Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

Event 1 Girls 5k Run CC High School

	Name	Year	School	Finals	Points
Results - Women					
1	Wittrock, Maddie	10	Manson North	19:38.28	1
2	Girres, Addaley	10	Graettinger-	20:43.30	
3	Hildreth, Kathleen	10	Manson North	20:48.05	2
4	Weber, Sage	11	Sioux Centra	20:53.41	3
5	Meyer, Danika	11	Newell-Fonda	21:18.59	4
6	Reedy, Janey-Lynn	09	Emmetsburg	21:21.77	5
7	Sievers, Quinn	10	Newell-Fonda	21:39.21	6
8	Haupert, Jossa	12	South Centra	21:46.92	7
9	Pugh, Kaylee	09	Manson North	21:54.59	8
10	Sievers, Ellie	11	Newell-Fonda	21:59.76	9
11	Oswald, Hayden	10	Manson North	22:04.95	10
12	Peterson, Payton	11	Manson North	22:07.06	11
13	Hough, Kamryn	11	Graettinger-	22:14.98	
14	Brennan, Tia	12	Manson North	22:20.56	12
15	Kistenmacher, Abigail	10	South Centra	22:21.30	13
16	Wilson, Emily	11	Southeast Valley	22:21.77	14
17	Storms, Sawyer	10	Pocahontas Area	22:37.14	15
18	Bern, Reagan	09	Alta-Aurelia	22:50.01	16
19	Hamilton, Elliot	10	Newell-Fonda	22:55.41	17
20	Thayer, Taylor	11	Emmetsburg	22:58.37	18
21	Oswald, Ella	09	Manson North	23:07.00	19
22	Renze, Aubrey	09	East Sac County	23:10.69	
23	Anderson, Bree	11	Alta-Aurelia	23:12.33	20
24	Ferusca, Ludim	09	Alta-Aurelia	23:17.42	21
25	Bloom, Karina	12	Sioux Centra	23:19.23	22
26	Wernimont, Lia	09	Sioux Centra	23:31.23	23
27	Morton, Mya	11	Emmetsburg	23:36.37	24
28	Hoefer, Aleeyah	09	Southeast Valley	23:44.04	25
29	Smith, Sophia	09	South Centra	23:45.46	26
30	Oberg, Alexa	09	Pocahontas Area	23:46.98	27
31	Langschwager, Addilyn	10	Alta-Aurelia	23:50.49	28
32	French, Sophia	09	Alta-Aurelia	23:59.98	29
33	Erickson, Paige	10	Newell-Fonda	24:12.44	30
34	Copp, Kyia	10	Newell-Fonda	24:27.61	31
35	Coon, Tovah	11	Newell-Fonda	24:45.61	32
36	Zelstra-Reedy, Bella	11	Emmetsburg	24:51.50	33
37	Becker, McKenna	10	Manson North	24:56.14	
38	Dorsey, Charlie	10	Southeast Valley	25:03.17	34
39	Sommerlot, Natalie	12	Pocahontas Area	25:04.51	35
40	Millan, Petra	12	East Sac County	25:05.20	
41	Biddle, Abby	10	Emmetsburg	25:12.67	36
42	Phillips, Sarah	12	Sioux Centra	25:16.28	37
43	Johnson, Mikayla	11	Emmetsburg	25:23.04	38
44	Martens, Alexis	09	Sioux Centra	25:30.47	39
45	Sangwin, Violet	11	Sioux Centra	25:30.77	40
46	Duitscher, Ashlyn	11	Pocahontas Area	25:36.00	41
47	Nora, Nelson	10	Manson North	25:44.40	
48	Bay, Stella	09	Emmetsburg	25:46.71	42
49	Elbert, Rory	12	Emmetsburg	25:47.30	
50	Fors, Adelle	09	Southeast Valley	25:48.64	43
51	Glienke, Tatum	09	Alta-Aurelia	25:52.37	44
52	Wingert, Vienna	11	Newell-Fonda	25:55.39	

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Results

....Event 1 Girls 5k Run CC High School

53	Waldstein, Peyton	11	Sioux Centra	26:12.90	45
54	Hiler, Gwen	10	South Centra	26:19.85	46
55	Jones, Lexius	10	Sioux Centra	26:31.93	
56	Swift, Lily	11	Emmetsburg	26:47.81	
57	Sikora, Keylee	10	Emmetsburg	26:47.85	
58	Lake, Alli	11	Pocahontas Area	26:49.80	47
59	Westphal, Piper	09	Alta-Aurelia	26:51.30	48
60	Wilkinson, Jade	11	Alta-Aurelia	27:08.27	
61	Ellis, Abilene	09	Graettinger-	27:22.60	
62	Stimpson, Ruby	12	Southeast Valley	27:27.27	49
63	Dooley, Emmy	12	Emmetsburg	27:31.78	
64	Thoren, Lizzi	12	Emmetsburg	27:45.00	
65	Harty, Gracie	09	East Sac County	27:46.68	
66	Rouse, Lauren	11	Emmetsburg	27:52.14	
67	Hefley, Meia	12	Southeast Valley	27:57.22	50
68	Shearer, Ava	09	Pocahontas Area	28:05.18	51
69	Batz, Ryann	12	South Centra	28:32.91	52
70	Partida, Genesis	12	Sioux Centra	28:52.60	
71	Ellis, Victoria	11	Graettinger-	29:04.30	
72	Stone, Nevaeh	09	East Sac County	29:08.70	
73	Thomsen, Maia	10	Sioux Centra	29:52.95	
74	Spencer, Lillie	12	South Centra	33:43.78	53
75	Korleski, Ailey	12	South Centra	33:44.67	54

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Women											
1	Manson Northwest Webster	32	1	2	8	10	11	12	19		
	Total Time: 1:46:32.93										
	Average: 21:18.59										
2	Newell-Fonda	66	4	6	9	17	30	31	32		
	Total Time: 1:52:05.41										
	Average: 22:25.09										
3	Alta-Aurelia	114	16	20	21	28	29	44	48		
	Total Time: 1:57:10.23										
	Average: 23:26.05										
4	Emmetsburg	116	5	18	24	33	36	38	42		
	Total Time: 1:58:00.68										
	Average: 23:36.14										
5	Sioux Central-Sioux Rapid	124	3	22	23	37	39	40	45		
	Total Time: 1:58:30.62										
	Average: 23:42.13										
6	South Central Calhoun	144	7	13	26	46	52	53	54		
	Total Time: 2:02:46.44										
	Average: 24:33.29										
7	Southeast Valley	165	14	25	34	43	49	50			
	Total Time: 2:04:24.89										
	Average: 24:52.98										

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

....Event 1 Girls 5k Run CC High School

8	Pocahontas Area	165	15	27	35	41	47	51
	Total Time: 2:03:54.43							
	Average: 24:46.89							

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

Event 2 Boys 5k Run CC High School

	Name	Year	School	Finals	Points
Results - Men					
1	Wernimont, Lucos	12	Sioux Centra	16:28.42	1
2	Cox, Ben	10	Emmetsburg	17:15.97	2
3	Ollinger, Levi	09	Manson North	17:16.15	3
4	Spencer, Declan	10	South Centra	17:33.11	4
5	Widlund, Kyle	11	Manson North	17:33.13	5
6	Nuss, Owen	12	Southeast Valley	17:41.75	6
7	Aragon, Lucas	09	East Sac County	17:48.16	7
8	Zinnel, Easton	09	West Bend-Mallard	17:58.51	
9	Driver, Landon	12	Sioux Centra	18:04.52	8
10	Akins, August	10	Southeast Valley	18:11.01	9
11	Barber, Austin	11	Newell-Fonda	18:14.72	10
12	Christians, Colin	12	Sioux Centra	18:17.07	11
13	Vote, Griffin	09	Southeast Valley	18:22.25	12
14	Loeffler, Kasen	10	Southeast Valley	18:25.10	13
15	DeMuth, Ledger	12	Alta-Aurelia	18:26.34	14
16	Vote, Landon	11	Southeast Valley	18:31.22	15
17	Olsen, Jack	11	Newell-Fonda	18:33.79	16
18	Cox, Elijah	12	Emmetsburg	18:50.49	17
19	Meyer, Logan	11	Manson North	18:55.39	18
20	Olsen, Sawyer	09	Newell-Fonda	19:11.66	19
21	White, Brock	11	Newell-Fonda	19:13.04	20
22	Langschwager, Laeton	11	Alta-Aurelia	19:22.80	21
23	Peterson, Grant	09	Southeast Valley	19:26.83	22
24	Smith, Weston	10	Sioux Centra	19:34.22	23
25	Nelson, David	11	Manson North	19:39.46	24
26	Blair, Wyatt	11	Southeast Valley	19:42.87	25
27	Lundberg, Thomas	11	Manson North	19:47.84	26
28	Poutre, Rowan	11	Manson North	19:54.55	27
29	Rose, Carter	10	Sioux Centra	20:02.56	28
30	Pedersen, Parker	09	Alta-Aurelia	20:04.83	29
31	Lockrem, Gus	11	Newell-Fonda	20:06.10	30
32	Sandstrom, Henry	9	Southeast Valley	20:08.27	
33	Bintz, Jackson	10	Southeast Valley	20:10.67	
34	Glienke, Korbin	11	Alta-Aurelia	20:16.30	31
35	Ordonez, Costly	09	Pocahontas Area	20:19.07	
36	Halbur, Max	09	South Centra	20:24.30	32
37	Rouse, Miles	08	Emmetsburg	20:28.58	33
38	Helmkamp, Jack	10	Newell-Fonda	20:40.81	34
39	Shearer, Justin	12	Pocahontas Area	20:46.90	
40	Moon, Taran	10	Sioux Centra	20:50.39	35
41	Page, Jaxson	12	Alta-Aurelia	20:54.83	36
42	Kampen, Bryson	11	West Bend-Mallard	20:57.09	
43	Wolf, Cody	10	Newell-Fonda	21:02.40	37
44	Hogrefe, Keaton	10	Sioux Centra	21:03.46	38
45	Kolar, Caden	11	Alta-Aurelia	21:09.07	39
46	Landgraf, Will	10	Newell-Fonda	21:12.86	
47	Ackerman, Kenton	12	East Sac County	21:15.05	40
48	Peck, Hunter	09	Sioux Centra	21:19.44	
49	Thielen, Brent	10	South Centra	21:19.52	41
50	Rude, Eli	10	Southeast Valley	21:21.16	
51	Hemer, Emmett	11	East Sac County	21:26.51	42
52	Gonzalez, Zander	09	Alta-Aurelia	21:28.96	43

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Results

....Event 2 Boys 5k Run CC High School

53	Riedell, Damian	10	East Sac County	21:52.95	44
54	Sangwin, Vance	09	Sioux Centra	22:07.24	
55	Iehl, Jase	11	Newell-Fonda	22:07.42	
56	Stowe, Alvin	12	Alta-Aurelia	22:12.40	
57	Woodford, Asher	09	Emmetsburg	22:14.64	45
58	Lloydf, Carter	10	Southeast Valley	22:29.87	
59	Ahlers, Turner	9	Southeast Valley	22:32.03	
60	Hale, Dayde	09	Alta-Aurelia	22:33.10	
61	Johnson, Chance	11	Newell-Fonda	22:41.84	
62	Stowe, Skylar	11	Alta-Aurelia	22:44.86	
63	Orozco, Gersain	12	Sioux Centra	22:47.58	
64	Brookhouser, Dagan	09	Newell-Fonda	23:04.20	
65	Johnson, Evan	10	East Sac County	23:06.36	46
66	Nelson, Isaac	10	Sioux Centra	23:08.46	
67	Aguilar, Inaki	12	Emmetsburg	23:10.57	47
68	Newell, Mason	10	Southeast Valley	23:22.22	
69	Hyink, Johnny	12	Manson North	23:32.43	48
70	Gisch, Logan	10	Pocahontas Area	23:43.66	
71	Mefferd, Ryan	12	Manson North	23:48.51	
72	Potts, Reuben	10	South Centra	23:50.77	49
73	Diischer, Korbyn	10	Alta-Aurelia	23:54.11	
74	Peterson, Paul	11	Pocahontas Area	24:02.07	
75	Snyder, Mason	10	East Sac County	24:15.29	50
76	Brown, Carver	10	Newell-Fonda	24:23.37	
77	Batten, Isaiah	10	South Centra	24:38.02	51
78	Wiley, Gabe	11	South Centra	24:45.76	52
79	Nelson, Danny	09	Emmetsburg	25:18.93	53
80	Opperman, Marshall	12	Newell-Fonda	25:24.31	
81	Reedy, Walter	10	Emmetsburg	25:54.27	54
82	Wicklein, Jacob	10	Southeast Valley	26:17.64	
83	Sargent, Kenley	10	Alta-Aurelia	26:30.51	
84	Pressley, Brody	09	Alta-Aurelia	26:56.59	
85	Beeck, Elijah	09	South Centra	27:36.88	55
86	Cunigan, Xavier	9	Southeast Valley	27:48.58	
87	Judson, Max	10	Southeast Valley	28:22.57	
88	Wilson, Noah	09	Alta-Aurelia	31:30.78	
89	Skoglund, Jace	9	Southeast Valley	33:13.11	
90	Crowder, Ayden	11	South Centra	35:35.72	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men											
1	Southeast Valley	55	6	9	12	13	15	22	25		
	Total Time: 1:31:11.33										
	Average: 18:14.27										
2	Sioux Central-Sioux Rapid	71	1	8	11	23	28	35	38		
	Total Time: 1:32:26.79										
	Average: 18:29.36										

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Pocahontas, IA

Results

....Event 2 Boys 5k Run CC High School

3	Manson Northwest Webster	76	3	5	18	24	26	27	48
	Total Time: 1:33:11.97								
	Average: 18:38.40								
4	Newell-Fonda	95	10	16	19	20	30	34	37
	Total Time: 1:35:19.31								
	Average: 19:03.87								
5	Alta-Aurelia	131	14	21	29	31	36	39	43
	Total Time: 1:39:05.11								
	Average: 19:49.02								
6	Emmetsburg	144	2	17	33	45	47	53	54
	Total Time: 1:42:00.25								
	Average: 20:24.05								
7	South Central Calhoun	177	4	32	41	49	51	52	55
	Total Time: 1:47:45.72								
	Average: 21:33.15								
8	East Sac County	179	7	40	42	44	46	50	
	Total Time: 1:45:29.03								
	Average: 21:05.81								

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

Event 3 Girls 3200 Meter Run CC Middle School

	Name	Year	School	Finals	Points
Results - Women					
1	Langschwager, Kollyns	07	Alta-Aurelia	13:01.30	1
2	Glienke, Alivia	07	Alta-Aurelia	13:06.82	2
3	Hinrichs, Melana	8	East Sac County	13:27.01	3
4	Hogrefe, Emma	07	Sioux Centra	13:31.67	
5	Husman, Macy	07	Alta-Aurelia	13:42.96	4
6	Bowers, Emiya	07	Pocahontas Area	14:12.43	5
7	Lowe, Maizy	8	West Bend-Mallard	14:19.16	
8	Harris, Annabelle	08	Southeast Valley	14:22.96	6
9	Eaton, Ava	07	Southeast Valley	14:23.72	7
10	Potts, Suzi	07	South Centra	14:24.34	8
11	Wood, Stella	07	Manson North	14:24.38	
12	Weathers, Lauren	07	Alta-Aurelia	14:43.24	9
13	Cunigan, Serenity	07	Southeast Valley	14:43.52	10
14	Norine, Kiley	07	Southeast Valley	14:47.43	11
15	Buse, Adalyn	08	South Centra	14:57.35	12
16	Kitchen, Averie	8	Southeast Valley	15:08.85	13
17	Schaefer, Jocelyn	07	Alta-Aurelia	15:09.05	14
18	Swenson, Keely	07	East Sac County	15:18.52	15
19	Liechti, Makena	07	East Sac County	15:37.89	16
20	Maddix, Cora	08	East Sac County	15:44.20	17
21	Franco, Patricia	07	Pocahontas Area	16:09.67	18
22	Dorsey, Taylor	07	Southeast Valley	16:24.19	19
23	Judson, Aleah	8	Southeast Valley	16:25.67	20
24	Davis, Adley	8	Southeast Valley	16:27.54	
25	Meyer, Cambrie	08	Pocahontas Area	16:32.62	21
26	Connolly, Aubrey	07	Alta-Aurelia	16:33.37	22
27	Potts, Stefani	08	South Centra	16:36.92	23
28	Davis, Maggie	07	South Centra	16:43.48	24
29	Akins, Avery	07	Southeast Valley	16:49.26	
30	Studer, Raegan	08	West Bend-Mallard	17:00.24	
31	Poppen, Vivian	07	Pocahontas Area	17:00.99	25
32	Kuchenreuther, Peyton	08	Pocahontas Area	17:04.20	26
33	Vaughan, Tyana	08	Pocahontas Area	17:09.14	27
34	Katchman, Brooklyn	08	Sioux Centra	17:16.20	
35	Carlson, Sophie	08	Alta-Aurelia	17:25.23	28
36	Burdick, Charlotte	08	Emmetsburg	17:28.45	
37	Calmer, Layla	07	Manson North	17:34.33	
38	Jenkins, Ace	08	East Sac County	17:57.64	29
39	Cramer, Reagan	08	Southeast Valley	18:10.73	
40	Otto, Addison	08	Manson North	18:34.73	
41	Davey, Cambrie	07	East Sac County	18:46.32	30
42	Moon, Aliza	08	Sioux Centra	19:01.49	
43	Waugh, Lexi	08	Southeast Valley	19:05.58	
44	Hiler, Eden	8	South Centra	19:18.70	31
45	Nockels, Ruth	07	South Centra	19:40.16	32
46	Cunigan, Heaven	07	Southeast Valley	19:58.07	
47	Renze, Maddisyn	08	East Sac County	20:26.10	33
48	Spencer, Brynna	08	South Centra	20:34.90	34
49	Morey, Taylor	07	West Bend-Mallard	20:35.04	
50	Wilson, Ella	8	South Centra	21:14.14	
51	Wells, Claire	08	Pocahontas Area	22:23.34	35

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

....Event 3 Girls 3200 Meter Run CC Middle School

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Women											
1	Alta-Aurelia	30	1	2	4	9	14	22	28		
	Total Time: 1:09:43.37										
	Average: 13:56.68										
2	Southeast Valley	47	6	7	10	11	13	19	20		
	Total Time: 1:13:26.48										
	Average: 14:41.30										
3	East Sac County	80	3	15	16	17	29	30	33		
	Total Time: 1:18:05.26										
	Average: 15:37.06										
4	Pocahontas Area	95	5	18	21	25	26	27	35		
	Total Time: 1:20:59.91										
	Average: 16:11.99										
5	South Central Calhoun	98	8	12	23	24	31	32	34		
	Total Time: 1:22:00.79										
	Average: 16:24.16										

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

Event 4 Boys 3200 Meter Run CC Middle School

	Name	Year	School	Finals	Points
Results - Men					
1	Diekman, Brayden	08	Alta-Aurelia	11:20.05	1
2	Hernandez, Jaeden	08	Alta-Aurelia	11:32.85	2
3	Vote, Kyler	07	Southeast Valley	12:10.72	3
4	Nelson, Grady	08	Manson North	12:23.20	4
5	Lamphier, Chase	08	Manson North	12:27.88	5
6	Bowers, Hudson	08	Pocahontas Area	12:37.68	
7	Helmkamp, Lane	08	Newell-Fonda	12:39.95	6
8	Hoffman, Trevor	08	Sioux Centra	12:47.66	
9	Hinkelday, Elijah	08	Alta-Aurelia	12:50.19	7
10	Kestel, Riley	08	Alta-Aurelia	12:52.55	8
11	Weber, Seaver	08	Sioux Centra	12:55.78	
12	Korleski, Keevan	07	South Centra	12:59.66	
13	Drzycimski, Charlie	08	Sioux Centra	13:04.08	
14	Fors, Landon	07	Southeast Valley	13:05.94	9
15	Pace, Roman	8	Southeast Valley	13:06.64	10
16	Brown, Easton	07	Alta-Aurelia	13:11.78	11
17	Poutre, Mylo	08	Manson North	13:13.61	12
18	Rasch, Declan	07	Manson North	13:15.79	13
19	Roland, Derek		East Sac County	13:21.71	
20	Riesberg, Chase	07	South Centra	13:28.40	
21	Copp, Cael	07	Newell-Fonda	13:32.13	14
22	Pedersen, Brock	07	Alta-Aurelia	13:32.28	15
23	Lyons, Nikota	08	Southeast Valley	13:52.77	16
24	Maske, Thomas	08	Pocahontas Area	14:13.90	
25	Ward, Jaden	07	Emmetsburg	14:15.66	
26	Bunjes, Grahm	07	Alta-Aurelia	14:20.52	17
27	Reinders, Carter	07	Emmetsburg	14:38.07	
28	Lucas, Donlan	08	Graettinger-	14:40.44	
29	Kolar, Maddox	07	Alta-Aurelia	14:43.42	
30	Olsen, Josiah	08	Newell-Fonda	14:54.31	18
31	Mutchler, Andy	07	Pocahontas Area	14:54.87	
32	Thomsen, Paxton	07	Sioux Centra	15:03.83	
33	Hutchinson, Anthony	08	Newell-Fonda	15:04.34	19
34	Gardner, Zayden	8	South Centra	15:33.09	
35	Albright, Nick	07	Southeast Valley	15:36.94	20
36	Johnson, Gus	07	Newell-Fonda	15:38.87	21
37	Bird, Eli	8	Southeast Valley	15:52.72	22
38	Norland, Jaxson	07	West Bend-Mallard	16:19.03	
39	Bartz, Samuel	07	Alta-Aurelia	16:19.14	
40	Peterson, Noah	07	Southeast Valley	16:40.48	23
41	Krause, Micah	07	South Centra	17:05.50	
42	Anderson, Jonathan	07	Newell-Fonda	17:06.07	24
43	Kies, Truin	07	Newell-Fonda	17:39.51	25
44	Ahlrich, Michael	08	Pocahontas Area	17:45.88	
45	Foster, Domi	07	Southeast Valley	17:59.36	
46	Charles, Greenwald	07	Graettinger-	19:03.70	
47	Brotherton, Brock	8	East Sac County	19:09.67	
48	Anderson, Barrett	07	Alta-Aurelia	19:17.41	
49	Tague, Blaze	07	Manson North	19:19.69	26
50	McKinney, Cooper	07	Southeast Valley	21:45.20	
51	Skougard, Ruger	07	Southeast Valley	22:15.43	

Twin Lakes Conference XC Meet - 10/15/2026

Pocahontas, IA

Results

....Event 4 Boys 3200 Meter Run CC Middle School

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Results - Men											
1	Alta-Aurelia	29	1	2	7	8	11	15	17		
	Total Time: 1:01:47.42										
	Average: 12:21.49										
2	Southeast Valley	58	3	9	10	16	20	22	23		
	Total Time: 1:07:53.01										
	Average: 13:34.61										
3	Manson Northwest Webster	60	4	5	12	13	26				
	Total Time: 1:10:40.17										
	Average: 14:08.04										
4	Newell-Fonda	78	6	14	18	19	21	24	25		
	Total Time: 1:11:49.60										
	Average: 14:21.92										