:56.6
54	JEFFRIES, Averi	SO	454	Tipton	-	24:47.0	5:52.6	7:58.1	4:57.4
55	NOARD, Lakyn	SO	459	Tipton	-	24:56.1	6:01.7	8:01.1	4:59.2
56	SCHECKEL, Kenzingten	JR	77	Bellevue	48	24:57.2	6:02.8	8:01.4	4:59.4
57	WICKMAN, Morgan	JR	9	Alburnett	49	24:58.4	6:04.0	8:01.8	4:59.7
58	PITZ, Miya	JR	55	Beckman Catholic	50	25:00.1	6:05.7	8:02.3	5:00.0
59	HEIN, Elise	SR	115	Durant	-	25:05.8	6:11.4	8:04.2	5:01.2
60	BOORN, Kinley	FR	500	Wilton	51	25:12.4	6:18.0	8:06.3	5:02.5
61	TRUMM, Vivian	SO	61	Beckman Catholic	52	25:20.1	6:25.7	8:08.8	5:04.0
62	GREEN, Ella	SO	104	Cascade Western D	53	25:25.6	6:31.2	8:10.5	5:05.1
63	GOLDBECK, Amelia	SO	5	Alburnett	54	25:28.5	6:34.1	8:11.5	5:05.7
64	EBENSBERGER, Datonia	JR	92	Camanche	55	25:35.4	6:41.0	8:13.7	5:07.1
65	TOPPING, Addy	JR	107	Cascade Western D	(56)	25:44.0	6:49.6	8:16.5	5:08.8
66	SUNDSTROM, Kjersten	SO	33	Anamosa	57	25:52.6	6:58.2	8:19.2	5:10.5
67	BLANCHARD, Claire	SO	389	Northeast Goose La	-	26:03.0	7:08.6	8:22.6	5:12.6
68	GOERDT, Kate	JR	50	Beckman Catholic	(58)	26:04.4	7:10.0	8:23.0	5:12.9
69	CRIST, Esme	SR	2	Alburnett	59	26:06.1	7:11.7	8:23.6	5:13.2
70	KROGMAN, Pyper	SO	94	Camanche	60	26:11.3	7:16.9	8:25.2	5:14.3

Race #3
High School Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
71	EMBREE, Hadley	JR	26	Anamosa	61	26:20.2	7:25.8	8:28.1	5:16.0
72	BOYLE, Sarah	JR	102	Cascade Western D	(62)	26:22.9	7:28.5	8:29.0	5:16.6
73	VEACH, Cadence	SR	80	Bellevue	63	26:31.9	7:37.5	8:31.9	5:18.4
74	EGGERS, Briley	FR	134	Maquoketa	(64)	26:34.6	7:40.2	8:32.7	5:18.9
75	LAUBSCHER, Nora	FR	417	Regina Iowa City	-	26:35.2	7:40.8	8:32.9	5:19.0
76	CHIANG, Ella	SR	152	Mid-Prairie Wellma	-	26:36.6	7:42.2	8:33.4	5:19.3
77	SUNDSTROM, Kathryne	SR	32	Anamosa	(65)	26:45.5	7:51.1	8:36.2	5:21.1
78	BURKEN, Katelyn	8	91	Camanche	66	26:48.5	7:54.1	8:37.2	5:21.7
79	EITEL, Nessa	JR	182	Monticello	(67)	26:50.4	7:56.0	8:37.8	5:22.1
80	ROCKAFELLOW, Chloe	SO	423	Regina Iowa City	-	27:01.7	8:07.3	8:41.4	5:24.3
81	GORMAN, Emily	JR	27	Anamosa	(68)	27:09.0	8:14.6	8:43.8	5:25.8
82	KELLEY, Madison	JR	503	Wilton	69	27:11.9	8:17.5	8:44.7	5:26.4
83	WICKMAN, Lauren	JR	8	Alburnett	70	27:12.9	8:18.5	8:45.0	5:26.6
84	CUSHMAN, Kylie	JR	3	Alburnett	(71)	27:13.0	8:18.6	8:45.1	5:26.6
85	WATERS, Zoe	FR	162	Mid-Prairie Wellma	-	27:23.9	8:29.5	8:48.6	5:28.8
86	OLTMANNS, Lauren	SR	31	Anamosa	-	27:24.4	8:30.0	8:48.7	5:28.9
87	ESPEY, Emerie	JR	391	Northeast Goose La	-	27:32.4	8:38.0	8:51.3	5:30.5
88	BRENNEMAN, Keziah	FR	150	Mid-Prairie Wellma	-	27:36.6	8:42.2	8:52.7	5:31.3
89	LEIBFRIED, Bella	SR	74	Bellevue	72	27:37.4	8:43.0	8:52.9	5:31.5
90	MANDERS, Camiel	8	75	Bellevue	73	27:38.2	8:43.8	8:53.2	5:31.6
91	STADTMUELLER, Katie	SR	188	Monticello	-	27:40.7	8:46.3	8:54.0	5:32.1
92	DAVISSON, Oni	SR	407	Regina Iowa City	-	27:49.1	8:54.7	8:56.7	5:33.8
93	SCHECKEL, Makinley	JR	78	Bellevue	74	27:52.5	8:58.1	8:57.8	5:34.5
94	GOLDSMITH, Ciara	SO	411	Regina Iowa City	-	27:53.0	8:58.6	8:57.9	5:34.6
95	TEAGLE, Jersey	FR	427	Regina Iowa City	-	27:55.5	9:01.1	8:58.7	5:35.1
96	HARTZLER, Josie	JR	412	Regina Iowa City	-	27:56.9	9:02.5	8:59.2	5:35.4
97	KELLEY, Leah	SO	156	Mid-Prairie Wellma	-	28:07.5	9:13.1	9:02.6	5:37.5
98	FAY, Chloe	FR	153	Mid-Prairie Wellma	-	28:09.0	9:14.6	9:03.1	5:37.8
99	DUDZIK, Sara	SO	48	Beckman Catholic	(75)	28:10.0	9:15.6	9:03.4	5:38.0
100	YODER, Braelee	JR	165	Mid-Prairie Wellma	-	28:18.2	9:23.8	9:06.0	5:39.6
101	SCHNEIDER, Andrea	SR	58	Beckman Catholic	-	28:18.7	9:24.3	9:06.2	5:39.7
102	WILLIAMS, Grace	FR	63	Beckman Catholic	-	28:33.8	9:39.4	9:11.1	5:42.8
103	KNIPPER, Allison	SR	52	Beckman Catholic	-	28:46.8	9:52.4	9:15.2	5:45.4
104	RECKER, Zoe	SR	56	Beckman Catholic	-	28:47.4	9:53.0	9:15.4	5:45.5
105	WHITE, Lucy	FR	429	Regina Iowa City	-	28:56.2	10:01.8	9:18.3	5:47.2
106	ISKE, Elle	JR	488	West Liberty	-	29:02.6	10:08.2	9:20.3	5:48.5
107	GILCHRIST, Ella	JR	4	Alburnett	(76)	29:04.8	10:10.4	9:21.0	5:49.0
108	PEACH, Nadia	JR	460	Tipton	-	29:20.6	10:26.2	9:26.1	5:52.1
109	SICKELS, Leah	SR	424	Regina Iowa City	-	29:21.3	10:26.9	9:26.3	5:52.3
110	KOCH, Vivian	JR	415	Regina Iowa City	-	29:26.6	10:32.2	9:28.0	5:53.3
111	HARMSEN, Heidi	FR	392	Northeast Goose La	-	29:26.9	10:32.5	9:28.1	5:53.4
112	HUBER, Audrey	FR	155	Mid-Prairie Wellma	-	29:27.5	10:33.1	9:28.3	5:53.5
113	BUSARD, Anna	FR	405	Regina Iowa City	-	29:52.2	10:57.8	9:36.3	5:58.4
114	KONRARDY, Elyse	SO	53	Beckman Catholic	-	30:20.5	11:26.1	9:45.4	6:04.1
115	KROHSE, Natalie	JR	6	Alburnett	-	30:30.0	11:35.6	9:48.4	6:06.0
116	WEIRUP, Laura	SO	141	Maquoketa	-	30:41.8	11:47.4	9:52.2	6:08.4

Race #3
High School Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
117 ROSS, Paige	SO	96	Camanche	(77)	30:47.5	11:53.1	9:54.1	6:09.5
118 MCGRANE, Catalina	SR	54	Beckman Catholic	-	30:53.9	11:59.5	9:56.1	6:10.8
119 KIRK, Mel	SR	414	Regina Iowa City	-	31:29.7	12:35.3	10:07.6	6:17.9
120 ONKEN, Lorelai	SO	422	Regina Iowa City	-	31:55.2	13:00.8	10:15.8	6:23.0
121 TAYLOR, Hannah	SR	60	Beckman Catholic	-	32:48.4	13:54.0	10:32.9	6:33.7
122 STAAB, Joanna	FR	426	Regina Iowa City	-	33:04.5	14:10.1	10:38.1	6:36.9
123 SMITH, Adeline	JR	425	Regina Iowa City	-	33:21.8	14:27.4	10:43.7	6:40.4
124 WUNDERLICH, Gwen	JR	163	Mid-Prairie Wellma	-	33:33.6	14:39.2	10:47.5	6:42.7
125 SCHILLING, Ashley	SR	57	Beckman Catholic	-	33:50.1	14:55.7	10:52.8	6:46.0
126 COLE, Sydney	SO	502	Wilton	78	34:07.8	15:13.4	10:58.5	6:49.6
127 BRANDIES, Brylee	SO	501	Wilton	79	34:16.6	15:22.2	11:01.3	6:51.3
128 GERARDY, Avery	7	278	MS_Maquoketa	-	34:18.0	15:23.6	11:01.7	6:51.6
129 CRONK, Avonlea	FR	406	Regina Iowa City	-	34:36.3	15:41.9	11:07.6	6:55.3
130 BOHL, Isabella	JR	1	Alburnett	-	34:47.6	15:53.2	11:11.3	6:57.5
131 BESLER, Natalie	SR	45	Beckman Catholic	-	35:01.5	16:07.1	11:15.7	7:00.3
132 LITTLE, Jasmine	FR	455	Tipton	-	35:18.8	16:24.4	11:21.3	7:03.8
133 LOENING, Annemarie	FR	418	Regina Iowa City	-	35:33.1	16:38.7	11:25.9	7:06.6
134 GEISTKEMPER, Gabrielle	SO	49	Beckman Catholic	-	36:05.8	17:11.4	11:36.4	7:13.2
135 DHAMIJA, Shivangi	SR	486	West Liberty	-	38:14.1	19:19.7	12:17.7	7:38.8
136 KORDICK-WANEK, Dorie	JR	489	West Liberty	-	38:20.4	19:26.0	12:19.7	7:40.1
137 CRAM, Maleah	FR	390	Northeast Goose La	-	40:37.2	21:42.8	13:03.7	8:07.4

2026 RIVER VALLEY CONFERENCE XC MEET

Iowa City, IA
Kickers Soccer Complex
Host: River Valley Conference
Tuesday, October 13, 2026

MEET OFFICIALS
Meet Director:
Maquoketa High School
Timing:
B&W Racing Services

MeetPro

OFFICIAL MEET REPORT
printed: 10/13/2026 9:22 PM

Race #4
High School Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Anamosa	46	1-2-7-9-27(65)(79)	1:29:10	17:50	2:07.3
2	Regina Iowa City	90	10-13-19-23-25(28)(47)	1:33:45	18:45	0:46.0
3	Monticello	119	5-24-26-30-34(37)(38)	1:34:19	18:52	1:32.0
4	Tipton	123	14-16-29-31-33(43)(50)	1:34:51	18:59	0:36.5
5	Mid-Prairie Wellman	173	3-11-46-56-57(59)(62)	1:37:01	19:25	3:13.2
6	West Liberty	184	4-15-42-60-63(67)(82)	1:37:44	19:33	3:09.4
7	Beckman Catholic Dyersvil	189	8-22-35-58-66(75)(80)	1:37:58	19:36	2:59.3
8	Alburnett	226	17-39-40-61-69(70)(72)	1:39:56	20:00	2:31.3
9	Durant	236	12-45-53-55-71(78)(83)	1:40:56	20:12	3:05.8
10	Bellevue	252	21-44-49-64-74(76)(90)	1:41:51	20:23	3:02.1
11	Maquoketa	273	20-48-52-68-85(88)(95)	1:43:29	20:42	4:16.5
12	Wilton	284	6-51-54-84-89(93)	1:45:17	21:04	5:47.0
13	Northeast Goose Lake	299	18-36-77-81-87(91)(94)	1:46:26	21:18	4:51.4
14	Cascade Western Dubuqu	324	32-41-73-86-92	1:47:57	21:36	4:51.8
DNP	Camanche					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1	BURRELL, Jackson	JR	36	Anamosa	1	16:57.9	---	5:27.3	3:23.6
2	WEERS, Nolan	JR	44	Anamosa	2	17:05.4	7.5	5:29.7	3:25.1
3	SWARTZENTRUBER, Max	SR	180	Mid-Prairie Wellma	3	17:22.5	24.6	5:35.2	3:28.5
4	MAURER, Maddex	SO	495	West Liberty	4	17:44.3	46.4	5:42.2	3:32.9
5	ARRIAGA-RANGEL, Alan	SR	190	Monticello	5	17:45.2	47.3	5:42.5	3:33.0
6	FIELDS, Noble	FR	505	Wilton	6	17:51.8	53.9	5:44.6	3:34.4
7	APPELHANS, Garrett	JR	35	Anamosa	7	17:54.9	57.0	5:45.6	3:35.0
8	GOERDT, Steffen	SR	65	Beckman Catholic	8	18:03.3	1:05.4	5:48.3	3:36.7
9	LASACK, Parker	SR	43	Anamosa	9	18:05.9	1:08.0	5:49.2	3:37.2
10	HOFFMAN, Connor	JR	435	Regina Iowa City	10	18:18.1	1:20.2	5:53.1	3:39.6
11	LOTHAMER, Jacob	FR	173	Mid-Prairie Wellma	11	18:30.9	1:33.0	5:57.2	3:42.2
12	MOSIER, Brayden	JR	124	Durant	12	18:33.1	1:35.2	5:57.9	3:42.6
13	DANIEL, Corbin	SR	434	Regina Iowa City	13	18:36.9	1:39.0	5:59.1	3:43.4
14	MCGEE, Sylis	JR	474	Tipton	14	18:37.2	1:39.3	5:59.2	3:43.4
15	MERAZ, Carlos	JR	496	West Liberty	15	18:39.3	1:41.4	5:59.9	3:43.9
16	MILLER, Cyson	SO	476	Tipton	16	18:41.8	1:43.9	6:00.7	3:44.4
17	ELLIS, Cashton	SO	14	Alburnett	17	18:44.3	1:46.4	6:01.5	3:44.9
18	LANGE, Kellan	JR	401	Northeast Goose La	18	18:45.0	1:47.1	6:01.7	3:45.0
19	ZAHASKY, Huck	JR	446	Regina Iowa City	19	18:45.3	1:47.4	6:01.8	3:45.1
20	GERARDY, Brenden	SO	145	Maquoketa	20	18:46.9	1:49.0	6:02.3	3:45.4
21	EICHHORN, Liam	JR	82	Bellevue	21	18:50.3	1:52.4	6:03.4	3:46.1
22	SCHLARMANN, Nathan	JR	70	Beckman Catholic	22	18:57.4	1:59.5	6:05.7	3:47.5
23	LOENING, Hugh	SR	440	Regina Iowa City	23	19:00.6	2:02.7	6:06.8	3:48.1
24	HENDERSON, Maddox	SO	194	Monticello	24	19:02.0	2:04.1	6:07.2	3:48.4
25	PRATT, Cristiano	SO	442	Regina Iowa City	25	19:04.1	2:06.2	6:07.9	3:48.8

Race #4
High School Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
26	BURKLE, Mac	JR	192	Monticello	26	19:04.9	2:07.0	6:08.1	3:49.0
27	KEISTER, Callan	SO	41	Anamosa	27	19:05.2	2:07.3	6:08.2	3:49.0
28	POLYAK, Nik	SO	441	Regina Iowa City	(28)	19:05.5	2:07.6	6:08.3	3:49.1
29	PLATTS, Bronin	JR	480	Tipton	29	19:07.3	2:09.4	6:08.9	3:49.5
30	SCHAUF, Landry	SO	198	Monticello	30	19:09.4	2:11.5	6:09.6	3:49.9
31	COSTELLO, Gabriel	JR	468	Tipton	31	19:11.0	2:13.1	6:10.1	3:50.2
32	CALLAHAN, Tanner	FR	109	Cascade Western D	32	19:11.6	2:13.7	6:10.3	3:50.3
33	MOES, Drew	FR	477	Tipton	33	19:13.7	2:15.8	6:11.0	3:50.7
34	FARROWE, Finn	FR	193	Monticello	34	19:17.2	2:19.3	6:12.1	3:51.4
35	KRUSE, Theo	FR	67	Beckman Catholic	35	19:18.2	2:20.3	6:12.4	3:51.6
36	HEIER, Everett	FR	395	Northeast Goose La	36	19:19.1	2:21.2	6:12.7	3:51.8
37	SCHRADER, Nicholas	SR	199	Monticello	(37)	19:24.3	2:26.4	6:14.4	3:52.9
38	KRAUS, Gabe	SR	197	Monticello	(38)	19:27.7	2:29.8	6:15.5	3:53.5
39	FORD, Anson	SR	15	Alburnett	39	19:29.9	2:32.0	6:16.2	3:54.0
40	GUSTAFSON, Eli	SO	18	Alburnett	40	19:36.9	2:39.0	6:18.4	3:55.4
41	MANTERNACH, Benton	SO	111	Cascade Western D	41	19:37.4	2:39.5	6:18.6	3:55.5
42	JUAREZ, Jonathan	SR	492	West Liberty	42	19:40.3	2:42.4	6:19.5	3:56.1
43	BODECKER, Levi	SO	465	Tipton	(43)	19:45.4	2:47.5	6:21.2	3:57.1
44	MILLER, Charlie	FR	85	Bellevue	44	19:48.0	2:50.1	6:22.0	3:57.6
45	GARCIA, Aaron	JR	123	Durant	45	19:48.2	2:50.3	6:22.1	3:57.6
46	SMITH, Bodin	FR	200	Monticello	-	19:51.3	2:53.4	6:23.1	3:58.3
47	WATERS, Reece	SR	181	Mid-Prairie Wellma	46	19:58.1	3:00.2	6:25.2	3:59.6
48	LAUBSCHER, Colin	JR	439	Regina Iowa City	(47)	20:03.9	3:06.0	6:27.1	4:00.8
49	MACHAEL, Gavin	JR	147	Maquoketa	48	20:11.3	3:13.4	6:29.5	4:02.3
50	TRENKAMP, Rowan	FR	89	Bellevue	49	20:17.7	3:19.8	6:31.5	4:03.5
51	MEIER, Caleb	SR	475	Tipton	(50)	20:18.0	3:20.1	6:31.6	4:03.6
52	KASKA, Dawson	SR	506	Wilton	51	20:18.9	3:21.0	6:31.9	4:03.8
53	BONNEY, Jasper	SO	142	Maquoketa	52	20:20.5	3:22.6	6:32.4	4:04.1
54	BUESING, Hunter	SO	122	Durant	53	20:23.0	3:25.1	6:33.2	4:04.6
55	MCKITTRICK, James	SR	510	Wilton	54	20:28.2	3:30.3	6:34.9	4:05.6
56	RANDALL, Noah	FR	126	Durant	55	20:32.3	3:34.4	6:36.2	4:06.5
57	DAMSCHEN, Cayce	JR	168	Mid-Prairie Wellma	56	20:33.4	3:35.5	6:36.6	4:06.7
58	HOUGH, Landon	SO	170	Mid-Prairie Wellma	57	20:35.7	3:37.8	6:37.3	4:07.1
59	HOEGER, Noah	FR	66	Beckman Catholic	58	20:36.1	3:38.2	6:37.5	4:07.2
60	KAEDING, Jack	SR	437	Regina Iowa City	-	20:38.9	3:41.0	6:38.4	4:07.8
61	LUECK, Thomas	SR	174	Mid-Prairie Wellma	(59)	20:39.6	3:41.7	6:38.6	4:07.9
62	MARQUEZ, Alex	SO	98	Camanche	-	20:41.6	3:43.7	6:39.2	4:08.3
63	WILHELM, Henry	FR	445	Regina Iowa City	-	20:42.6	3:44.7	6:39.5	4:08.5
64	LOZANO, Hernan	SO	493	West Liberty	60	20:45.7	3:47.8	6:40.5	4:09.1
65	OLINGER, Wyatt	SR	22	Alburnett	61	20:48.8	3:50.9	6:41.5	4:09.8
66	LOTHAMER, Ben	SR	172	Mid-Prairie Wellma	(62)	20:52.9	3:55.0	6:42.9	4:10.6
67	WULF, Maguire	FR	498	West Liberty	63	20:53.7	3:55.8	6:43.1	4:10.7
68	BRAET, Davis	SO	81	Bellevue	64	21:02.2	4:04.3	6:45.9	4:12.4
69	LADUE, Gust	JR	42	Anamosa	(65)	21:02.2	4:04.3	6:45.9	4:12.4
70	DUDZIK, Tommy	SR	64	Beckman Catholic	66	21:02.6	4:04.7	6:46.0	4:12.5
71	NICHOLSON, Andre	JR	497	West Liberty	(67)	21:05.5	4:07.6	6:46.9	4:13.1

Race #4
High School Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
72 BUTTZ, Kai	FR	143	Maquoketa	68	21:06.6	4:08.7	6:47.3	4:13.3
73 BONEFAS, Cade	SO	12	Alburnett	69	21:15.6	4:17.7	6:50.2	4:15.1
74 CARNEY, Kasen	SO	466	Tipton	-	21:16.9	4:19.0	6:50.6	4:15.4
75 BOHL, Henry	JR	11	Alburnett	(70)	21:17.0	4:19.1	6:50.6	4:15.4
76 CUTTER, Samuel	SO	433	Regina Iowa City	-	21:35.1	4:37.2	6:56.4	4:19.0
77 SCHUETT, Mason	SR	127	Durant	71	21:38.9	4:41.0	6:57.7	4:19.8
78 ROMAN, Aiden	SO	443	Regina Iowa City	-	21:41.7	4:43.8	6:58.6	4:20.3
79 SEARS, Deklen	JR	482	Tipton	-	21:44.3	4:46.4	6:59.4	4:20.9
80 BECTHOLD, Carter	FR	464	Tipton	-	21:48.8	4:50.9	7:00.8	4:21.8
81 FORD, Easton	FR	16	Alburnett	(72)	21:49.3	4:51.4	7:01.0	4:21.9
82 HAMILTON, Jax	JR	470	Tipton	-	21:50.5	4:52.6	7:01.4	4:22.1
83 WILLIAMS, Caleb	JR	113	Cascade Western D	73	21:52.0	4:54.1	7:01.9	4:22.4
84 SULLIVAN, Brody	SR	88	Bellevue	74	21:52.4	4:54.5	7:02.0	4:22.5
85 WILLIAMS, Luke	SR	72	Beckman Catholic	(75)	21:56.0	4:58.1	7:03.2	4:23.2
86 VAN GORP, Jackson	SO	90	Bellevue	(76)	21:58.2	5:00.3	7:03.9	4:23.6
87 KLINE, Mason	JR	471	Tipton	-	21:59.5	5:01.6	7:04.3	4:23.9
88 CRIGGER, Truman	SO	432	Regina Iowa City	-	22:05.1	5:07.2	7:06.1	4:25.0
89 LEDOUX, Quinn	SR	472	Tipton	-	22:05.7	5:07.8	7:06.3	4:25.1
90 PINO, Mateo	JR	23	Alburnett	-	22:06.0	5:08.1	7:06.4	4:25.2
91 PICKARD, Jonathon	SR	178	Mid-Prairie Wellma	-	22:07.1	5:09.2	7:06.7	4:25.4
92 LANGE, Kaleb	FR	400	Northeast Goose La	77	22:13.3	5:15.4	7:08.7	4:26.7
93 POGGENPOHL, Datcher	FR	125	Durant	(78)	22:21.3	5:23.4	7:11.3	4:28.3
94 HUERTA-VAZQUEZ, Nelson	JR	40	Anamosa	(79)	22:21.6	5:23.7	7:11.4	4:28.3
95 LEMBURG, Van	FR	473	Tipton	-	22:23.4	5:25.5	7:12.0	4:28.7
96 ZAHRADNIK, William	FR	73	Beckman Catholic	(80)	22:25.0	5:27.1	7:12.5	4:29.0
97 BROH, Sylvanus	JR	430	Regina Iowa City	-	22:25.3	5:27.4	7:12.6	4:29.1
98 BEANBLOSSOM, Matthew	SR	191	Monticello	-	22:26.9	5:29.0	7:13.1	4:29.4
99 KEARNEY, Brevyn	JR	196	Monticello	-	22:29.7	5:31.8	7:14.0	4:29.9
100 KLEINSCHMIDT, Jackson	JR	397	Northeast Goose La	81	22:31.6	5:33.7	7:14.6	4:30.3
101 ARAGON, Isaac	SR	491	West Liberty	(82)	22:34.9	5:37.0	7:15.7	4:31.0
102 DAMSCHEN, Archie	SO	167	Mid-Prairie Wellma	-	22:35.3	5:37.4	7:15.8	4:31.1
103 SHOEMAKER, Wesley	SR	128	Durant	(83)	22:43.4	5:45.5	7:18.4	4:32.7
104 PHARR, Alex	FR	479	Tipton	-	22:44.7	5:46.8	7:18.8	4:32.9
105 SALRIN, Nathan	FR	69	Beckman Catholic	-	22:49.0	5:51.1	7:20.2	4:33.8
106 HEIMS, Waylon	SO	37	Anamosa	-	22:52.5	5:54.6	7:21.3	4:34.5
107 FRIESSEN, Samuel	JR	169	Mid-Prairie Wellma	-	22:57.9	6:00.0	7:23.1	4:35.6
108 MAROLF, Raylan	FR	508	Wilton	84	22:59.1	6:01.2	7:23.4	4:35.8
109 ZAMORA, Ezekiel	SO	499	West Liberty	-	23:02.5	6:04.6	7:24.5	4:36.5
110 SCOTT, Jackson	SO	24	Alburnett	-	23:03.2	6:05.3	7:24.8	4:36.6
111 MOORE, Tucker	JR	148	Maquoketa	85	23:03.4	6:05.5	7:24.8	4:36.7
112 SHAHI, Satvik	FR	444	Regina Iowa City	-	23:04.3	6:06.4	7:25.1	4:36.9
113 TAPPENDORF, Kolton	SO	129	Durant	-	23:06.7	6:08.8	7:25.9	4:37.3
114 CONTER, Carter	SO	110	Cascade Western D	86	23:11.9	6:14.0	7:27.6	4:38.4
115 COX, Malakai	FR	393	Northeast Goose La	87	23:36.4	6:38.5	7:35.4	4:43.3
116 CORNWELL, Noah	JR	144	Maquoketa	(88)	23:37.6	6:39.7	7:35.8	4:43.5
117 LEGRAND, Gage	SO	507	Wilton	89	23:38.8	6:40.9	7:36.2	4:43.8

Race #4
High School Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
118 JOHN, Sauer	FR	84	Bellevue	(90)	23:42.6	6:44.7	7:37.4	4:44.5
119 HEATH, Zach	JR	394	Northeast Goose La	(91)	23:46.2	6:48.3	7:38.6	4:45.2
120 SMITH, Russell	FR	112	Cascade Western D	92	24:03.4	7:05.5	7:44.1	4:48.7
121 WILLIAMS, Tate	SO	483	Tipton	-	24:03.5	7:05.6	7:44.1	4:48.7
122 LEHMKUHL, Tyler	SO	97	Camanche	-	24:05.4	7:07.5	7:44.8	4:49.1
123 LARIMER, Dalton	FR	19	Alburnett	-	24:15.2	7:17.3	7:47.9	4:51.0
124 MARQUIS, Jordan	8	509	Wilton	(93)	24:18.9	7:21.0	7:49.1	4:51.8
125 PATTERSON, Jerry	SO	177	Mid-Prairie Wellma	-	24:31.1	7:33.2	7:53.0	4:54.2
126 ERNST, Brayden	SO	83	Bellevue	-	24:33.1	7:35.2	7:53.7	4:54.6
127 MIDDENDORP, Ashton	JR	402	Northeast Goose La	(94)	24:34.7	7:36.8	7:54.2	4:54.9
128 RODGERS, Jackson	FR	179	Mid-Prairie Wellma	-	24:36.3	7:38.4	7:54.7	4:55.3
129 OVERY, Jeremy	FR	176	Mid-Prairie Wellma	-	24:38.6	7:40.7	7:55.4	4:55.7
130 ADAM, Andrew	SO	166	Mid-Prairie Wellma	-	25:02.0	8:04.1	8:03.0	5:00.4
131 HOFFMAN, Landon	JR	436	Regina Iowa City	-	25:08.7	8:10.8	8:05.1	5:01.7
132 MILIM, Edric	SO	99	Camanche	-	25:13.4	8:15.5	8:06.6	5:02.7
133 MALAGON, Gabriel	SR	494	West Liberty	-	25:22.7	8:24.8	8:09.6	5:04.5
134 GROEN, Levi	FR	17	Alburnett	-	25:28.4	8:30.5	8:11.4	5:05.7
135 STEINES, Troy	SO	87	Bellevue	-	25:28.4	8:30.5	8:11.4	5:05.7
136 HERRICK, Malachi	SR	38	Anamosa	-	26:23.5	9:25.6	8:29.2	5:16.7
137 COLCORD, Evan	SO	467	Tipton	-	26:27.6	9:29.7	8:30.5	5:17.5
138 SCHMITZ, Jacob	JR	481	Tipton	-	26:27.6	9:29.7	8:30.5	5:17.5
139 JOHNSON, Corey	FR	146	Maquoketa	(95)	26:27.8	9:29.9	8:30.5	5:17.6
140 KROYMAN, Mathias	SR	398	Northeast Goose La	-	26:29.3	9:31.4	8:31.0	5:17.9
141 NISSLEY, Jaxon	SO	478	Tipton	-	26:29.6	9:31.7	8:31.1	5:17.9
142 MILLER, Wyatt J	FR	175	Mid-Prairie Wellma	-	26:31.3	9:33.4	8:31.7	5:18.3
143 BICKEL, Jackson	FR	121	Durant	-	26:58.2	10:00.3	8:40.3	5:23.6
144 STANLEY-JONES, Oliver	SR	25	Alburnett	-	26:59.7	10:01.8	8:40.8	5:23.9
145 HINRICHS, Gavin	JR	195	Monticello	-	27:11.5	10:13.6	8:44.6	5:26.3
146 LUECK, Wyatt	FR	68	Beckman Catholic	-	27:17.9	10:20.0	8:46.7	5:27.6
147 NILES, Mark	SO	100	Camanche	-	27:29.2	10:31.3	8:50.3	5:29.8
148 WESTHOFF, Elijah	FR	71	Beckman Catholic	-	27:34.3	10:36.4	8:51.9	5:30.9
149 HOUZENGA, Julian	JR	396	Northeast Goose La	-	28:07.5	11:09.6	9:02.6	5:37.5
150 BENNETT, Connor	SO	10	Alburnett	-	28:17.3	11:19.4	9:05.8	5:39.5
151 HUERTA-VAZQUEZ, Bryan	SR	39	Anamosa	-	28:23.7	11:25.8	9:07.8	5:40.7
152 LANDA, Gabe	SO	399	Northeast Goose La	-	28:55.9	11:58.0	9:18.2	5:47.2
153 MYERS, Eli	FR	21	Alburnett	-	29:05.4	12:07.5	9:21.2	5:49.1
154 WILLIAMS, Nevin	SO	132	Durant	-	29:32.8	12:34.9	9:30.0	5:54.6
155 EHLERS, Langston	JR	469	Tipton	-	29:42.7	12:44.8	9:33.2	5:56.5
156 JASPERING, Aven	FR	171	Mid-Prairie Wellma	-	31:57.7	14:59.8	10:16.6	6:23.5
157 MILLS, Remey	JR	403	Northeast Goose La	-	33:13.5	16:15.6	10:41.0	6:38.7
158 WELCH, Shane	JR	404	Northeast Goose La	-	33:16.2	16:18.3	10:41.9	6:39.2