WAMAC CONFERENCE

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Mostly Cloudy, WInd NNE 5-10mph, 60% Humidity & 67
Host: Mount Vernon
Wednesday, October 14, 2026

MEET OFFICIALS

Meet Director:
Shawn Pfiffner & Nathan King
Meet Referee:
Bill Neal
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
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Race #1
Varsity Girls 5K

Final Results

TEAM SCORING SUMMARY

Final	Standings	Score	Scoring Order	Total	Avg.	Spread
1	Williamsburg	42	2-6-7-12-15(19)(24)	1:35:37	19:08	2:15.3
2	Solon	74	9-10-11-21-23(29)(31)	1:39:39	19:56	0:39.5
3	Mount Vernon-Lisbon	81	1-13-16-17-34(39)(41)	1:37:28	19:30	4:10.3
4	Clear Creek-Amana	97	4-5-20-30-38(44)(45)	1:39:18	19:52	2:42.0
5	Center Point-Urbana	121	3-25-28-32-33(42)(55)	1:40:44	20:09	2:39.5
6	Marion	156	8-14-37-48-49(51)(52)	1:44:34	20:55	2:42.2
7	Benton Community	168	22-27-36-40-43(47)(50)	1:44:46	20:58	1:16.3
8	West Delaware Mancheste	186	18-26-35-53-54(57)(59)	1:47:30	21:30	2:54.3
9	Vinton-Shellsburg	292	46-60-61-62-63(64)	2:02:08	24:26	3:22.1
10	South Tama County Tama	312	56-58-65-66-67	2:05:44	25:09	2:44.9
DNP	Grinnell					
DNP	Independence					

INDIVIDUAL RESULTS

Athlete		YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	MOELLER, Evelyn	SR	473	Mount Vernon-Lisb	1	16:38.2	5:21.0	3:19.6
2	WINEGARDEN, Harper	FR	657	Williamsburg	2	17:46.3	5:42.8	3:33.2
3	CAUSEY, Aaliyah	JR	323	Center Point-Urban	3	18:05.9	5:49.2	3:37.2
4	SEIDL, Ali	SO	356	Clear Creek-Amana	4	18:31.7	5:57.5	3:42.3
5	COONEY, Keira	FR	347	Clear Creek-Amana	5	18:42.2	6:00.8	3:44.4
6	BECKER, Channing	JR	644	Williamsburg	6	18:50.6	6:03.5	3:46.1
7	GORSH, Maddie	SO	647	Williamsburg	7	19:07.0	6:08.8	3:49.4
8	DABROSKI, Emerson	SO	429	Marion	8	19:24.8	6:14.5	3:52.9
9	SEAMANS, Addison	JR	541	Solon	9	19:39.2	6:19.2	3:55.8
10	SVALSTAD, Falyn	SR	543	Solon	10	19:43.9	6:20.7	3:56.8
11	NELSON, Livya (Liv)	JR	537	Solon	11	19:44.1	6:20.7	3:56.8
12	WILDE, Aubree	JR	656	Williamsburg	12	19:51.1	6:23.0	3:58.2
13	PISARIK, Rose	SR	476	Mount Vernon-Lisb	13	19:57.8	6:25.1	3:59.6
14	FISHER, Olivia	JR	430	Marion	14	20:00.4	6:26.0	4:00.1
15	MESSER, Aubree	SO	652	Williamsburg	15	20:01.5	6:26.3	4:00.3
16	SELLNER, Miranda	SR	479	Mount Vernon-Lisb	16	20:01.6	6:26.3	4:00.3
17	TELECKY, Sorell	JR	481	Mount Vernon-Lisb	17	20:02.0	6:26.5	4:00.4
18	BARDGETT, Jeanne	JR	606	West Delaware Ma	18	20:07.5	6:28.3	4:01.5
19	AXMEAR, Edie	SR	643	Williamsburg	(19)	20:08.6	6:28.6	4:01.7
20	ROSENBERG, Keira	JR	354	Clear Creek-Amana	20	20:11.3	6:29.5	4:02.2
21	HINKLE, Laeni	SR	526	Solon	21	20:12.8	6:30.0	4:02.6
22	KAUDER, Kyra	SR	25	Benton Community	22	20:15.8	6:30.9	4:03.2
23	SCHMIDT, Mailee	SO	539	Solon	23	20:18.7	6:31.8	4:03.7
24	DRISCOLL, Mylee	FR	646	Williamsburg	(24)	20:19.4	6:32.1	4:03.9
25	ESTLING, Grace	SR	325	Center Point-Urban	25	20:32.1	6:36.1	4:06.4
26	KARTMAN, Brynn	SR	612	West Delaware Ma	26	20:35.5	6:37.3	4:07.1
27	FISHER, June	JR	10	Benton Community	27	20:36.6	6:37.6	4:07.3
28	STUELKE, Trystan	FR	330	Center Point-Urban	28	20:36.8	6:37.7	4:07.3
29	MAI, Kinley	JR	535	Solon	(29)	20:37.2	6:37.8	4:07.4

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Final Results

INDIVIDUAL RESULTS (cont'd)

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30	SCHULTE, Holley	SR	355	Clear Creek-Amana	30	20:38.5	6:38.2	4:07.7
31	ROLWES, Ava	SR	538	Solon	(31)	20:39.2	6:38.4	4:07.8
32	ESTLING, Karly	FR	326	Center Point-Urban	32	20:43.7	6:39.9	4:08.7
33	CARDO, Penny	SO	322	Center Point-Urban	33	20:45.3	6:40.4	4:09.1
34	RUPE, Caroline	SR	477	Mount Vernon-Lisb	34	20:48.5	6:41.4	4:09.7
35	MILROY, Aurora	FR	617	West Delaware Ma	35	20:49.9	6:41.9	4:10.0
36	CRETIN, Anna	SO	7	Benton Community	36	20:53.4	6:43.0	4:10.7
37	BARND, Lillyan	FR	426	Marion	37	21:02.4	6:45.9	4:12.5
38	SLAYMAKER, Myka	FR	357	Clear Creek-Amana	38	21:13.7	6:49.5	4:14.7
39	STEWART, Charlie	SO	480	Mount Vernon-Lisb	(39)	21:22.8	6:52.5	4:16.6
40	KING, Emma	JR	209	Benton Community	40	21:28.0	6:54.1	4:17.6
41	JOHNSON, Torie	SO	467	Mount Vernon-Lisb	(41)	21:30.6	6:55.0	4:18.1
42	DUNN, Avanti	SR	324	Center Point-Urban	(42)	21:31.3	6:55.2	4:18.2
43	KRUSE, Lacey	FR	211	Benton Community	43	21:32.1	6:55.4	4:18.4
44	MCELLIOTT, Maya	FR	351	Clear Creek-Amana	(44)	21:36.1	6:56.8	4:19.2
45	WHITMER, Kadence	SR	360	Clear Creek-Amana	(45)	21:36.9	6:57.0	4:19.4
46	SCHIRM, Ava	SO	591	Vinton-Shellsburg	46	21:50.0	7:01.2	4:22.0
47	DEMOSS, Layna	SR	8	Benton Community	(47)	21:58.7	7:04.0	4:23.7
48	BONIFAZI, Alivia	SO	428	Marion	48	21:58.8	7:04.0	4:23.7
49	SCHOUTEN, Grace	SR	437	Marion	49	22:07.0	7:06.7	4:25.4
50	LENNIE, Kenna	JR	229	Benton Community	(50)	22:27.2	7:13.2	4:29.4
51	FOPMA, Julia	FR	431	Marion	(51)	22:42.1	7:17.9	4:32.4
52	THOMPSON, Megan	FR	438	Marion	(52)	22:45.8	7:19.1	4:33.1
53	LYNCH, Berkley	SO	614	West Delaware Ma	53	22:55.4	7:22.2	4:35.1
54	LYNCH, Charly	SR	615	West Delaware Ma	54	23:01.8	7:24.3	4:36.3
55	KINDSCHI, Maci	JR	328	Center Point-Urban	(55)	23:03.1	7:24.7	4:36.6
56	GRAFF, Adalyn	8	571	South Tama County	56	23:19.4	7:30.0	4:39.9
57	TWOMEY, Ava	JR	623	West Delaware Ma	(57)	23:24.1	7:31.5	4:40.8
58	ZYLSTRA, Kyliee	SR	400	Grinnell	-	23:40.1	7:36.6	4:44.0
59	SAWYER, Piper	8	572	South Tama County	58	24:19.5	7:49.3	4:51.9
60	HOEFER, Maryn	SR	610	West Delaware Ma	(59)	24:19.9	7:49.4	4:52.0
61	VANWECHEL, Brooklyn	SO	593	Vinton-Shellsburg	60	24:54.4	8:00.5	4:58.9
62	BODEKER, June	SO	583	Vinton-Shellsburg	61	25:00.8	8:02.6	5:00.2
63	GRIMM, Chloe	JR	585	Vinton-Shellsburg	62	25:10.3	8:05.6	5:02.1
64	ROLLINGER, Kara	SR	590	Vinton-Shellsburg	63	25:12.0	8:06.2	5:02.4
65	LEFEVERE, Payton	SR	587	Vinton-Shellsburg	(64)	25:14.7	8:07.0	5:02.9
66	FRYE, Natalie	JR	418	Independence	-	25:56.2	8:20.4	5:11.2
67	AHRENS, Anna	8	569	South Tama County	65	25:58.6	8:21.1	5:11.7
68	SMITH, Livia	SR	573	South Tama County	66	26:02.3	8:22.3	5:12.4
69	BRANT, Katelynne	FR	570	South Tama County	67	26:04.2	8:22.9	5:12.8
70	DANA, Hope	JR	396	Grinnell	-	26:39.1	8:34.2	5:19.8
71	MOORE, Madison	JR	399	Grinnell	-	27:26.2	8:49.3	5:29.2
72	ASHING, Reese	JR	395	Grinnell	-	28:01.9	9:00.8	5:36.4

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Race #2
Varsity Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Mount Vernon-Lisbon	44	3-6-8-9-18(25)(28)	1:21:35	16:19	1:02.8
2	Clear Creek-Amana	47	1-5-10-12-19(27)(36)	1:21:46	16:22	1:29.6
3	Benton Community	63	4-13-14-15-17(33)(46)	1:23:27	16:42	0:56.6
4	Marion	111	2-16-21-30-42(45)(58)	1:25:15	17:03	2:09.7
5	Grinnell	148	7-20-29-43-49(66)(74)	1:26:47	17:22	2:12.5
6	Williamsburg	158	22-26-34-35-41(44)(47)	1:27:37	17:32	0:56.5
7	Solon	185	11-31-40-51-52(61)(69)	1:28:39	17:44	1:45.4
8	Center Point-Urbana	198	24-37-39-48-50(54)(65)	1:29:38	17:56	1:03.1
9	South Tama County Tama	240	23-38-53-56-70(73)	1:32:09	18:26	2:43.8
10	West Delaware Manchester	284	32-55-57-68-72(75)(79)	1:34:36	18:56	2:24.0
11	Vinton-Shellsburg	316	59-60-62-64-71(80)	1:36:19	19:16	0:59.9
12	Independence	361	63-67-76-77-78(81)	1:42:13	20:27	2:28.9

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	MESKIMEN, Carson	JR	380	Clear Creek-Amana	1	15:33.4	5:00.1	3:06.7
2	COOK, Collin	JR	446	Marion	2	15:52.8	5:06.3	3:10.5
3	HAPPEL, Kyler	SR	495	Mount Vernon-Lisb	3	15:55.3	5:07.1	3:11.0
4	LANGE, Jack	SR	312	Benton Community	4	15:59.8	5:08.6	3:11.9
5	MILLER, Mason	SR	381	Clear Creek-Amana	5	16:00.3	5:08.8	3:12.1
6	ARMSTRONG, Anthony	SR	484	Mount Vernon-Lisb	6	16:01.3	5:09.1	3:12.3
7	WOLFE, Aden	SR	417	Grinnell	7	16:03.9	5:09.9	3:12.8
8	SWART, Casey	FR	511	Mount Vernon-Lisb	8	16:19.7	5:15.0	3:15.9
9	TEAGUE, Connor	SO	512	Mount Vernon-Lisb	9	16:21.0	5:15.4	3:16.2
10	VOGEL, Kyle	JR	392	Clear Creek-Amana	10	16:31.6	5:18.8	3:18.3
11	HOLMES, Anders	JR	558	Solon	11	16:34.5	5:19.8	3:18.9
12	JENSEN, Quade	JR	373	Clear Creek-Amana	12	16:37.3	5:20.7	3:19.5
13	HUNT, Korbin	SO	311	Benton Community	13	16:49.8	5:24.7	3:21.9
14	SCHANBACHER, Jed	JR	317	Benton Community	14	16:50.1	5:24.8	3:22.0
15	SEXTON, Fisher	8	321	Benton Community	15	16:50.6	5:24.9	3:22.1
16	RAUSER, Dredan	SO	457	Marion	16	16:51.5	5:25.2	3:22.3
17	BECKER, Mason	FR	304	Benton Community	17	16:56.3	5:26.8	3:23.3
18	SWART, Adam	FR	510	Mount Vernon-Lisb	18	16:58.0	5:27.3	3:23.6
19	WHITMER, Ashur	FR	393	Clear Creek-Amana	19	17:02.9	5:28.9	3:24.6
20	SANDQUIST, Isaac	SR	412	Grinnell	20	17:03.2	5:29.0	3:24.6
21	NORTHWAY, Liam	SR	455	Marion	21	17:04.9	5:29.5	3:25.0
22	TIEDT, Elam	FR	671	Williamsburg	22	17:05.4	5:29.7	3:25.1
23	SHIRMER, Max	SO	580	South Tama County	23	17:10.0	5:31.2	3:26.0
24	SCHALK, Owen	SO	343	Center Point-Urban	24	17:14.2	5:32.5	3:26.8
25	CASKEY, Chasen	SR	489	Mount Vernon-Lisb	(25)	17:14.4	5:32.6	3:26.9
26	PIRKL, Marcus	SO	666	Williamsburg	26	17:16.1	5:33.1	3:27.2
27	KING, Robert	JR	378	Clear Creek-Amana	(27)	17:16.7	5:33.3	3:27.3
28	CASKEY, Dashtyn	FR	490	Mount Vernon-Lisb	(28)	17:18.3	5:33.8	3:27.7
29	CONNER, Gideon	SR	402	Grinnell	29	17:20.6	5:34.6	3:28.1

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Final Results

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	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
30	SCHOUTEN, James	SO	459	Marion	30	17:23.0	5:35.4	3:28.6
31	WADDELL, Deacon	JR	566	Solon	31	17:25.6	5:36.2	3:29.1
32	HEMANN, Nolan	SO	629	West Delaware Ma	32	17:32.9	5:38.5	3:30.6
33	ARAIZA, Brian	SR	302	Benton Community	(33)	17:34.5	5:39.0	3:30.9
34	ZIRKEL, Brevin	SR	673	Williamsburg	34	17:35.5	5:39.4	3:31.1
35	REED, Colin	SR	668	Williamsburg	35	17:37.6	5:40.0	3:31.5
36	JOHNSON, Micah	JR	376	Clear Creek-Amana	(36)	17:42.2	5:41.5	3:32.4
37	LAMMERS, Owen	FR	336	Center Point-Urban	37	17:53.4	5:45.1	3:34.7
38	MARTINEZ-ALVARADO, He	JR	579	South Tama County	38	17:55.6	5:45.8	3:35.1
39	DIVELEY, Archer	SO	332	Center Point-Urban	39	17:58.0	5:46.6	3:35.6
40	KOLAR, Colton	SO	560	Solon	40	18:01.4	5:47.7	3:36.3
41	KOONS, Charlie	SR	664	Williamsburg	41	18:01.8	5:47.8	3:36.4
42	STERN, Ralph	SO	462	Marion	42	18:02.5	5:48.0	3:36.5
43	GROUT, Weston	JR	404	Grinnell	43	18:02.6	5:48.1	3:36.5
44	QUINN, Jucoby	SO	667	Williamsburg	(44)	18:03.7	5:48.4	3:36.7
45	GROTH, Daniel	FR	451	Marion	(45)	18:05.2	5:48.9	3:37.0
46	SCHOETTMER, Sam	FR	318	Benton Community	(46)	18:08.7	5:50.1	3:37.7
47	DRAHOS, Weston	SO	662	Williamsburg	(47)	18:12.1	5:51.2	3:38.4
48	MERTA, Grant	FR	340	Center Point-Urban	48	18:15.2	5:52.1	3:39.0
49	SCHALMO, William	SR	413	Grinnell	49	18:16.3	5:52.5	3:39.3
50	KELLY, Jackson	SR	335	Center Point-Urban	50	18:17.3	5:52.8	3:39.4
51	DOOLEY, James	SO	552	Solon	51	18:17.8	5:53.0	3:39.6
52	HARDEN, Layne	FR	556	Solon	52	18:19.9	5:53.6	3:40.0
53	JOHNSON-WHITEFISH, Kyl	SO	577	South Tama County	53	18:28.1	5:56.3	3:41.6
54	MCSHANE, Logan	SO	339	Center Point-Urban	(54)	18:34.8	5:58.5	3:43.0
55	ENGEL, Jarrett	SR	628	West Delaware Ma	55	18:36.4	5:58.9	3:43.3
56	JESINA, Brady	JR	576	South Tama County	56	18:41.2	6:00.5	3:44.2
57	URIBE, Brett	SO	639	West Delaware Ma	57	18:47.7	6:02.6	3:45.5
58	SCHERBRING, Grady	JR	458	Marion	(58)	18:51.0	6:03.7	3:46.2
59	RHINEHART, Chase	FR	601	Vinton-Shellsburg	59	18:55.8	6:05.2	3:47.1
60	VAN REE, Owen	FR	603	Vinton-Shellsburg	60	18:56.8	6:05.5	3:47.4
61	SUTTON, Asher	FR	565	Solon	(61)	19:05.3	6:08.3	3:49.1
62	WHALEN, Oliver	SR	605	Vinton-Shellsburg	62	19:12.2	6:10.5	3:50.4
63	KNUTSON, Myles	SO	421	Independence	63	19:13.5	6:10.9	3:50.7
64	GERMAINE, Slade	FR	594	Vinton-Shellsburg	64	19:18.7	6:12.6	3:51.7
65	GRAHAM, Levi	SR	333	Center Point-Urban	(65)	19:21.1	6:13.3	3:52.2
66	MARSH, Charlie	FR	411	Grinnell	(66)	19:25.0	6:14.6	3:53.0
67	WIELAND, Sawyer	JR	425	Independence	67	19:36.2	6:18.2	3:55.2
68	STICKNEY, Calvin	SO	636	West Delaware Ma	68	19:42.0	6:20.1	3:56.4
69	YEOMANS, Ben	SR	567	Solon	(69)	19:49.6	6:22.5	3:57.9
70	STUBBS, Riley	SO	581	South Tama County	70	19:53.7	6:23.8	3:58.7
71	KEARNS, Ryelin	SO	598	Vinton-Shellsburg	71	19:55.7	6:24.4	3:59.1
72	TUCKER, Hayden	SR	638	West Delaware Ma	72	19:56.9	6:24.8	3:59.4
73	ARP, Nolan	SO	574	South Tama County	(73)	19:57.4	6:25.0	3:59.5
74	KINNICK, Hunter	FR	409	Grinnell	(74)	20:04.5	6:27.3	4:00.9
75	LEWIN, Owen	SO	631	West Delaware Ma	(75)	20:14.0	6:30.3	4:02.8

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76	PRUESS, Brody	JR	423	Independence	76	20:37.5	6:37.9	4:07.5
77	KOTH, Benson	SO	422	Independence	77	21:03.6	6:46.3	4:12.7
78	STEIBER, Wyatt	FR	424	Independence	78	21:42.4	6:58.8	4:20.5
79	WOODLAND, Levi	SO	642	West Delaware Ma	(79)	21:48.3	7:00.7	4:21.6
80	GRIMM, Kashton	JR	596	Vinton-Shellsburg	(80)	21:56.9	7:03.4	4:23.4
81	HANSON, Ty	SO	420	Independence	(81)	25:05.3	8:04.0	5:01.1

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Race #3
JV Girls 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Solon	24	1-2-6-7-8(13)(15)	1:47:59	21:36	1:10.1
2	Williamsburg	35	3-4-5-9-14(33)(47)	1:49:29	21:54	1:21.5
3	Mount Vernon-Lisbon	84	10-12-16-20-26(31)(34)	1:54:36	22:56	1:12.4
4	Clear Creek-Amana	93	11-17-19-22-24(27)(29)	1:55:39	23:08	1:01.5
5	Benton Community	157	18-30-32-35-42(49)(52)	2:01:21	24:17	2:43.5
6	West Delaware Mancheste	162	23-25-36-37-41(43)(50)	2:02:12	24:27	2:01.9
7	Marion	172	21-28-38-40-45(46)(54)	2:03:27	24:42	2:38.2
8	Vinton-Shellsburg	235	39-44-48-51-53	2:14:51	26:59	4:08.1
DNP	Center Point-Urbana					

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	DONNENWERTH, Joselyn	FR	522	Solon	1	20:49.4	6:41.7	4:09.9
2	BECK, Stella	SO	519	Solon	2	21:17.0	6:50.6	4:15.4
3	MAAS, Leighton	JR	650	Williamsburg	3	21:19.8	6:51.5	4:15.9
4	KLINGNER, Georgia	FR	649	Williamsburg	4	21:39.0	6:57.7	4:19.8
5	UHLMANN, Graceyn	SR	655	Williamsburg	5	21:41.6	6:58.5	4:20.3
6	THOMSEN, Hannah	FR	546	Solon	6	21:54.0	7:02.5	4:22.8
7	FORDICE, Mya	SR	524	Solon	7	21:59.0	7:04.1	4:23.8
8	JANSEN, Jillian	SR	528	Solon	8	21:59.4	7:04.2	4:23.9
9	REED, Abigail	SO	653	Williamsburg	9	22:06.8	7:06.6	4:25.3
10	SELLNER, Aubrey	FR	478	Mount Vernon-Lisb	10	22:17.8	7:10.2	4:27.6
11	NOBORIKAWA, Saiya	SR	353	Clear Creek-Amana	11	22:28.0	7:13.4	4:29.6
12	BOTHELL, Josie	SR	466	Mount Vernon-Lisb	12	22:29.1	7:13.8	4:29.8
13	HOLMES, Lexi	SR	327	Center Point-Urban	-	22:37.7	7:16.6	4:31.5
14	ARMENTROUT, Quinn	JR	518	Solon	(13)	22:40.9	7:17.6	4:32.2
15	KLEINMEYER, Ella	JR	648	Williamsburg	14	22:41.2	7:17.7	4:32.2
16	KALLAUS, Alli	SO	532	Solon	(15)	22:53.5	7:21.6	4:34.7
17	MARTIN, Kate	JR	469	Mount Vernon-Lisb	16	23:01.6	7:24.2	4:36.3
18	STILTNER, Summer	SR	358	Clear Creek-Amana	17	23:02.8	7:24.6	4:36.5
19	HUTTON, Zoey	SO	23	Benton Community	18	23:07.7	7:26.2	4:37.5
20	VIRKLER, Juliana	FR	359	Clear Creek-Amana	19	23:14.8	7:28.5	4:39.0
21	MESSER, Ella	SO	470	Mount Vernon-Lisb	20	23:17.4	7:29.3	4:39.5
22	VICENTE-MORADELL, Ivet	SR	440	Marion	21	23:21.6	7:30.7	4:40.3
23	HILL, Addy	JR	348	Clear Creek-Amana	22	23:23.9	7:31.4	4:40.8
24	KARTMAN, Avery	SR	611	West Delaware Ma	23	23:24.9	7:31.7	4:41.0
25	CARTIER, Kennedi	SR	346	Clear Creek-Amana	24	23:29.5	7:33.2	4:41.9
26	MORMANN, Adrian	SO	619	West Delaware Ma	25	23:29.7	7:33.2	4:41.9
27	VAVRICEK, Clara	JR	483	Mount Vernon-Lisb	26	23:30.2	7:33.4	4:42.0
28	HOLST, Olivia	SO	349	Clear Creek-Amana	(27)	23:44.5	7:38.0	4:44.9
29	PAULY, Jadyn	SR	436	Marion	28	23:51.1	7:40.2	4:46.2
30	BERNARDY, Sydney	JR	345	Clear Creek-Amana	(29)	23:52.5	7:40.6	4:46.5
31	FRAZIER, Grayce	FR	11	Benton Community	30	23:54.8	7:41.3	4:46.9
32	MOEHLMAN, Eliza	SO	472	Mount Vernon-Lisb	(31)	24:01.6	7:43.5	4:48.3

WAMAC CONFERENCE

Cedar Rapids, IA
Seminole Valley Cross Country Course
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Race #3
JV Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
33	BIRCH, Leigha	SO	5	Benton Community	32	24:02.0	7:43.7	4:48.4
34	MCCANDLESS, Madelyn	JR	536	Solon	-	24:03.6	7:44.2	4:48.7
35	KULBARTZ, June	FR	350	Clear Creek-Amana	-	24:06.0	7:44.9	4:49.2
36	SCHMOOKE, Vivi	JR	540	Solon	-	24:15.3	7:47.9	4:51.1
37	CAPPER, Makenna	SR	645	Williamsburg	(33)	24:16.8	7:48.4	4:51.3
38	BOCK, Carly	FR	465	Mount Vernon-Lisb	(34)	24:19.1	7:49.1	4:51.8
39	TERZANO-BOROVIC, Senec	FR	545	Solon	-	24:21.9	7:50.0	4:52.4
40	MICHEEL, Adeline	SO	471	Mount Vernon-Lisb	-	24:22.1	7:50.1	4:52.4
41	EASTMAN, Paige	SO	9	Benton Community	35	24:24.5	7:50.9	4:52.9
42	WELCHER, Kinley	JR	625	West Delaware Ma	36	24:49.5	7:58.9	4:57.9
43	SJOSTEDT, Ella	JR	329	Center Point-Urban	-	24:55.0	8:00.7	4:59.0
44	SCHULTE, Lily	SO	622	West Delaware Ma	37	25:01.0	8:02.6	5:00.2
45	HAGMEIER, Gabriella	SR	434	Marion	38	25:02.2	8:03.0	5:00.4
46	LUND, Araya	SR	588	Vinton-Shellsburg	39	25:04.4	8:03.7	5:00.9
47	ZIMMERMAN, Everly	FR	441	Marion	40	25:11.6	8:06.0	5:02.3
48	PISARIK, Kenzi	SO	475	Mount Vernon-Lisb	-	25:18.9	8:08.4	5:03.8
49	MORMANN, Adler	SR	618	West Delaware Ma	41	25:26.8	8:10.9	5:05.4
50	WERNER, Kendall	SR	548	Solon	-	25:33.3	8:13.0	5:06.6
51	MURRY, Tomiyah	FR	352	Clear Creek-Amana	-	25:44.1	8:16.5	5:08.8
52	KABELA, Beckitt	JR	531	Solon	-	25:45.2	8:16.8	5:09.0
53	SEXTON, Willow	JR	298	Benton Community	42	25:51.2	8:18.8	5:10.2
54	JETT, Taylor	SR	530	Solon	-	25:52.8	8:19.3	5:10.5
55	KEISTER, Ella	JR	613	West Delaware Ma	(43)	25:55.8	8:20.2	5:11.2
56	BIRKER, Gia	FR	582	Vinton-Shellsburg	44	25:56.5	8:20.5	5:11.3
57	PASTOR, Cadence	SR	435	Marion	45	25:59.8	8:21.5	5:11.9
58	SIMISON, Miranda	SR	542	Solon	-	26:01.2	8:22.0	5:12.2
59	LEONARD, Leah	JR	468	Mount Vernon-Lisb	-	26:06.6	8:23.7	5:13.3
60	ZIMMERMAN, Lily	JR	549	Solon	-	26:16.5	8:26.9	5:15.3
61	LORD, Maya	FR	533	Solon	-	26:19.4	8:27.8	5:15.9
62	GARBES, Dotti	SR	433	Marion	(46)	26:20.8	8:28.3	5:16.2
63	WALTER, Isabelle	SO	547	Solon	-	26:22.5	8:28.8	5:16.5
64	DURR, Ellie	JR	523	Solon	-	26:27.9	8:30.6	5:17.6
65	HOUTAKKER, Violet	JR	527	Solon	-	26:40.9	8:34.7	5:20.2
66	BELL, Jorilyn	FR	520	Solon	-	26:41.6	8:35.0	5:20.3
67	MALLOY, Blaire	FR	651	Williamsburg	(47)	26:47.8	8:37.0	5:21.6
68	BUNTEN, Maddie	JR	584	Vinton-Shellsburg	48	26:53.4	8:38.8	5:22.7
69	THOMSEN, Teresa	FR	482	Mount Vernon-Lisb	-	27:07.4	8:43.3	5:25.5
70	WILEY, Alexis	FR	300	Benton Community	(49)	27:10.1	8:44.1	5:26.0
71	HEIM, Gracie	SR	609	West Delaware Ma	(50)	27:14.7	8:45.6	5:26.9
72	HIGGINS, Addison	FR	586	Vinton-Shellsburg	51	27:43.8	8:55.0	5:32.8
73	CARROLL, Avery	SR	607	West Delaware Ma	-	27:47.0	8:56.0	5:33.4
74	KENNY, Madi	SR	27	Benton Community	(52)	27:51.3	8:57.4	5:34.3
75	TERZANO-BOROVIC, Scarle	JR	544	Solon	-	28:05.2	9:01.9	5:37.0
76	REIS, Kate	SR	620	West Delaware Ma	-	28:16.2	9:05.4	5:39.2
77	IRELAND, Evie	JR	24	Benton Community	-	28:28.1	9:09.2	5:41.6
78	BIESCHKE, Lila	SO	3	Benton Community	-	28:59.9	9:19.4	5:48.0

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Race #3
JV Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
79	NOLTE, Marissa	JR	297	Benton Community	-	29:01.3	9:19.9	5:48.3
80	VOLESKY, Makayla	SO	299	Benton Community	-	29:08.1	9:22.1	5:49.6
81	PRADAT, Capucine	SR	589	Vinton-Shellsburg	53	29:12.4	9:23.5	5:50.5
82	WEGMANN, Kinley	FR	624	West Delaware Ma	-	29:23.6	9:27.1	5:52.7
83	GUDENKAUF, Holly	SR	608	West Delaware Ma	-	29:29.1	9:28.8	5:53.8
84	JEDLICKA, Gabby	SR	529	Solon	-	29:37.2	9:31.4	5:55.4
85	ZIMMERMAN, Alissa	SR	301	Benton Community	-	29:41.4	9:32.8	5:56.3
86	BURK, Lillian	FR	521	Solon	-	29:56.0	9:37.5	5:59.2
87	BATTISTE, Honesty	SR	427	Marion	(54)	30:26.1	9:47.2	6:05.2
88	MACKE, Caidence	JR	534	Solon	-	31:17.3	10:03.6	6:15.5
89	UHL, Gracie	SR	439	Marion	-	31:34.4	10:09.1	6:18.9

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Race #4
JV Boys 5K

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Total	Avg.	Spread
1	Mount Vernon-Lisbon	25	1-3-5-7-9(10)(11)	1:29:10	17:50	0:58.7
2	Clear Creek-Amana	41	2-4-6-13-16(17)(18)	1:30:07	18:02	1:12.7
3	Benton Community	85	8-15-19-21-22(30)(31)	1:32:35	18:31	0:39.9
4	Center Point-Urbana	122	12-25-26-27-32(60)	1:36:13	19:15	1:32.7
5	Williamsburg	142	14-23-34-35-36(46)(63)	1:37:15	19:27	1:36.9
6	Marion	144	20-24-28-29-43(44)(45)	1:37:25	19:29	2:07.7
7	Solon	195	37-38-39-40-41(49)(54)	1:41:46	20:22	0:13.9
8	Vinton-Shellsburg	246	42-47-48-51-58	1:48:24	21:41	1:54.3
9	Grinnell	251	33-50-52-57-59(61)(65)	1:48:43	21:45	2:38.3
10	West Delaware Manchester	290	53-55-56-62-64(66)(67)	1:53:02	22:37	0:41.7

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1	MASON, Hawke	FR	500	Mount Vernon-Lisb	1	17:17.3	5:33.5	3:27.5
2	BARKER, Drew	SO	361	Clear Creek-Amana	2	17:21.9	5:35.0	3:28.4
3	ERICSON, Logan	SR	492	Mount Vernon-Lisb	3	17:42.3	5:41.6	3:32.5
4	GRINDLE, Cameron	JR	371	Clear Creek-Amana	4	17:45.9	5:42.7	3:33.2
5	VAN REGENMORTER, Zane	SR	514	Mount Vernon-Lisb	5	17:50.3	5:44.1	3:34.1
6	STEENHOEK, Chuck	JR	385	Clear Creek-Amana	6	18:01.3	5:47.7	3:36.2
7	DYE, Danny	JR	491	Mount Vernon-Lisb	7	18:03.5	5:48.4	3:36.7
8	MEHLERT, Jaxson	JR	313	Benton Community	8	18:04.0	5:48.6	3:36.8
9	PETERSEN, Tate	SR	502	Mount Vernon-Lisb	9	18:16.0	5:52.4	3:39.2
10	BUTTERIS, Branzen	FR	487	Mount Vernon-Lisb	(10)	18:20.5	5:53.8	3:40.1
11	GRENIS, Brinson	SO	493	Mount Vernon-Lisb	(11)	18:21.0	5:54.0	3:40.2
12	LOESCH, Coleman	FR	337	Center Point-Urban	12	18:21.2	5:54.1	3:40.2
13	BEVARD, Padrick	FR	362	Clear Creek-Amana	13	18:22.8	5:54.6	3:40.5
14	SCHMIT, Liam	SO	506	Mount Vernon-Lisb	-	18:25.9	5:55.6	3:41.2
15	UHLMANN, Gannon	FR	672	Williamsburg	14	18:29.2	5:56.6	3:41.8
16	CORRIGAN, Brock	SR	306	Benton Community	15	18:30.0	5:56.9	3:42.0
17	SLAYMAKER, Rowan	FR	507	Mount Vernon-Lisb	-	18:34.1	5:58.2	3:42.8
18	THOMPSON, Elijah	SR	389	Clear Creek-Amana	16	18:34.6	5:58.4	3:42.9
19	TETEVI, Yao	SO	388	Clear Creek-Amana	(17)	18:35.7	5:58.7	3:43.1
20	BOURGET, Noah	SR	364	Clear Creek-Amana	(18)	18:35.8	5:58.8	3:43.2
21	SCHWAKE, Ethan	SR	319	Benton Community	19	18:37.0	5:59.1	3:43.4
22	MCCARTY, Zach	FR	454	Marion	20	18:39.0	5:59.8	3:43.8
23	SEXTON, Beckett	SO	320	Benton Community	21	18:40.1	6:00.1	3:44.0
24	SADLER, Jonathon	SR	316	Benton Community	22	18:43.9	6:01.4	3:44.8
25	PHILLIPS, Carson	JR	665	Williamsburg	23	18:44.0	6:01.4	3:44.8
26	IBURG, Wyatt	JR	372	Clear Creek-Amana	-	18:49.5	6:03.2	3:45.9
27	JOHNSON, Mathias	FR	375	Clear Creek-Amana	-	18:52.0	6:04.0	3:46.4
28	GORTON, Andrew	SR	449	Marion	24	18:54.3	6:04.7	3:46.8
29	WILKINS, Hagen	JR	517	Mount Vernon-Lisb	-	18:55.4	6:05.1	3:47.1
30	COLE, Hayden	SO	365	Clear Creek-Amana	-	18:59.2	6:06.3	3:47.8
31	MARTIN, Jordan	SO	499	Mount Vernon-Lisb	-	18:59.8	6:06.5	3:47.9

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Final Results

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	Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
32	WEAVER, Tristan	FR	516	Mount Vernon-Lisb	-	19:09.2	6:09.5	3:49.8
33	MULLENBACH, Carson	SO	341	Center Point-Urban	25	19:13.5	6:10.9	3:50.7
34	ROSS, Cooper	SR	342	Center Point-Urban	26	19:19.9	6:12.9	3:52.0
35	THOMPSON, Levi	FR	390	Clear Creek-Amana	-	19:24.1	6:14.3	3:52.8
36	MCCORMICK, Luke	JR	338	Center Point-Urban	27	19:24.2	6:14.3	3:52.8
37	BARKLEY, Zayin	SR	443	Marion	28	19:26.5	6:15.1	3:53.3
38	TIMMERMAN, Jack	JR	391	Clear Creek-Amana	-	19:26.6	6:15.1	3:53.3
39	SURINE, Chris	FR	386	Clear Creek-Amana	-	19:29.8	6:16.1	3:53.9
40	GAGE, Broderick	FR	370	Clear Creek-Amana	-	19:32.8	6:17.1	3:54.6
41	LIU, Liam	FR	498	Mount Vernon-Lisb	-	19:34.6	6:17.7	3:54.9
42	QUINN, Aiden	SO	456	Marion	29	19:38.1	6:18.8	3:55.6
43	THIES, Zavier	FR	513	Mount Vernon-Lisb	-	19:38.8	6:19.0	3:55.7
44	JONES, Louis	FR	496	Mount Vernon-Lisb	-	19:39.1	6:19.1	3:55.8
45	JOHNSON, Adrial	SO	374	Clear Creek-Amana	-	19:41.2	6:19.8	3:56.2
46	FURLER, Landon	JR	309	Benton Community	(30)	19:41.5	6:19.9	3:56.3
47	ZIHLMAN, Aiden	FR	394	Clear Creek-Amana	-	19:43.7	6:20.6	3:56.7
48	BECKER, Knox	FR	303	Benton Community	(31)	19:44.9	6:21.0	3:57.0
49	GRAVEN, Maverick	FR	334	Center Point-Urban	32	19:53.9	6:23.9	3:58.8
50	VANCE, Aiden	SO	416	Grinnell	33	19:55.5	6:24.4	3:59.1
51	BOUGHTON, Noah	JR	363	Clear Creek-Amana	-	19:56.0	6:24.5	3:59.2
52	HALL, Rylan	FR	494	Mount Vernon-Lisb	-	19:56.1	6:24.6	3:59.2
53	ARWINE, Lincoln	FR	658	Williamsburg	34	19:57.0	6:24.9	3:59.4
54	BANOS, Noah	SR	659	Williamsburg	35	19:58.8	6:25.5	3:59.8
55	SMITH, Elias	FR	384	Clear Creek-Amana	-	19:59.2	6:25.6	3:59.8
56	DEEDS, Caleb	JR	661	Williamsburg	36	20:06.0	6:27.8	4:01.2
57	RAASCH, Preston	JR	563	Solon	37	20:12.8	6:30.0	4:02.6
58	NELSON, Willem	FR	383	Clear Creek-Amana	-	20:16.2	6:31.0	4:03.2
59	MILLER, Chase	FR	314	Benton Community	-	20:16.5	6:31.2	4:03.3
60	MCATEE, Will	JR	562	Solon	38	20:17.1	6:31.3	4:03.4
61	GERLITS, Sawyer	FR	555	Solon	39	20:23.5	6:33.4	4:04.7
62	OESTERLE, Beck	JR	501	Mount Vernon-Lisb	-	20:23.5	6:33.4	4:04.7
63	EKROTH, Sam	SO	553	Solon	40	20:26.0	6:34.2	4:05.2
64	HAVLICEK, Anthony	FR	557	Solon	41	20:26.7	6:34.4	4:05.3
65	BOOTS, Brogan	SO	485	Mount Vernon-Lisb	-	20:29.4	6:35.3	4:05.9
66	SPORRER, Noah	SO	508	Mount Vernon-Lisb	-	20:33.6	6:36.6	4:06.7
67	GIROUX, Jaxson	FR	595	Vinton-Shellsburg	42	20:35.8	6:37.4	4:07.2
68	DITTMAR, Zavier	SO	308	Benton Community	-	20:36.9	6:37.7	4:07.4
69	VOROBTSOV, Jadon	SR	464	Marion	43	20:46.7	6:40.8	4:09.3
70	JONES, Jack	SO	377	Clear Creek-Amana	-	20:47.3	6:41.0	4:09.4
71	THOMAS, Wyatt	JR	463	Marion	(44)	20:47.8	6:41.2	4:09.5
72	KIM, Evan	FR	453	Marion	(45)	20:51.1	6:42.3	4:10.2
73	EMICK, Ethan	SO	369	Clear Creek-Amana	-	21:00.2	6:45.2	4:12.0
74	PODUSKA, Nate	SR	503	Mount Vernon-Lisb	-	21:20.2	6:51.6	4:16.0
75	DAVIS, Sawyer	SO	307	Benton Community	-	21:22.1	6:52.2	4:16.4
76	DELARM, Logan	FR	368	Clear Creek-Amana	-	21:22.6	6:52.4	4:16.5
77	COLUNGA-ALBA, Oliver	FR	660	Williamsburg	(46)	21:24.2	6:52.9	4:16.8

WAMAC CONFERENCE

Cedar Rapids, IA
Seminole Valley Cross Country Course
Weather: Mostly Cloudy, WInd NNE 5-10mph, 60% Humidity & 67
Host: Mount Vernon
Wednesday, October 14, 2026

MEET OFFICIALS

Meet Director:
Shawn Pfiffner & Nathan King
Meet Referee:
Bill Neal
Timing:
Andrew Kauder - Kauder Racing, LLC

KAUDER RACING

OFFICIAL MEET REPORT
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Race #4
JV Boys 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
78 CURPHY, Gavin	FR	366	Clear Creek-Amana	-	21:25.3	6:53.3	4:17.0
79 VEEDER, Cole	FR	515	Mount Vernon-Lisb	-	21:27.2	6:53.9	4:17.4
80 KEARNS, Mason	FR	597	Vinton-Shellsburg	47	21:32.5	6:55.6	4:18.5
81 RAUSCH, Mason	FR	315	Benton Community	-	21:36.5	6:56.9	4:19.3
82 STANCEL, Greysen	FR	461	Marion	-	21:41.8	6:58.6	4:20.4
83 CARLSON, Noah	FR	488	Mount Vernon-Lisb	-	21:41.9	6:58.6	4:20.4
84 DUNKELBERGER, Brody	JR	447	Marion	-	21:45.4	6:59.7	4:21.1
85 BURMEISTER, Max	FR	444	Marion	-	21:47.7	7:00.5	4:21.5
86 VAN WECHEL, Lincoln	SR	604	Vinton-Shellsburg	48	21:51.8	7:01.8	4:22.4
87 LARY, Beck	JR	561	Solon	(49)	21:52.2	7:01.9	4:22.4
88 LAFONTANT, Milo	SR	410	Grinnell	50	21:52.7	7:02.1	4:22.5
89 SINGH, Victor	JR	602	Vinton-Shellsburg	51	21:53.7	7:02.4	4:22.7
90 SOKOL, Joe	SO	414	Grinnell	52	21:54.2	7:02.6	4:22.8
91 TANGANG, Tristan	SO	387	Clear Creek-Amana	-	21:56.4	7:03.3	4:23.3
92 HEIMS, Dillon	SR	452	Marion	-	22:11.0	7:08.0	4:26.2
93 SPORRER, Rylan	FR	509	Mount Vernon-Lisb	-	22:14.6	7:09.1	4:26.9
94 SELLERS, Ethan	SR	635	West Delaware Ma	53	22:20.1	7:10.9	4:28.0
95 ZIMMERMAN, James	FR	568	Solon	(54)	22:23.1	7:11.9	4:28.6
96 TUCKER, Declan	SO	637	West Delaware Ma	55	22:23.4	7:11.9	4:28.7
97 DERBY, Sylias	SO	627	West Delaware Ma	56	22:25.7	7:12.7	4:29.1
98 HATCHER, Ben	FR	407	Grinnell	57	22:26.7	7:13.0	4:29.3
99 MICK, Rhys	SR	599	Vinton-Shellsburg	58	22:30.1	7:14.1	4:30.0
100 HOSBOND, Simon	FR	408	Grinnell	59	22:33.7	7:15.2	4:30.7
101 VANHOVELN, Asher	FR	344	Center Point-Urban	(60)	22:40.2	7:17.4	4:32.0
102 FETZER, Benjamin	SR	554	Solon	-	22:43.5	7:18.4	4:32.7
103 DOBE, Atticus	FR	403	Grinnell	(61)	22:48.6	7:20.0	4:33.7
104 JOLLEY, Ryan	SO	630	West Delaware Ma	62	22:50.8	7:20.7	4:34.1
105 KRALL, Finn	FR	497	Mount Vernon-Lisb	-	22:53.3	7:21.6	4:34.7
106 BERGERT, Isaiah	SO	305	Benton Community	-	22:53.5	7:21.6	4:34.7
107 SCHAEFER, Kayden	SR	669	Williamsburg	(63)	23:00.5	7:23.9	4:36.1
108 MALONEY, Chuck	SR	632	West Delaware Ma	64	23:01.7	7:24.3	4:36.3
109 BALEK, Leighton	FR	442	Marion	-	23:16.2	7:28.9	4:39.2
110 HAHN, Ben	SR	310	Benton Community	-	23:19.3	7:29.9	4:39.9
111 BROCK, Caden	JR	550	Solon	-	23:23.2	7:31.2	4:40.6
112 GORTON, Matthias	JR	450	Marion	-	23:24.9	7:31.7	4:41.0
113 CHESMORE, Samuel	FR	445	Marion	-	23:25.8	7:32.0	4:41.2
114 SCHAEFER, Sam	FR	670	Williamsburg	-	23:38.9	7:36.2	4:43.8
115 STRANBERG, Ian	JR	564	Solon	-	23:40.4	7:36.7	4:44.1
116 ARENDS, Trycer	JR	401	Grinnell	(65)	23:41.1	7:36.9	4:44.2
117 DEMOSS, Taitt	SR	626	West Delaware Ma	(66)	23:41.4	7:37.0	4:44.3
118 COONEY, Clayton	SR	551	Solon	-	24:06.0	7:44.9	4:49.2
119 PODUSKA, Zach	FR	504	Mount Vernon-Lisb	-	24:06.2	7:45.0	4:49.2
120 WHITE, Maxwell	SO	641	West Delaware Ma	(67)	24:20.0	7:49.4	4:52.0
121 ROBBINS, Kaidyn	JR	634	West Delaware Ma	-	24:20.5	7:49.6	4:52.1
122 MEJIA, Sam	SR	633	West Delaware Ma	-	24:41.9	7:56.5	4:56.4
123 HAN, Callum	SR	405	Grinnell	-	24:48.3	7:58.5	4:57.6

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124 FULLER, Joey	JR	448	Marion	-	25:12.8	8:06.4	5:02.5
125 STARRETT, Maximus	FR	415	Grinnell	-	25:33.9	8:13.2	5:06.8
126 HAN, Liam	SR	406	Grinnell	-	29:59.9	9:38.7	6:00.0